

# Michael V Vitiello

## List of Publications by Year in descending order

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Version: 2024-02-01

206  
papers

21,864  
citations

18436

62  
h-index

9839

141  
g-index

218  
all docs

218  
docs citations

218  
times ranked

18825  
citing authors

#	ARTICLE	IF	CITATIONS
1	National Sleep Foundation's™ sleep time duration recommendations: methodology and results summary. <i>Sleep Health</i> , 2015, 1, 40-43.	1.3	2,675
2	Meta-Analysis of Quantitative Sleep Parameters From Childhood to Old Age in Healthy Individuals: Developing Normative Sleep Values Across the Human Lifespan. <i>Sleep</i> , 2004, 27, 1255-1273.	0.6	2,608
3	National Sleep Foundation's™ updated sleep duration recommendations: final report. <i>Sleep Health</i> , 2015, 1, 233-243.	1.3	1,327
4	National Sleep Foundation's sleep quality recommendations: first report. <i>Sleep Health</i> , 2017, 3, 6-19.	1.3	729
5	Loss of Circadian Rhythmicity in Blood Testosterone Levels with Aging in Normal Men*. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1983, 56, 1278-1281.	1.8	699
6	Sleep disturbances increase the risk of dementia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 40, 4-16.	3.8	563
7	Circadian Rhythm Sleep Disorders: Part I, Basic Principles, Shift Work and Jet Lag Disorders. <i>Sleep</i> , 2007, 30, 1460-1483.	0.6	514
8	Epidemiology of restless legs syndrome: A synthesis of the literature. <i>Sleep Medicine Reviews</i> , 2012, 16, 283-295.	3.8	477
9	Sleep problems during the COVID-19 pandemic by population: a systematic review and meta-analysis. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 299-313.	1.4	472
10	Circadian Rhythm Sleep Disorders: Part II, Advanced Sleep Phase Disorder, Delayed Sleep Phase Disorder, Free-Running Disorder, and Irregular Sleep-Wake Rhythm. <i>Sleep</i> , 2007, 30, 1484-1501.	0.6	458
11	Evidence-Based Recommendations for the Assessment and Management of Sleep Disorders in Older Persons. <i>Journal of the American Geriatrics Society</i> , 2009, 57, 761-789.	1.3	385
12	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2018, 13, 1-11.	1.2	372
13	Sleep, EEG and mental function changes in senile dementia of the Alzheimer's type. <i>Neurobiology of Aging</i> , 1982, 3, 361-370.	1.5	325
14	Sleep Disorders and Aging. <i>New England Journal of Medicine</i> , 1990, 323, 520-526.	13.9	303
15	Nighttime Insomnia Treatment and Education for Alzheimer's Disease: A Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2005, 53, 793-802.	1.3	292
16	Neuropsychiatric symptoms in Alzheimer's disease: Past progress and anticipation of the future. <i>Alzheimer's and Dementia</i> , 2013, 9, 602-608.	0.4	292
17	Age-related sleep change. <i>Journal of Psychosomatic Research</i> , 2004, 56, 503-510.	1.2	282
18	Implications of sleep disturbance and inflammation for Alzheimer's disease dementia. <i>Lancet Neurology</i> , The, 2019, 18, 296-306.	4.9	273

