

# Sally A Ferguson

## List of Publications by Year in descending order

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Version: 2024-02-01

160  
papers

4,038  
citations

109321

35  
h-index

189892

50  
g-index

161  
all docs

161  
docs citations

161  
times ranked

3632  
citing authors

#	ARTICLE	IF	CITATIONS
1	“Need to be alert at night to provide care” Factors associated with problematic sleep among young Australian caregivers. <i>Behavioral Sleep Medicine</i> , 2023, 21, 322-331.	2.1	2
2	Informal management of health and safety risks associated with alarm response by Australian firefighters. <i>Ergonomics</i> , 2022, 65, 233-241.	2.1	3
3	A Time to Rest, a Time to Dine: Sleep, Time-Restricted Eating, and Cardiometabolic Health. <i>Nutrients</i> , 2022, 14, 420.	4.1	18
4	Longitudinal studies of sleep, physical activity and nutritional intake in shift workers: A scoping review. <i>Sleep Medicine Reviews</i> , 2022, 63, 101612.	8.5	9
5	Interventions to improve sleep in caregivers: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 64, 101658.	8.5	5
6	New parents and driver safety: What’s sleep got to do with it? A systematic review. <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2022, 89, 183-199.	3.7	3
7	What Factors Influence the Sleep of On-call Workers?. <i>Behavioral Sleep Medicine</i> , 2021, 19, 255-272.	2.1	16
8	The effect of a short burst of exercise during the night on subsequent sleep. <i>Journal of Sleep Research</i> , 2021, 30, e13077.	3.2	5
9	Circadian tau differences and rhythm associations in delayed sleep–wake phase disorder and sighted non-24-hour sleep–wake rhythm disorder. <i>Sleep</i> , 2021, 44, .	1.1	13
10	Safety implications of fatigue and sleep inertia for emergency services personnel. <i>Sleep Medicine Reviews</i> , 2021, 55, 101386.	8.5	23
11	Perception versus Reality: The Relationship between Subjective and Objective Measures of Sleep When On-call under Simulated Laboratory Conditions. <i>Behavioral Sleep Medicine</i> , 2021, 19, 533-546.	2.1	2
12	Non-Pharmacological Interventions to Improve Chronic Disease Risk Factors and Sleep in Shift Workers: A Systematic Review and Meta-Analysis. <i>Clocks &amp; Sleep</i> , 2021, 3, 132-178.	2.0	21
13	The Discrepancy between Knowledge of Sleep Recommendations and the Actual Sleep Behaviour of Australian Adults. <i>Behavioral Sleep Medicine</i> , 2021, 19, 828-839.	2.1	7
14	Sleep disturbances in caregivers of children with medical needs: A systematic review and meta-analysis.. <i>Health Psychology</i> , 2021, 40, 263-273.	1.6	5
15	Causes and consequences of sleep loss and fatigue: The worker perspective in the coral reef tourism industry. <i>Annals of Tourism Research</i> , 2021, 88, 103160.	6.4	17
16	Prevalence of Probable Shift Work Disorder in Non-Standard Work Schedules and Associations with Sleep, Health and Safety Outcomes: A Cross-Sectional Analysis. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 683-693.	2.7	14
17	Protecting the health and safety of the paramedic workforce in Australia: The role of cohort studies with new recruits. <i>EMA - Emergency Medicine Australasia</i> , 2021, 33, 935-937.	1.1	5
18	A Blue-Enriched, Increased Intensity Light Intervention to Improve Alertness and Performance in Rotating Night Shift Workers in an Operational Setting. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 647-657.	2.7	21

