Eva Gesteiro

List of Publications by Year
in descending order

Source: https://exaly.com/author-pdf/6940302/publications.pdf

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25	288	933264	940416
papers	citations	10	16
		h-index	g-index

26	26	26	474
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. European Journal of Sport Science, 2023, 23, 1375-1384.	1.4	1
2	Eating out of Home: Influence on Nutrition, Health, and Policies: A Scoping Review. Nutrients, 2022, 14, 1265.	1.7	20
3	Differences among Sociodemographic Variables, Physical Fitness Levels, and Body Composition with Adherence to Regular Physical Activity in Older Adults from the EXERNET Multicenter Study. International Journal of Environmental Research and Public Health, 2022, 19, 3853.	1.2	2
4	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. Frontiers in Psychology, 2022, 13, 858312.	1.1	0
5	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. Nutrients, 2022, 14, 2302.	1.7	10
6	Associations between food portion sizes, insulin resistance, VO2 max and metabolic syndrome in European adolescents: The HELENA study. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 2061-2073.	1.1	2
7	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. Nutrients, 2021, 13, 1231.	1.7	17
8	Analysis of Effectiveness of a Supplement Combining Harpagophytum procumbens, Zingiber officinale and Bixa orellana in Healthy Recreational Runners with Self-Reported Knee Pain: A Pilot, Randomized, Triple-Blind, Placebo-Controlled Trial. International Journal of Environmental Research and Public Health, 2021, 18, 5538.	1.2	7
9	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, , .	1.7	2
10	Early identification of metabolic syndrome risk: A review of reviews and proposal for defining pre-metabolic syndrome status. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 2557-2574.	1.1	18
11	Fatâ€“Fit Patterns, Drug Consumption, and Polypharmacy in Older Adults: The EXERNET Multi-Center Study. Nutrients, 2021, 13, 2872.	1.7	1
12	Interaction Effect of the Mediterranean Diet and an Obesity Genetic Risk Score on Adiposity and Metabolic Syndrome in Adolescents: The HELENA Study. Nutrients, 2020, 12, 3841.	1.7	11
13	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. Sustainability, 2020, 12, 9894.	1.6	5
14	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. International Journal of Environmental Research and Public Health, 2020, 17, 4312.	1.2	18
15	Palm Oil on the Edge. Nutrients, 2019, 11, 2008.	1.7	49
16	Association between UCP1, UCP2, and UCP3 gene polymorphisms with markers of adiposity in European adolescents: The HELENA study. Pediatric Obesity, 2019, 14, e12504.	1.4	10
17	The triglyceride-glucose index, an insulin resistance marker in newborns?. European Journal of Pediatrics, 2018, 177, 513-520.	1.3	9
18	Epigenetic effects of the pregnancy Mediterranean diet adherence on the offspring metabolic syndrome markers. Journal of Physiology and Biochemistry, 2017, 73, 495-510.	1.3	26

#	Article	IF	Citations
19	Maternal and neonatal FTO rs9939609 polymorphism affect insulin sensitivity markers and lipoprotein profile at birth in appropriate-for-gestational-age term neonates. Journal of Physiology and Biochemistry, 2016, 72, 169-181.	1.3	13
20	Mediterranean Diet and Pregnancy. , 2015, , 491-503.		2
21	Adherence to Mediterranean diet during pregnancy and serum lipid, lipoprotein and homocysteine concentrations at birth. European Journal of Nutrition, 2015, 54, 1191-1199.	1.8	19
22	Relationships between serum calcium and magnesium levels and lipoproteins, homocysteine and insulin resistance/sensitivity markers at birth. Nutricion Hospitalaria, 2014, 31, 278-85.	0.2	3
23	Cord-blood lipoproteins, homocysteine, insulin sensitivity/resistance marker profile, and concurrence of dysglycaemia and dyslipaemia in full-term neonates of the MÃ©rida Study. European Journal of Pediatrics, 2013, 172, 883-894.	1.3	10
24	Effects of APOA5 S19W polymorphism on growth, insulin sensitivity and lipoproteins in normoweight neonates. European Journal of Pediatrics, 2011, 170, 1551-1558.	1.3	5
25	Insulin resistance markers in term, normoweight neonates. The MÃ©rida cohort. European Journal of Pediatrics, 2009, 168, 281-288.	1.3	20