

# Esther Ubago-Guisado

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/6891807/esther-ubago-guisado-publications-by-year.pdf>

**Version:** 2024-04-28

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

37  
papers

323  
citations

11  
h-index

16  
g-index

47  
ext. papers

459  
ext. citations

3.5  
avg, IF

3.46  
L-index

| #  | Paper   | IF  | Citations |
|----|---|-----|-----------|
| 37 | The Role of Diet, Alcohol, BMI, and Physical Activity in Cancer Mortality: Summary Findings of the EPIC Study.. <i>Nutrients</i> , <b>2021</b> , 13,  | 6.7 | 2         |
| 36 | Evidence Update on the Relationship between Diet and the Most Common Cancers from the European Prospective Investigation into Cancer and Nutrition (EPIC) Study: A Systematic Review. <i>Nutrients</i> , <b>2021</b> , 13,            | 6.7 | 11        |
| 35 | Hybrid neuromuscular training promotes musculoskeletal adaptations in inactive overweight and obese women: A training-detraining randomized controlled trial. <i>Journal of Sports Sciences</i> , <b>2021</b> , 39, 503-512           | 3.6 | 6         |
| 34 | The Impact of Childhood Obesity on Joint Alignment: A Systematic Review and Meta-Analysis. <i>Physical Therapy</i> , <b>2021</b> , 101,   | 3.3 | 1         |
| 33 | 3D DXA Hip Differences in Patients with Acromegaly or Adult Growth Hormone Deficiency. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,  | 5.1 | 1         |
| 32 | Validity of Slaughter Equations and Bioelectrical Impedance Against Dual-Energy X-Ray Absorptiometry in Children. <i>Obesity</i> , <b>2020</b> , 28, 803-812  | 8   | 3         |
| 31 | Lean mass index is positively associated with white matter volumes in several brain regions in children with overweight/obesity. <i>Pediatric Obesity</i> , <b>2020</b> , 15, e12604  | 4.6 | 4         |
| 30 | Differences in areal bone mineral density between metabolically healthy and unhealthy overweight/obese children: the role of physical activity and cardiorespiratory fitness. <i>Pediatric Research</i> , <b>2020</b> , 87, 1219-1225 | 3.2 | 2         |
| 29 | The effect of an online exercise programme on bone health in paediatric cancer survivors (iBoneFIT): study protocol of a multi-centre randomized controlled trial. <i>BMC Public Health</i> , <b>2020</b> , 20, 1520                  | 4.1 | 3         |
| 28 | Muscular and Physical Response to an Agility and Repeated Sprint Tests According to the Level of Competition in Futsal Players. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 583327   | 3.4 | 1         |
| 27 | Effect of Natural Turf, Artificial Turf, and Sand Surfaces on Sprint Performance. A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,                 | 4.6 | 3         |
| 26 | Analysis of Bone Impairment by 3D DXA Hip Measures in Patients With Primary Hyperparathyroidism: A Pilot Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2020</b> , 105,  | 5.6 | 6         |
| 25 | Inflammatory markers and bone mass in children with overweight/obesity: the role of muscular fitness. <i>Pediatric Research</i> , <b>2020</b> , 87, 42-47   | 3.2 | 3         |
| 24 | Bone Health in Children and Youth with Cystic Fibrosis: A Systematic Review and Meta-Analysis of Matched Cohort Studies. <i>Journal of Pediatrics</i> , <b>2019</b> , 215, 178-186.e16  | 3.6 | 4         |
| 23 | Effects of Zumba and Aquagym on Bone Mass in Inactive Middle-Aged Women. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,  | 3.1 | 4         |
| 22 | Effect of maturational timing on bone health in male adolescent athletes engaged in different sports: The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , <b>2019</b> , 22, 253-258                                 | 4.4 | 11        |
| 21 | Effect of different types of exercise on health-related quality of life during and after cancer treatment: a protocol for a systematic review and network meta-analysis. <i>BMJ Open</i> , <b>2019</b> , 9, e031374                   | 3   | 3         |

