

Patrick J O'connor

List of Publications by Year in descending order

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Version: 2024-02-01

50
papers

1,937
citations

331670

21
h-index

254184

43
g-index

51
all docs

51
docs citations

51
times ranked

2274
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Psychological Aspects of Stair Use: A Systematic Review. <i>American Journal of Lifestyle Medicine</i> , 2022, 16, 109-121. | 1.9 | 3 |
| 2 | Marathon run performance on daylight savings time transition days: results from a natural experiment. <i>Chronobiology International</i> , 2022, 39, 151-157. | 2.0 | 3 |
| 3 | Effects of a 6 Week Yoga Intervention on Executive Functioning in Women Screening Positive for Adult ADHD: A Pilot Study. <i>Frontiers in Sports and Active Living</i> , 2022, 4, 746409. | 1.8 | 4 |
| 4 | Virtual reality-based distraction on pain, performance, and anxiety during and after moderate-vigorous intensity cycling. <i>Physiology and Behavior</i> , 2022, 250, 113779. | 2.1 | 3 |
| 5 | Mental energy: plausible neurological mechanisms and emerging research on the effects of natural dietary compounds. <i>Nutritional Neuroscience</i> , 2021, 24, 850-864. | 3.1 | 5 |
| 6 | Pain During a Marathon Run: Prevalence and Correlates in a Cross-Sectional Study of 1,251 Recreational Runners in 251 Marathons. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 630584. | 1.8 | 5 |
| 7 | Associations Between Occupational and Leisure-Time Physical Activity With Employee Stress, Burnout and Well-Being Among Healthcare Industry Workers. <i>American Journal of Health Promotion</i> , 2021, 35, 957-965. | 1.7 | 13 |
| 8 | Novel use of radio frequency identification (RFID) provides a valid measure of indoor stair-based physical activity. <i>Applied Ergonomics</i> , 2021, 95, 103431. | 3.1 | 4 |
| 9 | Relationships between components of the 24-hour activity cycle and feelings of energy and fatigue in college students: A systematic review. <i>Mental Health and Physical Activity</i> , 2021, 21, 100409. | 1.8 | 6 |
| 10 | An Apple Extract Beverage Combined with Caffeine Can Improve Alertness, Mental Fatigue, and Information Processing Speed. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2021, 5, 267-279. | 1.6 | 1 |
| 11 | Reconceptualizing the measurement of expectations to better understand placebo and nocebo effects in psychological responses to exercise. <i>European Journal of Sport Science</i> , 2020, 20, 338-346. | 2.7 | 8 |
| 12 | Relationships between Post-Concussion Sleep and Symptom Recovery: A Preliminary Study. <i>Journal of Neurotrauma</i> , 2020, 37, 1029-1036. | 3.4 | 15 |
| 13 | Predictors of feelings of energy differ from predictors of fatigue. <i>Fatigue: Biomedicine, Health and Behavior</i> , 2019, 7, 12-28. | 1.9 | 25 |
| 14 | Physical activity is indirectly associated with pain in college women through associations with somatization and panic disorder symptoms: a cross-sectional study. <i>Annals of Epidemiology</i> , 2019, 33, 37-43. | 1.9 | 8 |
| 15 | Acute Low and Moderate Doses of a Caffeine-Free Polyphenol-Rich Coffeeberry Extract Improve Feelings of Alertness and Fatigue Resulting from the Performance of Fatiguing Cognitive Tasks. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2019, 3, 193-206. | 1.6 | 12 |
| 16 | Differences in sleep between concussed and nonconcussed college students: a matched case-control study. <i>Sleep</i> , 2019, 42, . | 1.1 | 21 |
| 17 | Perceived fatigue and energy are independent unipolar states: Supporting evidence. <i>Medical Hypotheses</i> , 2018, 113, 46-51. | 1.5 | 57 |
| 18 | Sleep quality moderates the association between physical activity frequency and feelings of energy and fatigue in adolescents. <i>European Child and Adolescent Psychiatry</i> , 2018, 27, 1425-1432. | 4.7 | 26 |

