

# Rita Polito

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

41  
papers

518  
citations

13  
h-index

22  
g-index

45  
ext. papers

795  
ext. citations

4.5  
avg. IF

3.86  
L-index

#	Paper	IF	Citations
41	Regarding "Arthroscopic Iliac Crest Bone Allograft Combined With Subscapularis Upper-Third Tenodesis Shows a Low Recurrence Rate in the Treatment of Recurrent Anterior Shoulder Instability Associated With Critical Bone Loss".. <i>Arthroscopy - Journal of Arthroscopic and Related Surgery</i> , <b>2022</b> , <i>38</i> , 1394-1395	5.4	
40	The Beneficial Effects of Physical Activity in Lung Cancer Prevention and/or Treatment. <i>Life</i> , <b>2022</b> , <i>12</i> , 782	3	
39	Elderly with COPD: comorbidities and systemic consequences. <i>Journal of Gerontology and Geriatrics</i> , <b>2021</b> , <i>69</i> , 32-44	0.3	2
38	Effects of Mixed of a Ketogenic Diet in Overweight and Obese Women with Polycystic Ovary Syndrome. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , <i>18</i> ,	4.6	4
37	COVID-19: Role of Nutrition and Supplementation. <i>Nutrients</i> , <b>2021</b> , <i>13</i> ,	6.7	24
36	Treatment with sera from Water Polo athletes activates AMPK and ACC proteins in HepG2 hepatoma cell line. <i>Sport Sciences for Health</i> , <b>2021</b> , <i>17</i> , 745-752	1.3	0
35	Adiponectin is Associated with Neutrophils to Lymphocyte Ratio in Patients with Chronic Obstructive Pulmonary Disease. <i>COPD: Journal of Chronic Obstructive Pulmonary Disease</i> , <b>2021</b> , <i>18</i> , 70-75 <sup>2</sup>		2
34	Adiponectin in Cerebrospinal Fluid from Patients Affected by Multiple Sclerosis Is Correlated with the Progression and Severity of Disease. <i>Molecular Neurobiology</i> , <b>2021</b> , <i>58</i> , 2663-2670	6.2	2
33	Effects of a Plastic-Free Lifestyle on Urinary Bisphenol A Levels in School-Aged Children of Southern Italy: A Pilot Study. <i>Frontiers in Public Health</i> , <b>2021</b> , <i>9</i> , 626070	6	6
32	Adiponectin and leptin exert antagonizing effects on proliferation and motility of papillary thyroid cancer cell lines. <i>Journal of Physiology and Biochemistry</i> , <b>2021</b> , <i>77</i> , 237-248	5	4
31	Dysregulation of lipid metabolism and pathological inflammation in patients with COVID-19. <i>Scientific Reports</i> , <b>2021</b> , <i>11</i> , 2941	4.9	43
30	Very Low-Calorie Ketogenic Diet Modulates the Autonomic Nervous System Activity through Salivary Amylase in Obese Population Subjects. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , <i>18</i> ,	4.6	1
29	The Role of Very Low Calorie Ketogenic Diet in Sympathetic Activation through Cortisol Secretion in Male Obese Population. <i>Journal of Clinical Medicine</i> , <b>2021</b> , <i>10</i> ,	5.1	2
28	Case Report: Concurrent Resistance and Aerobic Training Regulate Adiponectin Expression and Disease Severity in Multiple Sclerosis: A Case Study. <i>Frontiers in Neuroscience</i> , <b>2020</b> , <i>14</i> , 567302	5.1	2
27	Differently expressed microRNA in response to the first Ig replacement therapy in common variable immunodeficiency patients. <i>Scientific Reports</i> , <b>2020</b> , <i>10</i> , 21482	4.9	1
26	Adiponectin Role in Neurodegenerative Diseases: Focus on Nutrition Review. <i>International Journal of Molecular Sciences</i> , <b>2020</b> , <i>21</i> ,	6.3	3
25	Metabolic Perturbations and Severe COVID-19 Disease: Implication of Molecular Pathways. <i>International Journal of Endocrinology</i> , <b>2020</b> , <i>2020</i> , 8896536	2.7	5

