

# Jutta Heckhausen

## List of Publications by Year in descending order

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Version: 2024-02-01

103  
papers

8,440  
citations

76326

40  
h-index

48315

88  
g-index

107  
all docs

107  
docs citations

107  
times ranked

4216  
citing authors

#	ARTICLE	IF	CITATIONS
1	The role of goal adjustment during rehabilitation from stroke. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 26-43.	3.0	3
2	The Development of Life Goals Across the Adult Life Span. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2022, 77, 905-915.	3.9	5
3	Invited Commentary: Societal Constraints and Individual Agency: Navigating Educational Transitions for Upward Mobility. <i>Journal of Youth and Adolescence</i> , 2021, 50, 437-445.	3.5	6
4	Prosociality across adulthood: A developmental and motivational perspective.. <i>Psychology and Aging</i> , 2021, 36, 22-35.	1.6	13
5	Well-being as a resource for goal reengagement: Evidence from two longitudinal studies.. <i>Motivation Science</i> , 2021, 7, 21-31.	1.6	16
6	Motivation and Healthy Aging at Work. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S145-S156.	3.9	10
7	Goal Changes and Healthy Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S105-S114.	3.9	8
8	Motivation and Healthy Aging: A Heuristic Model. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S97-S104.	3.9	7
9	A Framework for Measuring Undergraduate Learning and Growth. <i>Change</i> , 2021, 53, 51-59.	0.5	9
10	Work Value Transmission From Parents to Children: Early Socialization and Delayed Activation. <i>Work and Occupations</i> , 2020, 47, 83-119.	4.4	12
11	Understanding the effects of Covid-19 through a life course lens. <i>Advances in Life Course Research</i> , 2020, 45, 100360.	1.4	181
12	Successful aging at work: A process model to guide future research and practice. <i>Industrial and Organizational Psychology</i> , 2020, 13, 345-365.	0.6	76
13	Control Strategies and Daily Affect. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2020, 33, 155-169.	0.5	5
14	Integrating and instigating research on person and situation, motivation and volition, and their development.. <i>Motivation Science</i> , 2020, 6, 185-188.	1.6	6
15	Risk of cognitive declines with retirement: Who declines and why?. <i>Psychology and Aging</i> , 2020, 35, 449-457.	1.6	18
16	Agency and Motivation in Adulthood and Old Age. <i>Annual Review of Psychology</i> , 2019, 70, 191-217.	17.7	115
17	Subjective Age at Work: Feeling Younger or Older Than One's Actual Age Predicts Perceived Control and Motivation at Work. <i>Work, Aging and Retirement</i> , 2019, 5, 323-332.	3.0	16
18	Efficacy of Home-Based Telerehabilitation vs In-Clinic Therapy for Adults After Stroke. <i>JAMA Neurology</i> , 2019, 76, 1079.	9.0	213

