List of Publications by Year in descending order

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		94269	114278
131	4,937	37	63
papers	citations	h-index	g-index
133	133	133	6682
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Defining Pilates exercise: A systematic review. Complementary Therapies in Medicine, 2012, 20, 253-262.	1.3	258
2	Physical Activity in Preschoolers. Sports Medicine, 2007, 37, 1045-1070.	3.1	246
3	Is Neighborhood Green Space Associated With a Lower Risk of Type 2 Diabetes? Evidence From 267,072 Australians. Diabetes Care, 2014, 37, 197-201.	4.3	168
4	Mental health benefits of neighbourhood green space are stronger among physically active adults in middle-to-older age: Evidence from 260,061 Australians. Preventive Medicine, 2013, 57, 601-606.	1.6	163
5	Effect of Telephone Counseling on Physical Activity for Low-Active Older People in Primary Care: A Randomized, Controlled Trial. Journal of the American Geriatrics Society, 2007, 55, 986-992.	1.3	142
6	Physical Activity in Culturally and Linguistically Diverse Migrant Groups to Western Society. Sports Medicine, 2009, 39, 167-177.	3.1	132
7	Effectiveness of a Web- and Mobile Phone-Based Intervention to Promote Physical Activity and Healthy Eating in Middle-Aged Males: Randomized Controlled Trial of the ManUp Study. Journal of Medical Internet Research, 2014, 16, e136.	2.1	131
8	Does access to neighbourhood green space promote a healthy duration of sleep? Novel findings from a cross-sectional study of 259â€319 Australians. BMJ Open, 2013, 3, e003094.	0.8	124
9	Green space is associated with walking and moderate-to-vigorous physical activity (MVPA) in middle-to-older-aged adults: findings from 203â€883 Australians in the 45 and Up Study. British Journal of Sports Medicine, 2014, 48, 404-406.	3.1	120
10	Why Older Australians Participate in Exercise and Sport. Journal of Aging and Physical Activity, 2004, 12, 185-198.	0.5	110
11	Do Natural Experiments of Changes in Neighborhood Built Environment Impact Physical Activity and Diet? A Systematic Review. International Journal of Environmental Research and Public Health, 2018, 15, 217.	1.2	110
12	Telephone Coaching to Enhance a Homeâ€Based Physical Activity Program for Knee Osteoarthritis: A Randomized Clinical Trial. Arthritis Care and Research, 2017, 69, 84-94.	1.5	98
13	Home-Based Activity Program for Older People With Depressive Symptoms: DeLLITE-A Randomized Controlled Trial. Annals of Family Medicine, 2010, 8, 214-223.	0.9	91
14	The Effectiveness of Pilates Exercise in People with Chronic Low Back Pain: A Systematic Review. PLoS ONE, 2014, 9, e100402.	1.1	88
15	A Review of the Effectiveness of Physical Activity Interventions for Adult Males. Sports Medicine, 2012, 42, 281-300.	3.1	80
16	Physical Activity in Pregnancy: Women's Perceptions, Practices, and Influencing Factors. Journal of Midwifery and Women's Health, 2010, 55, 455-461.	0.7	77
17	Physical activity behaviours of Culturally and Linguistically Diverse (CALD) women living in Australia: A qualitative study of socio-cultural influences. BMC Public Health, 2011, 11, 26.	1.2	74
18	Girls' Physical Activity Levels during Organized Sports in Australia. Medicine and Science in Sports and Exercise, 2013, 45, 116-122.	0.2	74

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19	What a Man Wants. American Journal of Men's Health, 2012, 6, 453-461.	0.7	71
20	General practitioners' views and experiences of counselling for physical activity through the New Zealand Green Prescription program. BMC Family Practice, 2011, 12, 119.	2.9	70
21	Physical Activity and Physical Function in Older Adults: The 45 and <scp>U</scp> p <scp>S</scp> tudy. Journal of the American Geriatrics Society, 2012, 60, 719-725.	1.3	67
