

# Michael Chourdakis

## List of Publications by Year in descending order

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Version: 2024-02-01

107  
papers

3,547  
citations

201385

27  
h-index

155451

55  
g-index

110  
all docs

110  
docs citations

110  
times ranked

5258  
citing authors

#	ARTICLE	IF	CITATIONS
1	Can omega-3 fatty acids be beneficial in pediatric NAFLD? A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 8545-8553.	5.4	3
2	Impact of the first COVID-19 lockdown on body weight: A combined systematic review and a meta-analysis. <i>Clinical Nutrition</i> , 2022, 41, 3046-3054.	2.3	151
3	The impact of COVID-19 lockdown on snacking habits, fast-food and alcohol consumption: A systematic review of the evidence. <i>Clinical Nutrition</i> , 2022, 41, 3038-3045.	2.3	102
4	Nutritional management of individuals with obesity and COVID-19: ESPEN expert statements and practical guidance. <i>Clinical Nutrition</i> , 2022, 41, 2869-2886.	2.3	30
5	A critical update on the role of mild and serious vitamin D deficiency prevalence and the COVID-19 epidemic in Europe. <i>Nutrition</i> , 2022, 93, 111441.	1.1	13
6	The anthropometric and biochemical profile of pediatric non-alcoholic fatty liver disease: A systematic review and a meta-analysis. <i>Clinical Nutrition</i> , 2022, 41, 105-121.	2.3	4
7	ESPEN practical guideline: Home enteral nutrition. <i>Clinical Nutrition</i> , 2022, 41, 468-488.	2.3	30
8	Is the proportion of per capita fat supply associated with the prevalence of overweight and obesity? an ecological analysis. <i>BMC Nutrition</i> , 2022, 8, 4.	0.6	4
9	A Practical Approach to Identifying Pediatric Disease-Associated Undernutrition. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2022, 74, 693-705.	0.9	12
10	Feeding during Dialysis Increases Intradialytic Blood Pressure Variability and Reduces Dialysis Adequacy. <i>Nutrients</i> , 2022, 14, 1357.	1.7	3
11	Efficacy of branched chain amino acids supplementation in liver cirrhosis: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2022, 41, 1171-1190.	2.3	21
12	Diet and Risk of Gastric Cancer: An Umbrella Review. <i>Nutrients</i> , 2022, 14, 1764.	1.7	16
13	Reply-letter to the editor: "Impact of the first COVID-19 lockdown on body weight: A combined systematic review and a meta-analysis". <i>Clinical Nutrition</i> , 2022, 41, 2042-2043.	2.3	0
14	The Impact of Lockdowns on Caffeine Consumption: A Systematic Review of the Evidence. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5255.	1.2	7
15	Prevalence and factors associated with smoking in a nationally representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2022, 67, 19-27.	0.4	3
16	The recalibrated HellenicSCORE based on newly derived risk factors from the Hellenic National Nutrition and Health Survey (HNNHS); the HellenicSCORE II. <i>Hellenic Journal of Cardiology</i> , 2021, 62, 285-290.	0.4	3
17	Intake and adequacy of the vegan diet. A systematic review of the evidence. <i>Clinical Nutrition</i> , 2021, 40, 3503-3521.	2.3	182
18	Impact of Silymarin in individuals with nonalcoholic fatty liver disease: A systematic review and meta-analysis. <i>Nutrition</i> , 2021, 83, 111092.	1.1	41

