

Penelope Larsen

List of Publications by Year in descending order

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Version: 2024-02-01

8
papers

51
citations

2258059

3
h-index

1720034

7
g-index

8
all docs

8
docs citations

8
times ranked

63
citing authors

#	ARTICLE	IF	CITATIONS
1	Evening high-intensity interval exercise does not disrupt sleep or alter energy intake despite changes in acylated ghrelin in middle-aged men. <i>Experimental Physiology</i> , 2019, 104, 826-836.	2.0	20
2	High-intensity interval exercise induces greater acute changes in sleep, appetite-related hormones, and free-living energy intake than does moderate-intensity continuous exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 557-566.	1.9	18
3	Chronicity of sleep restriction during Army basic military training. <i>Journal of Science and Medicine in Sport</i> , 2022, 25, 432-438.	1.3	5
4	A preliminary investigation of the effects of short-duration, vigorous exercise following sleep restriction, fragmentation and extension on appetite and mood in inactive, middle-aged men. <i>Journal of Sleep Research</i> , 2020, 30, e13215.	3.2	4
5	The influence of a basic military training diet on whole blood fatty acid profile and the Omega-3 Index of Australian Army recruits. <i>Applied Physiology, Nutrition and Metabolism</i> , 2022, 47, 151-158.	1.9	2
6	A Comprehensive Analysis of Injuries During Army Basic Military Training. <i>Military Medicine</i> , 2024, 189, 652-660.	0.8	1
7	Overnight sleeping heart rate variability of Army recruits during a 12-week basic military training course. <i>European Journal of Applied Physiology</i> , 2022, 122, 2135-2144.	2.5	1
8	Subjective Measures of Workload and Sleep in Australian Army Recruits; Potential Utility as Monitoring Tools. <i>Military Medicine</i> , 2022, , .	0.8	0