

# Eva Gesteiro

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6940302/publications.pdf>

Version: 2024-02-01

25  
papers

288  
citations

933264

10  
h-index

940416

16  
g-index

26  
all docs

26  
docs citations

26  
times ranked

474  
citing authors

#	ARTICLE	IF	CITATIONS
1	Palm Oil on the Edge. <i>Nutrients</i> , 2019, 11, 2008.	1.7	49
2	Epigenetic effects of the pregnancy Mediterranean diet adherence on the offspring metabolic syndrome markers. <i>Journal of Physiology and Biochemistry</i> , 2017, 73, 495-510.	1.3	26
3	Insulin resistance markers in term, normoweight neonates. The MÃ©rida cohort. <i>European Journal of Pediatrics</i> , 2009, 168, 281-288.	1.3	20
4	Eating out of Home: Influence on Nutrition, Health, and Policies: A Scoping Review. <i>Nutrients</i> , 2022, 14, 1265.	1.7	20
5	Adherence to Mediterranean diet during pregnancy and serum lipid, lipoprotein and homocysteine concentrations at birth. <i>European Journal of Nutrition</i> , 2015, 54, 1191-1199.	1.8	19
6	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4312.	1.2	18
7	Early identification of metabolic syndrome risk: A review of reviews and proposal for defining pre-metabolic syndrome status. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2557-2574.	1.1	18
8	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. <i>Nutrients</i> , 2021, 13, 1231.	1.7	17
9	Maternal and neonatal FTO rs9939609 polymorphism affect insulin sensitivity markers and lipoprotein profile at birth in appropriate-for-gestational-age term neonates. <i>Journal of Physiology and Biochemistry</i> , 2016, 72, 169-181.	1.3	13
10	Interaction Effect of the Mediterranean Diet and an Obesity Genetic Risk Score on Adiposity and Metabolic Syndrome in Adolescents: The HELENA Study. <i>Nutrients</i> , 2020, 12, 3841.	1.7	11
11	Cord-blood lipoproteins, homocysteine, insulin sensitivity/resistance marker profile, and concurrence of dysglycaemia and dyslipaemia in full-term neonates of the MÃ©rida Study. <i>European Journal of Pediatrics</i> , 2013, 172, 883-894.	1.3	10
12	Association between <i>UCP1</i> , <i>UCP2</i> , and <i>UCP3</i> gene polymorphisms with markers of adiposity in European adolescents: The HELENA study. <i>Pediatric Obesity</i> , 2019, 14, e12504.	1.4	10
13	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2302.	1.7	10
14	The triglyceride-glucose index, an insulin resistance marker in newborns?. <i>European Journal of Pediatrics</i> , 2018, 177, 513-520.	1.3	9
15	Analysis of Effectiveness of a Supplement Combining <i>Harpagophytum procumbens</i> , <i>Zingiber officinale</i> and <i>Bixa orellana</i> in Healthy Recreational Runners with Self-Reported Knee Pain: A Pilot, Randomized, Triple-Blind, Placebo-Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5538.	1.2	7
16	Effects of APOA5 S19W polymorphism on growth, insulin sensitivity and lipoproteins in normoweight neonates. <i>European Journal of Pediatrics</i> , 2011, 170, 1551-1558.	1.3	5
17	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. <i>Sustainability</i> , 2020, 12, 9894.	1.6	5
18	Relationships between serum calcium and magnesium levels and lipoproteins, homocysteine and insulin resistance/sensitivity markers at birth. <i>Nutricion Hospitalaria</i> , 2014, 31, 278-85.	0.2	3

#	ARTICLE	IF	CITATIONS
19	Mediterranean Diet and Pregnancy. , 2015, , 491-503.		2
20	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, , .	1.7	2
21	Differences among Sociodemographic Variables, Physical Fitness Levels, and Body Composition with Adherence to Regular Physical Activity in Older Adults from the EXERNET Multicenter Study. International Journal of Environmental Research and Public Health, 2022, 19, 3853.	1.2	2
22	Associations between food portion sizes, insulin resistance, VO2 max and metabolic syndrome in European adolescents: The HELENA study. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 2061-2073.	1.1	2
23	Fatâ€Fit Patterns, Drug Consumption, and Polypharmacy in Older Adults: The EXERNET Multi-Center Study. Nutrients, 2021, 13, 2872.	1.7	1
24	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. European Journal of Sport Science, 2023, 23, 1375-1384.	1.4	1
25	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. Frontiers in Psychology, 2022, 13, 858312.	1.1	0