Ella H Haddad

List of Publications by Year
in descending order

54 papers	1,882 citations	304602 22 h-index	265120 42 g-index
54 all docs	54 docs citations	54 times ranked	2127 citing authors

#	Article	IF	Citations
1	Food and Nutrient Displacement by Walnut Supplementation in a Randomized Crossover Study. Nutrients, 2022, 14, 1017.	1.7	4
2	A Non-Probiotic Fermented Soy Product Reduces Total and LDL Cholesterol: A Randomized Controlled Crossover Trial. Nutrients, 2021, 13, 535.	1.7	10
3	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders. Circulation, 2021, 144, 1083-1085.	1.6	17
4	The Safe and Effective Use of Plant-Based Diets with Guidelines for Health Professionals. Nutrients, 2021, 13, 4144.	1.7	92
5	Dietary Animal to Plant Protein Ratio Is Associated with Risk Factors of Metabolic Syndrome in Participants of the AHS-2 Calibration Study. Nutrients, 2021, 13, 4296.	1.7	11
6	The Effect of Soybean Lunasin on Cardiometabolic Risk Factors: A Randomized Clinical Trial. Journal of Dietary Supplements, 2020, 17, 286-299.	1.4	6
7	Animal Protein Intake Is Associated with General Adiposity in Adolescents: The Teen Food and Development Study. Nutrients, 2020, 12, 110.	1.7	18
8	Associations of Circulating Methylmalonic Acid and Vitamin B-12 Biomarkers Are Modified by Vegan Dietary Pattern in Adult and Elderly Participants of the Adventist Health Study 2 Calibration Study. Current Developments in Nutrition, 2020, 4, nzaa008.	0.1	9
9	Comparison of phytosterol intake from FFQ with repeated 24-h dietary recalls of the Adventist Health Study-2 calibration sub-study. British Journal of Nutrition, 2019, 121, 1424-1430.	1.2	8
10	Plasma, Urine, and Adipose Tissue Biomarkers of Dietary Intake Differ Between Vegetarian and Non-Vegetarian Diet Groups in the Adventist Health Study-2. Journal of Nutrition, 2019, 149, 667-675.	1.3	25
11	Lower C-reactive protein and IL-6 associated with vegetarian diets are mediated by BMI. Nutrition, Metabolism and Cardiovascular Diseases, 2018, 28, 787-794.	1.1	23
12	Foods and Supplements Associated with Vitamin B12 Biomarkers among Vegetarian and Non-Vegetarian Participants of the Adventist Health Study-2 (AHS-2) Calibration Study. Nutrients, 2018, 10, 722.	1.7	23
13	Postprandial gut hormone responses to Hass avocado meals and their association with visual analog scores in overweight adults: A randomized 3â€Ã—â€3 crossover trial. Eating Behaviors, 2018, 31, 35-40.	1.1	9
14	Validating polyphenol intake estimates from a food-frequency questionnaire by using repeated 24-h dietary recalls and a unique method-of-triads approach with 2 biomarkers. American Journal of Clinical Nutrition, 2017, 105, 685-694.	2.2	31
15	Variations in dietary intake and plasma concentrations of plant sterols across plantâ€based diets among North American adults. Molecular Nutrition and Food Research, 2017, 61, 1600828.	1.5	30
16	Animal-Protein Intake Is Associated with Insulin Resistance in Adventist Health Study 2 (AHS-2) Calibration Substudy Participants: A Cross-Sectional Analysis. Current Developments in Nutrition, 2017, 1, e000299.	0.1	24
17	Comparison of polyphenol intakes according to distinct dietary patterns and food sources in the Adventist Health Study-2 cohort. British Journal of Nutrition, 2016, 115, 2162-2169.	1.2	38
18	The association between soya consumption and serum thyroid-stimulating hormone concentrations in the Adventist Health Study-2. Public Health Nutrition, 2016, 19, 1464-1470.	1.1	16

