Constana Pal

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

140
papers1,519
citations20
h-index31
g-index171
ext. papers1,977
ext. citations2.6
avg, IF5
L-index

#	Paper	IF	Citations
140	Health care utilization in very advanced ages: A study on predisposing, enabling and need factors. <i>Archives of Gerontology and Geriatrics</i> , 2022 , 98, 104561	4	1
139	Face-To-Face with the Pandemic: Experiences of Staff in Portuguese Residential Care Facilities Journal of Gerontological Social Work, 2022 , 1-13	2.2	0
138	Feasibility of an online training and support program for dementia carers: results from a mixed-methods pilot randomized controlled trial <i>BMC Geriatrics</i> , 2022 , 22, 173	4.1	O
137	Caring and Working during the COVID-19 Pandemic: Perspective of Portuguese Residential Care Facility Workers. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 5963	4.6	1
136	Staff Assessment Person-Directed Care Questionnaire: Adaptation and Validation for the Portuguese Population. <i>Gerontology and Geriatric Medicine</i> , 2022 , 8, 233372142211033	2.3	
135	Assessing attitudes towards online psychoeducational interventions: Psychometric properties of a Brief Attitudes Scale. <i>Health and Social Care in the Community</i> , 2021 , 29, e1-e10	2.6	3
134	The Modified Caregiver Strain Index: Portuguese version. <i>Journal of Health Psychology</i> , 2021 , 26, 1597-	16028	2
133	Predictors of Major Depressive Disorder in Older People. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
132	Factors Associated With Positive Self-Rated Health: Comparing Older Adults in Brazil and in Portugal. <i>Frontiers in Public Health</i> , 2021 , 9, 650294	6	1
131	Caring for patients with end-stage renal disease during COVID-19 lockdown: What (additional) challenges to family caregivers?. <i>Scandinavian Journal of Caring Sciences</i> , 2021 ,	2.3	4
130	Frailty Status and Polypharmacy Predict All-Cause Mortality in Community Dwelling Older Adults in Europe. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
129	Training and support for caregivers of people with dementia: The process of culturally adapting the World Health Organization iSupport programme to Portugal. <i>Dementia</i> , 2021 , 20, 672-697	3	8
128	Access and Retention of Informal Dementia Caregivers in Psychosocial Interventions: A Cross-Sectional Study. <i>Archives of Gerontology and Geriatrics</i> , 2021 , 93, 104289	4	4
127	Being on hemodialysis during the COVID-19 outbreak: A mixed-methods' study exploring the impacts on dialysis adequacy, analytical data, and patients' experiences. <i>Seminars in Dialysis</i> , 2021 , 34, 66-76	2.5	8
126	Trajectories of Informal Caregiving to the Oldest-old: A One-year Follow-up Study. <i>Western Journal of Nursing Research</i> , 2021 , 43, 416-424	2	O
125	Sexual Conservatism and Sexual Satisfaction in Older Women: A Cross-Sectional Mediation Analysis. <i>Clinical Gerontologist</i> , 2021 , 44, 249-258	2.7	1
124	Social Participation, Occupational Activities and Quality of Life in Older Europeans: A Focus on the Oldest Old. <i>International Handbooks of Quality-of-life</i> , 2021 , 537-547	0.5	