22	Chronic disease and sitting time in middle-aged Australian males: findings from the 45 and Up Study. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 20.	2.0	67
23	Healthy Steps Trial: Pedometer-Based Advice and Physical Activity for Low-Active Older Adults. Annals of Family Medicine, 2012, 10, 206-212.	0.9	66
24	The Sport Injury Rehabilitation Adherence Scale: a reliable scale for use in clinical physiotherapy. Physiotherapy, 2007, 93, 17-22.	0.2	64
25	An internet-supported school physical activity intervention in low socioeconomic status communities: results from the Activity and Motivation in Physical Education (AMPED) cluster randomised controlled trial. British Journal of Sports Medicine, 2019, 53, 341-347.	3.1	57
26	Communication Skills Training for Practitioners to Increase Patient Adherence to Home-Based Rehabilitation for Chronic Low Back Pain: Results of a Cluster Randomized Controlled Trial. Archives of Physical Medicine and Rehabilitation, 2017, 98, 1732-1743.e7.	0.5	56
27	Exploring the facilitators and barriers to engagement in physical activity for people with multiple sclerosis. Disability and Rehabilitation, 2011, 33, 1043-1053.	0.9	55
28	Effectiveness of Pilates exercise in treating people with chronic low back pain: a systematic review of systematic reviews. BMC Medical Research Methodology, 2013, 13, 7.	1.4	48
29	Active lifestyles related to excellent self-rated health and quality of life: cross sectional findings from 194,545 participants in The 45 and Up Study. BMC Public Health, 2013, 13, 1071.	1.2	48
30	The Definition and Application of Pilates Exercise to Treat People With Chronic Low Back Pain: A Delphi Survey of Australian Physical Therapists. Physical Therapy, 2014, 94, 792-805.	1.1	47
31	Examining Participant Engagement in an Information Technology-Based Physical Activity and Nutrition Intervention for Men: The Manup Randomized Controlled Trial. JMIR Research Protocols, 2014, 3, e2.	0.5	47
32	Neighbourhood green space and the odds of having skin cancer: multilevel evidence of survey data from 267072 Australians. Journal of Epidemiology and Community Health, 2014, 68, 370-374.	2.0	44
33	What Kinds of Website and Mobile Phone–Delivered Physical Activity and Nutrition Interventions Do Middle-Aged Men Want?. Journal of Health Communication, 2013, 18, 1070-1083.	1.2	42
34	Injury in Australian female competitive gymnasts: A psychological perspective. Australian Journal of Physiotherapy, 1996, 42, 121-126.	0.9	41
35	Perceived Barriers, Benefits, and Motives for Physical Activity: Two Primary-Care Physical Activity Prescription Programs. Journal of Aging and Physical Activity, 2013, 21, 85-99.	0.5	40
36	Does rising crime lead to increasing distress? Longitudinal analysis of a natural experiment with dynamic objective neighbourhood measures. Social Science and Medicine, 2015, 138, 68-73.	1.8	40

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37	Using Web 2.0 applications to promote health-related physical activity: findings from the WALK 2.0 randomised controlled trial. British Journal of Sports Medicine, 2017, 51, 1433-1440.	3.1	40
38	Scaling-up an efficacious school-based physical activity intervention: Study protocol for the †Internet-based Professional Learning to help teachers support Activity in Youth' (iPLAY) cluster randomized controlled trial and scale-up implementation evaluation. BMC Public Health, 2016, 16, 873.	1.2	39
39	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 6200.	1.2	39
40	Pedometer accuracy in physical activity assessment of preschool children. Journal of Science and Medicine in Sport, 2007, 10, 303-310.	0.6	38
41	Alcohol Industry and Non-Alcohol Industry Sponsorship of Sportspeople and Drinking. Alcohol and Alcoholism, 2011, 46, 210-213.	0.9	38
42	WALK 2.0 - Using Web 2.0 applications to promote health-related physical activity: A randomised controlled trial protocol. BMC Public Health, 2013, 13, 436.	1.2	35
