

Esther Ubago-Guisado

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

37
papers

323
citations

11
h-index

16
g-index

47
ext. papers

459
ext. citations

3.5
avg, IF

3.46
L-index

#	Paper	IF	Citations
37	Influence of different sports on bone mass in growing girls. <i>Journal of Sports Sciences</i> , 2015 , 33, 1710-8	3.6	32
36	The effect of 12-month participation in osteogenic and non-osteogenic sports on bone development in adolescent male athletes. The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 404-409	4.4	24
35	Longitudinal Adaptations of Bone Mass, Geometry, and Metabolism in Adolescent Male Athletes: The PRO-BONE Study. <i>Journal of Bone and Mineral Research</i> , 2017 , 32, 2269-2277	6.3	24
34	Determinants of Bone Outcomes in Adolescent Athletes at Baseline: The PRO-BONE Study. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 1389-1396	1.2	23
33	The effect of a high-impact jumping intervention on bone mass, bone stiffness and fitness parameters in adolescent athletes. <i>Archives of Osteoporosis</i> , 2018 , 13, 128	2.9	22
32	Agreement Between Standard Body Composition Methods to Estimate Percentage of Body Fat in Young Male Athletes. <i>Pediatric Exercise Science</i> , 2018 , 30, 402-410	2	17
31	Effect of a Repeated Sprint Ability test on the muscle contractile properties in elite futsal players. <i>Scientific Reports</i> , 2018 , 8, 17284	4.9	16
30	Validity and reliability of two standard test devices in assessing mechanical properties of different sport surfaces. <i>Polymer Testing</i> , 2017 , 62, 61-67	4.5	14
29	A 9-Month Jumping Intervention to Improve Bone Geometry in Adolescent Male Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 2544-2554	1.2	13
28	Association of different types of playing surfaces with bone mass in growing girls. <i>Journal of Sports Sciences</i> , 2017 , 35, 1484-1492	3.6	12
27	Agreement Between Dual-Energy X-Ray Absorptiometry and Quantitative Ultrasound to Evaluate Bone Health in Adolescents: The PRO-BONE Study. <i>Pediatric Exercise Science</i> , 2018 , 30, 466-473	2	12
26	Effect of maturational timing on bone health in male adolescent athletes engaged in different sports: The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 253-258	4.4	11
25	Lean mass explains the association between muscular fitness and bone outcomes in 13-year-old boys. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2017 , 106, 1658-1665	3.1	11
24	Evidence Update on the Relationship between Diet and the Most Common Cancers from the European Prospective Investigation into Cancer and Nutrition (EPIC) Study: A Systematic Review. <i>Nutrients</i> , 2021 , 13,	6.7	11
23	Soft tissues, areal bone mineral density and hip geometry estimates in active young boys: the PRO-BONE study. <i>European Journal of Applied Physiology</i> , 2017 , 117, 833-842	3.4	10
22	Bone mass in girls according to their BMI, VO2 max, hours and years of practice. <i>European Journal of Sport Science</i> , 2016 , 16, 1176-86	3.9	7
21	Longitudinal determinants of 12-month changes on bone health in adolescent male athletes. <i>Archives of Osteoporosis</i> , 2018 , 13, 106	2.9	7

20	Influence of different sports on fat mass and lean mass in growing girls. <i>Journal of Sport and Health Science</i> , 2017 , 6, 213-218	8.2	6
19	Analysis of Bone Impairment by 3D DXA Hip Measures in Patients With Primary Hyperparathyroidism: A Pilot Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020 , 105,	5.6	6
18	Hybrid neuromuscular training promotes musculoskeletal adaptations in inactive overweight and obese women: A training-detraining randomized controlled trial. <i>Journal of Sports Sciences</i> , 2021 , 39, 503-512	3.6	6
17	Bone Health in Children and Youth with Cystic Fibrosis: A Systematic Review and Meta-Analysis of Matched Cohort Studies. <i>Journal of Pediatrics</i> , 2019 , 215, 178-186.e16	3.6	4
16	Effects of Zumba and Aquagym on Bone Mass in Inactive Middle-Aged Women. <i>Medicina (Lithuania)</i> , 2019 , 55,	3.1	4
15	Lean mass index is positively associated with white matter volumes in several brain regions in children with overweight/obesity. <i>Pediatric Obesity</i> , 2020 , 15, e12604	4.6	4
14	Validity of Slaughter Equations and Bioelectrical Impedance Against Dual-Energy X-Ray Absorptiometry in Children. <i>Obesity</i> , 2020 , 28, 803-812	8	3
13	The effect of an online exercise programme on bone health in paediatric cancer survivors (iBoneFIT): study protocol of a multi-centre randomized controlled trial. <i>BMC Public Health</i> , 2020 , 20, 1520	4.1	3
12	Effect of Natural Turf, Artificial Turf, and Sand Surfaces on Sprint Performance. A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	3
11	Effect of different types of exercise on health-related quality of life during and after cancer treatment: a protocol for a systematic review and network meta-analysis. <i>BMJ Open</i> , 2019 , 9, e031374	3	3
10	Muscular Fitness Mediates the Association between 25-Hydroxyvitamin D and Areal Bone Mineral Density in Children with Overweight/Obesity. <i>Nutrients</i> , 2019 , 11,	6.7	3
9	Inflammatory markers and bone mass in children with overweight/obesity: the role of muscular fitness. <i>Pediatric Research</i> , 2020 , 87, 42-47	3.2	3
8	The Role of Diet, Alcohol, BMI, and Physical Activity in Cancer Mortality: Summary Findings of the EPIC Study.. <i>Nutrients</i> , 2021 , 13,	6.7	2
7	Differences in areal bone mineral density between metabolically healthy and unhealthy overweight/obese children: the role of physical activity and cardiorespiratory fitness. <i>Pediatric Research</i> , 2020 , 87, 1219-1225	3.2	2
6	Physiological responses, fatigue and perception of female soccer players in small-sided games with different pitch size and sport surfaces. <i>Biology of Sport</i> , 2018 , 35, 291-299	4.3	2
5	Muscular and Physical Response to an Agility and Repeated Sprint Tests According to the Level of Competition in Futsal Players. <i>Frontiers in Psychology</i> , 2020 , 11, 583327	3.4	1
4	The Impact of Childhood Obesity on Joint Alignment: A Systematic Review and Meta-Analysis. <i>Physical Therapy</i> , 2021 , 101,	3.3	1
3	3D DXA Hip Differences in Patients with Acromegaly or Adult Growth Hormone Deficiency. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	1

- 2 Impact of Futsal and Swimming Participation on Bone Health in Young Athletes. *Journal of Human Kinetics*, **2017**, 60, 85-91 2.6 0
- 1 Circulating Sclerostin Responses To Acute Weight And Non Weight Bearing Sport Activity In Pre Adolescent Males. *Medicine and Science in Sports and Exercise*, **2017**, 49, 614 1.2