123	Interventions to improve the well-being of family caregivers of patients on hemodialysis and peritoneal dialysis: a systematic review. <i>PeerJ</i> , 2021 , 9, e11713	3.1	O
122	Validation of the Portuguese Version of the Risk Instrument for Screening in the Community (RISC) Among Older Patients in Primary Care in Northern Portugal. <i>Frontiers in Public Health</i> , 2021 , 9, 614935	6	1
121	"Should WE Stand Together?": A systematic review and meta-analysis of the effectiveness of family-based interventions for adults with chronic physical diseases. <i>Family Process</i> , 2021 , 60, 1098	3.9	1
120	User feedback and usability testing of an online training and support program for dementia carers. <i>Internet Interventions</i> , 2021 , 25, 100412	4.4	2
119	The Perceived Risk of Hospitalization in Primary Health Care - The Importance of Multidimensional Assessment <i>Gerontology and Geriatric Medicine</i> , 2021 , 7, 23337214211063030	2.3	
118	Feasibility and impact of Fit & Strong! Program in Portuguese older adults with osteoarthritis: A pilot randomized controlled trial. <i>Geriatric Nursing</i> , 2020 , 41, 804-811	2.1	1
117	Participation in a randomised controlled trial for older adults with osteoarthritis in Portugal: Analysis of the acceptance factors. <i>Health and Social Care in the Community</i> , 2020 , 28, 2374-2381	2.6	1
116	Unmet needs of informal carers of the oldest old in Portugal. <i>Health and Social Care in the Community</i> , 2020 , 28, 2408-2417	2.6	5
115	Exceptional Siblings: The Andrade Brothers. <i>Journal of the American Geriatrics Society</i> , 2020 , 68, 1112-1	1 ‡.	3
114	Assessment of Major Neurocognitive Disorders in Primary Health Care: Predictors of Individual Risk Factors. <i>Frontiers in Psychology</i> , 2020 , 11, 1413	3.4	1
113	Screening for Caregiver Burden in the Community: Validation of the European Portuguese Screening Version of the Zarit Burden Interview (ZBI-4). <i>Clinical Gerontologist</i> , 2020 , 1-13	2.7	2
112	Examining Frailty Phenotype Dimensions in the Oldest Old. Frontiers in Psychology, 2020, 11, 434	3.4	10
111	Internet Use Among Informal Caregivers of People with Dementia: Results of an Online Survey. <i>Communications in Computer and Information Science</i> , 2020 , 44-55	0.3	2
110	Screening Neurocognitive Disorders in Primary Care Services: The Quick Mild Cognitive Impairment Approach. <i>Innovation in Aging</i> , 2020 , 4, 158-158	0.1	Ο
109	Online training and support program (iSupport) for informal dementia caregivers: protocol for an intervention study in Portugal. <i>BMC Geriatrics</i> , 2020 , 20, 10	4.1	11
108	Positive aspects of care in informal caregivers of community-dwelling dementia patients. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2020 , 27, 330-341	2.4	6
107	Perceived risk of institutionalization, hospitalization, and death in oldest old primary care patients. <i>Archives of Gerontology and Geriatrics</i> , 2020 , 87, 103974	4	2
106	Further survival at age 100: Findings from the Oporto Centenarian study. <i>Experimental Gerontology</i> , 2020 , 133, 110854	4.5	

105	Dementia caregivers training needs and preferences for online interventions: A mixed-methods study. <i>Journal of Clinical Nursing</i> , 2020 ,	3.2	4
104	Centenarians. SpringerBriefs in Aging, 2020,	0.3	2
103	Self-medication in older European adults: Prevalence and predictive factors. <i>Archives of Gerontology and Geriatrics</i> , 2020 , 91, 104189	4	8
102	Emotions and Successful Aging 2019 , 372-383		
101	Prevalence of frailty status among the European elderly population: Findings from the Survey of Health, Aging and Retirement in Europe. <i>Geriatrics and Gerontology International</i> , 2019 , 19, 723-729	2.9	33
100	StressadaMente: Mental health promotion program for direct care workers of older people. <i>SAGE Open Medicine</i> , 2019 , 7, 2050312119834116	2.4	
99	Regional differences in morbidity profiles and health care use in the oldest old: Findings from two Centenarian Studies in Portugal. <i>Archives of Gerontology and Geriatrics</i> , 2019 , 82, 139-146	4	7
98	Unmet needs in Primary Care of older clients with mental health concerns. <i>International Journal for Quality in Health Care</i> , 2019 , 31, 312-318	1.9	6
97	Bridging the gap between technology and older adults: insights from a collaborative workshop on R&D methodologies for ambient assisted living solutions. <i>Journal of Reliable Intelligent Environments</i> , 2019 , 5, 195-207	2.4	1
96	Social support and treatment adherence in patients with end-stage renal disease: A systematic review. <i>Seminars in Dialysis</i> , 2019 , 32, 562-574	2.5	18
95	The Best of Both Worlds: Combining Digital and Human AAL Advisory Services for Older Adults. <i>Communications in Computer and Information Science</i> , 2019 , 66-82	0.3	
94	CAREGIVER SUPPORT RATIO IN EUROPE. Innovation in Aging, 2019, 3, S138-S138	0.1	1
93	Effects of a community intervention program for dementia on mental health: the importance of secondary caregivers in promoting positive aspects and reducing strain. <i>Community Mental Health Journal</i> , 2019 , 55, 296-303	2.1	6
92	Cultural adaptation and specifics of the Fit & Strong! program in Portugal. <i>Translational Behavioral Medicine</i> , 2019 , 9, 67-75	3.2	4
91	Typical Oversights when Managing an Intergenerational Program: A Reflection from Portugal. Journal of Intergenerational Relationships, 2018 , 16, 205-210	1.2	1
90	Psychiatric disorders as main discharge diagnosis by the Portuguese oldest old from 2000 to 2014: exploring national acute inpatient admissions. <i>International Psychogeriatrics</i> , 2018 , 30, 685-694	3.4	7
89	Frailty and depression in centenarians. International Psychogeriatrics, 2018, 30, 115-124	3.4	16
88	Tackling frailty and functional decline: Background of the action group A3 of the European innovation partnership for active and healthy ageing. <i>Maturitas</i> , 2018 , 115, 69-73	5	13