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19	Gambling Problems Are Associated with Alcohol Misuse and Insomnia: Results from a Representative National Telephone Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6683.	2.6	3
20	An evaluation and comparison of commercial driver sleepiness detection technology: a rapid review. <i>Physiological Measurement</i> , 2021, 42, 074007.	2.1	7
21	The impact of a short burst of exercise on sleep inertia. <i>Physiology and Behavior</i> , 2021, 242, 113617.	2.1	5
22	On-call work and sleep: the importance of switching on during a callout and switching off after a call. <i>Industrial Health</i> , 2021, 60, 91-96.	1.0	2
23	Who is "on-call"™ in Australia? A new classification approach for on-call employment in future population-level studies. <i>PLoS ONE</i> , 2021, 16, e0259035.	2.5	4
24	Crack a smile: the causes and consequences of emotional labour dysregulation in Australian reef tourism. <i>Current Issues in Tourism</i> , 2020, 23, 1598-1612.	7.2	13
25	The impact of anticipating a stressful task on sleep inertia when on-call. <i>Applied Ergonomics</i> , 2020, 82, 102942.	3.1	13
26	Are Individuals with Low Trait Anxiety Better Suited to On-Call Work?. <i>Clocks &amp; Sleep</i> , 2020, 2, 473-486.	2.0	2
27	Are prolonged sitting and sleep restriction a dual curse for the modern workforce? a randomised controlled trial protocol. <i>BMJ Open</i> , 2020, 10, e040613.	1.9	5
28	Can an increase in noradrenaline induced by brief exercise counteract sleep inertia?. <i>Chronobiology International</i> , 2020, 37, 1474-1478.	2.0	6
29	Comparing the Effects of FIFO/DIDO Workers Being Home versus Away on Sleep and Loneliness for Partners of Australian Mining Workers. <i>Clocks &amp; Sleep</i> , 2020, 2, 86-98.	2.0	5
30	Accounting for automatic processes in sleep health. <i>Journal of Sleep Research</i> , 2020, 29, e12987.	3.2	10
31	Impacts of Australian Firefighters's™ On-Call Work Arrangements on the Sleep of Partners. <i>Clocks &amp; Sleep</i> , 2020, 2, 39-51.	2.0	7
32	Hot, Tired and Hungry: The Snacking Behaviour and Food Cravings of Firefighters during Multi-Day Simulated Wildfire Suppression. <i>Nutrients</i> , 2020, 12, 1160.	4.1	9
33	Exercising Caution Upon Waking—Can Exercise Reduce Sleep Inertia?. <i>Frontiers in Physiology</i> , 2020, 11, 254.	2.8	15
34	Sleep hygiene in shift workers: A systematic literature review. <i>Sleep Medicine Reviews</i> , 2020, 53, 101336.	8.5	32
35	Perceptions of the impact of non-standard work schedules on health in Australian graduates: an exploratory study. <i>Industrial Health</i> , 2020, 58, 54-62.	1.0	3
36	Can stress act as a sleep inertia countermeasure when on-call?. <i>Biological Rhythm Research</i> , 2019, 50, 429-439.	0.9	8

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37	Salivary cortisol profiles of on-call from home fire and emergency service personnel. <i>Stress</i> , 2019, 22, 436-445.	1.8	5
38	Overnight heart rate variability and next day cortisol response during simulated on-call conditions. <i>Psychoneuroendocrinology</i> , 2019, 109, 104406.	2.7	8
39	The effects of hydration on cognitive performance during a simulated wildfire suppression shift in temperate and hot conditions. <i>Applied Ergonomics</i> , 2019, 77, 9-15.	3.1	13
40	Waking qEEG to assess psychophysiological stress and alertness during simulated on-call conditions. <i>International Journal of Psychophysiology</i> , 2019, 141, 93-100.	1.0	11
41	Making errors at work due to sleepiness or sleep problems is not confined to non-standard work hours: results of the 2016 Sleep Health Foundation national survey. <i>Chronobiology International</i> , 2019, 36, 758-769.	2.0	13
42	Understanding the Differing Impacts of On-Call Work for Males and Females: Results from an Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 370.	2.6	9
43	Working Time Society consensus statements: Evidence-based effects of shift work on physical and mental health. <i>Industrial Health</i> , 2019, 57, 139-157.	1.0	125
44	The Impact of on-Call Work for Partnersâ€™ Sleep, Relationship Quality and Daytime Functioning. <i>Clocks &amp; Sleep</i> , 2019, 1, 185-192.	2.0	7
45	More than hours of work: fatigue management during high-intensity maritime operations. <i>Chronobiology International</i> , 2019, 36, 143-149.	2.0	11
46	Barriers and Enablers to Modifying Sleep Behavior in Adolescents and Young Adults: A Qualitative Investigation. <i>Behavioral Sleep Medicine</i> , 2019, 17, 1-11.	2.1	41
47	Adding sleep restriction to the equation: impact on wildland firefightersâ€™ work performance and physiology in hot conditions. <i>International Archives of Occupational and Environmental Health</i> , 2018, 91, 601-611.	2.3	9
48	Working (longer than) 9 to 5: are there cardiometabolic health risks for young Australian workers who report longer than 38-h working weeks?. <i>International Archives of Occupational and Environmental Health</i> , 2018, 91, 403-412.	2.3	9
49	The effects of anticipating a high-stress task on sleep and performance during simulated on-call work. <i>Journal of Sleep Research</i> , 2018, 27, e12691.	3.2	15
50	Sleep in wildland firefighters: what do we know and why does it matter?. <i>International Journal of Wildland Fire</i> , 2018, 27, 73.	2.4	27
51	The impact of breaking up prolonged sitting on glucose metabolism and cognitive function when sleep is restricted. <i>Neurobiology of Sleep and Circadian Rhythms</i> , 2018, 4, 17-23.	2.8	32
52	The Cost of Inadequate Sleep among On-Call Workers in Australia: A Workplace Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 398.	2.6	29
53	Does breaking up prolonged sitting when sleep restricted affect postprandial glucose responses and subsequent sleep architecture? â€” a pilot study. <i>Chronobiology International</i> , 2018, 35, 821-826.	2.0	7
54	How the chance of missing the alarm during an on-call shift affects pre-bed anxiety, sleep and next day cognitive performance. <i>Biological Psychology</i> , 2018, 137, 133-139.	2.2	17

