

# L Rama

## List of Publications by Year in descending order

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Version: 2024-02-01

41  
papers

598  
citations

686830

13  
h-index

642321

23  
g-index

46  
all docs

46  
docs citations

46  
times ranked

1005  
citing authors

| #  | ARTICLE                                                                                                                                                                                                                                      | IF  | CITATIONS |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 1  | The Validity of the Push Band 2.0 on the Reactive Strength Index Assessment in Drop Jump. <i>Sensors</i> , 2022, 22, 4724.                                                                                                                   | 2.1 | 3         |
| 2  | The Effect of 16 Weeks of Lower-Limb Strength Training in Jumping Performance of Ballet Dancers. <i>Frontiers in Physiology</i> , 2021, 12, 774327.                                                                                          | 1.3 | 3         |
| 3  | Chronobiological Effects on Mountain Biking Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6458.                                                                                          | 1.2 | 5         |
| 4  | Allometric Modeling of Wingate Test among Adult Male Athletes from Combat Sports. <i>Medicina (Lithuania)</i> , 2020, 56, 480.                                                                                                               | 0.8 | 3         |
| 5  | Upper respiratory symptoms (URS) and salivary responses across a season in youth soccer players: A useful and non-invasive approach associated to URS susceptibility and occurrence in young athletes. <i>PLoS ONE</i> , 2020, 15, e0236669. | 1.1 | 5         |
| 6  | The influence of different track surfaces and bicycles on mountain biking performance. <i>International Journal of Performance Analysis in Sport</i> , 2020, 20, 1052-1060.                                                                  | 0.5 | 1         |
| 7  | Is Low-Frequency Electrical Stimulation a Tool for Recovery after a Water Rescue? A Cross-Over Study with Lifeguards. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5854.                             | 1.2 | 6         |
| 8  | 5 km front crawl in pool and open water swimming: breath-by-breath energy expenditure and kinematic analysis. <i>European Journal of Applied Physiology</i> , 2020, 120, 2005-2018.                                                          | 1.2 | 12        |
| 9  | Health profile of older adults assisted by the Elderly Caregiver Program of Health Care Network of the City of São Paulo. <i>Einstein (Sao Paulo, Brazil)</i> , 2020, 18, eAO5256.                                                           | 0.3 | 7         |
| 10 | Physiological profile of adult male long-distance trail runners: variations according to competitive level (national or regional). <i>Einstein (Sao Paulo, Brazil)</i> , 2020, 18, eAO5263.                                                  | 0.3 | 6         |
| 11 | Body composition among long distance runners. <i>Revista Da Associação Médica Brasileira</i> , 2020, 66, 180-186.                                                                                                                            | 0.3 | 0         |
| 12 | Development of a Healthy Lifestyle Assessment Toolkit for the General Public. <i>Frontiers in Medicine</i> , 2019, 6, 134.                                                                                                                   | 1.2 | 14        |
| 13 | Kinetic Analysis of Water Fitness Exercises: Contributions for Strength Development. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3784.                                                              | 1.2 | 4         |
| 14 | Heart Rate Variability and Stress Recovery Responses during a Training Camp in Elite Young Canoe Sprint Athletes. <i>Sports</i> , 2019, 7, 126.                                                                                              | 0.7 | 4         |
| 15 | Lifelong exercise practice and immunosenescence: Master athletes cytokine response to acute exercise. <i>Cytokine</i> , 2019, 115, 1-7.                                                                                                      | 1.4 | 26        |
| 16 | Immune and endocrine responses and physical performance of master athletes during the sports season. <i>Journal of Cellular Biochemistry</i> , 2019, 120, 5551-5557.                                                                         | 1.2 | 4         |
| 17 | Variation in plasma cytokine concentration during a training season in elite kayakers. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1519-1524.                                                                         | 0.4 | 3         |
| 18 | DAILY HEMATOLOGIC ASSESSMENT DURING A 230-KM MULTISTAGE ULTRAMARATHON. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 206-211.                                                                                                 | 0.1 | 2         |

