

Joseph M Dzierzewski

List of Publications by Year in descending order

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Version: 2024-02-01

124
papers

2,325
citations

236833

25
h-index

265120

42
g-index

126
all docs

126
docs citations

126
times ranked

3072
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep and Cognition in Older Adults. <i>Sleep Medicine Clinics</i> , 2018, 13, 93-106.	1.2	167
2	Sleep and affect in older adults: using multilevel modeling to examine daily associations. <i>Journal of Sleep Research</i> , 2008, 17, 42-53.	1.7	145
3	Sleep Problems in the Elderly. <i>Medical Clinics of North America</i> , 2015, 99, 431-439.	1.1	118
4	Peer Volunteers Improve Long-Term Maintenance of Physical Activity With Older Adults: A Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2011, 8, S257-S266.	1.0	116
5	Exercise and sleep in community-dwelling older adults: evidence for a reciprocal relationship. <i>Journal of Sleep Research</i> , 2014, 23, 61-68.	1.7	94
6	Macro and micro sleep architecture and cognitive performance in older adults. <i>Nature Human Behaviour</i> , 2021, 5, 123-145.	6.2	75
7	Measuring Sleep in Vulnerable Older Adults: A Comparison of Subjective and Objective Sleep Measures. <i>Clinical Gerontologist</i> , 2018, 41, 145-157.	1.2	74
8	Cognitive Behavioral Therapy for Insomnia in Older Veterans Using Nonclinician Sleep Coaches: Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2016, 64, 1830-1838.	1.3	70
9	Daily Variations in Objective Nighttime Sleep and Subjective Morning Pain in Older Adults with Insomnia: Evidence of Covariation over Time. <i>Journal of the American Geriatrics Society</i> , 2010, 58, 925-930.	1.3	47
10	Efficacy of brief behavioral treatment for insomnia in older adults: examination of sleep, mood, and cognitive outcomes. <i>Sleep Medicine</i> , 2018, 51, 153-166.	0.8	46
11	Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. <i>Journal of Physical Activity and Health</i> , 2011, 8 Suppl 2, S257-66.	1.0	45
12	Reciprocal Effects Between Loneliness and Sleep Disturbance in Older Americans. <i>Journal of Aging and Health</i> , 2020, 32, 1156-1164.	0.9	43
13	Sleep Health as Measured by RU SATED: A Psychometric Evaluation. <i>Behavioral Sleep Medicine</i> , 2021, 19, 48-56.	1.1	43
14	A Four-Session Sleep Intervention Program Improves Sleep for Older Adult Day Health Care Participants: Results of a Randomized Controlled Trial. <i>Sleep</i> , 2017, 40, .	0.6	41
15	Insomnia Disorder and Behaviorally Induced Insufficient Sleep Syndrome: Prevalence and Relationship to Depression in College Students. <i>Behavioral Sleep Medicine</i> , 2020, 18, 275-286.	1.1	40
16	Sleep Inconsistency and Markers of Inflammation. <i>Frontiers in Neurology</i> , 2020, 11, 1042.	1.1	38
17	Efficacy of Cognitive Behavioral Therapy for Insomnia in Older Adults With Occult Sleep-Disordered Breathing. <i>Psychosomatic Medicine</i> , 2016, 78, 629-639.	1.3	37
18	Effects of 90 Days of Resveratrol Supplementation on Cognitive Function in Elders: A Pilot Study. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 725-732.	2.1	37

