

Ella H Haddad

List of Publications by Year in descending order

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Version: 2024-02-01

54
papers

1,882
citations

304602

22
h-index

265120

42
g-index

54
all docs

54
docs citations

54
times ranked

2127
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary intake and biochemical, hematologic, and immune status of vegans compared with nonvegetarians. <i>American Journal of Clinical Nutrition</i> , 1999, 70, 586S-593S.	2.2	194
2	Cohort Profile: The Adventist Health Study-2 (AHS-2). <i>International Journal of Epidemiology</i> , 2008, 37, 260-265.	0.9	190
3	Serum lipid response to the graduated enrichment of a Step I diet with almonds: a randomized feeding trial. <i>American Journal of Clinical Nutrition</i> , 2003, 77, 1379-1384.	2.2	154
4	What do vegetarians in the United States eat?. <i>American Journal of Clinical Nutrition</i> , 2003, 78, 626S-632S.	2.2	132
5	Validation of nutrient intake using an FFQ and repeated 24 h recalls in black and white subjects of the Adventist Health Study-2 (AHS-2). <i>Public Health Nutrition</i> , 2010, 13, 812-819.	1.1	112
6	Vegan lifestyle behaviors. An exploration of congruence with health-related beliefs and assessed health indices. <i>Appetite</i> , 2013, 67, 119-124.	1.8	109
7	Does regular walnut consumption lead to weight gain?. <i>British Journal of Nutrition</i> , 2005, 94, 859-864.	1.2	105
8	The Safe and Effective Use of Plant-Based Diets with Guidelines for Health Professionals. <i>Nutrients</i> , 2021, 13, 4144.	1.7	92
9	Race-specific validation of food intake obtained from a comprehensive FFQ: the Adventist Health Study-2. <i>Public Health Nutrition</i> , 2011, 14, 1988-1997.	1.1	67
10	Almonds in the diet simultaneously improve plasma $\hat{\alpha}$ -tocopherol concentrations and reduce plasma lipids. <i>Journal of the American Dietetic Association</i> , 2005, 105, 449-454.	1.3	61
11	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. <i>Frontiers in Aging Neuroscience</i> , 2016, 8, 333.	1.7	57
12	Effect of a walnut meal on postprandial oxidative stress and antioxidants in healthy individuals. <i>Nutrition Journal</i> , 2014, 13, 4.	1.5	52
13	Vegetarian food guide pyramid: a conceptual framework. <i>American Journal of Clinical Nutrition</i> , 1999, 70, 615S-619S.	2.2	49
14	A randomized 3x3 crossover study to evaluate the effect of Hass avocado intake on post-ingestive satiety, glucose and insulin levels, and subsequent energy intake in overweight adults. <i>Nutrition Journal</i> , 2013, 12, 155.	1.5	43
15	Biomarkers of Dietary Intake Are Correlated with Corresponding Measures from Repeated Dietary Recalls and Food-Frequency Questionnaires in the Adventist Health Study-2. <i>Journal of Nutrition</i> , 2016, 146, 586-594.	1.3	43
16	Tree Nuts Are Inversely Associated with Metabolic Syndrome and Obesity: The Adventist Health Study-2. <i>PLoS ONE</i> , 2014, 9, e85133.	1.1	40
17	Comparison of polyphenol intakes according to distinct dietary patterns and food sources in the Adventist Health Study-2 cohort. <i>British Journal of Nutrition</i> , 2016, 115, 2162-2169.	1.2	38
18	A pecan-enriched diet increases $\hat{\gamma}$ -tocopherol/cholesterol and decreases thiobarbituric acid reactive substances in plasma of adults. <i>Nutrition Research</i> , 2006, 26, 397-402.	1.3	33

