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List of Publications by Year in descending order

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471371 552653 26 787 17 26 citations h-index g-index papers 27 27 27 1178 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Promoting brain health through exercise and diet in older adults: a physiological perspective. Journal of Physiology, 2016, 594, 4485-4498.	1.3	77
2	Docosahexaenoic acid-rich fish oil modulates the cerebral hemodynamic response to cognitive tasks in healthy young adults. Biological Psychology, 2012, 89, 183-190.	1.1	68
3	No effect of 12 weeks' supplementation with 1Âg DHA-rich or EPA-rich fish oil on cognitive function or mood in healthy young adults aged 18–35 years. British Journal of Nutrition, 2012, 107, 1232-1243.	1.2	67
4	DHA-rich oil modulates the cerebral haemodynamic response to cognitive tasks in healthy young adults: a near IR spectroscopy pilot study. British Journal of Nutrition, 2012, 107, 1093-1098.	1.2	62
5	Volatile Terpenes and Brain Function: Investigation of the Cognitive and Mood Effects of Mentha × Piperita L. Essential Oil with In Vitro Properties Relevant to Central Nervous System Function. Nutrients, 2018, 10, 1029.	1.7	60
6	Cognitive and mood effects in healthy children during 12 weeks' supplementation with multi-vitamin/minerals. British Journal of Nutrition, 2008, 100, 1086-1096.	1.2	49
7	The Acute Effects of Caffeinated Black Coffee on Cognition and Mood in Healthy Young and Older Adults. Nutrients, 2018, 10, 1386.	1.7	49
8	DHA Supplementation Alone or in Combination with Other Nutrients Does not Modulate Cerebral Hemodynamics or Cognitive Function in Healthy Older Adults. Nutrients, 2016, 8, 86.	1.7	43
9	The Acute and Chronic Cognitive and Cerebral Blood Flow Effects of a Sideritis scardica (Greek) Tj ETQq1 1 0.7843 Healthy Humans. Nutrients, 2018, 10, 955.	314 rgBT /0 1.7	Overlock 10 43
10	The application of near infrared spectroscopy in nutritional intervention studies. Frontiers in Human Neuroscience, 2013, 7, 473.	1.0	31
11	Acute effects of a wild green-oat (<i>Avena sativa</i>) extract on cognitive function in middle-aged adults: A double-blind, placebo-controlled, within-subjects trial. Nutritional Neuroscience, 2017, 20, 135-151.	1.5	27
12	Multivitamins and minerals modulate whole-body energy metabolism and cerebral blood-flow during cognitive task performance: a double-blind, randomised, placebo-controlled trial. Nutrition and Metabolism, 2016, 13, 11.	1.3	23
13	Acute Post-Prandial Cognitive Effects of Brown Seaweed Extract in Humans. Nutrients, 2018, 10, 85.	1.7	23
14	Effects of Saffron Extract Supplementation on Mood, Well-Being, and Response to a Psychosocial Stressor in Healthy Adults: A Randomized, Double-Blind, Parallel Group, Clinical Trial. Frontiers in Nutrition, 2020, 7, 606124.	1.6	23
15	Acute and Chronic Effects of Green Oat (Avena sativa) Extract on Cognitive Function and Mood during a Laboratory Stressor in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled Study in Healthy Humans. Nutrients, 2020, 12, 1598.	1.7	21
16	Cognitive and Mood Effects of a Nutrient Enriched Breakfast Bar in Healthy Adults: A Randomised, Double-Blind, Placebo-Controlled, Parallel Groups Study. Nutrients, 2017, 9, 1332.	1.7	19
17	A Randomized, Crossover Study of the Acute Cognitive and Cerebral Blood Flow Effects of Phenolic, Nitrate and Botanical Beverages in Young, Healthy Humans. Nutrients, 2020, 12, 2254.	1.7	19
18	Acute Effects of a Polyphenol-Rich Leaf Extract of Mangifera indica L. (Zynamite) on Cognitive Function in Healthy Adults: A Double-Blind, Placebo-Controlled Crossover Study. Nutrients, 2020, 12, 2194.	1.7	18

#	Article	IF	CITATIONS
19	Differential Effects of DHA- and EPA-Rich Oils on Sleep in Healthy Young Adults: A Randomized Controlled Trial. Nutrients, 2021, 13, 248.	1.7	14
20	Supplementation with oil rich in eicosapentaenoic acid, but not in docosahexaenoic acid, improves global cognitive function in healthy, young adults: results from randomized controlled trials. American Journal of Clinical Nutrition, 2021, 114, 914-924.	2.2	12
21	The Acute and Chronic Cognitive and Cerebral Blood-Flow Effects of Nepalese Pepper (Zanthoxylum) Tj ETQq1 1 Nutrients, 2019, 11, 3022.	0.784314 1.7	rgBT /Overlo
22	The Acute and Chronic Cognitive Effects of a Sage Extract: A Randomized, Placebo Controlled Study in Healthy Humans. Nutrients, 2021, 13, 218.	1.7	10
23	Diurnal rhythm of plasma EPA and DHA in healthy adults. Prostaglandins Leukotrienes and Essential Fatty Acids, 2020, 154, 102054.	1.0	8
24	Acute cognitive performance and mood effects of coffee berry and apple extracts: A randomised, double blind, placebo controlled crossover study in healthy humans. Nutritional Neuroscience, 2021, , 1-9.	1.5	8
25	The effect of iron supplementation on cognition, subjective mood, well-being and fatigue in women of reproductive age: a systematic review. Proceedings of the Nutrition Society, 2020, 79, .	0.4	1
26	Shining a light on the effects of omegaâ€3 polyunsaturated fatty acids on the brain: The relationship between cerebral blood flow parameters and cognition. Lipid Technology, 2016, 28, 197-199.	0.3	0