

L Rama

List of Publications by Year in descending order

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Version: 2024-02-01

41
papers

598
citations

686830

13
h-index

642321

23
g-index

46
all docs

46
docs citations

46
times ranked

1005
citing authors

#	ARTICLE	IF	CITATIONS
1	Talent Identification and Specialization in Sport: An Overview of Some Unanswered Questions. <i>International Journal of Sports Physiology and Performance</i> , 2012, 7, 390-393.	1.1	69
2	Effect of lecturing to 200 students on heart rate variability and alpha-amylase activity. <i>European Journal of Applied Physiology</i> , 2010, 108, 1035-1043.	1.2	57
3	Cytokine production by monocytes, neutrophils, and dendritic cells is hampered by long-term intensive training in elite swimmers. <i>European Journal of Applied Physiology</i> , 2012, 112, 471-482.	1.2	56
4	Water and sodium intake habits and status of ultra-endurance runners during a multi-stage ultra-marathon conducted in a hot ambient environment: an observational field based study. <i>Nutrition Journal</i> , 2013, 12, 13.	1.5	54
5	Changes in natural killer cell subpopulations over a winter training season in elite swimmers. <i>European Journal of Applied Physiology</i> , 2013, 113, 859-868.	1.2	42
6	Salivary alpha-amylase, cortisol and chromogranin A responses to a lecture: impact of sex. <i>European Journal of Applied Physiology</i> , 2009, 106, 71-77.	1.2	41
7	Lifelong training improves anti-inflammatory environment and maintains the number of regulatory T cells in masters athletes. <i>European Journal of Applied Physiology</i> , 2017, 117, 1131-1140.	1.2	34
8	Lifelong exercise practice and immunosenescence: Master athletes cytokine response to acute exercise. <i>Cytokine</i> , 2019, 115, 1-7.	1.4	26
9	Changes in naïve and memory T-cells in elite swimmers during a winter training season. <i>Brain, Behavior, and Immunity</i> , 2014, 39, 186-193.	2.0	19
10	Total and regional bone mineral and tissue composition in female adolescent athletes: comparison between volleyball players and swimmers. <i>BMC Pediatrics</i> , 2018, 18, 212.	0.7	18
11	Study Protocol on Hormonal Mediation of Exercise on Cognition, Stress and Immunity (PRO-HMECSI): Effects of Different Exercise Programmes in Institutionalized Elders. <i>Frontiers in Public Health</i> , 2016, 4, 133.	1.3	16
12	Heart rate variability, adiposity, and physical activity in prepubescent children. <i>Clinical Autonomic Research</i> , 2015, 25, 169-178.	1.4	15
13	Salivary antimicrobial protein responses during multistage ultramarathon competition conducted in hot environmental conditions. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 977-987.	0.9	14
14	Changes of Hematological Markers during a Multi-stage Ultra-marathon Competition in the Heat. <i>International Journal of Sports Medicine</i> , 2016, 37, 104-111.	0.8	14
15	Development of a Healthy Lifestyle Assessment Toolkit for the General Public. <i>Frontiers in Medicine</i> , 2019, 6, 134.	1.2	14
16	Differences in Plasma Cytokine Levels between Elite Kayakers and Nonathletes. <i>BioMed Research International</i> , 2013, 2013, 1-5.	0.9	12
17	5Åkm front crawl in pool and open water swimming: breath-by-breath energy expenditure and kinematic analysis. <i>European Journal of Applied Physiology</i> , 2020, 120, 2005-2018.	1.2	12
18	Haematological changes in elite kayakers during a training season. <i>Applied Physiology, Nutrition and Metabolism</i> , 2012, 37, 1140-1146.	0.9	7

