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List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/6809016/publications.pdf

Version: 2024-02-01

7 papers 86 citations 1937685 4 h-index 7 g-index

7 all docs

7 docs citations

times ranked

7

153 citing authors

#	Article	IF	CITATIONS
1	Night workers have lower levels of antioxidant defenses and higher levels of oxidative stress damage when compared to day workers. Scientific Reports, 2019, 9, 4455.	3.3	57
2	Protein timing has no effect on lean mass, strength and functional capacity gains induced by resistance exercise in postmenopausal women: A randomized clinical trial. Clinical Nutrition, 2020, 39, 57-66.	5.0	10
3	Moderate Increase in Protein Intake Promotes a Small Additional Improvement in Functional Capacity, But Not in Muscle Strength and Lean Mass Quality, in Postmenopausal Women Following Resistance Exercise: A Randomized Clinical Trial. Nutrients, 2019, 11, 1323.	4.1	9
4	The erythrocyte membrane stability is associated with sleep time and social jetlag in shift workers. PLoS ONE, 2019, 14, e0222698.	2.5	4
5	Effect of consuming a late-night high-protein/moderate-carbohydrate vs. low-protein/high-carbohydrate meal by night workers on their food perceptions later during the day: a randomized crossover study. Chronobiology International, 2020, 37, 1392-1399.	2.0	3
6	A High-Protein Meal during a Night Shift Does Not Improve Postprandial Metabolic Response the Following Breakfast: A Randomized Crossover Study with Night Workers. Nutrients, 2020, 12, 2071.	4.1	2
7	Body Mass Index, waist circumference or sagittal abdominal diameter: Which parameter is better correlated with body fat changes in postmenopausal women after combined training protocol?. Clinical Nutrition ESPEN, 2020, 38, 192-195.	1.2	1