

Tania Gaspar

List of Publications by Year in descending order

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Version: 2024-02-01

88
papers

2,243
citations

279798

23
h-index

233421

45
g-index

93
all docs

93
docs citations

93
times ranked

3157
citing authors

#	ARTICLE	IF	CITATIONS
1	Relationship Between Family Functioning, Parents' Psychosocial Factors, and Children's Well-Being. <i>Journal of Family Issues</i> , 2022, 43, 2380-2397.	1.6	10
2	Health risk behaviors before and during COVID-19 and gender differences. <i>Journal of Community Psychology</i> , 2022, 50, 1102-1110.	1.8	13
3	Chronic Conditions, School Participation and Quality of Life of Portuguese Adolescents: Highlights from the Health Behavior in School aged Children study - HBSC 2018. <i>Child Indicators Research</i> , 2022, 15, 297-313.	2.3	4
4	The Interplay Between Strictness of Policies and Individuals' Self-Regulatory Efforts: Associations with Handwashing During the COVID-19 Pandemic. <i>Annals of Behavioral Medicine</i> , 2022, 56, 368-380.	2.9	9
5	Family Environment and Portuguese Adolescents: Impact on Quality of Life and Well-Being. <i>Children</i> , 2022, 9, 200.	1.5	8
6	Alcohol and tobacco use in Portuguese adolescents: The relationship with social factors, future expectations, physical and psychological symptoms. <i>Children and Society</i> , 2022, 36, 1010-1025.	1.7	3
7	Parental Emotional Support, Family Functioning and Children's Quality of Life. <i>Psychological Studies</i> , 2022, 67, 189-199.	1.0	4
8	What Factors Do Young People Define as Determinants of Their Well-Being? Findings from the Improve the Youth Project.. <i>Medycyna Wieku Rozwojowego</i> , 2022, , .	0.2	1
9	Ecological Model Explaining the Psychosocial Adaptation to COVID-19. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5159.	2.6	5
10	NATIONAL STUDY OF HEALTH BEHAVIOR CHANGE DURING COVID-19 PANDEMIC: FOCUS ON HANDWASHING. <i>Psicologia, Saude & Doencas</i> , 2022, 23, 141-153.	0.1	0
11	HEALTHY WORKPLACE ECOSYSTEMS (EATS): AN ASSESSMENT TOOL FOR HEALTHY WORKPLACES. <i>Psicologia, Saude & Doencas</i> , 2022, 23, 253-269.	0.1	2
12	ADOLESCENT SEXUALITY IN THE NORTH AND THE MUNICIPALITY VILA NOVA DE FAMALICÃO. <i>Psicologia, Saude & Doencas</i> , 2022, 23, 216-228.	0.1	0
13	Perception of management and public health experts about organizational, professionals and patients related factors that influence the performance in health organizations.. <i>Procedia Computer Science</i> , 2021, 181, 166-172.	2.0	4
14	Making the best out of youth: The 'Improve the Youth' project. <i>Journal of Community Psychology</i> , 2021, 49, 2071-2085.	1.8	2
15	Sleep and Awakening Quality during COVID-19 Confinement: Complexity and Relevance for Health and Behavior. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3506.	2.6	18
16	PSYCHOSOCIAL FACTORS THAT PROMOTE POSITIVE DEVELOPMENT THROUGHOUT LIFE. <i>Psicologia, Saude & Doencas</i> , 2021, 22, 142-160.	0.1	1
17	Impact of Covid-19 in Global Health and Psychosocial Risks at Work. <i>Journal of Occupational and Environmental Medicine</i> , 2021, 63, 581-587.	1.7	21
18	Foreign adolescents living in Portugal: Quality of life and school experiences. <i>Journal of Community Psychology</i> , 2021, 49, 1806-1818.	1.8	2