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19	Biomarkers of Dietary Intake Are Correlated with Corresponding Measures from Repeated Dietary Recalls and Food-Frequency Questionnaires in the Adventist Health Study-2. Journal of Nutrition, 2016, 146, 586-594.	1.3	43
20	Postprandial effects of consuming a staggered meal on gut peptide and glycemic responses in obese women and men. Obesity Research and Clinical Practice, 2016, 10, 264-274.	0.8	1
21	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. Frontiers in Aging Neuroscience, 2016, 8, 333.	1.7	57
22	Effect of dried California Mission figs on mineral status and food replacement. Public Health Nutrition, 2015, 18, 1135-1140.	1.1	2
23	Evaluation of a Validated Food Frequency Questionnaire for Self-Defined Vegans in the United States. Nutrients, 2014, 6, 2523-2539.	1.7	20
24	Effect of a walnut meal on postprandial oxidative stress and antioxidants in healthy individuals. Nutrition Journal, 2014, 13, 4.	1.5	52
25	Dietary sources of vitamin B12 intake among participants of the Adventist Health Studyâ€2 calibration study (827.14). FASEB Journal, 2014, 28, 827.14.	0.2	1
26	Tree Nuts Are Inversely Associated with Metabolic Syndrome and Obesity: The Adventist Health Study-2. PLoS ONE, 2014, 9, e85133.	1.1	40
27	A randomized 3x3 crossover study to evaluate the effect of Hass avocado intake on post-ingestive satiety, glucose and insulin levels, and subsequent energy intake in overweight adults. Nutrition Journal, 2013, 12, 155.	1.5	43
28	Vegan lifestyle behaviors. An exploration of congruence with health-related beliefs and assessed health indices. Appetite, 2013, 67, 119-124.	1.8	109
29	Effect of incorporating avocados in meals on selfâ€reported subjective feelings related to satiety in healthy overweight adults. FASEB Journal, 2012, 26, 40.3.	0.2	1
30	Association of vitamin D levels to blood pressure among blacks and whites. FASEB Journal, 2012, 26, 1026.3.	0.2	0
31	The effect of consuming cooked beans before a meal on post meal concentrations of gastrointestinal peptide hormones. FASEB Journal, 2012, 26, 40.4.	0.2	0
32	Acute effect of avocados in meals on peptide hormones in overweight healthy adults. FASEB Journal, 2012, 26, 639.12.	0.2	0
33	Association between ferritin, transferrin receptor and retinol biomarkers obtained from dried blood spots and anthropometric measures in Kenyan children. FASEB Journal, 2012, 26, 826.6.	0.2	0
34	Health Effects of a Pecan [Carya illinoinensis (Wangenh.) K. Koch] Nut-rich Diet. , 2011, , 891-898.		2
35	Race-specific validation of food intake obtained from a comprehensive FFQ: the Adventist Health Study-2. Public Health Nutrition, 2011, 14, 1988-1997.	1.1	67
36	Validation of nutrient intake using an FFQ and repeated 24 h recalls in black and white subjects of the Adventist Health Study-2 (AHS-2). Public Health Nutrition, 2010, 13, 812-819.	1.1	112

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37	A factorial design feeding study to evaluate the effects of Î±â€linolenic acid (ALA) versus eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) on serum lipids in healthy adults. FASEB Journal, 2010, 24, .	0.2	0
38	Dietary determinants of vitamin E status among a freeâ€living adult population. FASEB Journal, 2009, 23, .	0.2	0
39	Cohort Profile: The Adventist Health Study-2 (AHS-2). International Journal of Epidemiology, 2008, 37, 260-265.	0.9	190
40	Feasibility of Running Clinics to Collect Biological Specimens in a Nationwide Cohort Studyâ€"Adventist Health Study-2. Annals of Epidemiology, 2007, 17, 454-457.	0.9	18
41	Nâ€3 Fatty Acid Enriched Egg Decreases Câ€Reactive Protein in Healthy Adults. FASEB Journal, 2007, 21, A740.	0.2	1
42	The effect of walnuts compared to fatty fish on eicosanoids and cytokines in blood. FASEB Journal, 2007, 21, A740.	0.2	0
43	A pecan-enriched diet increases Î³-tocopherol/cholesterol and decreases thiobarbituric acid reactive substances in plasma of adults. Nutrition Research, 2006, 26, 397-402.	1.3	33
44	Effect of Fatty Fish vs Walnuts on Serum Lipids in Healthy Adults. FASEB Journal, 2006, 20, A1026.	0.2	0
45	Effects of Fish and Walnuts on LDLâ€C and Triglycerides: Influence of BMI and Baseline Lipids. FASEB Journal, 2006, 20, A1027.	0.2	0
46	Nâ€3 Fatty Acid Enriched Egg and Organic Egg Intake Increases Serum Lutein Levels in Healthy Adults. FASEB Journal, 2006, 20, A1058.	0.2	0
47	Effect on Plasma Fatty Acids of Diets with Walnuts or Fish. FASEB Journal, 2006, 20, A1026.	0.2	0
48	Does regular walnut consumption lead to weight gain?. British Journal of Nutrition, 2005, 94, 859-864.	1.2	105
49	Almonds in the diet simultaneously improve plasma Î±-tocopherol concentrations and reduce plasma lipids. Journal of the American Dietetic Association, 2005, 105, 449-454.	1.3	61
50	What do vegetarians in the United States eat?. American Journal of Clinical Nutrition, 2003, 78, 626S-632S.	2.2	132
51	Serum lipid response to the graduated enrichment of a Step I diet with almonds: a randomized feeding trial. American Journal of Clinical Nutrition, 2003, 77, 1379-1384.	2.2	154
52	Vegetarian food guide pyramid: a conceptual framework. American Journal of Clinical Nutrition, 1999, 70, 615S-619S.	2.2	49
53	Dietary intake and biochemical, hematologic, and immune status of vegans compared with nonvegetarians. American Journal of Clinical Nutrition, 1999, 70, 586S-593S.	2.2	194
54	Dietary Fiber Content of a Six-Day Weighed Military Ration. Military Medicine, 1995, 160, 438-442.	0.4	1