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19	Sociodemographic and lifestyle determinants of depressive symptoms in a nationally representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Journal of Affective Disorders</i> , 2021, 281, 192-198.	2.0	9
20	Risk of developing metabolic syndrome after gestational diabetes mellitus - a systematic review and meta-analysis. <i>Journal of Endocrinological Investigation</i> , 2021, 44, 1139-1149.	1.8	30
21	Systematic review with meta-analysis: The effect of vitamin E supplementation in adult patients with nonalcoholic fatty liver disease. <i>Journal of Gastroenterology and Hepatology (Australia)</i> , 2021, 36, 311-319.	1.4	46
22	Micronutrient dietary intakes and their food sources in adults: the Hellenic National Nutrition and Health Survey (HNNHS). <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 616-628.	1.3	9
23	Evaluation of subclinical cardiac damage in biopsy-proven nonalcoholic fatty liver disease: a systematic review and meta-analysis. <i>Annals of Gastroenterology</i> , 2021, 34, 424-430.	0.4	3
24	AGREEding on Nutritional Management of Patients with CKD—A Quality Appraisal of the Available Guidelines. <i>Nutrients</i> , 2021, 13, 624.	1.7	7
25	Impact of the Level of Adherence to Mediterranean Diet on the Parameters of Metabolic Syndrome: A Systematic Review and Meta-Analysis of Observational Studies. <i>Nutrients</i> , 2021, 13, 1514.	1.7	37
26	Nutrition education in medical schools (NEMS) project: Joining ESPEN and university point of view. <i>Clinical Nutrition</i> , 2021, 40, 2754-2761.	2.3	13
27	What are the new guidelines and position papers in pediatric nutrition: A 2015–2020 overview. <i>Clinical Nutrition ESPEN</i> , 2021, 43, 49-63.	0.5	2
28	Prevalence of type 2 diabetes mellitus in a representative sample of Greek adults and its association with modifiable risk factors: results from the Hellenic National Nutrition and Health Survey. <i>Public Health</i> , 2021, 197, 75-82.	1.4	2
29	Special Issue “Mediterranean Diet and Metabolic Diseases”. <i>Nutrients</i> , 2021, 13, 2680.	1.7	5
30	Letter to the editor: “Revisiting the role of vitamin D levels in the prevention of COVID-19 infection and mortality in European countries post infections peak”. <i>Aging Clinical and Experimental Research</i> , 2021, 33, 3391-3392.	1.4	0
31	Body composition parameters and functional status test in predicting future acute exacerbation risk among hospitalized patients with chronic obstructive pulmonary disease. <i>Clinical Nutrition</i> , 2021, 40, 5605-5614.	2.3	9
32	Development and validation of a short culture-specific food frequency questionnaire for Greek pregnant women and their adherence to the Mediterranean diet. <i>Nutrition</i> , 2021, 90, 111357.	1.1	6
33	Editorial to accompany the letter to the Editor entitled "May Silymarin be selectively considered for nonalcoholic fatty liver disease without elevated transaminases?". <i>Nutrition</i> , 2021, , 111510.	1.1	0
34	Impact of the level of adherence to the Mediterranean Diet on blood pressure: A systematic review and meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2021, 40, 5771-5780.	2.3	9
35	Substance Use During Pregnancy: A Comparative Review of Major Guidelines. <i>Obstetrical and Gynecological Survey</i> , 2021, 76, 634-643.	0.2	9
36	Dietary patterns and cardiovascular disease in Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 201-213.	1.1	5

