## Hiroyuki Sagayama

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Daily energy expenditure through the human life course. Science, 2021, 373, 808-812.	6.0	234
2	Energy compensation and adiposity in humans. Current Biology, 2021, 31, 4659-4666.e2.	1.8	63
3	A standard calculation methodology for human doubly labeled water studies. Cell Reports Medicine, 2021, 2, 100203.	3.3	62
4	Effects of oral curcumin ingested before or after eccentric exercise on markers of muscle damage and inflammation. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 524-534.	1.3	52
5	Segmental extracellular and intracellular water distribution and muscle glycogen after 72-h carbohydrate loading using spectroscopic techniques. Journal of Applied Physiology, 2016, 121, 205-211.	1.2	46
6	Effective Timing of Curcumin Ingestion to Attenuate Eccentric Exercise-Induced Muscle Soreness in Men. Journal of Nutritional Science and Vitaminology, 2019, 65, 82-89.	0.2	37
7	Effects of rapid weight loss and regain on body composition and energy expenditure. Applied Physiology, Nutrition and Metabolism, 2014, 39, 21-27.	0.9	34
8	Dilution space ratio of <sup>2</sup> H and <sup>18</sup> O of doubly labeled water method in humans. Journal of Applied Physiology, 2016, 120, 1349-1354.	1.2	27
9	The Relationship between Running Velocity and the Energy Cost of Turning during Running. PLoS ONE, 2014, 9, e81850.	1.1	25
10	Association Between the Prevalence of Frailty and Doubly Labeled Water-Calibrated Energy Intake Among Community-Dwelling Older Adults. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 876-884.	1.7	23
11	Estimation of Energy Intake by a Food Frequency Questionnaire: Calibration and Validation with the Doubly Labeled Water Method in Japanese Older People. Nutrients, 2019, 11, 1546.	1.7	22
12	Physical activity and fat-free mass during growth and in later life. American Journal of Clinical Nutrition, 2021, 114, 1583-1589.	2.2	22
13	lce slurry ingestion during break times attenuates the increase of core temperature in a simulation of physical demand of match-play tennis in the heat. Temperature, 2018, 5, 371-379.	1.7	19
14	Energy Deficit Required for Rapid Weight Loss in Elite Collegiate Wrestlers. Nutrients, 2018, 10, 536.	1.7	18
15	Validation of Web-Based Physical Activity Measurement Systems Using Doubly Labeled Water. Journal of Medical Internet Research, 2012, 14, e123.	2.1	18
16	Bone mineral density in male weight-classified athletes is higher than that in male endurance-athletes and non-athletes. Clinical Nutrition ESPEN, 2020, 36, 106-110.	0.5	13
17	Energy Requirement Assessment in Japanese Table Tennis Players Using the Doubly Labeled Water Method. International Journal of Sport Nutrition and Exercise Metabolism, 2017, 27, 421-428.	1.0	12
18	Energy Requirement Assessment and Water Turnover in Japanese College Wrestlers Using the Doubly Labeled Water Method. Journal of Nutritional Science and Vitaminology, 2017, 63, 141-147.	0.2	12

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19	Evaluation of fat-free mass hydration in athletes and non-athletes. European Journal of Applied Physiology, 2020, 120, 1179-1188.	1.2	11
20	Measurement of body composition in response to a short period of overfeeding. Journal of Physiological Anthropology, 2014, 33, 29.	1.0	9
21	Effect of Thoracic Gas Volume Changes on Body Composition Assessed by Air Displacement Plethysmography after Rapid Weight Loss and Regain in Elite Collegiate Wrestlers. Sports, 2019, 7, 48.	0.7	7
22	Total energy expenditure is repeatable in adults but not associated with short-term changes in body composition. Nature Communications, 2022, 13, 99.	5.8	7
23	Validity of Bioimpedance Spectroscopy in the Assessment of Total Body Water and Body Composition in Wrestlers and Untrained Subjects. International Journal of Environmental Research and Public Health, 2020, 17, 9433.	1.2	6
24	Total Energy Expenditure, Body Composition, Physical Activity, and Step Count in Japanese Preschool Children: A Study Based on Doubly Labeled Water. Nutrients, 2020, 12, 1223.	1.7	6
25	Urinary N-Terminal Fragment of Titin Reflects Muscle Damage After a Soccer Match in Male Collegiate Soccer Players. Journal of Strength and Conditioning Research, 2021, 35, 360-365.	1.0	6
26	Effect of the Health Tourism weight loss programme on body composition and health outcomes in healthy and excess-weight adults. British Journal of Nutrition, 2018, 119, 1133-1141.	1.2	5
27	Validation of skeletal muscle mass estimation equations in active young adults: A preliminary study. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1897-1907.	1.3	5
28	Comparison of isotope ratio mass spectrometry and cavity ringâ€down spectroscopy procedures and precision of the doubly labeled water method in different physiological specimens. Rapid Communications in Mass Spectrometry, 2021, 35, e9188.	0.7	5
29	Metabolic flexibility during sleep. Scientific Reports, 2021, 11, 17849.	1.6	4
30	The effects of rapid weight loss and 3-h recovery on energy expenditure, carbohydrate, and fat oxidation in boxing athletes. Journal of Sports Medicine and Physical Fitness, 2019, 59, 1018-1025.	0.4	3
31	Total Energy Expenditure, Physical Activity Level, and Water Turnover of Collegiate Dinghy Sailors in a Training Camp. International Journal of Sport Nutrition and Exercise Metabolism, 2019, 29, 1-4.	1.0	3
32	Urinary N-terminal fragment of titin: A surrogate marker of serum creatine kinase activity after exercise-induced severe muscle damage. Journal of Sports Sciences, 2021, 39, 1437-1444.	1.0	3
33	Effects of an overnight high-carbohydrate meal on muscle glycogen after rapid weight loss in male collegiate wrestlers. BMC Sports Science, Medicine and Rehabilitation, 2021, 13, 96.	0.7	3
34	Disturbing Weight Cutting Behaviors in Young Combat Sports Athletes: A Cause for Concern. Frontiers in Nutrition, 2022, 9, 842262.	1.6	3
35	Association between Water and Energy Requirements with Physical Activity and Fat-Free Mass in Preschool Children in Japan. Nutrients, 2021, 13, 4169.	1.7	2
36	Total energy expenditure in elite open-water swimmers. Applied Physiology, Nutrition and Metabolism, 2019. 44, 225-227.	0.9	1

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37	Novel Equations to Estimate Resting Energy Expenditure during Sitting and Sleeping. Annals of Nutrition and Metabolism, 2021, 77, 159-167.	1.0	1
38	Relationship between Measured Aerobic Capacity and Total Energy Expenditure Obtained by the Doubly Labeled Water Method in Community-Dwelling, Healthy Adults Aged 81–94 Years. Geriatrics (Switzerland), 2022, 7, 48.	0.6	1
39	Energy metabolism and body composition in athletes. Japanese Journal of Physical Fitness and Sports Medicine, 2018, 67, 357-364.	0.0	0