(2017-2018)

87	Cardiovascular Risk Factors Are Correlated with Low Cognitive Function among Older Adults Across Europe Based on The SHARE Database 2018 , 9, 90-101		14	
86	Objective vs. Subjective Health in Very Advanced Ages: Looking for Discordance in Centenarians. <i>Frontiers in Medicine</i> , 2018 , 5, 189	4.9	6	
85	High Tech, High Touch: Integrating Digital and Human AAL Advisory Services for Older Adults 2018,		6	
84	ActiveAdvice: A Multi-stakeholder Perspective to Understand Functional Requirements of an Online Advice Platform for AAL Products and Services. <i>Communications in Computer and Information Science</i> , 2018 , 168-190	0.3	5	
83	Food insecurity, weight and nutritional status among older adults attending senior centres in Lisbon. <i>Archives of Gerontology and Geriatrics</i> , 2018 , 78, 81-88	4	12	
82	Illness representations, knowledge and motivation to perform presymptomatic testing for late-onset genetic diseases. <i>Psychology, Health and Medicine</i> , 2017 , 22, 244-249	2.1	3	
81	Caring for a centenarian parent: an exploratory study on role strains and psychological distress. <i>Scandinavian Journal of Caring Sciences</i> , 2017 , 31, 984-994	2.3	14	
80	Escaping most common lethal diseases in old age: Morbidity profiles of Portuguese centenarians. <i>European Geriatric Medicine</i> , 2017 , 8, 310-314	3	4	
79	Hospital admissions by the oldest old: Past trends in one of the most ageing countries in the world. <i>Geriatrics and Gerontology International</i> , 2017 , 17, 2255-2265	2.9	10	
78	Perception of risk of adverse outcomes of older people: comparison between nursing homes, day centers and home care services. <i>Quality in Ageing and Older Adults</i> , 2017 , 18, 212-220	0.9	4	
77	Pathways after inpatient admission in very advanced age: A Portuguese nationwide study. <i>Archives of Gerontology and Geriatrics</i> , 2017 , 73, 89-94	4	2	
76	Functional, Sensorial, Mobility and Communication Difficulties in the Portuguese Oldest Old (80+). <i>Acta Medica Portuguesa</i> , 2017 , 30, 463-471	1.4	8	
75	Hedonic and eudaimonic well-being in old age through positive psychology studies: a scoping review. <i>Anales De Psicologia</i> , 2017 , 33, 568	1.3	5	
74	Multidimensional Frailty and Pain in Community Dwelling Elderly. <i>Pain Medicine</i> , 2017 , 18, 693-701	2.8	26	
73	Perceived Risk of Death in Older Primary Care Patients. <i>International Journal of Aging and Human Development</i> , 2017 , 84, 366-377	1.8	4	
72	Physical inactivity among older adults across Europe based on the SHARE database. <i>Age and Ageing</i> , 2017 , 46, 71-77	3	75	
71	The Role of Existential Beliefs Within the Relation of Centenarians' Health and Well-Being. <i>Journal of Religion and Health</i> , 2017 , 56, 1111-1122	2.6	7	
70	Risk perception in subjects at-risk for Familial Amyloidotic Polyneuropathy. <i>Universitas Psychologica</i> , 2017 , 16, 1	0.5	1	