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|----|--|-----|-----------|
| 19 | Flexible Eating Behavior Predicts Greater Weight Loss Following a Diet and Exercise Intervention in Older Women. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2018, 37, 14-29. | 1.0 | 2 |
| 20 | Adenosine A2A receptor gene polymorphisms (ADORA2A) are associated with maximal concentric contraction pain. <i>Meta Gene</i> , 2018, 18, 53-57. | 0.6 | 0 |
| 21 | Acute effects of brewed cocoa consumption on attention, motivation to perform cognitive work and feelings of anxiety, energy and fatigue: a randomized, placebo-controlled crossover experiment. <i>BMC Nutrition</i> , 2017, 3, . | 1.6 | 33 |
| 22 | Stair walking is more energizing than low dose caffeine in sleep deprived young women. <i>Physiology and Behavior</i> , 2017, 174, 128-135. | 2.1 | 5 |
| 23 | Mitochondrial capacity, muscle endurance, and low energy in friedreich ataxia. <i>Muscle and Nerve</i> , 2017, 56, 773-779. | 2.2 | 25 |
| 24 | Effect of Acute Exercise on Fatigue in People with ME/CFS/SEID. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 2003-2012. | 0.4 | 20 |
| 25 | Muscle strengthening exercises during pregnancy are associated with increased energy and reduced fatigue. <i>Journal of Psychosomatic Obstetrics and Gynaecology</i> , 2016, 37, 68-72. | 2.1 | 23 |
| 26 | The effect of histamine on changes in mental energy and fatigue after a single bout of exercise. <i>Physiology and Behavior</i> , 2016, 153, 7-18. | 2.1 | 30 |
| 27 | Influence of exercise training with resveratrol supplementation on skeletal muscle mitochondrial capacity. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 26-32. | 1.9 | 44 |
| 28 | Age Moderates the Association of Aerobic Exercise with Initial Learning of an Online Task Requiring Cognitive Control. <i>Journal of the International Neuropsychological Society</i> , 2015, 21, 802-815. | 1.8 | 8 |
| 29 | Effects of exercise on sleep among young women with Generalized Anxiety Disorder. <i>Mental Health and Physical Activity</i> , 2015, 9, 59-66. | 1.8 | 34 |
| 30 | Quantifying the Placebo Effect in Psychological Outcomes of Exercise Training: A Meta-Analysis of Randomized Trials. <i>Sports Medicine</i> , 2015, 45, 693-711. | 6.5 | 77 |
| 31 | Caffeine Is Ergogenic for Adenosine A _{2A} Receptor Gene (<i>ADORA2A</i>) T Allele Homozygotes: A Pilot Study. <i>Journal of Caffeine Research</i> , 2015, 5, 73-81. | 0.9 | 47 |
| 32 | Acute effects of brewed cocoa consumption on sustained attention, motivation to perform work and feelings of anxiety, energy and fatigue (647.1). <i>FASEB Journal</i> , 2014, 28, 647.1. | 0.5 | 2 |
| 33 | Delayed Hypoalgesia to a Heat Stimulus is Induced by Eccentric Exercise and is Greater for Red- than Dark-Haired Women. <i>Journal of Musculoskeletal Pain</i> , 2013, 21, 250-262. | 0.3 | 0 |
| 34 | Short-Term Effects of Black Pepper (<i>Piper nigrum</i>) and Rosemary (<i>Rosmarinus officinalis</i>) Tj ETQq0 0 0 rgBT /Overlock 10 T Young Adults with Low Energy. <i>Journal of Medicinal Food</i> , 2013, 16, 765-771. | 1.5 | 25 |
| 35 | The effect of a single bout of exercise on energy and fatigue states: a systematic review and meta-analysis. <i>Fatigue: Biomedicine, Health and Behavior</i> , 2013, 1, 223-242. | 1.9 | 66 |
| 36 | Physical activity and protein intake are associated with feelings of energy and fatigue in overweight black and white women. <i>FASEB Journal</i> , 2012, 26, 257.5. | 0.5 | 0 |

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|----|--|-----|-----------|
| 37 | The Effect of Exercise Training on Anxiety Symptoms Among Patients. Archives of Internal Medicine, 2010, 170, 321. | 3.8 | 339 |
| 38 | Sensitivity to Change in Cognitive Performance and Mood Measures of Energy and Fatigue in Response to Differing Doses of Caffeine or Breakfast. International Journal of Neuroscience, 2009, 119, 975-994. | 1.6 | 56 |
| 39 | Sensitivity to Change in Cognitive Performance and Mood Measures of Energy and Fatigue in Response to Morning Caffeine Alone or in Combination With Carbohydrate. International Journal of Neuroscience, 2009, 119, 1239-1258. | 1.6 | 41 |
| 40 | High day-to-day reliability in lower leg volume measured by water displacement. European Journal of Applied Physiology, 2008, 103, 393-398. | 2.5 | 24 |
| 41 | Monitoring and Titrating Symptoms. Sports Medicine, 2007, 37, 408-411. | 6.5 | 14 |
| 42 | A Review of Physical Activity Patterns in Pregnant Women and Their Relationship to Psychological Health. Sports Medicine, 2006, 36, 19-38. | 6.5 | 211 |
| 43 | Effects of chronic exercise on feelings of energy and fatigue: A quantitative synthesis.. Psychological Bulletin, 2006, 132, 866-876. | 6.1 | 177 |
| 44 | Mental Energy: Developing a Model for Examining Nutrition-related Claims. Nutrition Reviews, 2006, 64, S2-S6. | 5.8 | 18 |
| 45 | Mental Energy: Assessing the Mood Dimension. Nutrition Reviews, 2006, 64, S7-S9. | 5.8 | 45 |
| 46 | Mental Energy: Developing a Model for Examining Nutrition-related Claims. Nutrition Reviews, 2006, 64, 2-6. | 5.8 | 14 |
| 47 | Chronic Physical Activity and Feelings of Energy and Fatigue. Medicine and Science in Sports and Exercise, 2005, 37, 299-305. | 0.4 | 93 |
| 48 | Evaluation of four highly cited energy and fatigue mood measures. Journal of Psychosomatic Research, 2004, 57, 435-441. | 2.6 | 106 |
| 49 | Mood state and salivary cortisol levels following overtraining in female swimmers. Psychoneuroendocrinology, 1989, 14, 303-310. | 2.7 | 137 |
| 50 | Associations among sleep quality, sedentary behavior, physical activity, and feelings of energy and fatigue differ for male and female college students. Fatigue: Biomedicine, Health and Behavior, 0, , 1-14. | 1.9 | 2 |