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55	Sociodemographic and behavioural correlates of social jetlag in Australian adults: results from the 2016 National Sleep Health Foundation Study. <i>Sleep Medicine</i> , 2018, 51, 133-139.	1.6	27
56	Uncertain call likelihood negatively affects sleep and next-day cognitive performance while on-call in a laboratory environment. <i>Chronobiology International</i> , 2018, 35, 838-848.	2.0	28
57	No rest for the women: Understanding the impact of on-call work for women in the emergency services. <i>Chronobiology International</i> , 2018, 35, 827-837.	2.0	19
58	Using interstimulus interval to maximise sensitivity of the Psychomotor Vigilance Test to fatigue. <i>Accident Analysis and Prevention</i> , 2017, 99, 406-410.	5.7	20
59	The sleep architecture of Australian volunteer firefighters during a multi-day simulated wildfire suppression: Impact of sleep restriction and temperature. <i>Accident Analysis and Prevention</i> , 2017, 99, 389-394.	5.7	15
60	The effect of working on-call on stress physiology and sleep: A systematic review. <i>Sleep Medicine Reviews</i> , 2017, 33, 79-87.	8.5	38
61	Sleepy, circadian disrupted and sick: Could intestinal microbiota play an important role in shift worker health?. <i>Molecular Metabolism</i> , 2017, 6, 12-13.	6.5	23
62	Circadian Rhythms Versus Daily Patterns in Human Physiology and Behavior. , 2017, , 279-295.		12
63	Randomised controlled trial of the efficacy of a blue-enriched light intervention to improve alertness and performance in night shift workers. <i>Occupational and Environmental Medicine</i> , 2017, 74, 792-801.	2.8	39
64	Salivary alpha amylase in on-call from home fire and emergency service personnel. <i>Endocrine Connections</i> , 2017, 6, 637-646.	1.9	4
65	Sickness absenteeism is associated with sleep problems independent of sleep disorders: results of the 2016 Sleep Health Foundation national survey. <i>Sleep Health</i> , 2017, 3, 357-361.	2.5	27
66	The shift work and health research agenda: Considering changes in gut microbiota as a pathway linking shift work, sleep loss and circadian misalignment, and metabolic disease. <i>Sleep Medicine Reviews</i> , 2017, 34, 3-9.	8.5	107
67	Controlling fatigue risk in safety-critical workplaces: A summary of selected papers from the 9th International Conference on Managing Fatigue in Transportation, Resources and Health. <i>Accident Analysis and Prevention</i> , 2017, 99, 379-382.	5.7	0
68	Improving Cardiometabolic Health with Diet, Physical Activity, and Breaking Up Sitting: What about Sleep?. <i>Frontiers in Physiology</i> , 2017, 8, 865.	2.8	37
69	The Impact of Heat Exposure and Sleep Restriction on Firefighters'™ Work Performance and Physiology during Simulated Wildfire Suppression. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 180.	2.6	22
70	Breaking Up Sitting with Light-Intensity Physical Activity: Implications for Shift-Workers. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 1233.	2.6	6
71	Fighting fire and fatigue: sleep quantity and quality during multi-day wildfire suppression. <i>Ergonomics</i> , 2016, 59, 1-9.	2.1	39
72	The Relationships between Human Fatigue and Public Health: A Brief Commentary on Selected Papers from the 9th International Conference on Managing Fatigue in Transportation, Resources and Health. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 842.	2.6	3