|    |   |     |    |
|----|---|-----|----|
| 20 | Muscular Fitness Mediates the Association between 25-Hydroxyvitamin D and Areal Bone Mineral Density in Children with Overweight/Obesity. <i>Nutrients</i> , <b>2019</b> , 11,  | 6.7 | 3  |
| 19 | Agreement Between Standard Body Composition Methods to Estimate Percentage of Body Fat in Young Male Athletes. <i>Pediatric Exercise Science</i> , <b>2018</b> , 30, 402-410  | 2   | 17 |
| 18 | The effect of 12-month participation in osteogenic and non-osteogenic sports on bone development in adolescent male athletes. The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , <b>2018</b> , 21, 404-409 | 4.4 | 24 |
| 17 | A 9-Month Jumping Intervention to Improve Bone Geometry in Adolescent Male Athletes. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 2544-2554   | 1.2 | 13 |
| 16 | The effect of a high-impact jumping intervention on bone mass, bone stiffness and fitness parameters in adolescent athletes. <i>Archives of Osteoporosis</i> , <b>2018</b> , 13, 128  | 2.9 | 22 |
| 15 | Effect of a Repeated Sprint Ability test on the muscle contractile properties in elite futsal players. <i>Scientific Reports</i> , <b>2018</b> , 8, 17284   | 4.9 | 16 |
| 14 | Physiological responses, fatigue and perception of female soccer players in small-sided games with different pitch size and sport surfaces. <i>Biology of Sport</i> , <b>2018</b> , 35, 291-299                               | 4.3 | 2  |
| 13 | Longitudinal determinants of 12-month changes on bone health in adolescent male athletes. <i>Archives of Osteoporosis</i> , <b>2018</b> , 13, 106   | 2.9 | 7  |
| 12 | Agreement Between Dual-Energy X-Ray Absorptiometry and Quantitative Ultrasound to Evaluate Bone Health in Adolescents: The PRO-BONE Study. <i>Pediatric Exercise Science</i> , <b>2018</b> , 30, 466-473                      | 2   | 12 |
| 11 | Influence of different sports on fat mass and lean mass in growing girls. <i>Journal of Sport and Health Science</i> , <b>2017</b> , 6, 213-218   | 8.2 | 6  |
| 10 | Determinants of Bone Outcomes in Adolescent Athletes at Baseline: The PRO-BONE Study. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 1389-1396  | 1.2 | 23 |
| 9  | Longitudinal Adaptations of Bone Mass, Geometry, and Metabolism in Adolescent Male Athletes: The PRO-BONE Study. <i>Journal of Bone and Mineral Research</i> , <b>2017</b> , 32, 2269-2277                                    | 6.3 | 24 |
| 8  | Lean mass explains the association between muscular fitness and bone outcomes in 13-year-old boys. <i>Acta Paediatrica, International Journal of Paediatrics</i> , <b>2017</b> , 106, 1658-1665                               | 3.1 | 11 |
| 7  | Validity and reliability of two standard test devices in assessing mechanical properties of different sport surfaces. <i>Polymer Testing</i> , <b>2017</b> , 62, 61-67  | 4.5 | 14 |
| 6  | Soft tissues, areal bone mineral density and hip geometry estimates in active young boys: the PRO-BONE study. <i>European Journal of Applied Physiology</i> , <b>2017</b> , 117, 833-842                                      | 3.4 | 10 |
| 5  | Association of different types of playing surfaces with bone mass in growing girls. <i>Journal of Sports Sciences</i> , <b>2017</b> , 35, 1484-1492   | 3.6 | 12 |
| 4  | Impact of Futsal and Swimming Participation on Bone Health in Young Athletes. <i>Journal of Human Kinetics</i> , <b>2017</b> , 60, 85-91  | 2.6 | 0  |
| 3  | Circulating Sclerostin Responses To Acute Weight And Non Weight Bearing Sport Activity In Pre Adolescent Males. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 614                                    | 1.2 |    |

- 2 Bone mass in girls according to their BMI, VO2 max, hours and years of practice. *European Journal of Sport Science*, **2016**, 16, 1176-86 3.9 7
- 1 Influence of different sports on bone mass in growing girls. *Journal of Sports Sciences*, **2015**, 33, 1710-8 3.6 32