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19	Sleep disturbances in caregivers of persons with dementia: Contributing factors and treatment implications. <i>Sleep Medicine Reviews</i> , 2007, 11, 143-153.	3.8	241
20	Sleep Disturbances in Patients with Alzheimer's Disease. <i>CNS Drugs</i> , 2001, 15, 777-796.	2.7	231
21	Cognitive Behavioral Therapy for Insomnia Improves Sleep and Decreases Pain in Older Adults with Co-Morbid Insomnia and Osteoarthritis. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 355-362.	1.4	230
22	Nocturia and disturbed sleep in the elderly. <i>Sleep Medicine</i> , 2009, 10, 540-548.	0.8	221
23	Frequent Napping Is Associated With Excessive Daytime Sleepiness, Depression, Pain, and Nocturia in Older Adults: Findings From the National Sleep Foundation "2003 Sleep in America" Poll. <i>American Journal of Geriatric Psychiatry</i> , 2007, 15, 344-350.	0.6	204
24	Sleep complaints cosegregate with illness in older adults. <i>Journal of Psychosomatic Research</i> , 2002, 53, 555-559.	1.2	192
25	Prevalence of posttraumatic stress disorder after infectious disease pandemics in the twenty-first century, including COVID-19: a meta-analysis and systematic review. <i>Molecular Psychiatry</i> , 2021, 26, 4982-4998.	4.1	189
26	Increasing Walking and Bright Light Exposure to Improve Sleep in Community-Dwelling Persons with Alzheimer's Disease: Results of a Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 1393-1402.	1.3	176
27	Effects of Moderate-Intensity Exercise on Polysomnographic and Subjective Sleep Quality in Older Adults With Mild to Moderate Sleep Complaints. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2008, 63, 997-1004.	1.7	175
28	Treatment of sleep disturbance in Alzheimer's disease. <i>Sleep Medicine Reviews</i> , 2000, 4, 603-628.	3.8	162
29	Circadian temperature rhythms in young adult and aged men. <i>Neurobiology of Aging</i> , 1986, 7, 97-100.	1.5	156
30	Sleep/wake patterns In Alzheimer's disease: relationships with cognition and function. <i>Journal of Sleep Research</i> , 1995, 4, 15-20.	1.7	155
31	Sleep disturbances during the COVID-19 pandemic: A systematic review, meta-analysis, and meta-regression. <i>Sleep Medicine Reviews</i> , 2022, 62, 101591.	3.8	154
32	Conditioned insulin secretion and meal feeding in rats.. <i>Journal of Comparative and Physiological Psychology</i> , 1977, 91, 128-133.	1.8	150
33	Evidence-based psychological treatments for insomnia in older adults.. <i>Psychology and Aging</i> , 2007, 22, 18-27.	1.4	142
34	Sleep in Older Adults. <i>Clinics in Geriatric Medicine</i> , 2014, 30, 591-627.	1.0	141
35	Naps, cognition and performance. <i>Sleep Medicine Reviews</i> , 2010, 14, 249-258.	3.8	139
36	Effects of a Yearlong Moderate-Intensity Exercise and a Stretching Intervention on Sleep Quality in Postmenopausal Women. <i>Sleep</i> , 2003, 26, 830-836.	0.6	138

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37	A systematic review of valerian as a sleep aid: Safe but not effective. <i>Sleep Medicine Reviews</i> , 2007, 11, 209-230.	3.8	137
38	Short-term improvement in insomnia symptoms predicts long-term improvements in sleep, pain, and fatigue in older adults with comorbid osteoarthritis and insomnia. <i>Pain</i> , 2014, 155, 1547-1554.	2.0	136
39	Alzheimer's Disease: Sleep and Sleep/Wake Patterns. <i>Clinics in Geriatric Medicine</i> , 1989, 5, 289-299.	1.0	132
40	Cognitive-Behavioral Treatment for Comorbid Insomnia and Osteoarthritis Pain in Primary Care: The Lifestyles Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2013, 61, 947-956.	1.3	129
41	Cognitive behavioral therapy for insomnia improves sleep and decreases pain in older adults with co-morbid insomnia and osteoarthritis. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 355-62.	1.4	128
42	The clinical utility of the Dementia Rating Scale for assessing Alzheimer patients. <i>Journal of Chronic Diseases</i> , 1984, 37, 743-753.	1.3	126
43	Successful Behavioral Treatment for Reported Sleep Problems in Elderly Caregivers of Dementia Patients: A Controlled Study. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 1998, 53B, P122-P129.	2.4	126
44	Sleep Apnea: Relationship to Age, Sex, and Alzheimer's Dementia. <i>Sleep</i> , 1983, 6, 16-22.	0.6	119
45	Development of Diagnostic Criteria for Defining Sleep Disturbance in Alzheimer's Disease. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2003, 16, 131-139.	1.2	109
46	Dawn simulation and bright light in the treatment of SAD: a controlled study. <i>Biological Psychiatry</i> , 2001, 50, 205-216.	0.7	108
47	A systematic review and meta-analysis of long term physical and mental sequelae of COVID-19 pandemic: call for research priority and action. <i>Molecular Psychiatry</i> , 2023, 28, 423-433.	4.1	107
48	Effects of Growth Hormone-Releasing Hormone on Cognitive Function in Adults With Mild Cognitive Impairment and Healthy Older Adults. <i>Archives of Neurology</i> , 2012, 69, 1420.	4.9	106
49	Circadian temperature and cortisol rhythms during a constant routine are phase-delayed in hypersomnic winter depression. <i>Biological Psychiatry</i> , 1997, 41, 1109-1123.	0.7	102
50	Sleep, alcohol and alcohol abuse. <i>Addiction Biology</i> , 1997, 2, 151-158.	1.4	94
51	Factors associated with objective (actigraphic) and subjective sleep quality in young adult women. <i>Journal of Psychosomatic Research</i> , 2005, 59, 11-19.	1.2	94
52	Prevalence of restless legs syndrome during pregnancy: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 40, 43-54.	3.8	92
53	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2006, 1, 171-176.	1.2	87
54	Circadian Rhythm Sleep Disorder: Irregular Sleep Wake Rhythm. <i>Sleep Medicine Clinics</i> , 2009, 4, 213-218.	1.2	85