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19	Health profile of older adults assisted by the Elderly Caregiver Program of Health Care Network of the City of São Paulo. Einstein (Sao Paulo, Brazil), 2020, 18, eAO5256.	0.3	7
20	Resposta da frequência cardíaca e da concentração de lactato após cada segmento do triathlon olímpico. Revista Brasileira De Medicina Do Esporte, 2012, 18, 158-160.	0.1	6
21	Is Low-Frequency Electrical Stimulation a Tool for Recovery after a Water Rescue? A Cross-Over Study with Lifeguards. International Journal of Environmental Research and Public Health, 2020, 17, 5854.	1.2	6
22	Physiological profile of adult male long-distance trail runners: variations according to competitive level (national or regional). Einstein (Sao Paulo, Brazil), 2020, 18, eAO5263.	0.3	6
23	Acute Hematological and Inflammatory Responses to High-intensity Exercise Tests: Impact of Duration and Mode of Exercise. International Journal of Sports Medicine, 2017, 38, 551-559.	0.8	5
24	Cardiac remodeling indicators in adolescent athletes. Revista Da Associação Médica Brasileira, 2017, 63, 427-434.	0.3	5
25	Chronobiological Effects on Mountain Biking Performance. International Journal of Environmental Research and Public Health, 2020, 17, 6458.	1.2	5
26	Upper respiratory symptoms (URS) and salivary responses across a season in youth soccer players: A useful and non-invasive approach associated to URS susceptibility and occurrence in young athletes. PLoS ONE, 2020, 15, e0236669.	1.1	5
27	Kinetic Analysis of Water Fitness Exercises: Contributions for Strength Development. International Journal of Environmental Research and Public Health, 2019, 16, 3784.	1.2	4
28	Heart Rate Variability and Stress Recovery Responses during a Training Camp in Elite Young Canoe Sprint Athletes. Sports, 2019, 7, 126.	0.7	4
29	Immunoendocrine responses and physical performance of master athletes during the sports season. Journal of Cellular Biochemistry, 2019, 120, 5551-5557.	1.2	4
30	Comportamento da pressão arterial em homens pré-hipertensos participantes em um programa regular de natações. Revista Brasileira De Medicina Do Esporte, 2015, 21, 178-181.	0.1	3
31	Variation in plasma cytokine concentration during a training season in elite kayakers. Journal of Sports Medicine and Physical Fitness, 2018, 58, 1519-1524.	0.4	3
32	Allometric Modeling of Wingate Test among Adult Male Athletes from Combat Sports. Medicina (Lithuania), 2020, 56, 480.	0.8	3
33	The Effect of 16 Weeks of Lower-Limb Strength Training in Jumping Performance of Ballet Dancers. Frontiers in Physiology, 2021, 12, 774327.	1.3	3
34	The Validity of the Push Band 2.0 on the Reactive Strength Index Assessment in Drop Jump. Sensors, 2022, 22, 4724.	2.1	3
35	DAILY HEMATOLOGIC ASSESSMENT DURING A 230-KM MULTISTAGE ULTRAMARATHON. Revista Brasileira De Medicina Do Esporte, 2018, 24, 206-211.	0.1	2
36	Physical, physiological characteristics and sport goal orientation of top Portuguese kickboxing athletes. Revista De Artes Marciales Asiáticas, 2016, 11, 34.	0.5	2

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37	The influence of different track surfaces and bicycles on mountain biking performance. International Journal of Performance Analysis in Sport, 2020, 20, 1052-1060.	0.5	1
38	DiferenÇas em populaÇes de clulas exterminadoras naturais (Natural Killers-NK) sanguneas perifricas entre atletas de caiaque e no atletas. Revista Brasileira De Medicina Do Esporte, 2012, 18, 305-307.	0.1	1
39	Hematological, Hydration Status And Electrolytes Profile During An Olympic Distance Triathlon Race. Medicine and Science in Sports and Exercise, 2010, 42, 783.	0.2	0
40	Immunological And Hormonal Responses To A Four-day Competition Period In Elite Swimmers. Medicine and Science in Sports and Exercise, 2008, 40, S433.	0.2	0
41	Body composition among long distance runners. Revista Da AssociaÇo Mdica Brasileira, 2020, 66, 180-186.	0.3	0