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19	Adherence to Continuous Positive Airway Pressure in Existing Users: Self-Efficacy Enhances the Association between Continuous Positive Airway Pressure and Adherence. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 169-176.	1.4	37
20	Intervention Markers of Physical Activity Maintenance in Older Adults. <i>American Journal of Health Behavior</i> , 2015, 39, 487-499.	0.6	36
21	Self-perceived Difficulties in Everyday Function Precede Cognitive Decline among Older Adults in the ACTIVE Study. <i>Journal of the International Neuropsychological Society</i> , 2018, 24, 104-112.	1.2	35
22	Estimated Prevalence of Insomnia among Women Veterans: Results of a Postal Survey. <i>Women's Health Issues</i> , 2017, 27, 366-373.	0.9	34
23	Association Between Sleep and Physical Function in Older Veterans in an Adult Day Healthcare Program. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 1622-1627.	1.3	33
24	Tackling sleeplessness: psychological treatment options for insomnia in older adults. <i>Nature and Science of Sleep</i> , 2010, 2, 47.	1.4	28
25	Predictors of Obstructive Sleep Apnea on Polysomnography after a Technically Inadequate or Normal Home Sleep Test. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 1313-1318.	1.4	28
26	Sleep in the Context of Healthy Aging and Psychiatric Syndromes. <i>Sleep Medicine Clinics</i> , 2015, 10, 11-15.	1.2	28
27	Changes in Sleep Predict Changes in Affect in Older Caregivers of Individuals with Alzheimer's Dementia: A Multilevel Model Approach: Table 1.. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2016, 71, 458-462.	2.4	28
28	Greater Night-to-Night Variability in Sleep Discrepancy Among Older Adults with a Sleep Complaint Compared to Noncomplaining Older Adults. <i>Behavioral Sleep Medicine</i> , 2013, 11, 76-90.	1.1	27
29	Randomized controlled trial of an integrated approach to treating insomnia and improving the use of positive airway pressure therapy in veterans with comorbid insomnia disorder and obstructive sleep apnea. <i>Sleep</i> , 2021, 44, .	0.6	27
30	Prevalence and Symptoms of Occult Sleep Disordered Breathing among Older Veterans with Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 1173-1178.	1.4	27
31	Day-to-day variability in nap duration predicts medical morbidity in older adults.. <i>Health Psychology</i> , 2012, 31, 671-676.	1.3	24
32	Functional Language Networks in Sedentary and Physically Active Older Adults. <i>Journal of the International Neuropsychological Society</i> , 2013, 19, 625-634.	1.2	23
33	<sc>CBT</sc> for late-life insomnia and the accuracy of sleep and wake perceptions: Results from a randomized-controlled trial. <i>Journal of Sleep Research</i> , 2019, 28, e12809.	1.7	22
34	A systematic review of the amount and timing of light in association with objective and subjective sleep outcomes in community-dwelling adults. <i>Sleep Health</i> , 2019, 5, 31-48.	1.3	22
35	Habitual Sleep, Reasoning, and Processing Speed in Older Adults with Sleep Complaints. <i>Cognitive Therapy and Research</i> , 2012, 36, 156-164.	1.2	21
36	Acceptability of Medication and Nonmedication Treatment for Insomnia Among Female Veterans: Effects of Age, Insomnia Severity, and Psychiatric Symptoms. <i>Clinical Therapeutics</i> , 2016, 38, 2373-2385.	1.1	21

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37	Night-to-Night Sleep Variability in Older Adults With Chronic Insomnia: Mediators and Moderators in a Randomized Controlled Trial of Brief Behavioral Therapy (BBT-I). <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1243-1254.	1.4	21
38	Sleep and pain interference in individuals with chronic pain in mid- to late-life: The influence of negative and positive affect. <i>Journal of Sleep Research</i> , 2019, 28, e12807.	1.7	20
39	Insomnia symptoms during the COVID-19 pandemic: an examination of biopsychosocial moderators. <i>Sleep Medicine</i> , 2022, 91, 175-178.	0.8	20
40	Race-Related Cognitive Test Bias in the Active Study: A Mimic Model Approach. <i>Experimental Aging Research</i> , 2010, 36, 426-452.	0.6	19
41	Human factors/usability barriers to home medical devices among individuals with disabling conditions: In-depth interviews with positive airway pressure device users. <i>Disability and Health Journal</i> , 2015, 8, 86-92.	1.6	19
42	Patterns and Predictors of Sleep Quality Before, During, and After Hospitalization in Older Adults. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 45-51.	1.4	18
43	Insomnia Disorder Among Older Veterans: Results of a Postal Survey. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 543-551.	1.4	18
44	Sleep quality, neurocognitive performance, and memory self-appraisal in middle-aged and older adults with memory complaints. <i>International Psychogeriatrics</i> , 2021, 33, 703-713.	0.6	18
45	Treatment of Late-life Insomnia. <i>Sleep Medicine Clinics</i> , 2009, 4, 593-604.	1.2	17
46	Lifestyle Factors and Sleep Health across the Lifespan. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6626.	1.2	17
47	Self-reported physical activity and objective aerobic fitness: differential associations with gray matter density in healthy aging. <i>Frontiers in Aging Neuroscience</i> , 2015, 7, 5.	1.7	16
48	Change in Dysfunctional Sleep-Related Beliefs is Associated with Changes in Sleep and Other Health Outcomes Among Older Veterans With Insomnia: Findings From a Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2022, 56, 35-49.	1.7	15
49	Psychological Interventions for Late-Life Insomnia: Current and Emerging Science. <i>Current Sleep Medicine Reports</i> , 2018, 4, 268-277.	0.7	14
50	Sleep, caregiver burden, and life satisfaction in Parkinson's disease caregivers: a multinational investigation. <i>Disability and Rehabilitation</i> , 2022, 44, 1939-1945.	0.9	14
51	Decrease in Daytime Sleeping Is Associated with Improvement in Cognition After Hospital Discharge in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2014, 62, 47-53.	1.3	12
52	Older Adults Display Concurrent but not Delayed Associations Between Life Stressors and Depressive Symptoms: A Microlongitudinal Study. <i>American Journal of Geriatric Psychiatry</i> , 2014, 22, 1131-1139.	0.6	12
53	Cognitive functioning throughout the treatment history of clinical late-life depression. <i>International Journal of Geriatric Psychiatry</i> , 2015, 30, 1076-1084.	1.3	12
54	Pain inconsistency and sleep in mid to late-life: the role of depression. <i>Aging and Mental Health</i> , 2019, 23, 1174-1179.	1.5	12