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73	Fatigue in Emergency Services Operations: Assessment of the Optimal Objective and Subjective Measures Using a Simulated Wildfire Deployment. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 171.	2.6	24
74	Does Suspected Sleep Disordered Breathing Impact on the Sleep and Performance of Firefighting Volunteers during a Simulated Fire Ground Campaign?. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 173.	2.6	9
75	The accuracy of subjective measures for assessing fatigue related decrements in multi-stressor environments. <i>Safety Science</i> , 2016, 86, 238-244.	4.9	15
76	On-call work: To sleep or not to sleep? It depends. <i>Chronobiology International</i> , 2016, 33, 678-684.	2.0	39
77	Sleep quantity and quality is not compromised during planned burn shifts of less than 12 h. <i>Chronobiology International</i> , 2016, 33, 657-666.	2.0	21
78	Can the circadian phase be estimated from self-reported sleep timing in patients with Delayed Sleep Wake Phase Disorder to guide timing of chronobiologic treatment?. <i>Chronobiology International</i> , 2016, 33, 1376-1390.	2.0	18
79	Chronic occupational exposures can influence the rate of PTSD and depressive disorders in first responders and military personnel. <i>Extreme Physiology and Medicine</i> , 2016, 5, 8.	2.5	40
80	Psychophysiological relationships between a multi-component self-report measure of mood, stress and behavioural signs and symptoms, and physiological stress responses during a simulated firefighting deployment. <i>International Journal of Psychophysiology</i> , 2016, 110, 109-118.	1.0	17
81	Expectation of a loud alarm is not associated with changes in on-call sleep in the laboratory. <i>Sleep and Biological Rhythms</i> , 2016, 14, 279-285.	1.0	9
82	Circadian Melatonin and Temperature $\tau$ in Delayed Sleep-wake Phase Disorder and Non-24-hour Sleep-wake Rhythm Disorder Patients. <i>Journal of Biological Rhythms</i> , 2016, 31, 387-405.	2.6	50
83	Prior sleep and perceptions of risk when driving. <i>Sleep and Biological Rhythms</i> , 2016, 14, 295-301.	1.0	3
84	Associations between firefighters' physical activity across multiple shifts of wildfire suppression. <i>Ergonomics</i> , 2016, 59, 1-8.	2.1	18
85	Acute Psychophysiological Relationships Between Mood, Inflammatory and Cortisol Changes in Response to Simulated Physical Firefighting Work and Sleep Restriction. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 165-180.	1.7	16
86	The impact of sleep restriction while performing simulated physical firefighting work on cortisol and heart rate responses. <i>International Archives of Occupational and Environmental Health</i> , 2016, 89, 461-475.	2.3	23
87	Sound the alarm: Health and safety risks associated with alarm response for salaried and retained metropolitan firefighters. <i>Safety Science</i> , 2016, 82, 174-181.	4.9	46
88	The etiology of delayed sleep phase disorder. <i>Sleep Medicine Reviews</i> , 2016, 27, 29-38.	8.5	63
89	The acute physiological stress response to an emergency alarm and mobilization during the day and at night. <i>Noise and Health</i> , 2016, 18, 150.	0.5	21
90	Associations between number of consecutive night shifts and impairment of neurobehavioral performance during a subsequent simulated night shift. <i>Scandinavian Journal of Work, Environment and Health</i> , 2016, 42, 217-27.	3.4	13