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19	Motivational Theory of Lifespan Development. , 2019, , 111-134.		10
20	Conceptualizing Individual Agency in the Transition from School to Work: A Social-Ecological Developmental Perspective. Adolescent Research Review, 2019, 4, 135-148.	4.5	72
21	A multi-disciplinary model of life-course canalization and agency. Advances in Life Course Research, 2019, 41, 100246.	1.4	37
22	A motivation treatment to enhance goal engagement in online learning environments: Assisting failure-prone college students with low optimism.. Motivation Science, 2019, 5, 116-134.	1.6	19
23	Engagement with six major life domains during the transition to retirement: Stability and change for better or worse.. Psychology and Aging, 2019, 34, 441-456.	1.6	21
24	Cohort differences in adult-life trajectories of internal and external control beliefs: A tale of more and better maintained internal control and fewer external constraints.. Psychology and Aging, 2019, 34, 1090-1108.	1.6	24
25	Development of Motivation. , 2018, , 679-743.		5
26	The Motivation of Developmental Regulation. , 2018, , 745-782.		3
27	It's only a dream if you wake up: Young adults' achievement expectations, opportunities, and meritocratic beliefs. International Journal of Psychology, 2017, 52, 40-48.	2.8	24
28	Changes in life satisfaction when losing one's spouse: individual differences in anticipation, reaction, adaptation and longevity in the German Socio-economic Panel Study (SOEP). Ageing and Society, 2017, 37, 899-934.	1.7	50
29	Perceived control across the second half of life: The role of physical health and social integration.. Psychology and Aging, 2017, 32, 76-92.	1.6	43
30	Youth's Causal Beliefs About Success: Socioeconomic Differences and Prediction of Early Career Development. Journal of Youth and Adolescence, 2017, 46, 2169-2180.	3.5	13
31	Levels of and changes in life satisfaction predict mortality hazards: Disentangling the role of physical health, perceived control, and social orientation.. Psychology and Aging, 2017, 32, 507-520.	1.6	35
32	Tenacious self-reliance in health maintenance may jeopardize late life survival.. Psychology and Aging, 2017, 32, 628-635.	1.6	7
33	Optimized Engagement Across Life Domains in Adult Development: Balancing Diversity and Interdomain Consequences. Research in Human Development, 2016, 13, 280-296.	1.3	23
34	High-school predictors of university achievement: Youths' self-reported relationships with parents, beliefs about success, and university aspirations. Journal of Adolescence, 2016, 53, 95-106.	2.4	18
35	Developmental regulation with progressive vision loss: Use of control strategies and affective well-being.. Developmental Psychology, 2016, 52, 679-694.	1.6	11
36	A motivation-enhancing treatment to sustain goal engagement during life course transitions. Motivation and Emotion, 2016, 40, 814-829.	1.3	11

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37	For better or worse. <i>International Journal of Behavioral Development</i> , 2016, 40, 107-116.	2.4	36
38	Challenges to developmental regulation across the life course. <i>International Journal of Behavioral Development</i> , 2016, 40, 145-150.	2.4	32
39	Parents still matter: Patterns of shared agency with parents predict college students' academic motivation and achievement.. <i>Motivation Science</i> , 2016, 2, 97-115.	1.6	13
40	High school seniors' college enrollment goals: Costs and benefits of ambitious expectations. <i>Journal of Adolescence</i> , 2015, 45, 327-340.	2.4	15
41	Calibrating Independence Goals and Partner Support: Couples Adjust to Functional Limitations after Tumor Surgery. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 167-187.	3.0	11
42	Control Behavior: Psychological Perspectives. , 2015, , 813-818.		0
43	Motivation-focused thinking: Buffering against stress-related physical symptoms and depressive symptomology. <i>Psychology and Health</i> , 2015, 30, 1326-1345.	2.2	7
44	Motivational Theory of Lifespan Development. , 2015, , 1-10.		3
45	Perceived personal control buffers terminal decline in well-being.. <i>Psychology and Aging</i> , 2014, 29, 612-625.	1.6	53
46	Prostate cancer patients gradually advance goals for rehabilitation after radical prostatectomy: Applying a lines-of-defense model to rehabilitation.. <i>Psychology and Aging</i> , 2014, 29, 787-792.	1.6	17
47	Conflicted Goal Engagement: Undermining Physical Activity and Health in Late Life. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014, 69, 533-542.	3.9	9
48	Striving for Educational and Career Goals During the Transition After High School: What is Beneficial?. <i>Journal of Youth and Adolescence</i> , 2013, 42, 1385-1398.	3.5	38
49	A Lines-of-Defense Model for Managing Health Threats: A Review. <i>Gerontology</i> , 2013, 59, 438-447.	2.8	68
50	Downward social comparison and subjective well-being in late life: The moderating role of perceived control. <i>Aging and Mental Health</i> , 2013, 17, 375-385.	2.8	34
51	University students' causal conceptions about social mobility: Diverging pathways for believers in personal merit and luck. <i>Journal of Vocational Behavior</i> , 2013, 82, 10-19.	3.4	36
52	Sustaining Primary Control Striving for Achievement Goals During Challenging Developmental Transitions: The Role of Secondary Control Strategies. <i>Basic and Applied Social Psychology</i> , 2013, 35, 286-297.	2.1	21
53	Developmental regulation across the life span: Toward a new synthesis.. <i>Developmental Psychology</i> , 2013, 49, 964-972.	1.6	165
54	The interplay of occupational motivation and well-being during the transition from university to work.. <i>Developmental Psychology</i> , 2012, 48, 1739-1751.	1.6	49