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55	Night-to-night fluctuations in sleep apnea severity: diagnostic and treatment implications. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 539-544.	1.4	12
56	Sour sleep, sweet revenge? Aggressive pleasure as a potential mechanism underlying poor sleep quality's link to aggression.. <i>Emotion</i> , 2020, 20, 842-853.	1.5	11
57	Who Cares about Sleep in Older Adults?. <i>Clinical Gerontologist</i> , 2018, 41, 109-112.	1.2	10
58	Sleep Disturbance Mediates the Association Between Loneliness and Health in Older Americans. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 64-72.	0.8	10
59	Content and Perceived Utility of Mental Imagery by Older Adults in a Peer-Delivered Physical Activity Intervention. <i>Journal of Applied Sport Psychology</i> , 2014, 26, 129-143.	1.4	9
60	The ACTIVE conceptual framework as a structural equation model. <i>Experimental Aging Research</i> , 2018, 44, 1-17.	0.6	9
61	Effects of Brief Behavioral Treatment for Insomnia on Daily Associations between Self-Reported Sleep and Objective Cognitive Performance in Older Adults. <i>Behavioral Sleep Medicine</i> , 2020, 18, 577-588.	1.1	9
62	Sleep Disturbance, Mental Health Symptoms, and Quality of Life: A Structural Equation Model Assessing Aspects of Caregiver Burden. <i>Clinical Gerontologist</i> , 2020, , 1-10.	1.2	9
63	Efficacy of a patient decision aid for improving person-centered decision-making by older adults with obstructive sleep apnea. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 121-128.	1.4	9
64	The Rhythm is Gonna Get You: Social Rhythms, Sleep, Depressive, and Anxiety Symptoms. <i>Journal of Affective Disorders</i> , 2021, 286, 197-203.	2.0	9
65	Patterns of sleep quality during and after postacute rehabilitation in older adults: a latent class analysis approach. <i>Journal of Sleep Research</i> , 2013, 22, 640-647.	1.7	8
66	Caregiving-Related Sleep Problems and Their Relationship to Mental Health and Daytime Function in Female Veterans. <i>Behavioral Sleep Medicine</i> , 2018, 16, 371-379.	1.1	8
67	Hypnotic Discontinuation Using a Blinded (Masked) Tapering Approach: A Case Series. <i>Frontiers in Psychiatry</i> , 2019, 10, 717.	1.3	8
68	Sleep and Pain in Mid- to Late-Life: An Exploration of Day-to-Day Pain Inconsistency. <i>Clinical Gerontologist</i> , 2018, 41, 123-129.	1.2	8
69	Development of the Usability of Sleep Apnea Equipment "Positive Airway Pressure (USE-PAP) questionnaire. <i>Sleep Medicine</i> , 2015, 16, 645-651.	0.8	7
70	The Sleep Regularity Questionnaire: development and initial validation. <i>Sleep Medicine</i> , 2021, 85, 45-53.	0.8	7
71	Sleep disturbance and pain in U.S. adults over 50: evidence for reciprocal, longitudinal effects. <i>Sleep Medicine</i> , 2021, 86, 32-39.	0.8	7
72	Association Between Pain and Functional Independence in Older Adults During and After Admission to Rehabilitation After an Acute Illness or Injury. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 2275-2281.	1.3	6