69	Active Aging in Very Old Age and the Relevance of Psychological Aspects. <i>Frontiers in Medicine</i> , 2017 , 4, 181	4.9	12
68	Health and Lifestyles Factors Associated With Osteoarthritis among Older Adults in Portugal. <i>Frontiers in Medicine</i> , 2017 , 4, 192	4.9	5
67	Screening of Dementia in Portuguese Primary Care: Methodology, Assessment Tools, and Main Results. <i>Frontiers in Medicine</i> , 2017 , 4, 197	4.9	8
66	Frailty in End-Stage Renal Disease Patients under Dialysis and Its Association with Clinical and Biochemical Markers. <i>Journal of Frailty & Diagonal Company</i> , 49, 103-106	2.6	7
65	A Multi-perspective View on AAL Stakeholders[Needs - A User-centred Requirement Analysis for the Activeadvice European Project 2017 ,		8
64	Predicting Successful Aging at One Hundred Years of Age. <i>Research on Aging</i> , 2016 , 38, 689-709	3	13
63	Effectiveness of a psychoeducational programme for informal caregivers of older adults. <i>Scandinavian Journal of Caring Sciences</i> , 2016 , 30, 65-73	2.3	17
62	Quality of standing balance in community-dwelling elderly: Age-related differences in single and dual task conditions. <i>Archives of Gerontology and Geriatrics</i> , 2016 , 67, 34-9	4	10
61	End-stage renal disease adherence questionnaire: translation and validation to the portuguese language. <i>Renal Failure</i> , 2016 , 38, 1633-1638	2.9	6
60	The inter-rater reliability of the Risk Instrument for Screening in the Community. <i>British Journal of Community Nursing</i> , 2016 , 21, 469-75	0.6	4
59	Health profile of centenarians in Portugal: a census-based approach. <i>Population Health Metrics</i> , 2016 , 14, 13	3	11
58	Subjects At-Risk for Genetic Diseases in Portugal: Illness Representations. <i>Journal of Genetic Counseling</i> , 2016 , 25, 79-89	2.5	6
57	Measuring the Effect of Carers on Patients' Risk of Adverse Healthcare Outcomes Using the Caregiver Network Score. <i>Journal of Frailty & Ding, the</i> , 2016 , 5, 104-10	2.6	8
56	Predictors of Difficulty in Medication Intake in Europe: a Cross-country Analysis Based on SHARE 2016 , 7, 246-53		4
55	Health Status, Living Arrangements, and Service Use at 100: Findings From the Oporto Centenarian Study. <i>Journal of Aging and Social Policy</i> , 2016 , 28, 148-64	7.4	12
54	Successful aging at 100 years: the relevance of subjectivity and psychological resources. <i>International Psychogeriatrics</i> , 2016 , 28, 179-88	3.4	18
53	Measuring attachment to life in old age: the Portuguese version of the Positive Valuation of Life Scale (Positive VOL). <i>Quality of Life Research</i> , 2015 , 24, 2385-9	3.7	5
52	Risk prediction in the community: A systematic review of case-finding instruments that predict adverse healthcare outcomes in community-dwelling older adults. <i>Maturitas</i> , 2015 , 82, 3-21	5	48

(2013-2015)