43	Effectiveness of a Web 2.0 Intervention to Increase Physical Activity in Real-World Settings: Randomized Ecological Trial. Journal of Medical Internet Research, 2017, 19, e390.	2.1	35
44	Effectiveness of a website and mobile phone based physical activity and nutrition intervention for middle-aged males: Trial protocol and baseline findings of the ManUp Study. BMC Public Health, 2012, 12, 656.	1.2	34
45	Indications, Benefits, and Risks of Pilates Exercise for People With Chronic Low Back Pain: A Delphi Survey of Pilates-Trained Physical Therapists. Physical Therapy, 2014, 94, 806-817.	1.1	34
46	A review of the nature and effectiveness of nutrition interventions in adult males – a guide for intervention strategies. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 13.	2.0	33
47	Determinants of Full Breastfeeding at 6 Months and Any Breastfeeding at 12 and 24 Months among Women in Sydney: Findings from the HSHK Birth Cohort Study. International Journal of Environmental Research and Public Health, 2020, 17, 5384.	1.2	33
48	Alcohol consumption in sport: The influence of sporting idols, friends and normative drinking practices. Drug and Alcohol Review, 2010, 29, 676-683.	1.1	32
49	INJURY, ANXIETY, AND MOOD IN COMPETITIVE GYMNASTS. Perceptual and Motor Skills, 1994, 78, 955-962.	0.6	31
50	Physical Activity in Older Asian Indians Living in the United States. Activities, Adaptation and Aging, 2005, 29, 47-67.	1.7	31
51	The Physical Activity and Disability Survey (PADS): reliability, validity and acceptability in people with multiple sclerosis. Clinical Rehabilitation, 2007, 21, 628-639.	1.0	31
52	The Physical Activity and Disability Survey — Revised (PADS-R): an evaluation of a measure of physical activity in people with chronic neurological conditions. Clinical Rehabilitation, 2009, 23, 534-543.	1.0	31
53	A systematic review of health promotion intervention studies in the police force: study characteristics, intervention design and impacts on health. Occupational and Environmental Medicine, 2017, 74, 913-923.	1.3	31
54	More real-world trials are needed to establish if web-based physical activity interventions are effective. British Journal of Sports Medicine, 2019, 53, 1553-1554.	3.1	31

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55	Associations Between Physical Activity and Other Lifestyle Behaviors in Older New Zealanders. Journal of Physical Activity and Health, 2007, 4, 412-423.	1.0	30
56	Cost-effectiveness of pedometer-based versus time-based Green Prescriptions: the Healthy Steps Study. Australian Journal of Primary Health, 2012, 18, 204.	0.4	30
57	Epidemiology of injury in Australian female gymnasts. Research in Sports Medicine, 1995, 6, 223-231.	0.0	29
58	The effectiveness of a web 2.0 physical activity intervention in older adults – a randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 4.	2.0	29
59	Addition of telephone coaching to a physiotherapist-delivered physical activity program in people with knee osteoarthritis: A randomised controlled trial protocol. BMC Musculoskeletal Disorders, 2012, 13, 246.	0.8	28
60	Understanding geographical inequities in diabetes: Multilevel evidence from 114,755 adults in Sydney, Australia. Diabetes Research and Clinical Practice, 2014, 106, e68-e73.	1.1	28
61	Increasing girls' physical activity during a short-term organized youth sport basketball program: A randomized controlled trial. Journal of Science and Medicine in Sport, 2015, 18, 412-417.	0.6	28
62	Influence of neighbourhood ethnic density, diet and physical activity on ethnic differences in weight status: A study of 214,807 adults in Australia. Social Science and Medicine, 2013, 93, 70-77.	1.8	27