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73	Sleep and Pain: the Role of Depression. <i>Current Sleep Medicine Reports</i> , 2019, 5, 173-180.	0.7	6
74	Mental health and sleep disparities in an urban college sample: A longitudinal examination of White and Black students. <i>Journal of Clinical Psychology</i> , 2020, 76, 1972-1983.	1.0	6
75	Self-reported sleep duration mitigates the association between inflammation and cognitive functioning in hospitalized older men. <i>Frontiers in Psychology</i> , 2015, 6, 1004.	1.1	5
76	Associations between pain, objective sleep efficiency and cognition in patients with implantable cardioverter defibrillators. <i>Sleep Medicine</i> , 2020, 72, 122-125.	0.8	5
77	Sleep Discrepancy in a Randomized Controlled Trial of Brief Behavioral Therapy for Chronic Insomnia in Older Adults. <i>Behavioral Sleep Medicine</i> , 2021, 19, 221-231.	1.1	5
78	Measurement of aggression in older adults. <i>Aggression and Violent Behavior</i> , 2021, 57, 101484.	1.2	5
79	Check your sleep before you start: A secondary analysis of a stress management intervention for caregivers of stem cell transplant patients. <i>Psycho-Oncology</i> , 2021, 30, 936-945.	1.0	5
80	Clinical Geropsychology: Treatment and Research Approaches With Rural Older Adults. <i>Clinical Gerontologist</i> , 2014, 37, 64-75.	1.2	4
81	Cognitive performance in patients with implantable cardioverter defibrillators: Associations with objective sleep duration, age and anxiety. <i>Journal of Sleep Research</i> , 2019, 28, e12810.	1.7	4
82	Parkinson's family needs and caregiver mental health: A cross-cultural comparison between Mexico and the United States. <i>NeuroRehabilitation</i> , 2019, 45, 433-442.	0.5	4
83	Pain Experiences in Individuals with Reported and Suspected Sleep Disorders. <i>Behavioral Medicine</i> , 2022, 48, 305-312.	1.0	4
84	Sleep and Cognition. <i>Sleep Medicine Clinics</i> , 2022, 17, 205-222.	1.2	4
85	Anxiety and executive functions in mid-to-late life: the moderating role of sleep. <i>Aging and Mental Health</i> , 2020, 24, 1459-1465.	1.5	3
86	Parkinson's family dynamics and caregiver sense of coherence: A family systems approach to coping in Mexico and the United States. <i>Aging Medicine (Milton (N S W))</i> , 2020, 3, 252-259.	0.9	3
87	Cognitive control beliefs and cognitive functioning in mid-to late life. <i>British Journal of Developmental Psychology</i> , 2021, 39, 269-281.	0.9	3
88	Preliminary investigation of interactive associations of sleep and pain with cognition in sedentary middle-aged and older adults. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 233-242.	1.4	3
89	Trading likes for sleepless nights: A lifespan investigation of social media and sleep. <i>Sleep Health</i> , 2021, 7, 474-477.	1.3	3
90	Sleep and Healthy Aging: A Systematic Review and Path Forward. <i>Clinical Gerontologist</i> , 2024, 47, 367-379.	1.2	3