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19	Validating polyphenol intake estimates from a food-frequency questionnaire by using repeated 24-h dietary recalls and a unique method-of-triads approach with 2 biomarkers. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 685-694.	2.2	31
20	Variations in dietary intake and plasma concentrations of plant sterols across plant-based diets among North American adults. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600828.	1.5	30
21	Plasma, Urine, and Adipose Tissue Biomarkers of Dietary Intake Differ Between Vegetarian and Non-Vegetarian Diet Groups in the Adventist Health Study-2. <i>Journal of Nutrition</i> , 2019, 149, 667-675.	1.3	25
22	Animal-Protein Intake Is Associated with Insulin Resistance in Adventist Health Study 2 (AHS-2) Calibration Substudy Participants: A Cross-Sectional Analysis. <i>Current Developments in Nutrition</i> , 2017, 1, e000299.	0.1	24
23	Lower C-reactive protein and IL-6 associated with vegetarian diets are mediated by BMI. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 787-794.	1.1	23
24	Foods and Supplements Associated with Vitamin B12 Biomarkers among Vegetarian and Non-Vegetarian Participants of the Adventist Health Study-2 (AHS-2) Calibration Study. <i>Nutrients</i> , 2018, 10, 722.	1.7	23
25	Evaluation of a Validated Food Frequency Questionnaire for Self-Defined Vegans in the United States. <i>Nutrients</i> , 2014, 6, 2523-2539.	1.7	20
26	Feasibility of Running Clinics to Collect Biological Specimens in a Nationwide Cohort Study—Adventist Health Study-2. <i>Annals of Epidemiology</i> , 2007, 17, 454-457.	0.9	18
27	Animal Protein Intake Is Associated with General Adiposity in Adolescents: The Teen Food and Development Study. <i>Nutrients</i> , 2020, 12, 110.	1.7	18
28	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders. <i>Circulation</i> , 2021, 144, 1083-1085.	1.6	17
29	The association between soya consumption and serum thyroid-stimulating hormone concentrations in the Adventist Health Study-2. <i>Public Health Nutrition</i> , 2016, 19, 1464-1470.	1.1	16
30	Dietary Animal to Plant Protein Ratio Is Associated with Risk Factors of Metabolic Syndrome in Participants of the AHS-2 Calibration Study. <i>Nutrients</i> , 2021, 13, 4296.	1.7	11
31	A Non-Probiotic Fermented Soy Product Reduces Total and LDL Cholesterol: A Randomized Controlled Crossover Trial. <i>Nutrients</i> , 2021, 13, 535.	1.7	10
32	Postprandial gut hormone responses to Hass avocado meals and their association with visual analog scores in overweight adults: A randomized 3 \times 3 crossover trial. <i>Eating Behaviors</i> , 2018, 31, 35-40.	1.1	9
33	Associations of Circulating Methylmalonic Acid and Vitamin B-12 Biomarkers Are Modified by Vegan Dietary Pattern in Adult and Elderly Participants of the Adventist Health Study 2 Calibration Study. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa008.	0.1	9
34	Comparison of phytosterol intake from FFQ with repeated 24-h dietary recalls of the Adventist Health Study-2 calibration sub-study. <i>British Journal of Nutrition</i> , 2019, 121, 1424-1430.	1.2	8
35	The Effect of Soybean Lignans on Cardiometabolic Risk Factors: A Randomized Clinical Trial. <i>Journal of Dietary Supplements</i> , 2020, 17, 286-299.	1.4	6
36	Food and Nutrient Displacement by Walnut Supplementation in a Randomized Crossover Study. <i>Nutrients</i> , 2022, 14, 1017.	1.7	4

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37	Health Effects of a Pecan [<i>Carya illinoensis</i> (Wangenh.) K. Koch] Nut-rich Diet. , 2011, , 891-898.		2
38	Effect of dried California Mission figs on mineral status and food replacement. <i>Public Health Nutrition</i> , 2015, 18, 1135-1140.	1.1	2
39	Dietary Fiber Content of a Six-Day Weighed Military Ration. <i>Military Medicine</i> , 1995, 160, 438-442.	0.4	1
40	Postprandial effects of consuming a staggered meal on gut peptide and glycemic responses in obese women and men. <i>Obesity Research and Clinical Practice</i> , 2016, 10, 264-274.	0.8	1
41	Dietary sources of vitamin B12 intake among participants of the Adventist Health Studyâ€² calibration study (827.14). <i>FASEB Journal</i> , 2014, 28, 827.14.	0.2	1
42	Nâ€³ Fatty Acid Enriched Egg Decreases Câ€Reactive Protein in Healthy Adults. <i>FASEB Journal</i> , 2007, 21, A740.	0.2	1
43	Effect of incorporating avocados in meals on selfâ€reported subjective feelings related to satiety in healthy overweight adults. <i>FASEB Journal</i> , 2012, 26, 40.3.	0.2	1
44	Effect of Fatty Fish vs Walnuts on Serum Lipids in Healthy Adults. <i>FASEB Journal</i> , 2006, 20, A1026.	0.2	0
45	Effects of Fish and Walnuts on LDLâ€C and Triglycerides: Influence of BMI and Baseline Lipids. <i>FASEB Journal</i> , 2006, 20, A1027.	0.2	0
46	Nâ€³ Fatty Acid Enriched Egg and Organic Egg Intake Increases Serum Lutein Levels in Healthy Adults. <i>FASEB Journal</i> , 2006, 20, A1058.	0.2	0
47	Effect on Plasma Fatty Acids of Diets with Walnuts or Fish. <i>FASEB Journal</i> , 2006, 20, A1026.	0.2	0
48	The effect of walnuts compared to fatty fish on eicosanoids and cytokines in blood. <i>FASEB Journal</i> , 2007, 21, A740.	0.2	0
49	Dietary determinants of vitamin E status among a freeâ€living adult population. <i>FASEB Journal</i> , 2009, 23, .	0.2	0
50	A factorial design feeding study to evaluate the effects of Î±â€linolenic acid (ALA) versus eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) on serum lipids in healthy adults. <i>FASEB Journal</i> , 2010, 24, .	0.2	0
51	Association of vitamin D levels to blood pressure among blacks and whites. <i>FASEB Journal</i> , 2012, 26, 1026.3.	0.2	0
52	The effect of consuming cooked beans before a meal on post meal concentrations of gastrointestinal peptide hormones. <i>FASEB Journal</i> , 2012, 26, 40.4.	0.2	0
53	Acute effect of avocados in meals on peptide hormones in overweight healthy adults. <i>FASEB Journal</i> , 2012, 26, 639.12.	0.2	0
54	Association between ferritin, transferrin receptor and retinol biomarkers obtained from dried blood spots and anthropometric measures in Kenyan children. <i>FASEB Journal</i> , 2012, 26, 826.6.	0.2	0