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91	Sleep Restriction during Simulated Wildfire Suppression: Effect on Physical Task Performance. PLoS ONE, 2015, 10, e0115329.	2.5	32
92	The Impact of Sleep Restriction and Simulated Physical Firefighting Work on Acute Inflammatory Stress Responses. PLoS ONE, 2015, 10, e0138128.	2.5	29
93	Managing fatigue: It really is about sleep. Accident Analysis and Prevention, 2015, 82, 20-26.	5.7	42
94	Relationships between inflammatory cytokine and cortisol responses in firefighters exposed to simulated wildfire suppression work and sleep restriction. Physiological Reports, 2015, 3, e12604.	1.7	31
95	Nocturnal Melatonin Profiles in Patients with Delayed Sleep-Wake Phase Disorder and Control Sleepers. Journal of Biological Rhythms, 2015, 30, 437-448.	2.6	54
96	Effects of work-related sleep restriction on acute physiological and psychological stress responses and their interactions: A review among emergency service personnel. International Journal of Occupational Medicine and Environmental Health, 2015, 28, 183-208.	1.3	30
97	Sleeping at work: not all about location, location, location. Sleep Medicine Reviews, 2015, 19, 59-66.	8.5	15
98	The Influence of Break Timing on the Sleep Quantity and Quality of Fly-in, Fly-out Shiftworkers. Industrial Health, 2014, 52, 521-530.	1.0	5
99	The relationship between the rate of melatonin excretion and sleep consolidation for locomotive engineers in natural sleep settings. Journal of Circadian Rhythms, 2014, 4, 8.	1.3	7
100	What happens to mood, performance and sleep in a laboratory study with no sleep deprivation?. Sleep and Biological Rhythms, 2013, 11, 200-209.	1.0	13
101	Sleep and obsessive-compulsive disorder (OCD). Sleep Medicine Reviews, 2013, 17, 465-474.	8.5	76
102	The endogenous circadian temperature period length (tau) in delayed sleep phase disorder compared to good sleepers. Journal of Sleep Research, 2013, 22, 617-624.	3.2	62
103	Detection of Heightened Emotional Activity in Commercial Airline Crews. Aviation Psychology and Applied Human Factors, 2013, 3, 83-91.	0.4	2
104	Time-of-Day Mediates the Influences of Extended Wake and Sleep Restriction on Simulated Driving. Chronobiology International, 2012, 29, 572-579.	2.0	28
105	Fatigue Risk Management: A Case Study. , 2012, , .		0
106	The Relative Contributions of the Homeostatic and Circadian Processes to Sleep Regulation under Conditions of Severe Sleep Restriction. Sleep, 2012, 35, 941-948.	1.1	16
107	Sleep Restriction Masks the Influence of the Circadian Process on Sleep Propensity. Chronobiology International, 2012, 29, 565-571.	2.0	33
108	12-h or 8-h shifts? It depends. Sleep Medicine Reviews, 2012, 16, 519-528.	8.5	47

