

# Philippa A Jackson

## List of Publications by Year in descending order

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26  
papers

787  
citations

471371

17  
h-index

552653

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g-index

27  
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27  
docs citations

27  
times ranked

1178  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Acute and Chronic Cognitive Effects of a Sage Extract: A Randomized, Placebo Controlled Study in Healthy Humans. <i>Nutrients</i> , 2021, 13, 218.	1.7	10
2	Differential Effects of DHA- and EPA-Rich Oils on Sleep in Healthy Young Adults: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 248.	1.7	14
3	Supplementation with oil rich in eicosapentaenoic acid, but not in docosahexaenoic acid, improves global cognitive function in healthy, young adults: results from randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 914-924.	2.2	12
4	Acute cognitive performance and mood effects of coffee berry and apple extracts: A randomised, double blind, placebo controlled crossover study in healthy humans. <i>Nutritional Neuroscience</i> , 2021, 1-9.	1.5	8
5	Acute Effects of a Polyphenol-Rich Leaf Extract of <i>Mangifera indica</i> L. (Zynamite) on Cognitive Function in Healthy Adults: A Double-Blind, Placebo-Controlled Crossover Study. <i>Nutrients</i> , 2020, 12, 2194.	1.7	18
6	A Randomized, Crossover Study of the Acute Cognitive and Cerebral Blood Flow Effects of Phenolic, Nitrate and Botanical Beverages in Young, Healthy Humans. <i>Nutrients</i> , 2020, 12, 2254.	1.7	19
7	Acute and Chronic Effects of Green Oat ( <i>Avena sativa</i> ) Extract on Cognitive Function and Mood during a Laboratory Stressor in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled Study in Healthy Humans. <i>Nutrients</i> , 2020, 12, 1598.	1.7	21
8	The effect of iron supplementation on cognition, subjective mood, well-being and fatigue in women of reproductive age: a systematic review. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	1
9	Diurnal rhythm of plasma EPA and DHA in healthy adults. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2020, 154, 102054.	1.0	8
10	Effects of Saffron Extract Supplementation on Mood, Well-Being, and Response to a Psychosocial Stressor in Healthy Adults: A Randomized, Double-Blind, Parallel Group, Clinical Trial. <i>Frontiers in Nutrition</i> , 2020, 7, 606124.	1.6	23
11	The Acute and Chronic Cognitive and Cerebral Blood-Flow Effects of Nepalese Pepper ( <i>Zanthoxylum</i> ) Tj ETQq1 1 0.784314 rgBT /Overlock 10 <i>Nutrients</i> , 2019, 11, 3022.	1.7	11
12	The Acute Effects of Caffeinated Black Coffee on Cognition and Mood in Healthy Young and Older Adults. <i>Nutrients</i> , 2018, 10, 1386.	1.7	49
13	The Acute and Chronic Cognitive and Cerebral Blood Flow Effects of a <i>Sideritis scardica</i> (Greek) Tj ETQq1 1 0.784314 rgBT /Overlock 10 Healthy Humans. <i>Nutrients</i> , 2018, 10, 955.	1.7	43
14	Acute Post-Prandial Cognitive Effects of Brown Seaweed Extract in Humans. <i>Nutrients</i> , 2018, 10, 85.	1.7	23
15	Volatile Terpenes and Brain Function: Investigation of the Cognitive and Mood Effects of <i>Mentha</i> $\tilde{A}$ — <i>Piperita</i> L. Essential Oil with In Vitro Properties Relevant to Central Nervous System Function. <i>Nutrients</i> , 2018, 10, 1029.	1.7	60
16	Acute effects of a wild green-oat ( <i>Avena sativa</i> ) extract on cognitive function in middle-aged adults: A double-blind, placebo-controlled, within-subjects trial. <i>Nutritional Neuroscience</i> , 2017, 20, 135-151.	1.5	27
17	Cognitive and Mood Effects of a Nutrient Enriched Breakfast Bar in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled, Parallel Groups Study. <i>Nutrients</i> , 2017, 9, 1332.	1.7	19
18	DHA Supplementation Alone or in Combination with Other Nutrients Does not Modulate Cerebral Hemodynamics or Cognitive Function in Healthy Older Adults. <i>Nutrients</i> , 2016, 8, 86.	1.7	43

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19	Shining a light on the effects of omega-3 polyunsaturated fatty acids on the brain: The relationship between cerebral blood flow parameters and cognition. <i>Lipid Technology</i> , 2016, 28, 197-199.	0.3	0
20	Promoting brain health through exercise and diet in older adults: a physiological perspective. <i>Journal of Physiology</i> , 2016, 594, 4485-4498.	1.3	77
21	Multivitamins and minerals modulate whole-body energy metabolism and cerebral blood-flow during cognitive task performance: a double-blind, randomised, placebo-controlled trial. <i>Nutrition and Metabolism</i> , 2016, 13, 11.	1.3	23
22	The application of near infrared spectroscopy in nutritional intervention studies. <i>Frontiers in Human Neuroscience</i> , 2013, 7, 473.	1.0	31
23	No effect of 12 weeks' supplementation with 1g DHA-rich or EPA-rich fish oil on cognitive function or mood in healthy young adults aged 18-35 years. <i>British Journal of Nutrition</i> , 2012, 107, 1232-1243.	1.2	67
24	Docosahexaenoic acid-rich fish oil modulates the cerebral hemodynamic response to cognitive tasks in healthy young adults. <i>Biological Psychology</i> , 2012, 89, 183-190.	1.1	68
25	DHA-rich oil modulates the cerebral haemodynamic response to cognitive tasks in healthy young adults: a near IR spectroscopy pilot study. <i>British Journal of Nutrition</i> , 2012, 107, 1093-1098.	1.2	62
26	Cognitive and mood effects in healthy children during 12 weeks' supplementation with multi-vitamin/minerals. <i>British Journal of Nutrition</i> , 2008, 100, 1086-1096.	1.2	49