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19	Assessing the impact of the European resilience curriculum in preschool, early and late primary school children. <i>School Psychology International</i> , 2021, 42, 539-566.	1.9	5
20	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021, 21, 1791.	2.9	18
21	Effects of Covid-19 confinement on portuguese adults's nutrition, physical activity and sleep. <i>Clinical Nutrition ESPEN</i> , 2021, 46, S618-S619.	1.2	1
22	MIGRANTS AND REFUGEES DURING THE COVID-19 PANDEMIC: HIGHLIGHTS FROM THE STUDY APARTTOGETHER/WHO. <i>Psicologia, Saúde & Doenças</i> , 2021, 22, 816-827.	0.1	0
23	LIVING UNDER PANDEMICS COVID-19: HIGHLIGHTS FROM THE EUCLID INTERNATIONAL STUDY IN PORTUGAL. <i>Psicologia, Saúde & Doenças</i> , 2021, 22, 802-815.	0.1	0
24	Longitudinal Association between Sport Participation and Depressive Symptoms after a Two-Year Follow-Up in Mid-Adolescence. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7469.	2.6	10
25	Towards a Global Perspective of Environmental Health: Defining the Research Grounds of an Institute of Environmental Health. <i>Sustainability</i> , 2020, 12, 8963.	3.2	1
26	How Are Adolescents Sleeping? Adolescent Sleep Patterns and Sociodemographic Differences in 24 European and North American Countries. <i>Journal of Adolescent Health</i> , 2020, 66, S81-S88.	2.5	96
27	LEARNING AND WELL-BEING ECOSYSTEMS: FACTORS THAT INFLUENCE SCHOOL SUCCESS. <i>Psicologia, Saúde & Doenças</i> , 2020, 21, 462-481.	0.1	4
28	Impacto dos fatores psicossociais de risco na qualidade de vida da população no processo de reforma. <i>Psicologia</i> , 2020, 34, 121-134.	0.3	0
29	Prevention and Psychotherapy: Downstream and Upstream Models and Methods. , 2019, 05, .		0
30	Sleep in adolescence: sex matters?. <i>Sleep Science</i> , 2019, 12, 138-146.	1.0	15
31	Programa competências integradas: perceção dos professores e psicólogos. <i>Revista Brasileira De Terapias Cognitivas</i> , 2019, 15, .	0.0	0
32	Media, Well-Being, and Health during Childhood and Adolescence. , 2019, , 137-147.		0
33	<i>Dream Teens</i>: Adolescents-Led Participatory Project in Portugal in the Context of the Economic Recession. <i>Health Promotion Practice</i> , 2018, 19, 51-59.	1.6	18
34	School effects on students' engagement with school: Academic performance moderates the effect of school support for learning on students' engagement. <i>Learning and Individual Differences</i> , 2018, 67, 67-77.	2.7	28
35	Responses to positive affect, life satisfaction and self-esteem: A cross-lagged panel analysis during middle adolescence. <i>Scandinavian Journal of Psychology</i> , 2018, 59, 462-472.	1.5	18
36	The Effect of a Social-Emotional School-Based Intervention upon Social and Personal Skills in Children and Adolescents. <i>Journal of Education and Learning</i> , 2018, 7, 57.	0.4	17

