

Ignacio Refoyo RomÃ¡n

List of Publications by Year in descending order

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Version: 2024-02-01

36
papers

748
citations

623734

14
h-index

552781

26
g-index

38
all docs

38
docs citations

38
times ranked

1068
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise During Pregnancy Attenuates Prenatal Depression. Evaluation and the Health Professions, 2015, 38, 59-72.	1.9	81
2	A Program of Exercise Throughout Pregnancy. Is it Safe to Mother and Newborn?. American Journal of Health Promotion, 2014, 29, 2-8.	1.7	79
3	Exercise Throughout Pregnancy Does not Cause Preterm Delivery: A Randomized, Controlled Trial. Journal of Physical Activity and Health, 2014, 11, 1012-1017.	2.0	65
4	Effect of Caffeine Supplementation on Sports Performance Based on Differences Between Sexes: A Systematic Review. Nutrients, 2019, 11, 2313.	4.1	65
5	Exercise during pregnancy has a preventative effect on excessive maternal weight gain and gestational diabetes. A randomized controlled trial. Brazilian Journal of Physical Therapy, 2019, 23, 148-155.	2.5	64
6	The Impact of Covid-19 and the Effect of Psychological Factors on Training Conditions of Handball Players. International Journal of Environmental Research and Public Health, 2020, 17, 6471.	2.6	64
7	Aquatic Activities During Pregnancy Prevent Excessive Maternal Weight Gain and Preserve Birth Weight: A Randomized Clinical Trial. American Journal of Health Promotion, 2018, 32, 729-735.	1.7	34
8	Exercise During Pregnancy and Prenatal Depression: A Systematic Review and Meta-Analysis. Frontiers in Physiology, 2021, 12, 640024.	2.8	29
9	Perceptual Visual Skills in Young Highly Skilled Basketball Players. Perceptual and Motor Skills, 2007, 104, 547-561.	1.3	28
10	A Model of Heart Rate Kinetics in Response to Exercise. Journal of Nonlinear Mathematical Physics, 2008, 15, 426.	1.3	28
11	Differences between international men's and women's teams in the strategic action of the penalty corner in field hockey. International Journal of Performance Analysis in Sport, 2007, 7, 67-83.	1.1	24
12	Comparative Analysis of Soccer Performance Intensity of the Pre-Post-Lockdown COVID-19 in LaLiga, C. International Journal of Environmental Research and Public Health, 2021, 18, 3685.	2.6	23
13	Exercise-Induced Muscle Damage and Cardiac Stress During a Marathon Could be Associated with Dietary Intake During the Week Before the Race. Nutrients, 2020, 12, 316.	4.1	20
14	Physical Activity and Adherence to the Mediterranean Diet among Spanish Employees in a Health-Promotion Program before and during the COVID-19 Pandemic: The Sanitas-Healthy Cities Challenge. International Journal of Environmental Research and Public Health, 2021, 18, 2735.	2.6	17
15	Quantification and Analysis of Offensive Situations in Different Formats of Sided Games In Soccer. Journal of Human Kinetics, 2014, 44, 193-201.	1.5	13
16	Anthropometric, Physiological, and Psychological Variables That Determine the Elite Pistol Performance of Women. International Journal of Environmental Research and Public Health, 2022, 19, 1102.	2.6	10
17	Effects on Strength, Power and Speed Execution Using Exercise Balls, Semi-Sphere Balance Balls and Suspension Training Devices: A Systematic Review. International Journal of Environmental Research and Public Health, 2021, 18, 1026.	2.6	9
18	Effectiveness of a Virtual Exercise Program During COVID-19 Confinement on Blood Pressure Control in Healthy Pregnant Women. Frontiers in Physiology, 2021, 12, 645136.	2.8	9

#	ARTICLE	IF	CITATIONS
19	Analysis of Tug of War Competition: A Narrative Complete Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3.	2.6	9
20	La finalizaci3n de las posesiones en baloncesto: estudio de la acci3n de finalizaci3n. <i>Cuadernos De Psicología Del Deporte</i> , 0, 12, 45-50.	0.4	8
21	Post-exercise Recovery Methods Focus on Young Soccer Players: A Systematic Review. <i>Frontiers in Physiology</i> , 2021, 12, 505149.	2.8	7
22	Influence of intellectual impairment (II) on basketball players' capacity to solve a game situation: towards evidence-based classification systems in II-basketball. <i>Psychology, Society and Education</i> , 2017, 8, 121.	0.5	7
23	Prenatal Anxiety and Exercise. Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2021, 10, 5501.	2.4	7
24	Physical activity during pregnancy is associated with a lower number of perineal tears. <i>Translational Sports Medicine</i> , 2021, 4, 38-45.	1.1	6
25	A Virtual Exercise Program throughout Pregnancy during the COVID-19 Pandemic Modifies Maternal Weight Gain, Smoking Habits and Birth Weight"Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 4045.	2.4	6
26	What Is the Relevance in the Passing Action between the Passer and the Receiver in Soccer? Study of Elite Soccer in La Liga. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9396.	2.6	5
27	Which Are the Most Determinant Psychological Factors in Olympic Shooting Performance? A Self-Perspective from Elite Shooters. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4637.	2.6	5
28	Influence of a Virtual Exercise Program throughout Pregnancy during the COVID-19 Pandemic on Perineal Tears and Episiotomy Rates: A Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2021, 10, 5250.	2.4	5
29	Comparison of tactical offensive variables in different playing surfaces in sided games in soccer. <i>International Journal of Performance Analysis in Sport</i> , 2015, 15, 297-314.	1.1	3
30	SOS to the Soccer World. Each Time the Preseason Games Are Less Friendly. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 559539.	1.8	3
31	Effects of Resistance Training on Skin Temperature and Its Relationship with Central Nervous System (CNS) Activation. <i>Healthcare (Switzerland)</i> , 2022, 10, 207.	2.0	3
32	Optoelectronic analysis of technical factors and performance of elite-level air pistol shooting. <i>PLoS ONE</i> , 2022, 17, e0262276.	2.5	3
33	COVID-19 Confinement Effects on Game Actions during Competition Restart in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4252.	2.6	3
34	A Longitudinal Study on the Evolution of the Four Main Football Leagues Using Artificial Intelligence: Analysis of the Differences in English Premier League Teams. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 529-537.	1.4	3
35	Exercise throughout Pregnancy Prevents Excessive Maternal Weight Gain during the COVID-19 Pandemic: A Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 3392.	2.4	2
36	Analysis of Physical Demands in Four Tug of War World Indoor Championships (2010-2016). <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4871.	2.6	0