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91	Cognitive Expectancies for Hypnotic Use among Older Adult Veterans with Chronic Insomnia. <i>Clinical Gerontologist</i> , 2018, 41, 130-135.	1.2	2
92	Sleep Outcomes With Cognitive Behavioral Therapy for Insomnia Are Similar Between Older Adults With Low vs. High Self-Reported Physical Activity. <i>Frontiers in Aging Neuroscience</i> , 2018, 10, 274.	1.7	2
93	VALIDATION AND CLINICAL USEFULNESS OF A SLEEP HEALTH SCALE IN LATE LIFE. <i>Innovation in Aging</i> , 2019, 3, S526-S526.	0.0	2
94	0313 Is Healthy Sleep Possible for Professional Firefighters? A Comparison of "On-Duty" and "Off-Duty" Sleep Quantity and Quality. <i>Sleep</i> , 2020, 43, A118-A118.	0.6	2
95	Clinical Characteristics of Older Adults Seeking Hypoglossal Nerve Stimulation for the Treatment of Obstructive Sleep Apnea. <i>Ear, Nose and Throat Journal</i> , 2024, 103, NP118-NP123.	0.4	2
96	Posttraumatic Stress Disorder Risk and Benzodiazepine Dependence in Older Veterans with Insomnia Symptoms. <i>Clinical Gerontologist</i> , 2021, , 1-5.	1.2	2
97	Bedroom environment and sleep health. , 2022, , 239-264.		2
98	Examining and Promoting Sleep Health in the Undergraduate Classroom: A Mixed-Methods Approach. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12297.	1.2	2
99	Diversity in Late Life: Definitions, Implications, and Considerations. <i>Clinical Gerontologist</i> , 2014, 37, 1-3.	1.2	1
100	Development of a Program Promoting Person-Centered Care of Older Adults with Sleep Apnea. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 2204-2207.	1.3	1
101	LONELINESS PREDICTS REDUCTIONS IN SLEEP QUALITY IN OLDER AMERICANS. <i>Innovation in Aging</i> , 2019, 3, S529-S529.	0.0	1
102	Cognitive Inconsistency and Practice-Related Learning in Older Adults. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2013, 26, 173-184.	0.2	1
103	Insomnia Treatment Preferences Among Primary Care Patients. <i>Clinical Therapeutics</i> , 2022, , .	1.1	1
104	0908 Avoidant Coping As A Mediator Of The Sleep-Pain Relationship In Mid- To Late-life. <i>Sleep</i> , 2018, 41, A337-A337.	0.6	0
105	0856 Higher Sleep Efficiency Improves Attention and Processing Speed in Patients with Severe Pain and Implantable Cardioverter Defibrillators. <i>Sleep</i> , 2019, 42, A343-A344.	0.6	0
106	0982 Decide2Rest: A Program for Promoting Person-centered Obstructive Sleep Apnea (OSA) Treatment. <i>Sleep</i> , 2019, 42, A395-A395.	0.6	0
107	0163 Intraindividual Variability in Objective and Subjective Sleep Longitudinally Predicts Social Acceptance. <i>Sleep</i> , 2019, 42, A67-A67.	0.6	0
108	DISCRIMINATION AND DEPRESSION IN MID- TO LATE LIFE: THE ROLE OF OPTIMISM. <i>Innovation in Aging</i> , 2019, 3, S315-S316.	0.0	0

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109	REDUCING DYSFUNCTIONAL BELIEFS ABOUT SLEEP PROVIDES LONG-TERM BENEFIT IN OLDER ADULTS WITH INSOMNIA. <i>Innovation in Aging</i> , 2019, 3, S526-S527.	0.0	0
110	WHICH CAME FIRST, WELL-BEING OR PHYSICAL HEALTH? A LONGITUDINAL INVESTIGATION IN MID- TO LATE LIFE. <i>Innovation in Aging</i> , 2019, 3, S721-S721.	0.0	0
111	0836 The Association Between Discrimination and Sleep is Exacerbated in Individuals with Comorbid Chronic Health Conditions. <i>Sleep</i> , 2019, 42, A335-A336.	0.6	0
112	0893 Sleep Health as a Predictor of Mental Health and Quality-of-Life Among Informal Caregivers. <i>Sleep</i> , 2019, 42, A359-A359.	0.6	0
113	0164 Sleep Health Mediates the Association between Social Rhythmicity and Anxiety. <i>Sleep</i> , 2019, 42, A67-A68.	0.6	0
114	0267 Objective and Subjective Sleep Characteristics of Male Older Adults who Experienced Cerebrovascular Events. <i>Sleep</i> , 2019, 42, A109-A109.	0.6	0
115	Nightly fluctuations in sleep apnea severity and clinical practice guidelines for diagnostic testing. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 1625-1626.	1.4	0
116	548 Predicting Perceived Functional Limitation in Midlife and Older Adulthood: The Role of Sleep and Perceived Control. <i>Sleep</i> , 2021, 44, A216-A216.	0.6	0
117	197 Refining the Subjective Assessment of Sleep: An SEM Approach. <i>Sleep</i> , 2021, 44, A79-A79.	0.6	0
118	538 Sleep and Self-Efficacy: The Role of Domain Specificity in Predicting Sleep. <i>Sleep</i> , 2021, 44, A212-A212.	0.6	0
119	179 Insomnia Symptoms in Latinx emerging adults: The role of perceived discrimination. <i>Sleep</i> , 2021, 44, A73-A73.	0.6	0
120	Sleep Through the Ages: Adults and Older Adults. , 2021, , 49-64.		0
121	Light and Sleep. , 2021, , 101-112.		0
122	766 Anxiety is a potential mediating factor in the insomnia-aggression association. <i>Sleep</i> , 2021, 44, A298-A298.	0.6	0
123	Sleep Duration, Timing, and Napping as Components of Healthy Sleep. , 2021, , 87-100.		0
124	Practice Does Not Make Perfect: The Tireless Pursuit of Achieving Perfect Sleep. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8523.	1.2	0