| #  | ARTICLE                                                                                                                                                                                                                       | IF  | CITATIONS |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 19 | Total and regional bone mineral and tissue composition in female adolescent athletes: comparison between volleyball players and swimmers. <i>BMC Pediatrics</i> , 2018, 18, 212.                                              | 0.7 | 18        |
| 20 | Acute Hematological and Inflammatory Responses to High-intensity Exercise Tests: Impact of Duration and Mode of Exercise. <i>International Journal of Sports Medicine</i> , 2017, 38, 551-559.                                | 0.8 | 5         |
| 21 | Lifelong training improves anti-inflammatory environment and maintains the number of regulatory T cells in masters athletes. <i>European Journal of Applied Physiology</i> , 2017, 117, 1131-1140.                            | 1.2 | 34        |
| 22 | Cardiac remodeling indicators in adolescent athletes. <i>Revista Da Associação Médica Brasileira</i> , 2017, 63, 427-434.                                                                                                     | 0.3 | 5         |
| 23 | Study Protocol on Hormonal Mediation of Exercise on Cognition, Stress and Immunity (PRO-HMECSI): Effects of Different Exercise Programmes in Institutionalized Elders. <i>Frontiers in Public Health</i> , 2016, 4, 133.      | 1.3 | 16        |
| 24 | Changes of Hematological Markers during a Multi-stage Ultra-marathon Competition in the Heat. <i>International Journal of Sports Medicine</i> , 2016, 37, 104-111.                                                            | 0.8 | 14        |
| 25 | Physical, physiological characteristics and sport goal orientation of top Portuguese kickboxing athletes. <i>Revista De Artes Marciales Asiáticas</i> , 2016, 11, 34.                                                         | 0.5 | 2         |
| 26 | Comportamento da pressão arterial em homens pré-hipertensos participantes em um programa regular de nataç o. <i>Revista Brasileira De Medicina Do Esporte</i> , 2015, 21, 178-181.                                            | 0.1 | 3         |
| 27 | Heart rate variability, adiposity, and physical activity in prepubescent children. <i>Clinical Autonomic Research</i> , 2015, 25, 169-178.                                                                                    | 1.4 | 15        |
| 28 | Changes in naïve and memory T-cells in elite swimmers during a winter training season. <i>Brain, Behavior, and Immunity</i> , 2014, 39, 186-193.                                                                              | 2.0 | 19        |
| 29 | Changes in natural killer cell subpopulations over a winter training season in elite swimmers. <i>European Journal of Applied Physiology</i> , 2013, 113, 859-868.                                                            | 1.2 | 42        |
| 30 | Water and sodium intake habits and status of ultra-endurance runners during a multi-stage ultra-marathon conducted in a hot ambient environment: an observational field based study. <i>Nutrition Journal</i> , 2013, 12, 13. | 1.5 | 54        |
| 31 | Salivary antimicrobial protein responses during multistage ultramarathon competition conducted in hot environmental conditions. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 977-987.                      | 0.9 | 14        |
| 32 | Differences in Plasma Cytokine Levels between Elite Kayakers and Nonathletes. <i>BioMed Research International</i> , 2013, 2013, 1-5.                                                                                         | 0.9 | 12        |
| 33 | Talent Identification and Specialization in Sport: An Overview of Some Unanswered Questions. <i>International Journal of Sports Physiology and Performance</i> , 2012, 7, 390-393.                                            | 1.1 | 69        |
| 34 | Haematological changes in elite kayakers during a training season. <i>Applied Physiology, Nutrition and Metabolism</i> , 2012, 37, 1140-1146.                                                                                 | 0.9 | 7         |
| 35 | Resposta da frequ ncia card aca e da concentra o de lactato ap s cada segmento do triathlon ol mpico. <i>Revista Brasileira De Medicina Do Esporte</i> , 2012, 18, 158-160.                                                   | 0.1 | 6         |
| 36 | Cytokine production by monocytes, neutrophils, and dendritic cells is hampered by long-term intensive training in elite swimmers. <i>European Journal of Applied Physiology</i> , 2012, 112, 471-482.                         | 1.2 | 56        |

| #  | ARTICLE                                                                                                                                                                                                       | IF  | CITATIONS |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 37 | Diferenças em populações de células exterminadoras naturais (Natural Killers-NK) sanguíneas periféricas entre atletas de caiaque e não atletas. Revista Brasileira De Medicina Do Esporte, 2012, 18, 305-307. | 0.1 | 1         |
| 38 | Hematological, Hydration Status And Electrolytes Profile During An Olympic Distance Triathlon Race. Medicine and Science in Sports and Exercise, 2010, 42, 783.                                               | 0.2 | 0         |
| 39 | Effect of lecturing to 200 students on heart rate variability and alpha-amylase activity. European Journal of Applied Physiology, 2010, 108, 1035-1043.                                                       | 1.2 | 57        |
| 40 | Salivary alpha-amylase, cortisol and chromogranin A responses to a lecture: impact of sex. European Journal of Applied Physiology, 2009, 106, 71-77.                                                          | 1.2 | 41        |
| 41 | Immunological And Hormonal Responses To A Four-day Competition Period In Elite Swimmers. Medicine and Science in Sports and Exercise, 2008, 40, S433.                                                         | 0.2 | 0         |