51	The impact of cognitive reserve on neuropsychological and functional abilities in Alzheimer disease patients <i>Psychology and Neuroscience</i> , 2015 , 8, 39-55	1.9	6	
50	Portuguese version of the Tilburg Frailty Indicator: Transcultural adaptation and psychometric validation. <i>Geriatrics and Gerontology International</i> , 2015 , 15, 951-60	2.9	36	
49	SELF-REPORTED MEDICATION ADHERENCE IN PATIENTS WITH END-STAGE KIDNEY DISEASE UNDERGOING ONLINE-HAEMODIAFILTRATION. <i>Journal of Renal Care</i> , 2015 , 41, 231-8	1.6	4	
48	Risk Instrument for Screening in the Community (RISC): Cross Cultural Perspectives. <i>International Journal of Research in Nursing</i> , 2015 , 6, 42-50	3	1	
47	Determinants of frailty: the added value of assessing medication. <i>Frontiers in Aging Neuroscience</i> , 2015 , 7, 56	5.3	31	
46	The importance of neighborhood ecological assets in community dwelling old people aging outcomes: A study in Northern Portugal. <i>Frontiers in Aging Neuroscience</i> , 2015 , 7, 156	5.3	6	
45	Perceived Risk of Mental Health Problems in Primary Care. Frontiers in Aging Neuroscience, 2015, 7, 212	5.3	9	
44	Cognitive reserve and the severity of Alzheimer's disease. <i>Arquivos De Neuro-Psiquiatria</i> , 2015 , 73, 480-6	51.6	10	
43	Which Part of a Short, Global Risk Assessment, the Risk Instrument for Screening in the Community, Predicts Adverse Healthcare Outcomes?. <i>Journal of Aging Research</i> , 2015 , 2015, 256414	2.3	10	
42	Prevalence of phenotypic frailty during the aging process in a Portuguese community. <i>Revista Brasileira De Geriatria E Gerontologia</i> , 2015 , 18, 871-880	0.8	12	
41	Positive Aging Beyond Buccess Towards a More Inclusive Perspective of High Level Functioning in Old Age. <i>Educational Gerontology</i> , 2015 , 41, 930-941	1.2	4	
40	Age-Friendly Cities Performance Assessment Indicators System Validation. <i>Psychology</i> , 2015 , 06, 622-63	3 2 0.5	3	
39	Frailty as a predictor of short-term adverse outcomes. <i>PeerJ</i> , 2015 , 3, e1121	3.1	24	
38	The Community Assessment of Risk and Treatment Strategies (CARTS): An Integrated Care Pathway to Manage Frailty and Functional Decline in Community Dwelling Older Adults. <i>Communications in Computer and Information Science</i> , 2015 , 3-18	0.3	1	
37	The effect of cognitive stimulation on nursing home elders: a randomized controlled trial. <i>Journal of Nursing Scholarship</i> , 2014 , 46, 157-66	3.6	29	
36	Measures of cognitive reserve in Alzheimer's disease. <i>Trends in Psychiatry and Psychotherapy</i> , 2014 , 36, 160-8	2.3	12	
35	Frailty phenotype criteria in centenarians: Findings from the Oporto Centenarian Study. <i>European Geriatric Medicine</i> , 2014 , 5, 371-376	3	14	
34	Education, leisure activities and cognitive and functional ability of Alzheimer's disease patients: A follow-up study. <i>Dementia E Neuropsychologia</i> , 2013 , 7, 181-189	2.1	14	