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55	A Twin Study of Sleep Duration and Body Mass Index. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 11-17.	1.4	83
56	Factors Associated With Caregiver Reports of Sleep Disturbances in Persons With Dementia. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 112-120.	0.6	81
57	A randomized clinical trial of valerian fails to improve self-reported, polysomnographic, and actigraphic sleep in older women with insomnia. <i>Sleep Medicine</i> , 2009, 10, 319-328.	0.8	81
58	Sleep disturbances during pregnancy and adverse maternal and fetal outcomes: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 58, 101436.	3.8	81
59	A systematic review and meta-analysis on prevalence of and risk factors associated with depression, anxiety and insomnia in infectious diseases, including COVID-19: a call to action. <i>Molecular Psychiatry</i> , 2022, 27, 3214-3222.	4.1	81
60	Sleep Duration and Depressive Symptoms: A Gene-Environment Interaction. <i>Sleep</i> , 2014, 37, 351-358.	0.6	80
61	Digital Analysis and Technical Specifications. <i>Journal of Clinical Sleep Medicine</i> , 2007, 03, 109-120.	1.4	79
62	Sleep, ghrelin, leptin and changes in body weight during a 1-year moderate-intensity physical activity intervention. <i>International Journal of Obesity</i> , 2007, 31, 466-475.	1.6	75
63	Training Caregivers to Change the Sleep Hygiene Practices of Patients with Dementia: The NITE-AD Project. <i>Journal of the American Geriatrics Society</i> , 2003, 51, 1455-1460.	1.3	72
64	Healthy Elderly Women and Men Have Different Entrained Circadian Temperature Rhythms. <i>Journal of the American Geriatrics Society</i> , 1991, 39, 383-387.	1.3	66
65	Association of Longitudinal Patterns of Habitual Sleep Duration With Risk of Cardiovascular Events and All-Cause Mortality. <i>JAMA Network Open</i> , 2020, 3, e205246.	2.8	64
66	Changes in dysfunctional beliefs about sleep after cognitive behavioral therapy for insomnia: A systematic literature review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2020, 49, 101230.	3.8	63
67	Pharmacotherapy for excessive daytime sleepiness. <i>Sleep Medicine Reviews</i> , 2004, 8, 339-354.	3.8	62
68	Growth hormone releasing hormone improves the cognition of healthy older adults. <i>Neurobiology of Aging</i> , 2006, 27, 318-323.	1.5	61
69	Sleep Duration and Body Mass Index in Twins: A Gene-Environment Interaction. <i>Sleep</i> , 2012, 35, 597-603.	0.6	60
70	Sleep Measures Predict Next-Day Symptoms in Women with Irritable Bowel Syndrome. <i>Journal of Clinical Sleep Medicine</i> , 2014, 10, 1003-1009.	1.4	59
71	Concordance of Polysomnographic and Actigraphic Measurement of Sleep and Wake in Older Women with Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 217-225.	1.4	56
72	Factors Associated with Concordance and Variability of Sleep Quality in Persons with Alzheimer's Disease and their Caregivers. <i>Sleep</i> , 2008, 31, 741-748.	0.6	55