63	Body fatness, physical activity, and nutritional behaviours in Asian Indian immigrants to New Zealand. Asia Pacific Journal of Clinical Nutrition, 2007, 16, 663-70.	0.3	27
64	Injury, Anxiety, and Mood in Competitive Gymnasts. Perceptual and Motor Skills, 1994, 78, 955-962.	0.6	26
65	Construct Validity and Interrater Agreement of the Sport Injury Rehabilitation Adherence Scale. Journal of Sport Rehabilitation, 2002, 11, 170-178.	0.4	26
66	Alcohol-related aggression and antisocial behaviour in sportspeople/athletes. Journal of Science and Medicine in Sport, 2012, 15, 292-297.	0.6	26
67	The effects of a Feldenkrais®Awareness Through Movement program on state anxiety. Journal of Bodywork and Movement Therapies, 2000, 4, 216-220.	0.5	25
68	The effects of a Feldenkrais program and relaxation procedures on hamstring length. Australian Journal of Physiotherapy, 1998, 44, 49-54.	0.9	24
69	The Healthy Steps Study: A randomized controlled trial of a pedometer-based Green Prescription for older adults. Trial protocol. BMC Public Health, 2009, 9, 404.	1.2	24
70	Physical Activity and Sedentary Time. American Journal of Men's Health, 2014, 8, 148-158.	0.7	24
71	Exercise in older women: Motives for participation. Australian Psychologist, 1999, 34, 122-127.	0.9	23
72	The long-term effects of a primary care physical activity intervention on mental health in low-active, community-dwelling older adults. Aging and Mental Health, 2013, 17, 766-772.	1.5	23

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73	Validity and responsiveness to change of the Active Australia Survey according to gender, age, BMI, education, and physical activity level and awareness. BMC Public Health, 2019, 19, 407.	1.2	23
74	An Internet-supported Physical Activity Intervention Delivered in Secondary Schools Located in Low Socio-economic Status Communities: Study Protocol for the Activity and Motivation in Physical Education (AMPED) Cluster Randomized Controlled TrialÂ. BMC Public Health, 2015, 16, 17.	1.2	22
75	Examining Physical Activity Service Provision to Culturally and Linguistically Diverse (CALD) Communities in Australia: A Qualitative Evaluation. PLoS ONE, 2013, 8, e62777.	1.1	22
76	DeLLITE Depression in late life: an intervention trial of exercise. Design and recruitment of a randomised controlled trial. BMC Geriatrics, 2008, 8, 12.	1.1	20
77	Responsibility for children's physical activity: Parental, child, and teacher perspectives. Journal of Science and Medicine in Sport, 2010, 13, 46-52.	0.6	20
78	Identification of the impact of crime on physical activity depends upon neighbourhood scale: Multilevel evidence from 203,883 Australians. Health and Place, 2015, 31, 120-123.	1.5	20
79	An overview and process evaluation of TeleWalk: a telephone-based counseling intervention to encourage walking in older adults. Health Promotion International, 2006, 21, 201-208.	0.9	19
80	Do Coaches Perceive Themselves as Influential on Physical Activity for Girls in Organised Youth Sport?. PLoS ONE, 2014, 9, e105960.	1.1	19
81	Examining the multi-process theory: an investigation of the effects of two relaxation techniques on state anxiety. Journal of Bodywork and Movement Therapies, 2004, 8, 288-296.	0.5	18
82	Coping Processes in Competitive Gymnasts: Gender Differences. Perceptual and Motor Skills, 1995, 81, 1139-1145.	0.6	17
83	Physical Activity and Psychological Distress in Older Men: Findings From the New South Wales 45 and Up Study. Journal of Aging and Physical Activity, 2012, 20, 300-316.	0.5	17
84	Examining an Australian physical activity and nutrition intervention using RE-AIM. Health Promotion International, 2016, 31, 450-458.	0.9	17
85	Effect of a Scalable School-Based Intervention on Cardiorespiratory Fitness in Children. JAMA Pediatrics, 2021, 175, 680-688.	3.3	17