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37	Relationship Between Subjective Wellbeing and Weight Perception in Children and Adolescents: Gender and Age Differences. <i>Child Indicators Research</i> , 2017, 10, 811-824.	2.3	6
38	Factors affecting the well-being of adolescents living with unemployed parents in times of economic recession: findings from the Portuguese HBSC study. <i>Public Health</i> , 2017, 143, 17-24.	2.9	20
39	Unemployment, life satisfaction and deprivation: Gender and partnership differences in the context of economic recession. <i>Work</i> , 2017, 57, 79-86.	1.1	6
40	Associations between self-reported fitness and self-rated health, life-satisfaction and health-related quality of life among adolescents. <i>Journal of Exercise Science and Fitness</i> , 2017, 15, 8-11.	2.2	40
41	Young People Living with Unemployed Parents during a Labour Market-Crisis: How Do Portugal and Scotland Compare?. <i>Child Indicators Research</i> , 2017, 10, 1135-1144.	2.3	2
42	Perception of quantity and quality of sleep and their association with health related quality of life and life satisfaction during adolescence. <i>Health Education and Care</i> , 2017, 2, .	0.2	6
43	Risks and Comorbid Factors of Frequent Headaches during Childhood and Adolescence. <i>Journal of Clinical Case Studies</i> , 2017, 2, .	0.1	1
44	Mutual relations between sleep deprivation, sleep stealers and risk behaviours in adolescents. <i>Sleep Science</i> , 2016, 9, 7-13.	1.0	35
45	Social support influences on eating awareness in children and adolescents: the mediating effect of self-regulatory strategies. <i>Global Public Health</i> , 2016, 11, 437-448.	2.0	17
46	Parental Unemployment and Youth Life Satisfaction: The Moderating Roles of Satisfaction with Family Life. <i>Journal of Child and Family Studies</i> , 2016, 25, 3214-3219.	1.3	11
47	Young people's well-being and the economic crisis: How does parental unemployment and family wealth affect the downturn experience?. <i>Children and Youth Services Review</i> , 2016, 69, 219-222.	1.9	4
48	Unemployment as a source of mental distress to individuals and their family: Unemployed parents' perceptions during the economic recession. <i>International Journal of Social Psychiatry</i> , 2016, 62, 477-486.	3.1	14
49	Sleep variability and fatigue in adolescents: Associations with school-related features. <i>International Journal of Psychology</i> , 2016, 51, 323-331.	2.8	19
50	Unemployment, Parental Distress and Youth Emotional Well-Being: The Moderation Roles of Parent-Youth Relationship and Financial Deprivation. <i>Child Psychiatry and Human Development</i> , 2016, 47, 751-758.	1.9	28
51	Distress and unemployment: the related economic and noneconomic factors in a sample of unemployed adults. <i>International Journal of Public Health</i> , 2016, 61, 821-828.	2.3	22
52	Children with Special Education Needs and Subjective Well-being: Social and Personal Influence. <i>International Journal of Disability Development and Education</i> , 2016, 63, 500-513.	1.1	15
53	Caffeine, Sleep Duration and Adolescents' Perception of Health Related Quality of Life. <i>British Journal of Education Society & Behavioural Science</i> , 2016, 16, 1-9.	0.1	1
54	Hungry for an intervention? Adolescents' ratings of acceptability of eating-related intervention strategies. <i>BMC Public Health</i> , 2015, 16, 5.	2.9	43

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55	Mental health outcomes in times of economic recession: a systematic literature review. BMC Public Health, 2015, 16, 115.	2.9	345
56	Estrat�gias de Auto-Regula�o em Pr�-Adolescentes e Adolescentes: Vers�o Portuguesa do TESQ-E. Psicologia: Reflexao E Critica, 2015, 28, 649-658.	0.9	3
57	Food Culture in the Home Environment: Family Meal Practices and Values Can Support Healthy Eating and Self-Regulation in Young People in Four European Countries. Applied Psychology: Health and Well-Being, 2015, 7, 22-40.	3.0	27
58	Inventory of current EU paediatric vision and hearing screening programmes. Journal of Medical Screening, 2015, 22, 55-64.	2.3	58
59	Sleep deprivation in adolescents: correlations with health complaints and health-related quality of life. Sleep Medicine, 2015, 16, 521-527.	1.6	117
60	��FOR ME IT EASY�� SOCIAL AND PERSONAL SKILLS SCALE. Psicologia, Sa�de & Doen�as, 2015, 16, .	0.1	0
61	O Consumo de �cool nos Adolescentes Migrantes: Percep�es dos T�cnicos e dos Adolescentes Face aos Factores Ligados � Protec�o e ao Risco. , 2015, , 73-104.		0
62	Os Jovens e o �cool: Notas para um Di�logo entre Gera�es � Volta dos Consumos e de Alternativas Psico-Sociais, na Procura do Bem-Estar Pessoal e Relacional. , 2015, , 141-168.		0
63	Assessing self-regulation strategies: development and validation of the tempest self-regulation questionnaire for eating (TESQ-E) in adolescents. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 106.	4.6	23
64	The impact of a rural or urban context in eating awareness and self-regulation strategies in children and adolescents from eight European countries. International Journal of Psychology, 2014, 49, n/a-n/a.	2.8	5
65	Psychosocial Factors Related to Bullying and Victimization in Children and Adolescents. Health Behavior and Policy Review, 2014, 1, 452-459.	0.4	5
66	At-Home Environment, Out-of-Home Environment, Snacks and Sweetened Beverages Intake in Preadolescence, Early and Mid-Adolescence: The Interplay Between Environment and Self-Regulation. Journal of Youth and Adolescence, 2013, 42, 1873-1883.	3.5	50
67	Access to excess: how do adolescents deal with unhealthy foods in their environment?. European Journal of Public Health, 2013, 23, 752-756.	0.3	39
68	New Highlights About Worries, Coping, and Well-Being During Childhood and Adolescence. Psychology Research (Libertyville, Ill), 2013, 3, .	0.1	3
69	KIDSCREEN -52: PARENT�S PERCEPTION OF THEIR CHILDREN�S QUALITY OF LIFE. Psicologia, Sa�de & Doen�as, 2013, 14, .	0.1	2
70	The Role of Individual- and Macro-Level Social Determinants on Young Adolescents� Psychosomatic Complaints. Journal of Early Adolescence, 2012, 32, 126-158.	1.9	43
71	Health-Related Quality of Life in Children and Adolescents: Subjective Well Being. Spanish Journal of Psychology, 2012, 15, 177-186.	2.1	43
72	Health-related quality of life in portuguese children and adolescents. Psicologia: Reflexao E Critica, 2012, 25, 230-237.	0.9	37