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37	ESPEN guideline on home enteral nutrition. <i>Clinical Nutrition</i> , 2020, 39, 5-22.	2.3	195
38	Intake and contribution of food groups to vitamin D intake in a representative sample of adult Greek population. <i>Nutrition</i> , 2020, 72, 110641.	1.1	13
39	Hypertension prevalence in a representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2020, 61, 217-218.	0.4	6
40	The Role of Nutrition in Primary Open Angle Glaucoma: A Multivariate Analysis. <i>Journal of the American College of Nutrition</i> , 2020, 39, 438-442.	1.1	2
41	The Effect of Exercise on Nutritional Status and Body Composition in Hemodialysis: A Systematic Review. <i>Nutrients</i> , 2020, 12, 3071.	1.7	24
42	Heart failure in Greece: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2020, 62, 315-317.	0.4	2
43	Response to the letter of L. Santacroce regarding article "Enhancing immunity in viral infections, with special emphasis on COVID-19: A review" (Jayawardena et al.). <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020, 14, 839.	1.8	5
44	Exploring factors influencing dietary intake during hospitalization: Results from analyzing nutritionDay's database (2006-2013). <i>Clinical Nutrition ESPEN</i> , 2020, 38, 263-270.	0.5	15
45	Does coenzyme Q10 supplementation improve fertility outcomes in women undergoing assisted reproductive technology procedures? A systematic review and meta-analysis of randomized-controlled trials. <i>Journal of Assisted Reproduction and Genetics</i> , 2020, 37, 2377-2387.	1.2	24
46	Obesity: Assessment and prevention. <i>Clinical Nutrition ESPEN</i> , 2020, 39, 1-14.	0.5	5
47	Effects of glutamine supplementation on critically ill patients: Focus on efficacy and safety. An overview of systematic reviews. <i>Nutrition</i> , 2020, 78, 110960.	1.1	7
48	Dietary habits are useful as risk factors for primary open-angle glaucoma while controlling for heredity and metabolic disease. <i>Nutrition and Health</i> , 2020, 26, 163-166.	0.6	2
49	Impact of <i>Crocus sativus</i> L. on Metabolic Profile in Patients with Diabetes Mellitus or Metabolic Syndrome: A Systematic Review. <i>Nutrients</i> , 2020, 12, 1424.	1.7	18
50	The role of cannabidiol oil in schizophrenia treatment. a systematic review and meta-analysis. <i>Psychiatry Research</i> , 2020, 291, 113246.	1.7	17
51	Eating during the Hemodialysis Session: A Practice Improving Nutritional Status or a Risk Factor for Intradialytic Hypotension and Reduced Dialysis Adequacy?. <i>Nutrients</i> , 2020, 12, 1703.	1.7	21
52	Presence of Hypertension Is Reduced by Mediterranean Diet Adherence in All Individuals with a More Pronounced Effect in the Obese: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Nutrients</i> , 2020, 12, 853.	1.7	19
53	Nutritional therapy among burn injured patients in the critical care setting: An international multicenter observational study on "best achievable" practices. <i>Clinical Nutrition</i> , 2020, 39, 3813-3820.	2.3	9
54	Enhancing immunity in viral infections, with special emphasis on COVID-19: A review. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020, 14, 367-382.	1.8	356