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73	Effect on Patient Safety of a Resident Physician Schedule without 24-Hour Shifts. <i>New England Journal of Medicine</i> , 2020, 382, 2514-2523.	13.9	55
74	Frequency of comorbid insomnia, pain, and depression in older adults with osteoarthritis: Predictors of enrollment in a randomized treatment trial. <i>Journal of Psychosomatic Research</i> , 2011, 71, 296-299.	1.2	53
75	A pilot study of gentle yoga for sleep disturbance in women with osteoarthritis. <i>Sleep Medicine</i> , 2011, 12, 512-517.	0.8	53
76	Sleep in Alzheimer's disease and other dementing disorders.. <i>Canadian Journal of Psychology</i> , 1991, 45, 221-239.	0.8	51
77	The Future of Cognitive Behavioral Therapy for Insomnia: What Important Research Remains to Be Done?. <i>Journal of Clinical Psychology</i> , 2013, 69, 1013-1021.	1.0	49
78	Estrogen Replacement Therapy Moderates the Sleep Disruption Associated with Nocturnal Blood Sampling. <i>Sleep</i> , 2001, 24, 886-894.	0.6	49
79	Insomnia in Caregivers of Persons with Dementia: Who is at Risk and What Can be Done About It?. <i>Sleep Medicine Clinics</i> , 2009, 4, 519-526.	1.2	46
80	Who Benefits From CBT for Insomnia in Primary Care? Important Patient Selection and Trial Design Lessons from Longitudinal Results of the Lifestyles Trial. <i>Sleep</i> , 2014, 37, 299-308.	0.6	46
81	A twin study of sleep duration and body mass index. <i>Journal of Clinical Sleep Medicine</i> , 2010, 6, 11-7.	1.4	45
82	The effect of meditative movement on sleep quality: A systematic review. <i>Sleep Medicine Reviews</i> , 2016, 30, 43-52.	3.8	44
83	Effects of interference stimuli on the acquisition of learned aversions to foods in the rat.. <i>Journal of Comparative and Physiological Psychology</i> , 1980, 94, 921-931.	1.8	43
84	The small intestine and the control of meal patterns of the rat. <i>Physiology and Behavior</i> , 1978, 20, 417-422.	1.0	42
85	EEG markers of early Alzheimer's disease in computer selected tonic REM sleep. <i>Electroencephalography and Clinical Neurophysiology</i> , 1992, 83, 36-43.	0.3	42
86	Recent Advances in Understanding Sleep and Sleep Disturbances in Older Adults. <i>Current Directions in Psychological Science</i> , 2009, 18, 316-320.	2.8	42
87	Sleep in Alzheimer's disease: a systematic review and meta-analysis of polysomnographic findings. <i>Translational Psychiatry</i> , 2022, 12, 136.	2.4	41
88	Objective Sleep Quality of Healthy Older Men and Women Is Differentially Disrupted by Nighttime Periodic Blood Sampling via Indwelling Catheter. <i>Sleep</i> , 1996, 19, 304-311.	0.6	40
89	Effect of Telephone Cognitive Behavioral Therapy for Insomnia in Older Adults With Osteoarthritis Pain. <i>JAMA Internal Medicine</i> , 2021, 181, 530.	2.6	40
90	Treatment of sleep and nighttime disturbances in Alzheimer's disease: a behavior management approach. <i>Sleep Medicine</i> , 2004, 5, 373-377.	0.8	36