33	Relationship of Leisure Activities and Alzheimer's Disease. <i>International Journal of Advances in Psychology</i> , 2013 , 2, 179		2
32	What About Happiness in Later Life? 2013 , 83-96		1
31	Independencia en las actividades de la vida: Estudio de validacifi de una escala para la poblacifi portuguesa. <i>Gerokomos</i> , 2012 , 23, 69-73	O	O
30	Active Ageing: An Empirical Approach to the WHO Model. <i>Current Gerontology and Geriatrics Research</i> , 2012 , 2012, 382972	2.9	52
29	Portuguese version of the Geriatric Anxiety Inventory: transcultural adaptation and psychometric validation. <i>Aging and Mental Health</i> , 2011 , 15, 742-8	3.5	34
28	Inventory of Life Satisfaction (ILS): A validation study among Portuguese middleaged and older people. <i>Portuguese Journal of Social Science</i> , 2011 , 10, 205-215	0.1	3
27	Tobacco and alcohol consumption among adolescents. <i>Revista Latino-Americana De Enfermagem</i> , 2010 , 18, 255-61	1.5	12
26	The concept of Egeing welllin ten Latin American and European countries. <i>Ageing and Society</i> , 2010 , 30, 41-56	1.7	34
25	The concept of Egeing well[in ten Latin American and European countries [CORRIGENDUM. <i>Ageing and Society</i> , 2010 , 30, 556-556	1.7	2
24	Geropsychology and psychogeriatrics in Portugal: research, education and clinical training. <i>International Psychogeriatrics</i> , 2010 , 22, 854-63	3.4	4
23	Cognitive impairment in old people living in the community. <i>Archives of Gerontology and Geriatrics</i> , 2010 , 51, 121-4	4	23
22	Cuidar no paradigma da desinstitucionaliza ট : A sustentabilidade do idoso dependente na fam ila. <i>Revista De Enfermagem Referencia</i> , 2010 , III Sfie, 45-53	1.1	3
21	Psychological Disorders in Old Age. European Journal of Psychological Assessment, 2010 , 26, 39-45	2.2	4
20	Predicting loneliness in old people living in the community. <i>Reviews in Clinical Gerontology</i> , 2009 , 19, 53-60		20
19	Life review with older women: an intervention to reduce depression and improve autobiographical memory. <i>Aging Clinical and Experimental Research</i> , 2009 , 21, 369-71	4.8	16
18	Satisfaction in dementia and stroke caregivers: a comparative study. <i>Revista Latino-Americana De Enfermagem</i> , 2009 , 17, 620-4	1.5	13
17	Lay concept of aging well: cross-cultural comparisons. <i>Journal of the American Geriatrics Society</i> , 2008 , 56, 950-2	5.6	37
16	Life satisfaction and quality of life amongst elderly Portuguese living in the community. <i>Portuguese Journal of Social Science</i> , 2008 , 7, 87-102	0.1	5

LIST OF PUBLICATIONS

15	Older male carers and the positive aspects of care. <i>Ageing and Society</i> , 2008 , 28, 165-183	1.7	39
14	Real men, real husbands: Caregiving and masculinities in later life. <i>Journal of Aging Studies</i> , 2007 , 21, 302-313	2.2	69
13	Disability and psychosocial outcomes in old age. Journal of Aging and Health, 2007, 19, 723-41	2.6	16
12	Informal stroke rehabilitation: what are the main reasons of Thai caregivers?. <i>International Journal of Rehabilitation Research</i> , 2007 , 30, 315-20	1.8	8
11	Psychological distress, loneliness and disability in old age. <i>Psychology, Health and Medicine</i> , 2006 , 11, 221-32	2.1	90
10	Thai stroke patient caregivers: who they are and what they need. <i>Cerebrovascular Diseases</i> , 2006 , 21, 128-33	3.2	16
9	Informal stroke rehabilitation: what do Thai caregivers perform?. <i>International Journal of Rehabilitation Research</i> , 2006 , 29, 309-14	1.8	11
8	The perceived advantages and disadvantages of presymptomatic testing for Machado-Joseph disease: development of a new self-response inventory. <i>Journal of Genetic Counseling</i> , 2006 , 15, 375-91	2.5	2
7	Perceptions of and satisfaction with retirement: a comparison of six European union countries. <i>Psychology and Aging</i> , 2005 , 20, 524-8	3.6	41
6	The Burden of Musculoskeletal Conditions at the Start of the New Millennium. Report of a WHO Scientific Group. Geneva: WHO Technical Report Series, 919, 2003, pp. 218. ISBN: 92-4-120919-4. <i>International Journal of Epidemiology</i> , 2004 , 34, 228-229	7.8	5
5	Assessing competence: the European Survey on Aging Protocol (ESAP). <i>Gerontology</i> , 2004 , 50, 330-47	5.5	30
4	Health and aging: does retirement transition make any difference?. <i>Reviews in Clinical Gerontology</i> , 2003 , 13, 257-260		4
3	Psychosocial Profile of Rural and Urban Elders in Portugal. European Psychologist, 2003, 8, 160-167	4.4	28
2	Living with Machado-Joseph disease in a small rural community of the Tagus valley. <i>Public Health Genomics</i> , 1999 , 2, 190-5	1.9	7
1	Theory of Planned Behavior in Predicting Physical Activity among Portuguese Older Adults with Osteoarthritis. <i>Activities, Adaptation and Aging</i> ,1-13	0.7	1