

# L Rama

## List of Publications by Year in descending order

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Version: 2024-02-01

41  
papers

598  
citations

687363

13  
h-index

642732

23  
g-index

46  
all docs

46  
docs citations

46  
times ranked

1005  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Validity of the Push Band 2.0 on the Reactive Strength Index Assessment in Drop Jump. <i>Sensors</i> , 2022, 22, 4724.	3.8	3
2	The Effect of 16 Weeks of Lower-Limb Strength Training in Jumping Performance of Ballet Dancers. <i>Frontiers in Physiology</i> , 2021, 12, 774327.	2.8	3
3	Chronobiological Effects on Mountain Biking Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6458.	2.6	5
4	Allometric Modeling of Wingate Test among Adult Male Athletes from Combat Sports. <i>Medicina (Lithuania)</i> , 2020, 56, 480.	2.0	3
5	Upper respiratory symptoms (URS) and salivary responses across a season in youth soccer players: A useful and non-invasive approach associated to URS susceptibility and occurrence in young athletes. <i>PLoS ONE</i> , 2020, 15, e0236669.	2.5	5
6	The influence of different track surfaces and bicycles on mountain biking performance. <i>International Journal of Performance Analysis in Sport</i> , 2020, 20, 1052-1060.	1.1	1
7	Is Low-Frequency Electrical Stimulation a Tool for Recovery after a Water Rescue? A Cross-Over Study with Lifeguards. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5854.	2.6	6
8	5km front crawl in pool and open water swimming: breath-by-breath energy expenditure and kinematic analysis. <i>European Journal of Applied Physiology</i> , 2020, 120, 2005-2018.	2.5	12
9	Health profile of older adults assisted by the Elderly Caregiver Program of Health Care Network of the City of São Paulo. <i>Einstein (Sao Paulo, Brazil)</i> , 2020, 18, eAO5256.	0.7	7
10	Physiological profile of adult male long-distance trail runners: variations according to competitive level (national or regional). <i>Einstein (Sao Paulo, Brazil)</i> , 2020, 18, eAO5263.	0.7	6
11	Body composition among long distance runners. <i>Revista Da Associação Médica Brasileira</i> , 2020, 66, 180-186.	0.7	0
12	Development of a Healthy Lifestyle Assessment Toolkit for the General Public. <i>Frontiers in Medicine</i> , 2019, 6, 134.	2.6	14
13	Kinetic Analysis of Water Fitness Exercises: Contributions for Strength Development. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3784.	2.6	4
14	Heart Rate Variability and Stress Recovery Responses during a Training Camp in Elite Young Canoe Sprint Athletes. <i>Sports</i> , 2019, 7, 126.	1.7	4
15	Lifelong exercise practice and immunosenescence: Master athletes cytokine response to acute exercise. <i>Cytokine</i> , 2019, 115, 1-7.	3.2	26
16	Immune-endocrine responses and physical performance of master athletes during the sports season. <i>Journal of Cellular Biochemistry</i> , 2019, 120, 5551-5557.	2.6	4
17	Variation in plasma cytokine concentration during a training season in elite kayakers. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1519-1524.	0.7	3
18	DAILY HEMATOLOGIC ASSESSMENT DURING A 230-KM MULTISTAGE ULTRAMARATHON. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 206-211.	0.2	2

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19	Total and regional bone mineral and tissue composition in female adolescent athletes: comparison between volleyball players and swimmers. BMC Pediatrics, 2018, 18, 212.	1.7	18
20	Acute Hematological and Inflammatory Responses to High-intensity Exercise Tests: Impact of Duration and Mode of Exercise. International Journal of Sports Medicine, 2017, 38, 551-559.	1.7	5
21	Lifelong training improves anti-inflammatory environment and maintains the number of regulatory T cells in masters athletes. European Journal of Applied Physiology, 2017, 117, 1131-1140.	2.5	34
22	Cardiac remodeling indicators in adolescent athletes. Revista Da Associação Médica Brasileira, 2017, 63, 427-434.	0.7	5
23	Study Protocol on Hormonal Mediation of Exercise on Cognition, Stress and Immunity (PRO-HMECSI): Effects of Different Exercise Programmes in Institutionalized Elders. Frontiers in Public Health, 2016, 4, 133.	2.7	16
24	Changes of Hematological Markers during a Multi-stage Ultra-marathon Competition in the Heat. International Journal of Sports Medicine, 2016, 37, 104-111.	1.7	14
25	Physical, physiological characteristics and sport goal orientation of top Portuguese kickboxing athletes. Revista De Artes Marciales Asiáticas, 2016, 11, 34.	0.9	2
26	Comportamento da pressão arterial em homens pré-hipertensos participantes em um programa regular de nataç�o. Revista Brasileira De Medicina Do Esporte, 2015, 21, 178-181.	0.2	3
27	Heart rate variability, adiposity, and physical activity in prepubescent children. Clinical Autonomic Research, 2015, 25, 169-178.	2.5	15
28	Changes in naïve and memory T-cells in elite swimmers during a winter training season. Brain, Behavior, and Immunity, 2014, 39, 186-193.	4.1	19
29	Changes in natural killer cell subpopulations over a winter training season in elite swimmers. European Journal of Applied Physiology, 2013, 113, 859-868.	2.5	42
30	Water and sodium intake habits and status of ultra-endurance runners during a multi-stage ultra-marathon conducted in a hot ambient environment: an observational field based study. Nutrition Journal, 2013, 12, 13.	3.4	54
31	Salivary antimicrobial protein responses during multistage ultramarathon competition conducted in hot environmental conditions. Applied Physiology, Nutrition and Metabolism, 2013, 38, 977-987.	1.9	14
32	Differences in Plasma Cytokine Levels between Elite Kayakers and Nonathletes. BioMed Research International, 2013, 2013, 1-5.	1.9	12
33	Talent Identification and Specialization in Sport: An Overview of Some Unanswered Questions. International Journal of Sports Physiology and Performance, 2012, 7, 390-393.	2.3	69
34	Haematological changes in elite kayakers during a training season. Applied Physiology, Nutrition and Metabolism, 2012, 37, 1140-1146.	1.9	7
35	Resposta da frequ�ncia card�aca e da concentra�o de lactato ap�s cada segmento do triathlon ol�mpico. Revista Brasileira De Medicina Do Esporte, 2012, 18, 158-160.	0.2	6
36	Cytokine production by monocytes, neutrophils, and dendritic cells is hampered by long-term intensive training in elite swimmers. European Journal of Applied Physiology, 2012, 112, 471-482.	2.5	56

#	ARTICLE	IF	CITATIONS
37	Diferenças em populações de células exterminadoras naturais (Natural Killers-NK) sanguíneas periféricas entre atletas de caiaque e não atletas. Revista Brasileira De Medicina Do Esporte, 2012, 18, 305-307.	0.2	1
38	Hematological, Hydration Status And Electrolytes Profile During An Olympic Distance Triathlon Race. Medicine and Science in Sports and Exercise, 2010, 42, 783.	0.4	0
39	Effect of lecturing to 200 students on heart rate variability and alpha-amylase activity. European Journal of Applied Physiology, 2010, 108, 1035-1043.	2.5	57
40	Salivary alpha-amylase, cortisol and chromogranin A responses to a lecture: impact of sex. European Journal of Applied Physiology, 2009, 106, 71-77.	2.5	41
41	Immunological And Hormonal Responses To A Four-day Competition Period In Elite Swimmers. Medicine and Science in Sports and Exercise, 2008, 40, S433.	0.4	0