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91	Pharmacokinetics of valerianic acid after administration of valerian in healthy subjects. <i>Phytotherapy Research</i> , 2005, 19, 801-803.	2.8	35
92	Post-discharge insomnia symptoms are associated with quality of life impairment among survivors of acute lung injury. <i>Sleep Medicine</i> , 2012, 13, 1106-1109.	0.8	35
93	Growth Hormone-Releasing Hormone Effects on Brain $\hat{3}$ -Aminobutyric Acid Levels in Mild Cognitive Impairment and Healthy Aging. <i>JAMA Neurology</i> , 2013, 70, 883.	4.5	35
94	Functional decline in the early stages of Alzheimer's disease.. <i>Psychology and Aging</i> , 1986, 1, 41-46.	1.4	34
95	Using difficulty resuming sleep to define nocturnal awakenings. <i>Sleep Medicine</i> , 2010, 11, 236-241.	0.8	34
96	Growth Hormone-Releasing Hormone Modulation of Neuronal Exosome Biomarkers in Mild Cognitive Impairment. <i>Journal of Alzheimer's Disease</i> , 2018, 66, 971-981.	1.2	33
97	Sleep in Dementia. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 91-94.	0.6	32
98	Sodium-Restricted Diet Increases Nighttime Plasma Norepinephrine and Impairs Sleep Patterns in Man*. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1983, 56, 553-556.	1.8	31
99	Age trends in the sleep EEG of healthy older men and women. <i>Journal of Sleep Research</i> , 1995, 4, 160-172.	1.7	31
100	The Association between Symptoms of Nomophobia, Insomnia and Food Addiction among Young Adults: Findings of an Exploratory Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 711.	1.2	31
101	Sleep Health and Appropriate Use of OTC Sleep Aids in Older Adults"Recommendations of a Gerontological Society of America Workgroup. <i>Gerontologist</i> , The, 2017, 57, gnv139.	2.3	30
102	Project ECHO-Geriatrics: Training Future Primary Care Providers to Meet the Needs of Older Adults. <i>Journal of Graduate Medical Education</i> , 2018, 10, 311-315.	0.6	30
103	Perceived Insufficient Rest or Sleep among Veterans: Behavioral Risk Factor Surveillance System 2009. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 577-584.	1.4	30
104	Characterizing Behavioral Activity Rhythms in Older Adults Using Actigraphy. <i>Sensors</i> , 2020, 20, 549.	2.1	29
105	Digital analysis and technical specifications. <i>Journal of Clinical Sleep Medicine</i> , 2007, 3, 109-20.	1.4	29
106	Growth Hormone-Releasing Hormone and Growth Hormone Secretagogues in Normal Aging. <i>Endocrine</i> , 2003, 22, 41-48.	2.2	27
107	Evidence for withdrawal from caffeine by rats. <i>Pharmacology Biochemistry and Behavior</i> , 1977, 6, 553-555.	1.3	26
108	Effective treatment of sleep disturbances in older adults. <i>Clinical Cornerstone</i> , 2000, 2, 16-24.	1.0	26