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55	Micronutrient intakes and their food sources among Greek children and adolescents. <i>Public Health Nutrition</i> , 2020, 23, 2314-2326.	1.1	13
56	Nutrition in Pregnancy: A Comparative Review of Major Guidelines. <i>Obstetrical and Gynecological Survey</i> , 2020, 75, 692-702.	0.2	34
57	Exercise during pregnancy: a comparative review of guidelines. <i>Journal of Perinatal Medicine</i> , 2020, 48, 519-525.	0.6	22
58	Is continuing medical education sufficient? Assessing the clinical nutrition knowledge of medical doctors. <i>Nutrition</i> , 2019, 57, 69-73.	1.1	22
59	Malnutrition surveillance among refugee children living in reception centres in Greece: a pilot study. <i>International Health</i> , 2019, 11, 30-35.	0.8	17
60	Prevalence of hyperlipidaemia in adults and its relation to the Mediterranean diet: the Hellenic National Nutrition and Health Survey (HNNHS). <i>European Journal of Preventive Cardiology</i> , 2019, 26, 1957-1967.	0.8	22
61	Effects of Long-Versus Short-Term Exposure to the Mediterranean Diet on Skin Microvascular Function and Quality of Life of Healthy Adults in Greece and the UK. <i>Nutrients</i> , 2019, 11, 2487.	1.7	8
62	Association of serum vitamin D status with dietary intake and sun exposure in adults. <i>Clinical Nutrition ESPEN</i> , 2019, 34, 23-31.	0.5	28
63	Frequency and Quantity of Egg Intake Is Not Associated with Dyslipidemia: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Nutrients</i> , 2019, 11, 1105.	1.7	7
64	Gene promoter methylation and cancer: An umbrella review. <i>Gene</i> , 2019, 710, 333-340.	1.0	63
65	Dietary patterns and lifestyle characteristics in adults: results from the Hellenic National Nutrition and Health Survey (HNNHS). <i>Public Health</i> , 2019, 171, 76-88.	1.4	20
66	Association of meal and snack patterns with micronutrient intakes among Greek children and adolescents: data from the Hellenic National Nutrition and Health Survey. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 455-467.	1.3	8
67	Reply-letter to the editor-harm associated with higher energy intake in patients with Low-mNUTRIC score should not be ignored. <i>Clinical Nutrition</i> , 2019, 38, 2474-2475.	2.3	1
68	Are all low-NUTRIC-score patients the same? Analysis of a multi-center observational study to determine the relationship between nutrition intake and outcome. <i>Clinical Nutrition</i> , 2019, 38, 2783-2789.	2.3	10
69	Translation of the modified NUTRIC score and adaptation to the Greek ICU setting. <i>Clinical Nutrition ESPEN</i> , 2019, 29, 72-76.	0.5	11
70	International Aspects: Abdominal Obesity in Greece. , 2019, , 301-316.		0
71	Food insecurity increases the risk of malnutrition among community-dwelling older adults. <i>Maturitas</i> , 2019, 119, 8-13.	1.0	60
72	Food insecurity and Mediterranean diet adherence among Greek university students. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 477-485.	1.1	53

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73	Evaluation of diet quality and hyperemesis gravidarum in pregnant women according to income. <i>Clinical Nutrition ESPEN</i> , 2018, 24, 174-175.	0.5	3
74	Sexual Dysfunction Among Young Men: Overview of Dietary Components Associated With Erectile Dysfunction. <i>Journal of Sexual Medicine</i> , 2018, 15, 176-182.	0.3	14
75	Edmonton obesity staging system among pediatric patients: a validation and obesogenic risk factor analysis. <i>Journal of Endocrinological Investigation</i> , 2018, 41, 947-957.	1.8	5
76	Evaluation of orthorexia among dietetics students. <i>Clinical Nutrition ESPEN</i> , 2018, 24, 179.	0.5	7
77	Food addiction, orthorexia, and food-related stress among dietetics students. <i>Eating and Weight Disorders</i> , 2018, 23, 459-467.	1.2	55
78	Growth, the Mediterranean diet and the buying power of adolescents in Greece. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2018, 31, 773-780.	0.4	10
79	Current Evidence about Nutrition Support in Cardiac Surgery Patients—What Do We Know?. <i>Nutrients</i> , 2018, 10, 597.	1.7	74
80	Current clinical trials in paediatrics: Report of the ESPEN special interest group in paediatrics. <i>Clinical Nutrition ESPEN</i> , 2018, 27, 75-78.	0.5	1
81	Vitamin D status among Mediterranean regions. <i>Hippokratia</i> , 2018, 22, 191.	0.3	2
82	Economy matters to fight against malnutrition: Results from a multicenter survey. <i>Clinical Nutrition</i> , 2017, 36, 162-169.	2.3	11
83	Role of nutrition support in adult cardiac surgery: a consensus statement from an International Multidisciplinary Expert Group on Nutrition in Cardiac Surgery. <i>Critical Care</i> , 2017, 21, 131.	2.5	95
84	Metabolic syndrome in retired soccer players: A pilot study. <i>Obesity Medicine</i> , 2017, 8, 15-22.	0.5	3
85	Screening for Malnutrition Among People Accessing Health Services at Greek Public Hospitals: Results From an Observational Multicenter Study. <i>Journal of Parenteral and Enteral Nutrition</i> , 2017, 42, 014860711772274.	1.3	9
86	Towards a multidisciplinary approach to understand and manage obesity and related diseases. <i>Clinical Nutrition</i> , 2017, 36, 917-938.	2.3	141
87	The two most popular malnutrition screening tools in the light of the new ESPEN consensus definition of the diagnostic criteria for malnutrition. <i>Clinical Nutrition</i> , 2017, 36, 1130-1135.	2.3	91
88	The launch of the ESPEN Special Interest Group in Paediatric Clinical Nutrition. <i>Clinical Nutrition ESPEN</i> , 2017, 19, 45-48.	0.5	2
89	Health insurance or subsidy has universal advantage for management of hospital malnutrition unrelated to GDP. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017, 26, 247-254.	0.3	3
90	Malnutrition risk in Greek hospitals – Results from a multicenter study. <i>Clinical Nutrition ESPEN</i> , 2016, 13, e71.	0.5	1