86	The effects of Feldenkrais awareness through movement on hamstring length, flexibility, and perceived exertion. Journal of Bodywork and Movement Therapies, 1999, 3, 238-247.	0.5	16
87	Do social interactions explain ethnic differences in psychological distress and the protective effect of local ethnic density? A cross-sectional study of 226â€487 adults in Australia. BMJ Open, 2013, 3, e002713.	0.8	16
88	Validity of the Stages of Change in Steps instrument (SoC-Step) for achieving the physical activity goal of 10,000 steps per day. BMC Public Health, 2015, 15, 1197.	1.2	16
89	Recruitment, screening, and baseline participant characteristics in the WALK 2.0 study: A randomized controlled trial using web 2.0 applications to promote physical activity. Contemporary Clinical Trials Communications, 2016, 2, 25-33.	0.5	16
90	Barriers to physical activity participation in older Tongan adults living in New Zealand. Australasian Journal on Ageing, 2006, 25, 119-125.	0.4	15

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91	Associations between physical activity and other lifestyle behaviors in older New Zealanders. Journal of Physical Activity and Health, 2007, 4, 411-22.	1.0	15
92	Increasing girls' physical activity during an organised youth sport basketball program: a randomised controlled trial protocol. BMC Public Health, 2014, 14, 383.	1.2	14
93	Large-scale investment in green space as an intervention for physical activity, mental and cardiometabolic health: study protocol for a quasi-experimental evaluation of a natural experiment. BMJ Open, 2016, 6, e009803.	0.8	14
94	Physical activity interventions among culturally and linguistically diverse populations: a systematic review. Ethnicity and Health, 2022, 27, 40-60.	1.5	13
95	WALK 2.0: Examining the effectiveness of Web 2.0 features to increase physical activity in a â€real world' setting: an ecological trial protocol. BMJ Open, 2014, 4, e006374.	0.8	12
96	Healthy mind, healthy body: A randomized trial testing the efficacy of a computer-tailored vs. interactive web-based intervention for increasing physical activity and reducing depressive symptoms. Mental Health and Physical Activity, 2016, 11, 29-37.	0.9	12
97	Feldenkrais® Awareness Through Movement and state anxiety. Journal of Bodywork and Movement Therapies, 2002, 6, 102-107.	0.5	11
98	Associations between quality of life and duration and frequency of physical activity and sedentary behaviour: Baseline findings from the WALK 2.0 randomised controlled trial. PLoS ONE, 2017, 12, e0180072.	1.1	11
99	Self-Esteem and Injury in Competitive Field Hockey Players. Perceptual and Motor Skills, 1998, 87, 353-354.	0.6	10
100	Cultural Factors in Exercise Participation of Older Adults. Perceptual and Motor Skills, 1998, 87, 890-890.	0.6	10
101	Physical activity screening to recruit inactive randomized controlled trial participants: how much is too much?. Trials, 2015, 16, 446.	0.7	10
102	The perceptions, barriers and enablers to physical activity and minimising sedentary behaviour among Arabâ€Australian adults aged 35â€64Âyears. Health Promotion Journal of Australia, 2021, 32, 312-321.	0.6	9
103	A systematic review of qualitative studies exploring the factors influencing the physical activity levels of Arab migrants. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 2.	2.0	9
104	Lifestyle behaviours of Lebanese-Australians: Cross-sectional findings from The 45 and Up Study. PLoS ONE, 2017, 12, e0181217.	1.1	9
105	Is an index of co-occurring unhealthy lifestyles suitable for understanding migrant health?. Preventive Medicine, 2014, 69, 172-175.	1.6	8
106	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. BMJ Open, 2018, 8, e026179.	0.8	8
107	Injury in the Australian sport of calisthenics: A prospective study. Australian Journal of Physiotherapy, 2003, 49, 123-130.	0.9	7
