

# Daniele Spadaccini

## List of Publications by Year in descending order

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Version: 2024-02-01

30  
papers

434  
citations

759233

12  
h-index

752698

20  
g-index

31  
all docs

31  
docs citations

31  
times ranked

736  
citing authors

#	ARTICLE	IF	CITATIONS
1	Improving rehabilitation in sarcopenia: a randomized-controlled trial utilizing a muscle-targeted food for special medical purposes. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2020, 11, 1535-1547.	7.3	55
2	Clinical trials on pain lowering effect of ginger: A narrative review. <i>Phytotherapy Research</i> , 2020, 34, 2843-2856.	5.8	46
3	Osteosarcopenic Visceral Obesity and Osteosarcopenic Subcutaneous Obesity, Two New Phenotypes of Sarcopenia: Prevalence, Metabolic Profile, and Risk Factors. <i>Journal of Aging Research</i> , 2018, 2018, 1-8.	0.9	41
4	Efficacy of bergamot: From anti-inflammatory and anti-oxidative mechanisms to clinical applications as preventive agent for cardiovascular morbidity, skin diseases, and mood alterations. <i>Food Science and Nutrition</i> , 2019, 7, 369-384.	3.4	32
5	Polycystic ovary syndrome management: a review of the possible amazing role of berberine. <i>Archives of Gynecology and Obstetrics</i> , 2020, 301, 53-60.	1.7	29
6	<i>Acmella oleracea</i> for pain management. <i>FITOTERAPIA</i> , 2020, 140, 104419.	2.2	28
7	Effects of 12 Weeks of Essential Amino Acids (EAA)-Based Multi-Ingredient Nutritional Supplementation on Muscle Mass, Muscle Strength, Muscle Power and Fatigue in Healthy Elderly Subjects: A Randomized Controlled Double-Blind Study. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 414-424.	3.3	23
8	Is vitamin D-fortified yogurt a value-added strategy for improving human health? A systematic review and meta-analysis of randomized trials. <i>Journal of Dairy Science</i> , 2019, 102, 8587-8603.	3.4	18
9	12-month effects of incretins versus SGLT2-inhibitors on cognitive performance and metabolic profile. A randomized clinical trial in the elderly with Type-2 diabetes mellitus. <i>Clinical Pharmacology: Advances and Applications</i> , 2018, Volume 10, 141-151.	1.2	17
10	Current opinion on dietary advice in order to preserve fat-free mass during a low-calorie diet. <i>Nutrition</i> , 2020, 72, 110667.	2.4	17
11	Sarcopenic obesity: time to target the phenotypes. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 710-711.	7.3	15
12	The Use of a New Food-Grade Lecithin Formulation of Highly Standardized Ginger ( <i>Zingiber officinale</i> ) and <i>Acmella oleracea</i> Extracts for the Treatment of Pain and Inflammation in a Group of Subjects with Moderate Knee Osteoarthritis. <i>Journal of Pain Research</i> , 2020, Volume 13, 761-770.	2.0	15
13	Effectiveness of Non-Animal Chondroitin Sulfate Supplementation in the Treatment of Moderate Knee Osteoarthritis in a Group of Overweight Subjects: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. <i>Nutrients</i> , 2019, 11, 2027.	4.1	14
14	Rice germ macro- and micronutrients: a new opportunity for the nutraceuticals. <i>Natural Product Research</i> , 2021, 35, 1532-1536.	1.8	12
15	The Ketogenic Diet: Is It an Answer for Sarcopenic Obesity?. <i>Nutrients</i> , 2022, 14, 620.	4.1	12
16	Are the therapeutic strategies in anorexia of ageing effective on nutritional status? A systematic review with meta-analysis. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 128-138.	2.5	10
17	Association between des-acyl ghrelin at fasting and predictive index of muscle derangement, metabolic markers and eating disorders: a cross-sectional study in overweight and obese adults. <i>Nutritional Neuroscience</i> , 2022, 25, 336-342.	3.1	10
18	Is a Combination of Melatonin and Amino Acids Useful to Sarcopenic Elderly Patients? A Randomized Trial. <i>Geriatrics (Switzerland)</i> , 2019, 4, 4.	1.7	9

#	ARTICLE	IF	CITATIONS
19	A food pyramid, based on a review of the emerging literature, for subjects with inflammatory bowel disease. <i>Endocrinologia, Diabetes Y Nutrici3n</i> , 2021, 68, 17-46.	0.3	8
20	A path model analysis on predictors of dropout (at 6 and 12 months) during the weight loss interventions in endocrinology outpatient division. <i>Endocrine</i> , 2018, 61, 447-461.	2.3	6
21	DXA-Derived Visceral Adipose Tissue (VAT) in Elderly: Percentiles of Reference for Gender and Association with Metabolic Outcomes. <i>Life</i> , 2020, 10, 163.	2.4	5
22	Effects of Hoodia Parviflora on satiety, abdominal obesity and weight in a group of overweight subjects: a randomized, blinded, placebo-controlled trial. <i>Minerva Gastroenterologica E Dietologica</i> , 2020, 66, 211-218.	2.2	3
23	Effects of essential amino acid supplementation on pain in the elderly with hip fractures: a pilot, double-blind, placebo-controlled, randomised clinical trial. <i>Journal of Biological Regulators and Homeostatic Agents</i> , 2020, 34, 721-731.	0.7	3
24	Effect of a mixture of botanicals extracts plus mannitol on hydration and bloating sensation. An open label study in women with high extra cellular water. <i>Natural Product Research</i> , 2020, 34, 2500-2504.	1.8	2
25	Predicting visceral adipose tissue in older adults: A pilot clinical study. <i>Clinical Nutrition</i> , 2022, 41, 810-816.	5.0	2
26	A food pyramid, based on a review of the emerging literature, for subjects with inflammatory bowel disease. <i>Endocrinolog3a Diabetes Y Nutrici3n (English Ed )</i> , 2021, 68, 17-46.	0.2	1
27	Comparison between Bioimpedance Analysis and Dual-Energy X-ray Absorptiometry in assessment of body composition in a cohort of elderly patients aged 65-90 years. <i>Advances in Gerontology = Uspekhi Gerontologii / Rossiiskaia Akademiia Nauk, Gerontologicheskoe Obshchestvo</i> , 2019, 32, 1023-1033.	0.3	1
28	Body adiposity index related to total, gynoid and android fat mass assessed by dual-energy X-ray absorptiometry. <i>Nutrition</i> , 2018, 50, e3-e4.	2.4	0
29	Evaluation of body cellular mass index In healthy, sarcopenic and sarcopenic obese elderly. A cross sectional study. <i>Nutrition</i> , 2018, 50, e4.	2.4	0
30	CNO6: Improving Rehabilitation in Sarcopenia (IRIS) by Muscle-targeted Nutritional Support: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Clinical Nutrition</i> , 2019, 38, S3.	5.0	0