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109	Beyond working time: Factors affecting sleep behaviour in rail safety workers. <i>Accident Analysis and Prevention</i> , 2012, 45, 32-35.	5.7	17
110	The influence of circadian time and sleep dose on subjective fatigue ratings. <i>Accident Analysis and Prevention</i> , 2012, 45, 50-54.	5.7	28
111	Simulated driving under the influence of extended wake, time of day and sleep restriction. <i>Accident Analysis and Prevention</i> , 2012, 45, 55-61.	5.7	53
112	The effect of sleep restriction on snacking behaviour during a week of simulated shiftwork. <i>Accident Analysis and Prevention</i> , 2012, 45, 62-67.	5.7	73
113	Can a simple balance task be used to assess fitness for duty?. <i>Accident Analysis and Prevention</i> , 2012, 45, 74-79.	5.7	19
114	Restricted sleep and negative affective states in commercial pilots during short haul operations. <i>Accident Analysis and Prevention</i> , 2012, 45, 80-84.	5.7	27
115	Mismatch between subjective alertness and objective performance under sleep restriction is greatest during the biological night. <i>Journal of Sleep Research</i> , 2012, 21, 40-49.	3.2	81
116	Author's response to Letter to the Editor. <i>Applied Ergonomics</i> , 2012, 43, 267.	3.1	1
117	Sleep and circadian rhythms in mining operators: Limited evidence of adaptation to night shifts. <i>Applied Ergonomics</i> , 2012, 43, 695-701.	3.1	51
118	“Awake, smoky, and hot” Providing an evidence-base for managing the risks associated with occupational stressors encountered by wildland firefighters. <i>Applied Ergonomics</i> , 2012, 43, 916-925.	3.1	85
119	Effect of working consecutive night shifts on sleep time, prior wakefulness, perceived levels of fatigue and performance on a psychometric test in emergency registrars. <i>EMA - Emergency Medicine Australasia</i> , 2012, 24, 251-259.	1.1	4
120	Dynamics of Neurobehavioral Performance Variability Under Forced Desynchrony: Evidence of State Instability. <i>Sleep</i> , 2011, 34, 57-63.	1.1	32
121	Performance on a simple response time task: Is sleep or work more important for miners?. <i>Applied Ergonomics</i> , 2011, 42, 210-213.	3.1	53
122	Changes in structural aspects of mood during 39–66h of sleep loss using matched controls. <i>Applied Ergonomics</i> , 2011, 42, 196-201.	3.1	50
123	Sleep, Wake and Phase Dependent Changes in Neurobehavioral Function under Forced Desynchrony. <i>Sleep</i> , 2011, 34, 931-41.	1.1	70
124	Sleep in a live-in mining operation: The influence of start times and restricted non-work activities. <i>Applied Ergonomics</i> , 2010, 42, 71-75.	3.1	40
125	The effects of different roster schedules on sleep in miners. <i>Applied Ergonomics</i> , 2010, 41, 600-606.	3.1	61
126	The relationship between subjective and objective sleepiness and performance during a simulated night-shift with a nap countermeasure. <i>Applied Ergonomics</i> , 2010, 42, 52-61.	3.1	48



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127	THE INFLUENCE OF CIRCADIAN PHASE AND PRIOR WAKE ON NEUROMUSCULAR FUNCTION. <i>Chronobiology International</i> , 2010, 27, 911-921.	2.0	38
128	Prior Sleep, Prior Wake, and Crew Performance During Normal Flight Operations. <i>Aviation, Space, and Environmental Medicine</i> , 2010, 81, 665-670.	0.5	24
129	CONTRIBUTION OF CORE BODY TEMPERATURE, PRIOR WAKE TIME, AND SLEEP STAGES TO COGNITIVE THROUGHPUT PERFORMANCE DURING FORCED DESYNCHRONY. <i>Chronobiology International</i> , 2010, 27, 898-910.	2.0	41
130	Melatonin agonists and insomnia. <i>Expert Review of Neurotherapeutics</i> , 2010, 10, 305-318.	2.8	49
131	WORK HOURS AND SLEEP/WAKE BEHAVIOR OF AUSTRALIAN HOSPITAL DOCTORS. <i>Chronobiology International</i> , 2010, 27, 997-1012.	2.0	16
132	INTERINDIVIDUAL DIFFERENCES IN NEUROBEHAVIORAL PERFORMANCE IN RESPONSE TO INCREASING HOMEOSTATIC SLEEP PRESSURE. <i>Chronobiology International</i> , 2010, 27, 922-933.	2.0	17
133	The effects of a 30-min nap during night shift following a prophylactic sleep in the afternoon. <i>Sleep and Biological Rhythms</i> , 2009, 7, 34-42.	1.0	27
134	Driver fatigue during extended rail operations. <i>Applied Ergonomics</i> , 2008, 39, 623-629.	3.1	29
135	The sensitivity of a palm-based psychomotor vigilance task to severe sleep loss. <i>Behavior Research Methods</i> , 2008, 40, 347-352.	4.0	59
136	The Impact of Short, Irregular Sleep Opportunities at Sea on the Alertness of Marine Pilots Working Extended Hours. <i>Chronobiology International</i> , 2008, 25, 399-411.	2.0	48
137	The Characteristics Of Recovery Sleep When Recovery Opportunity Is Restricted. <i>Sleep</i> , 2007, 30, 353-360.	1.1	34
138	The dynamics of neurobehavioural recovery following sleep loss. <i>Journal of Sleep Research</i> , 2007, 16, 33-41.	3.2	85
139	Self-Awareness of Impairment and the Decision to Drive after an Extended Period of Wakefulness. <i>Chronobiology International</i> , 2006, 23, 1253-1263.	2.0	26
140	The suitability of a caffeinated energy drink for night-shift workers. <i>Physiology and Behavior</i> , 2006, 87, 925-931.	2.1	24
141	Attenuated Thermoregulatory Response to Mild Thermal Challenge in Subjects With Sleep-Onset Insomnia. <i>Sleep</i> , 2006, 29, 1174-1180.	1.1	18
142	Melatonin as a hypnotic: Con. <i>Sleep Medicine Reviews</i> , 2005, 9, 71-80.	8.5	78
143	Comment on "Melatonin as a hypnotic: Pro". <i>Sleep Medicine Reviews</i> , 2005, 9, 67-68.	8.5	2
144	Thermoregulation in normal sleep and insomnia: the role of peripheral heat loss and new applications for digital thermal infrared imaging (DITI). <i>Journal of Thermal Biology</i> , 2004, 29, 457-461.	2.5	17