108	What is the impact of obtaining medical clearance to participate in a randomised controlled trial examining a physical activity intervention on the socio-demographic and risk factor profiles of included participants?. Trials, 2016, 17, 580.	0.7	6

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109	Older adults' evaluations of the standard and modified pedometer-based Green Prescription. Journal of Primary Health Care, 2020, 12, 41.	0.2	6
110	Systematic review of randomised control trial health promotion intervention studies in the fire services: study characteristics, intervention design and impacts on health. Occupational and Environmental Medicine, 2021, 78, 454-463.	1.3	6
111	A focus on children and adolescents in sport. Journal of Science and Medicine in Sport, 2011, 14, 1.	0.6	5
112	Mediators effecting moderate-to-vigorous physical activity and inactivity for girls from an intervention program delivered in an organised youth sports setting. Journal of Science and Medicine in Sport, 2015, 18, 678-683.	0.6	5
113	Is More Area-Level Crime Associated With More Sitting and Less Physical Activity? Longitudinal Evidence From 37,162 Australians. American Journal of Epidemiology, 2016, 184, 913-921.	1.6	5
114	Country of birth differences in lifestyleâ€related chronic disease among middleâ€aged and older adults of Lebanese ethnicity. Australian and New Zealand Journal of Public Health, 2019, 43, 429-435.	0.8	5
115	Behavioural mediators of reduced energy intake in a physical activity, diet, and sleep behaviour weight loss intervention in adults. Appetite, 2021, 165, 105273.	1.8	5
116	Unhealthy Lifestyle Behaviours and Psychological Distress: A Longitudinal Study of Australian Adults Aged 45 Years and Older. International Journal of Environmental Research and Public Health, 2022, 19, 4399.	1.2	5
117	PSYCHOLOGICAL FACTORS RELATED TO ACHIEVEMENT IN YOUNG ELITE FEMALE GYMNASTS. European Journal of High Ability, 1993, 4, 152-160.	0.2	4
118	Research on the ankle in sport. Journal of Science and Medicine in Sport, 2013, 16, 387.	0.6	4
119	Injury Toll Following the 1997 Maccabiah Games Bridge Collapse. Sports Medicine, 2000, 30, 63-71.	3.1	3
120	Does self-determined motivation interact with environmental contexts to influence moderate-to-vigorous physical activity during a girls' youth sport camp?. Journal of Sports Sciences, 2019, 37, 2720-2725.	1.0	3
121	Exercise Participation Motives of Pregnant Women. Australian Journal of Primary Health, 1999, 5, 41.	0.4	3
122	Authors' response. Australian Journal of Physiotherapy, 1998, 44, 143-144.	0.9	3
123	"lt's just not cricketâ€; or is it?. Journal of Science and Medicine in Sport, 2012, 15, 189.	0.6	2
124	Validity and reliability of measures assessing social-cognitive determinants of physical activity in low-active Australian adults. Measurement in Physical Education and Exercise Science, 2018, 22, 322-331.	1.3	2
125	Relationships Between Ability and Coping in Competitive Female Gymnasts. High Ability Studies, 1996, 7, 7-13.	1.0	1
126	Sports medicine and sports science contributions to football. Journal of Science and Medicine in Sport. 2014, 17, 249.	0.6	1

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127	Experiences of young Australian mothers with infant feeding. BMC Pregnancy and Childbirth, 2022, 22,	0.9	1
128	Getting the sense knocked out of you. Journal of Science and Medicine in Sport, 2014, 17, 451.	0.6	0
129	The vulnerability of the ankle joint. Journal of Science and Medicine in Sport, 2014, 17, 567.	0.6	Ο
130	The pinnacle of world cricket – Research that supports the game. Journal of Science and Medicine in Sport, 2015, 18, 1.	0.6	0
131	Feasibility and acceptability of a culturally tailored physical activity intervention for Arab-Australian women. BMC Women's Health, 2021, 21, 131.	0.8	Ο