

Rahele Ziaei

List of Publications by Year in descending order

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Version: 2024-02-01

17
papers

299
citations

1039406

9
h-index

940134

16
g-index

17
all docs

17
docs citations

17
times ranked

349
citing authors

#	ARTICLE	IF	CITATIONS
1	Biological and pharmacological effects and nutritional impact of phytosterols: A comprehensive review. <i>Phytotherapy Research</i> , 2022, 36, 299-322.	2.8	63
2	Effects of Spirulina supplementation on obesity: A systematic review and meta-analysis of randomized clinical trials. <i>Complementary Therapies in Medicine</i> , 2019, 47, 102211.	1.3	43
3	Serum vitamin D levels in relation to abdominal obesity: A systematic review and dose-response meta-analysis of epidemiologic studies. <i>Obesity Reviews</i> , 2021, 22, e13134.	3.1	40
4	The effect of nettle (<i>Urtica dioica</i>) supplementation on the glycemic control of patients with type 2 diabetes mellitus: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2020, 34, 282-294.	2.8	27
5	Effects of phytosterols supplementation on blood pressure: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2020, 39, 2702-2710.	2.3	22
6	The effect of probiotic fermented milk products on blood lipid concentrations: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 997-1015.	1.1	19
7	The effect of pomegranate (<i>Punica granatum</i>) supplementation on metabolic status in patients with type 2 diabetes: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020, 52, 102478.	1.3	15
8	A systematic review and meta-analysis of association between brain-derived neurotrophic factor and type 2 diabetes and glycemic profile. <i>Scientific Reports</i> , 2021, 11, 13773.	1.6	15
9	Benefits and harms of ginseng supplementation on liver function? A systematic review and meta-analysis. <i>Complementary Therapies in Clinical Practice</i> , 2020, 39, 101173.	0.7	11
10	Effects of <i>Momordica charantia</i> L on blood pressure: a systematic review and meta-analysis of randomized clinical trials. <i>International Journal of Food Properties</i> , 2020, 23, 1913-1924.	1.3	10
11	Impact of flaxseed supplementation on plasma lipoprotein(a) concentrations: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2020, 34, 1599-1608.	2.8	10
12	Effects of inulin-type fructans with different degrees of polymerization on inflammation, oxidative stress and endothelial dysfunction in women with polycystic ovary syndrome: A randomized, double-blind, placebo-controlled trial. <i>Clinical Endocrinology</i> , 2022, 97, 319-330.	1.2	9
13	The efficacy of ginseng supplementation on plasma lipid concentration in adults: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020, 48, 102239.	1.3	8
14	Potential of favorable effects of probiotics fermented milk supplementation on blood pressure: a systematic review and meta-analysis. <i>International Journal of Food Properties</i> , 2020, 23, 1925-1940.	1.3	4
15	What is the Impact of Cinnamon Supplementation on Blood Pressure? A Systematic Review and Meta-Analysis. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2021, 21, 956-965.	0.6	2
16	Association between urinary potassium excretion and blood pressure: A systematic review and meta-analysis of observational studies. <i>Journal of Research in Medical Sciences</i> , 2020, 25, 116.	0.4	1
17	Effects of Coenzyme Q10 Supplementation on Anthropometric Indices in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>International Journal of Preventive Medicine</i> , 2020, 11, 181.	0.2	0