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55	Career-related goal pursuit among post-high school youth: Relations between personal control beliefs and control strivings. <i>Motivation and Emotion</i> , 2012, 36, 159-169.	1.3	29
56	Control striving in older adults with serious health problems: A 9-year longitudinal study of survival, health, and well-being.. <i>Psychology and Aging</i> , 2010, 25, 432-445.	1.6	84
57	Shared Agency with Parents for Educational Goals: Ethnic Differences and Implications for College Adjustment. <i>Journal of Youth and Adolescence</i> , 2010, 39, 1293-1304.	3.5	29
58	Is it adaptive to disengage from demands of social change? Adjustment to developmental barriers in opportunity-deprived regions. <i>Motivation and Emotion</i> , 2010, 34, 384-398.	1.3	52
59	Nonparental Adults as Social Resources in the Transition to Adulthood. <i>Journal of Research on Adolescence</i> , 2010, 20, 1065-1082.	3.7	52
60	A motivational theory of life-span development.. <i>Psychological Review</i> , 2010, 117, 32-60.	3.8	1,104
61	Can Ambition Help Overcome Social Inequality in the Transition to Adulthood? Individual Agency and Societal Opportunities in Germany and the United States. <i>Research in Human Development</i> , 2009, 6, 235-251.	1.3	32
62	Adaptive adjustment of vocational aspirations among German youths during the transition from school to work. <i>Journal of Vocational Behavior</i> , 2009, 74, 38-46.	3.4	55
63	A Crossâ€Ethnic Study of Adolescents' Depressed Mood and the Erosion of Parental and Peer Warmth During the Transition to Young Adulthood. <i>Journal of Research on Adolescence</i> , 2009, 19, 359-379.	3.7	16
64	Primary and Secondary Control Strategies: Implications for Health and Well-Being Among Older Adults. <i>Journal of Social and Clinical Psychology</i> , 2009, 28, 165-197.	0.5	50
65	Goal Engagement During the Schoolâ€Work Transition: Beneficial for All, Particularly for Girls. <i>Journal of Research on Adolescence</i> , 2008, 18, 671-698.	3.7	91
66	Motivation and Development. , 2008, , 384-444.		11
67	The Motivation-Volition Divide and Its Resolution in Action-Phase Models of Developmental Regulation. <i>Research in Human Development</i> , 2007, 4, 163-180.	1.3	46
68	Stressful events compromise control strivings during a major life transition. <i>Motivation and Emotion</i> , 2007, 31, 300-311.	1.3	38
69	Perceived Social Environment and Adolescentsâ€™ Well-Being and Adjustment: Comparing a Foster Care Sample With a Matched Sample. <i>Journal of Youth and Adolescence</i> , 2006, 35, 330-339.	3.5	67
70	What Do They Want in Life?: The Life Goals of a Multi-Ethnic, Multi-Generational Sample of High School Seniors. <i>Journal of Youth and Adolescence</i> , 2006, 35, 302-313.	3.5	53
71	Health Stresses and Depressive Symptomatology in the Elderly. <i>Current Directions in Psychological Science</i> , 2004, 13, 17-20.	5.3	73
72	TO HAVE AND HAVE NOT: ADAPTIVE BEREAVEMENT BY TRANSFORMING MENTAL TIES TO THE DECEASED. <i>Death Studies</i> , 2003, 27, 199-226.	2.7	55

