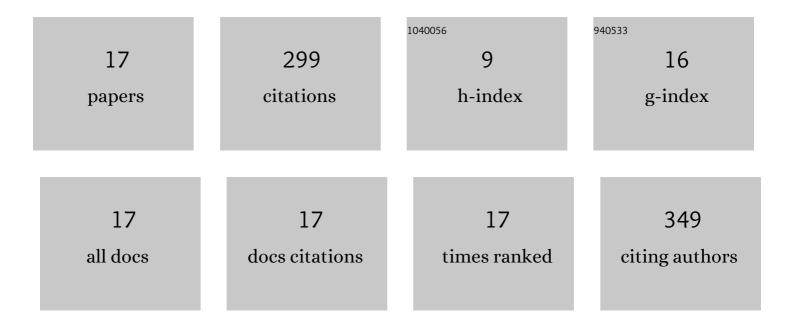
## Rahele Ziaei

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7071565/publications.pdf Version: 2024-02-01



<u> Ρληείς Ζίλει</u>

#	Article	IF	CITATIONS
1	Biological and pharmacological effects and nutritional impact of phytosterols: A comprehensive review. Phytotherapy Research, 2022, 36, 299-322.	5.8	63
2	Effects of inulinâ€ŧype fructans with different degrees of polymerization on inflammation, oxidative stress and endothelial dysfunction in women with polycystic ovary syndrome: A randomized, doubleâ€blind, placebo ontrolled trial. Clinical Endocrinology, 2022, 97, 319-330.	2.4	9
3	Serum vitamin D levels in relation to abdominal obesity: A systematic review and dose–response metaâ€analysis of epidemiologic studies. Obesity Reviews, 2021, 22, e13134.	6.5	40
4	The effect of probiotic fermented milk products on blood lipid concentrations: A systematic review and meta-analysis of randomized controlled trials. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 997-1015.	2.6	19
5	What is the Impact of Cinnamon Supplementation on Blood Pressure? A Systematic Review and Meta-Analysis. Endocrine, Metabolic and Immune Disorders - Drug Targets, 2021, 21, 956-965.	1.2	2
6	A systematic review and meta-analysis of association between brain-derived neurotrophic factor and type 2 diabetes and glycemic profile. Scientific Reports, 2021, 11, 13773.	3.3	15
7	The efficacy of ginseng supplementation on plasma lipid concentration in adults: A systematic review and meta-analysis. Complementary Therapies in Medicine, 2020, 48, 102239.	2.7	8
8	Effects of phytosterols supplementation on blood pressure: A systematic review and meta-analysis. Clinical Nutrition, 2020, 39, 2702-2710.	5.0	22
9	The effect of nettle ( <i>Urtica dioica</i> ) supplementation on the glycemic control of patients with type 2 diabetes mellitus: A systematic review and metaâ€analysis. Phytotherapy Research, 2020, 34, 282-294.	5.8	27
10	Potential of favorable effects of probiotics fermented milk supplementation on blood pressure: a systematic review and meta-analysis. International Journal of Food Properties, 2020, 23, 1925-1940.	3.0	4
11	Effects of Momordica charantia L on blood pressure: a systematic review and meta- analysis of randomized clinical trials. International Journal of Food Properties, 2020, 23, 1913-1924.	3.0	10
12	The effect of pomegranate (Punica granatum) supplementation on metabolic status in patients with type 2 diabetes: A systematic review and meta-analysis. Complementary Therapies in Medicine, 2020, 52, 102478.	2.7	15
13	Impact of flaxseed supplementation on plasma lipoprotein(a) concentrations: A systematic review and metaâ€analysis of randomized controlled trials. Phytotherapy Research, 2020, 34, 1599-1608.	5.8	10
14	Benefits and harms of ginseng supplementation on liver function? A systematic review and meta-analysis. Complementary Therapies in Clinical Practice, 2020, 39, 101173.	1.7	11
15	Association between urinary potassium excretion and blood pressure: A systematic review and meta-analysis of observational studies. Journal of Research in Medical Sciences, 2020, 25, 116.	0.9	1
16	Effects of Coenzyme Q10 Supplementation on Anthropometric Indices in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. International Journal of Preventive Medicine, 2020, 11, 181.	0.4	0
17	Effects of Spirulina supplementation on obesity: A systematic review and meta-analysis of randomized clinical trials. Complementary Therapies in Medicine, 2019, 47, 102211.	2.7	43