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109	Group interventions for co-morbid insomnia and osteoarthritis pain in primary care: The lifestyles cluster randomized trial design. <i>Contemporary Clinical Trials</i> , 2012, 33, 759-768.	0.8	26
110	Insomnia is associated with quality of life impairment in medical-surgical intensive care unit survivors. <i>Heart and Lung: Journal of Acute and Critical Care</i> , 2015, 44, 89-94.	0.8	26
111	Improving pain and sleep in middle-aged and older adults: the promise of behavioral sleep interventions. <i>Pain</i> , 2019, 160, 529-534.	2.0	25
112	Caffeine: Preferential consumption by rats. <i>Pharmacology Biochemistry and Behavior</i> , 1975, 3, 147-149.	1.3	23
113	Open-Loop Neurofeedback Audiovisual Stimulation: A Pilot Study of Its Potential for Sleep Induction in Older Adults. <i>Applied Psychophysiology Biofeedback</i> , 2015, 40, 183-188.	1.0	23
114	Sleep Duration and Area-Level Deprivation in Twins. <i>Sleep</i> , 2016, 39, 67-77.	0.6	23
115	Effects of endurance training on the circadian rhythm of fibrinolysis in men and women. <i>Medicine and Science in Sports and Exercise</i> , 1996, 28, 647-655.	0.2	23
116	Sleep is undisturbed in elderly, depressed individuals who have not sought health care. <i>Biological Psychiatry</i> , 1990, 27, 431-440.	0.7	22
117	Effects on resident work hours, sleep duration, and work experience in a randomized order safety trial evaluating resident-physician schedules (ROSTERS). <i>Sleep</i> , 2019, 42, .	0.6	22
118	History of Chronic Alcohol Abuse Is Associated with Increased Nighttime Hypoxemia in Older Men. <i>Alcoholism: Clinical and Experimental Research</i> , 1987, 11, 368-371.	1.4	21
119	Predictors of Short- and Long-Term Adherence to a Daily Walking Program in Persons With Alzheimer's Disease. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2010, 25, 505-512.	0.9	21
120	A Pilot Study of Audio-Visual Stimulation as a Self-Care Treatment for Insomnia in Adults with Insomnia and Chronic Pain. <i>Applied Psychophysiology Biofeedback</i> , 2014, 39, 219-225.	1.0	21
121	We Have Much More to Learn About the Relationships Between Napping and Health in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2008, 56, 1753-1755.	1.3	20
122	Sleep and Circadian Rhythms in Survivors of Acute Respiratory Failure. <i>Frontiers in Neurology</i> , 2020, 11, 94.	1.1	19
123	ISI-3: evaluation of a brief screening tool for insomnia. <i>Sleep Medicine</i> , 2021, 82, 104-109.	0.8	19
124	Sleep disorders and aging. <i>Current Opinion in Psychiatry</i> , 1996, 9, 284-289.	3.1	19
125	Pharmacokinetics of valerianic acid after single and multiple doses of valerian in older women. <i>Phytotherapy Research</i> , 2010, 24, 1442-1446.	2.8	18
126	Open-Loop Audio-Visual Stimulation (AVS): A Useful Tool for Management of Insomnia?. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 39-46.	1.0	18



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127	Effects of Osteoarthritis Pain and Concurrent Insomnia and Depression on Health Care Use in a Primary Care Population of Older Adults. <i>Arthritis Care and Research</i> , 2019, 71, 748-757.	1.5	18
128	Extended Work Shifts and Neurobehavioral Performance in Resident-Physicians. <i>Pediatrics</i> , 2021, 147, .	1.0	18
129	Entrained Body Temperature Rhythms Are Similar in Mild Alzheimer's Disease, Geriatric Onset Depression, and Normal Aging. <i>Topics in Geriatrics</i> , 1992, 5, 65-71.	0.9	17
130	A provisional tool for the measurement of sleep satisfaction. <i>Sleep Health</i> , 2018, 4, 6-12.	1.3	17
131	Daily-level effects of alcohol, marijuana, and simultaneous use on young adults's perceived sleep health. <i>Sleep</i> , 2021, 44, .	0.6	17
132	Nomophobia is Associated with Insomnia but Not with Age, Sex, BMI, or Mobile Phone Screen Size in Young Adults. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1931-1941.	1.4	17
133	Nighttime Hypoxemia Is Increased in Abstaining Chronic Alcoholic Men. <i>Alcoholism: Clinical and Experimental Research</i> , 1990, 14, 38-41.	1.4	16
134	Polygenic evidence and overlapped brain functional connectivities for the association between chronic pain and sleep disturbance. <i>Translational Psychiatry</i> , 2020, 10, 252.	2.4	15
135	Eating habits are associated with subjective sleep quality outcomes among university students: findings of a cross-sectional study. <i>Sleep and Breathing</i> , 2022, 26, 1365-1376.	0.9	15
136	Potential applications of GH secretagogues in the evaluation and treatment of the age-related decline in growth hormone secretion. <i>Endocrine</i> , 1997, 7, 49-52.	2.2	14
137	Comparison of Self-Report Sleep Measures for Individuals With Multiple Sclerosis and Spinal Cord Injury. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015, 96, 478-483.	0.5	14
138	Predictors of Adherence to Psychological Treatment for Insomnia and Pain. <i>Clinical Journal of Pain</i> , 2018, 34, 375-382.	0.8	14
139	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2022, 17, 161-171.	1.2	14
140	Growing Old Should Not Mean Sleeping Poorly: Recognizing and Properly Treating Sleep Disorders in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2007, 55, 1882-1883.	1.3	13
141	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2012, 7, 539-544.	1.2	13
142	Information without Implementation: A Practical Example for Developing a Best Practice Education Control Group. <i>Behavioral Sleep Medicine</i> , 2016, 14, 514-527.	1.1	13
143	Obstructive apnea: Sympathetic activity, respiration and sleep, a case report. <i>Neurobiology of Aging</i> , 1982, 3, 263-266.	1.5	12
144	Effect of phenobarbital on sleep and nighttime plasma growth hormone and Cortisol levels. <i>Canadian Journal of Physiology and Pharmacology</i> , 1981, 59, 1139-1145.	0.7	11

