

# Ignacio Refoyo RomÃ¡n

## List of Publications by Year in descending order

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Version: 2024-02-01

36  
papers

748  
citations

623734

14  
h-index

552781

26  
g-index

38  
all docs

38  
docs citations

38  
times ranked

1068  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Longitudinal Study on the Evolution of the Four Main Football Leagues Using Artificial Intelligence: Analysis of the Differences in English Premier League Teams. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 529-537.	1.4	3
2	Effects of Resistance Training on Skin Temperature and Its Relationship with Central Nervous System (CNS) Activation. <i>Healthcare (Switzerland)</i> , 2022, 10, 207.	2.0	3
3	Anthropometric, Physiological, and Psychological Variables That Determine the Elite Pistol Performance of Women. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1102.	2.6	10
4	Optoelectronic analysis of technical factors and performance of elite-level air pistol shooting. <i>PLoS ONE</i> , 2022, 17, e0262276.	2.5	3
5	COVID-19 Confinement Effects on Game Actions during Competition Restart in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4252.	2.6	3
6	Analysis of Tug of War Competition: A Narrative Complete Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3.	2.6	9
7	Analysis of Physical Demands in Four Tug of War World Indoor Championships (2010–2016). <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4871.	2.6	0
8	Exercise throughout Pregnancy Prevents Excessive Maternal Weight Gain during the COVID-19 Pandemic: A Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 3392.	2.4	2
9	A Virtual Exercise Program throughout Pregnancy during the COVID-19 Pandemic Modifies Maternal Weight Gain, Smoking Habits and Birth Weight—Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 4045.	2.4	6
10	Physical activity during pregnancy is associated with a lower number of perineal tears. <i>Translational Sports Medicine</i> , 2021, 4, 38-45.	1.1	6
11	Effects on Strength, Power and Speed Execution Using Exercise Balls, Semi-Sphere Balance Balls and Suspension Training Devices: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1026.	2.6	9
12	Effectiveness of a Virtual Exercise Program During COVID-19 Confinement on Blood Pressure Control in Healthy Pregnant Women. <i>Frontiers in Physiology</i> , 2021, 12, 645136.	2.8	9
13	Physical Activity and Adherence to the Mediterranean Diet among Spanish Employees in a Health-Promotion Program before and during the COVID-19 Pandemic: The Sanitas-Healthy Cities Challenge. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2735.	2.6	17
14	Which Are the Most Determinant Psychological Factors in Olympic Shooting Performance? A Self-Perspective from Elite Shooters. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4637.	2.6	5
15	Comparative Analysis of Soccer Performance Intensity of the Pre–Post-Lockdown COVID-19 in LaLiga, S.C. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3685.	2.6	23
16	Post-exercise Recovery Methods Focus on Young Soccer Players: A Systematic Review. <i>Frontiers in Physiology</i> , 2021, 12, 505149.	2.8	7
17	Exercise During Pregnancy and Prenatal Depression: A Systematic Review and Meta-Analysis. <i>Frontiers in Physiology</i> , 2021, 12, 640024.	2.8	29
18	Influence of a Virtual Exercise Program throughout Pregnancy during the COVID-19 Pandemic on Perineal Tears and Episiotomy Rates: A Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2021, 10, 5250.	2.4	5

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19	Prenatal Anxiety and Exercise. Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2021, 10, 5501.	2.4	7
20	SOS to the Soccer World. Each Time the Preseason Games Are Less Friendly. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 559539.	1.8	3
21	The Impact of Covid-19 and the Effect of Psychological Factors on Training Conditions of Handball Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6471.	2.6	64
22	What Is the Relevance in the Passing Action between the Passer and the Receiver in Soccer? Study of Elite Soccer in La Liga. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9396.	2.6	5
23	Exercise-Induced Muscle Damage and Cardiac Stress During a Marathon Could be Associated with Dietary Intake During the Week Before the Race. <i>Nutrients</i> , 2020, 12, 316.	4.1	20
24	Effect of Caffeine Supplementation on Sports Performance Based on Differences Between Sexes: A Systematic Review. <i>Nutrients</i> , 2019, 11, 2313.	4.1	65
25	Exercise during pregnancy has a preventative effect on excessive maternal weight gain and gestational diabetes. A randomized controlled trial. <i>Brazilian Journal of Physical Therapy</i> , 2019, 23, 148-155.	2.5	64
26	Aquatic Activities During Pregnancy Prevent Excessive Maternal Weight Gain and Preserve Birth Weight: A Randomized Clinical Trial. <i>American Journal of Health Promotion</i> , 2018, 32, 729-735.	1.7	34
27	Influence of intellectual impairment (II) on basketball players' capacity to solve a game situation: towards evidence-based classification systems in II-basketball. <i>Psychology, Society and Education</i> , 2017, 8, 121.	0.5	7
28	Comparison of tactical offensive variables in different playing surfaces in sided games in soccer. <i>International Journal of Performance Analysis in Sport</i> , 2015, 15, 297-314.	1.1	3
29	Exercise During Pregnancy Attenuates Prenatal Depression. <i>Evaluation and the Health Professions</i> , 2015, 38, 59-72.	1.9	81
30	Quantification and Analysis of Offensive Situations in Different Formats of Sided Games In Soccer. <i>Journal of Human Kinetics</i> , 2014, 44, 193-201.	1.5	13
31	A Program of Exercise Throughout Pregnancy. Is it Safe to Mother and Newborn?. <i>American Journal of Health Promotion</i> , 2014, 29, 2-8.	1.7	79
32	Exercise Throughout Pregnancy Does not Cause Preterm Delivery: A Randomized, Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1012-1017.	2.0	65
33	A Model of Heart Rate Kinetics in Response to Exercise. <i>Journal of Nonlinear Mathematical Physics</i> , 2008, 15, 426.	1.3	28
34	Perceptual Visual Skills in Young Highly Skilled Basketball Players. <i>Perceptual and Motor Skills</i> , 2007, 104, 547-561.	1.3	28
35	Differences between international men's and women's teams in the strategic action of the penalty corner in field hockey. <i>International Journal of Performance Analysis in Sport</i> , 2007, 7, 67-83.	1.1	24
36	La finalizaci3n de las posesiones en baloncesto: estudio de la acci3n de finalizaci3n. <i>Cuadernos De Psicología Del Deporte</i> , 0, 12, 45-50.	0.4	8