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73	Family-related predictors of body weight and weight-related behaviours among children and adolescents: a systematic umbrella review. <i>Child: Care, Health and Development</i> , 2012, 38, 321-331.	1.7	101
74	Promoção do bem-estar na adolescência: Impacto do estatuto socio-económico e do estatuto migrante. <i>Análise Psicológica</i> , 2012, 26, 265-279.	0.2	1
75	Desvantagem socio-económica, etnicidade e consumo de álcool na adolescência. <i>Análise Psicológica</i> , 2012, 24, 495-508.	0.2	2
76	Effects of School-based Interventions Targeting Obesity-Related Behaviors and Body Weight Change: A Systematic Umbrella Review. <i>Behavioral Medicine</i> , 2011, 37, 15-25.	1.9	63
77	Micro-environmental characteristics related to body weight, diet, and physical activity of children and adolescents: a systematic umbrella review. <i>International Journal of Environmental Health Research</i> , 2011, 21, 317-330.	2.7	27
78	Parent-child perceptions of quality of life: Implications for health intervention. <i>Journal of Family Studies</i> , 2010, 16, 143-154.	1.5	16
79	Subjective health, symptom load and quality of life of children and adolescents in Europe. <i>International Journal of Public Health</i> , 2009, 54, 151-159.	2.3	159
80	Measuring mental health and well-being of school-children in 15 European countries using the KIDSCREEN-10 Index. <i>International Journal of Public Health</i> , 2009, 54, 160-166.	2.3	133
81	Psychometric Properties of a Brief Version of the Escala de Satisfação com o Suporte Social for Children and Adolescents. <i>Spanish Journal of Psychology</i> , 2009, 12, 360-372.	2.1	26
82	Optimismo em crianças e adolescentes: adaptação e validação do LOT-R. <i>Psicologia: Reflexão e Crítica</i> , 2009, 22, 439-446.	0.9	7
83	An international scoring system for self-reported health complaints in adolescents. <i>European Journal of Public Health</i> , 2008, 18, 294-299.	0.3	140
84	Communication and Information About "Safer Sex" Intervention Issues Within Communities of African Migrants Living in Poorer Neighborhoods in Portugal. <i>Journal of Poverty</i> , 2008, 12, 333-350.	1.1	7
85	Girls growing through adolescence have a higher risk of poor health. <i>Quality of Life Research</i> , 2006, 15, 1577-1585.	3.1	117
86	Mental Health and Interpersonal Relationships Impact in Psychological and Physical Symptoms During Adolescence. <i>EREBEA Revista De Humanidades Y Ciencias Sociales</i> , 0, 10, .	0.0	1
87	Being Positive, Participative and Flexible: tools to human development and progress. <i>EREBEA Revista De Humanidades Y Ciencias Sociales</i> , 0, 10, .	0.0	0
88	How social connection helps promote mental health and positive human development in college students in Portugal? - Data from the national HBSC/ JUnP. <i>EREBEA Revista De Humanidades Y Ciencias Sociales</i> , 0, 10, .	0.0	1