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145	Shiftwork experience and the value of time. <i>Ergonomics</i> , 2004, 47, 307-317.	2.1	16
146	Thermoregulation as a sleep signalling system. <i>Sleep Medicine Reviews</i> , 2004, 8, 81-93.	8.5	143
147	A sedentary day: effects on subsequent sleep and body temperatures in trained athletes. <i>Physiology and Behavior</i> , 2003, 78, 261-267.	2.1	31
148	The Perceived Value of Time. <i>Time and Society</i> , 2003, 12, 27-39.	1.5	25
149	Comparison of digital infrared thermal imaging (DITI) with contact thermometry: pilot data from a sleep research laboratory. <i>Physiological Measurement</i> , 2003, 24, 717-725.	2.1	30
150	The Impact of Different Rosters on Employee Work and Non-Work. <i>Time and Society</i> , 2003, 12, 315-332.	1.5	13
151	The impact of roster changes on absenteeism and incident frequency in an Australian coal mine. <i>Occupational and Environmental Medicine</i> , 2003, 60, 43-49.	2.8	22
152	Perceptions of labour pain by mothers and their attending midwives. <i>Journal of Advanced Nursing</i> , 2001, 35, 171-179.	3.3	50
153	The ontogeny of induction of c-fos in the rat SCN by a 5-HT <sub>2A/2C</sub> agonist. <i>Developmental Brain Research</i> , 2000, 121, 229-231.	1.7	10
154	Prenatal exposure to the dopamine agonist SKF-38393 disrupts the timing of the initial response of the suprachiasmatic nucleus to light. <i>Brain Research</i> , 2000, 858, 284-289.	2.2	15
155	Prenatal exposure to SKF-38393 alters the response to light of adult rats. <i>NeuroReport</i> , 2000, 11, 1539-41.	1.2	3
156	Emergence of altered circadian timing in a cholinergically supersensitive rat line. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 1999, 277, R1171-R1178.	1.8	3
157	Nicotine phase shifts the 6-sulphatoxymelatonin rhythm and induces c-Fos in the SCN of rats. <i>Brain Research Bulletin</i> , 1999, 48, 527-538.	3.0	24
158	Quipazine and light have similar effects on c-fos induction in the rat suprachiasmatic nucleus1Some aspects of this study have been presented in abstract form in Society for Neuroscience, Vol. 22 (1996) Abstr. 551.13.1. <i>Brain Research</i> , 1997, 765, 337-342.	2.2	29
159	Serotonin agonists mimic the phase shifting effects of light on the melatonin rhythm in rats11Some aspects of this study have been presented in abstract form in <i>Physiologist</i> 38, A-24 (1995).. <i>Brain Research</i> , 1996, 737, 301-307.	2.2	37
160	Thatâ€™s what you get for waking up in Vegas: Fatigue and alcohol consumption are associated with the duration of gambling sessions. <i>Journal of Gambling Issues</i> , 0, 42, .	0.3	2