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91	Breaking down the barriers to international collaboration through technology. Education for Primary Care, 2016, 27, 1-1.	0.2	1
92	Malnutrition risk in hospitalized children: use of 3 screening tools in a large European population. American Journal of Clinical Nutrition, 2016, 103, 1301-1310.	2.2	106
93	Prevalence of Malnutrition in Various Political, Economic, and Geographic Settings. Journal of Parenteral and Enteral Nutrition, 2015, 39, 200-210.	1.3	25
94	ESPEN guidelines on nutrition in dementia. Clinical Nutrition, 2015, 34, 1052-1073.	2.3	301
95	Anticancer effects of metformin on neuroendocrine tumor cells in vitro. Hormones, 2014, 13, 498-508.	0.9	23
96	Regulation of Early Human Growth: Impact on Long-Term Health. Annals of Nutrition and Metabolism, 2014, 65, 101-109.	1.0	38
97	The Power of Programming and the EarlyNutrition Project: Opportunities for Health Promotion by Nutrition during the First Thousand Days of Life and Beyond. Annals of Nutrition and Metabolism, 2014, 64, 187-196.	1.0	98
98	Self-Care Behaviors of Adults with Type 2 Diabetes Mellitus in Greece. Journal of Community Health, 2014, 39, 972-979.	1.9	16
99	Ultrasound-guided percutaneous 'push-introducer' gastrostomy is a valuable method for accessing the gastrointestinal tract. Nutricion Hospitalaria, 2014, 29, 365-9.	0.2	5
100	Effect of Early Compared With Delayed Enteral Nutrition on Endocrine Function in Patients With Traumatic Brain Injury. Journal of Parenteral and Enteral Nutrition, 2012, 36, 108-116.	1.3	83
101	Evaluation of dietary habits and assessment of cardiovascular disease risk factors among Greek university students. Appetite, 2011, 57, 377-383.	1.8	36
102	Efficacy, safety and tolerability of green tea catechins in the treatment of external anogenital warts: a systematic review and meta-analysis. Journal of the European Academy of Dermatology and Venereology, 2011, 25, 345-353.	1.3	52
103	Meta-analysis of cardiovascular disease risk markers in women with polycystic ovary syndrome. Human Reproduction Update, 2011, 17, 741-760.	5.2	175
104	Proteases Inhibition Assessment on PC12 and NGF Treated Cells after Oxygen and Glucose Deprivation Reveals a Distinct Role for Aspartyl Proteases. PLoS ONE, 2011, 6, e25950.	1.1	12
105	Early enteral nutrition positively influences endocrine function in traumatic brain injury patients. Hippokratia, 2011, 15, 288.	0.3	2
106	Eating habits, health attitudes and obesity indices among medical students in northern Greece. Appetite, 2010, 55, 722-725.	1.8	73
107	Chronic aortic denervation decreases anxiety and impairs social memory in rats. Life Sciences, 2009, 85, 602-608.	2.0	5