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145	C STAGE, Automated Sleep Scoring: Development and Comparison With Human Sleep Scoring for Healthy Older Men and Women. <i>Sleep</i> , 1994, , .	0.6	11
146	Effects of tumor growth on taste-aversion learning produced by antitumor drugs in the rat. <i>Physiological Psychology</i> , 1980, 8, 51-55.	0.8	10
147	On the use of repeated measures designs in psychopharmacology. <i>Psychopharmacology</i> , 1981, 72, 247-249.	1.5	10
148	Differential predictors of nighttime and daytime sleep complaints in older adults with comorbid insomnia and osteoarthritis pain. <i>Journal of Psychosomatic Research</i> , 2017, 100, 22-28.	1.2	10
149	Adverse impact of polyphasic sleep patterns in humans: Report of the National Sleep Foundation sleep timing and variability consensus panel. <i>Sleep Health</i> , 2021, 7, 293-302.	1.3	10
150	Comparison of Sleep Problems in Individuals with Spinal Cord Injury and Multiple Sclerosis. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 695-701.	1.4	9
151	Sleep Disturbance in Smokers with Preserved Pulmonary Function and with Chronic Obstructive Pulmonary Disease. <i>Annals of the American Thoracic Society</i> , 2017, 14, 1836-1843.	1.5	9
152	Mitochondrial DNA Copy Number in Sleep Duration Discordant Monozygotic Twins. <i>Sleep</i> , 2015, 38, 1655-1658.	0.6	8
153	Open-loop Audio-Visual Stimulation for sleep promotion in older adults with comorbid insomnia and osteoarthritis pain: results of a pilot randomized controlled trial. <i>Sleep Medicine</i> , 2021, 82, 37-42.	0.8	8
154	A Note on the Night-to-Night Stability of Stages 3 + 4 Sleep in Healthy Older Adults: A Comparison of Visual and Spectral Evaluations of Stages 3 + 4 Sleep. <i>Sleep</i> , 1995, , .	0.6	7
155	Management of obstructive sleep apnea in acromegaly. <i>Sleep Medicine</i> , 2007, 8, 539-540.	0.8	7
156	Is circadian type associated with sleep duration in twins?. <i>Sleep and Biological Rhythms</i> , 2012, 10, 61-68.	0.5	7
157	Long-term improvements in sleep, pain, depression, and fatigue in older adults with comorbid osteoarthritis pain and insomnia. <i>Sleep</i> , 2022, 45, .	0.6	7
158	A Feasibility Study of Primary Care Liaisons: Linking Older Adults to Community Resources. <i>American Journal of Preventive Medicine</i> , 2021, 61, e305-e312.	1.6	7
159	<scp>Costâ€effectiveness</scp> of telephone cognitive behavioral therapy for <scp>osteoarthritisâ€related</scp> insomnia. <i>Journal of the American Geriatrics Society</i> , 2022, 70, 188-199.	1.3	7
160	Sleep dissatisfaction is a potential marker for nomophobia in adults. <i>Sleep Medicine</i> , 2022, 98, 152-157.	0.8	7
161	Letter matching: Effects of age, Alzheimer's disease, and major depression. <i>Neuropsychology, Development and Cognition Section A: Journal of Clinical and Experimental Neuropsychology</i> , 1992, 14, 478-498.	1.4	6
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