24	The Important Role of Adiponectin and Orexin-A, Two Key Proteins Improving Healthy Status: Focus on Physical Activity. <i>Frontiers in Physiology</i> , <b>2020</b> , 11, 356	4.6	9
23	Short-Term Physiological Effects of a Very Low-Calorie Ketogenic Diet: Effects on Adiponectin Levels and Inflammatory States. <i>International Journal of Molecular Sciences</i> , <b>2020</b> , 21,	6.3	18
22	The Psycho-Physiological Profile of Adolescent Elite Sailors: Testing a Three-Way Moderation Model. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 1091	3.4	1
21	AdipoRon Affects Cell Cycle Progression and Inhibits Proliferation in Human Osteosarcoma Cells. <i>Journal of Oncology</i> , <b>2020</b> , 2020, 7262479	4.5	8
20	Implications of the Adiponectin System in Non-Small Cell Lung Cancer Patients: A Case-Control Study. <i>Biomolecules</i> , <b>2020</b> , 10,	5.9	7
19	Functional Role of Dietary Intervention to Improve the Outcome of COVID-19: A Hypothesis of Work. <i>International Journal of Molecular Sciences</i> , <b>2020</b> , 21,	6.3	89
18	Adapted recreational football small-sided games improve cardiac capacity, body composition and muscular fitness in patients with type 2 diabetes. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2020</b> , 60, 1261-1268	1.4	0
17	The Metabolic Rearrangements of Bariatric Surgery: Focus on Orexin-A and the Adiponectin System. <i>Journal of Clinical Medicine</i> , <b>2020</b> , 9,	5.1	3
16	Molecular mechanisms involved in the positive effects of physical activity on coping with COVID-19. <i>European Journal of Applied Physiology</i> , <b>2020</b> , 120, 2569-2582	3.4	22
15	Adiponectin Is Inversely Associated With Tumour Grade in Colorectal Cancer Patients. <i>Anticancer Research</i> , <b>2020</b> , 40, 3751-3757	2.3	9
14	Adiponectin Expression and Genotypes in Italian People with Severe Obesity Undergone a Hypocaloric Diet and Physical Exercise Program. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	16
13	Adiponectin Expression Is Modulated by Long-Term Physical Activity in Adult Patients Affected by Cystic Fibrosis. <i>Mediators of Inflammation</i> , <b>2019</b> , 2019, 2153934	4.3	8
12	Adiponectin as Link Factor between Adipose Tissue and Cancer. <i>International Journal of Molecular Sciences</i> , <b>2019</b> , 20,	6.3	55
11	Effects of Very Low Calorie Ketogenic Diet on the Orexinergic System, Visceral Adipose Tissue, and ROS Production. <i>Antioxidants</i> , <b>2019</b> , 8,	7.1	24
10	Adiponectin Receptors and Pro-inflammatory Cytokines Are Modulated in Common Variable Immunodeficiency Patients: Correlation With Ig Replacement Therapy. <i>Frontiers in Immunology</i> , <b>2019</b> , 10, 2812	8.4	6
9	Functional Changes Induced by Orexin A and Adiponectin on the Sympathetic/Parasympathetic Balance. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 259	4.6	7
8	Adiponectin and Orexin-A as a Potential Immunity Link Between Adipose Tissue and Central Nervous System. <i>Frontiers in Physiology</i> , <b>2018</b> , 9, 982	4.6	23
7	Role of Functional Beverages on Sport Performance and Recovery. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	23

6	Adiponectin profile and Irisin expression in Italian obese children: Association with insulin-resistance. <i>Cytokine</i> , <b>2017</b> , 94, 8-13	4	26
5	Total and High Molecular Weight Adiponectin Expression Is Decreased in Patients with Common Variable Immunodeficiency: Correlation with Ig Replacement Therapy. <i>Frontiers in Immunology</i> , <b>2017</b> , 8, 895	8.4	22
4	New synthetic AICAR derivatives with enhanced AMPK and ACC activation. <i>Journal of Enzyme Inhibition and Medicinal Chemistry</i> , <b>2016</b> , 31, 748-53	5.6	10
3	Gene molecular analysis and Adiponectin expression in professional Water Polo players. <i>Cytokine</i> , <b>2016</b> , 81, 88-93	4	9
2	Evaluation of adiponectin profile in Italian patients affected by obstructive sleep apnea syndrome. <i>Pulmonary Pharmacology and Therapeutics</i> , <b>2016</b> , 40, 104-8	3.5	20
1	Evaluation of two different 1-year training programs among prepuberal female children. <i>German Journal of Exercise and Sport Research</i> , 1	1.2	1