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List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6809016/publications.pdf>

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7
papers

86
citations

1937685
4
h-index

1720034
7
g-index

7
all docs

7
docs citations

7
times ranked

153
citing authors

#	ARTICLE	IF	CITATIONS
1	Protein timing has no effect on lean mass, strength and functional capacity gains induced by resistance exercise in postmenopausal women: A randomized clinical trial. <i>Clinical Nutrition</i> , 2020, 39, 57-66.	5.0	10
2	A High-Protein Meal during a Night Shift Does Not Improve Postprandial Metabolic Response the Following Breakfast: A Randomized Crossover Study with Night Workers. <i>Nutrients</i> , 2020, 12, 2071.	4.1	2
3	Effect of consuming a late-night high-protein/moderate-carbohydrate vs. low-protein/high-carbohydrate meal by night workers on their food perceptions later during the day: a randomized crossover study. <i>Chronobiology International</i> , 2020, 37, 1392-1399.	2.0	3
4	Body Mass Index, waist circumference or sagittal abdominal diameter: Which parameter is better correlated with body fat changes in postmenopausal women after combined training protocol?. <i>Clinical Nutrition ESPEN</i> , 2020, 38, 192-195.	1.2	1
5	The erythrocyte membrane stability is associated with sleep time and social jetlag in shift workers. <i>PLoS ONE</i> , 2019, 14, e0222698.	2.5	4
6	Moderate Increase in Protein Intake Promotes a Small Additional Improvement in Functional Capacity, But Not in Muscle Strength and Lean Mass Quality, in Postmenopausal Women Following Resistance Exercise: A Randomized Clinical Trial. <i>Nutrients</i> , 2019, 11, 1323.	4.1	9
7	Night workers have lower levels of antioxidant defenses and higher levels of oxidative stress damage when compared to day workers. <i>Scientific Reports</i> , 2019, 9, 4455.	3.3	57