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73	Perceived control of life regrets: Good for young and bad for old adults.. Psychology and Aging, 2002, 17, 340-350.	1.6	109
74	Health stresses and depressive symptomatology in the elderly: The importance of health engagement control strategies.. Health Psychology, 2002, 21, 340-348.	1.6	125
75	Developmental regulation of life-course transitions: a control theory approach. , 2002, , 257-280.		19
76	Get an Apprenticeship before School Is Out: How German Adolescents Adjust Vocational Aspirations When Getting Close to a Developmental Deadline. Journal of Vocational Behavior, 2002, 60, 199-219.	3.4	170
77	The emergence of visually realistic contour in the drawing of the human figure. British Journal of Developmental Psychology, 2002, 20, 439-463.	1.7	40
78	Perceived control of life regrets: good for young and bad for old adults. Psychology and Aging, 2002, 17, 340-50.	1.6	26
79	Health stresses and depressive symptomatology in the elderly: The importance of health engagement control strategies.. Health Psychology, 2002, 21, 340-348.	1.6	32
80	Developmental regulation before and after a developmental deadline: The sample case of "biological clock" for childbearing.. Psychology and Aging, 2001, 16, 400-413.	1.6	211
81	Developmental regulation before and after a developmental deadline: The sample case of "biological clock" for childbearing.. Psychology and Aging, 2001, 16, 400-413.	1.6	68
82	Primary and secondary control strategies for managing health and financial stress across adulthood.. Psychology and Aging, 2000, 15, 387-399.	1.6	246
83	Evolutionary Perspectives on Human Motivation. American Behavioral Scientist, 2000, 43, 1015-1029.	3.8	45
84	The primacy of primary control is a human universal: A reply to Gould's (1999) critique of the life-span theory of control.. Psychological Review, 1999, 106, 605-609.	3.8	63
85	Control processes before and after passing a developmental deadline: Activation and deactivation of intimate relationship goals.. Journal of Personality and Social Psychology, 1999, 77, 415-427.	2.8	181
86	Perceived problems for self and others: Self-protection by social downgrading throughout adulthood.. Psychology and Aging, 1997, 12, 610-619.	1.6	91
87	A life span model of successful aging.. American Psychologist, 1996, 51, 702-714.	4.2	593
88	A life-span theory of control.. Psychological Review, 1995, 102, 284-304.	3.8	1,478
89	Personality Development Across the Adult Life Span: Subjective Conceptions vs Cross-sectional Contrasts. Journal of Gerontology, 1993, 48, P100-P108.	1.9	38
90	Optimisation by Selection and Compensation: Balancing Primary and Secondary Control in Life Span Development. International Journal of Behavioral Development, 1993, 16, 287-303.	2.4	148

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91	Developmental expectations for the self and most other people: Age grading in three functions of social comparison.. <i>Developmental Psychology</i> , 1993, 29, 539-548.	1.6	202
92	Adult Development, Control, and Adaptive Functioning. <i>Journal of Social Issues</i> , 1991, 47, 177-196.	3.3	77
93	Gains and losses in development throughout adulthood as perceived by different adult age groups.. <i>Developmental Psychology</i> , 1989, 25, 109-121.	1.6	500
94	Becoming Aware of One's Competence in the Second Year: Developmental Progression within the Mother Child Dyad. <i>International Journal of Behavioral Development</i> , 1988, 11, 305-326.	2.4	29
95	Mnemonic Training for the Acquisition of Skilled Digit Memory. <i>Cognition and Instruction</i> , 1987, 4, 203-223.	2.9	67
96	Balancing for weaknesses and challenging developmental potential: A longitudinal study of mother-infant dyads in apprenticeship interactions.. <i>Developmental Psychology</i> , 1987, 23, 762-770.	1.6	53
97	How do mothers know? infants' chronological age or infants' performance as determinants of adaptation in maternal instruction?. <i>Journal of Experimental Child Psychology</i> , 1987, 43, 212-226.	1.4	13
98	Motivational affordances in school versus work contexts advantage different individuals. , 0, , 346-362.		0
99	Developmental goals during the transition to young adulthood. <i>International Journal of Behavioral Development</i> , 0, , 016502542110075.	2.4	6
100	Soci(et)al Scaffolding of Individual Growth across the Life Span. , 0, , 93-108.		5
101	Selectivity in Life-Span Development: Biological and Societal Canalizations and Individuals' Developmental Goals. , 0, , 67-104.		22
102	Control Strivings in the Socio-Economic Panel (SOEP). <i>SSRN Electronic Journal</i> , 0, , .	0.4	0
103	The effect of motive-goal congruence on adolescents'™ academic goal engagement and disengagement. <i>Motivation and Emotion</i> , 0, , .	1.3	0