

Iftikhar Alam

List of Publications by Year in descending order

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Version: 2024-02-01

23
papers

410
citations

687363

13
h-index

752698

20
g-index

24
all docs

24
docs citations

24
times ranked

673
citing authors

#	ARTICLE	IF	CITATIONS
1	Does Inflammation Determine Whether Obesity Is Metabolically Healthy or Unhealthy? The Aging Perspective. <i>Mediators of Inflammation</i> , 2012, 2012, 1-14.	3.0	67
2	Enhanced Chemokine Receptor Expression on Leukocytes of Patients with Alzheimer's Disease. <i>PLoS ONE</i> , 2013, 8, e66664.	2.5	45
3	Aging affects the proportions of T and B cells in a group of elderly men in a developing country—a pilot study from Pakistan. <i>Age</i> , 2013, 35, 1521-1530.	3.0	34
4	Growth inhibition and apoptosis in colorectal cancer cells induced by Vitamin D-Nanoemulsion (NVD): involvement of Wnt/ β 2-catenin and other signal transduction pathways. <i>Cell and Bioscience</i> , 2019, 9, 15.	4.8	33
5	Nutritional status influences peripheral immune cell phenotypes in healthy men in rural Pakistan. <i>Immunity and Ageing</i> , 2012, 9, 16.	4.2	26
6	Relationships between the inflammatory potential of the diet, aging and anthropometric measurements in a cross-sectional study in Pakistan. <i>Nutrition and Healthy Aging</i> , 2018, 4, 335-343.	1.1	24
7	Recurrent circadian fasting (RCF) improves blood pressure, biomarkers of cardiometabolic risk and regulates inflammation in men. <i>Journal of Translational Medicine</i> , 2019, 17, 272.	4.4	20
8	Intake of dietary advanced glycation end products influences inflammatory markers, immune phenotypes, and antioxidant capacity of healthy elderly in a little-studied population. <i>Food Science and Nutrition</i> , 2020, 8, 1046-1057.	3.4	20
9	Relationship between anthropometric variables and nutrient intake in apparently healthy male elderly individuals: A study from Pakistan. <i>Nutrition Journal</i> , 2011, 10, 111.	3.4	18
10	FLOW CYTOMETRIC LYMPHOCYTE SUBSET ANALYSIS USING MATERIAL FROM FROZEN WHOLE BLOOD. <i>Journal of Immunoassay and Immunochemistry</i> , 2012, 33, 128-139.	1.1	17
11	Comparative study of environmental pollutants bisphenol A and bisphenol S on sexual differentiation of anteroventral periventricular nucleus and spermatogenesis. <i>Reproductive Biology and Endocrinology</i> , 2019, 17, 53.	3.3	17
12	Role of ACE I/D polymorphism in pathological assessment of preeclampsia in Pakistan. <i>Molecular Genetics & Genomic Medicine</i> , 2019, 7, e00799.	1.2	17
13	Placental endothelial nitric oxide synthase expression and role of oxidative stress in susceptibility to preeclampsia in Pakistani women. <i>Molecular Genetics & Genomic Medicine</i> , 2020, 8, e1019.	1.2	16
14	Relationship of Vitamin D-Deficient Diet and Irisin, and Their Impact on Energy Homeostasis in Rats. <i>Frontiers in Physiology</i> , 2020, 11, 25.	2.8	13
15	Higher estimates of daily dietary net endogenous acid production (NEAP) in the elderly as compared to the young in a healthy, free-living elderly population of Pakistan. <i>Clinical Interventions in Aging</i> , 2012, 7, 565.	2.9	11
16	The immune-nutrition interplay in aging—facts and controversies. <i>Nutrition and Healthy Aging</i> , 2019, 5, 73-95.	1.1	11
17	Aging, nutrition and immunity—their relationship and interaction. <i>Nutrition and Aging (Amsterdam,)</i> Tj ETQq1 1 0,784314,rgBT /Over	0.3	9
18	Energy Metabolism and Allocation in Selfish Immune System and Brain: A Beneficial Role of Insulin Resistance in Aging. <i>Food and Nutrition Sciences (Print)</i> , 2019, 10, 64-80.	0.4	5

#	ARTICLE	IF	CITATIONS
19	Oral health and nutritional status of the free-living elderly in Peshawar, Pakistan. Journal of King Abdulaziz University, Islamic Economics, 2010, 31, 713-5.	1.1	3
20	Designing and Validation of an Instrument for the Assessment of Dietary Habits, Physical Activity, Sun Exposure, and Sleeping Patterns Among Saudi Adults. Current Developments in Nutrition, 2021, 5, 123.	0.3	2
21	Effects of dietary supplements on selected hematological and biochemical parameters of Pakistani athletes. BMC Nutrition, 2018, 4, 41.	1.6	1
22	A Prospective Evaluation of Serum Vitamin D (1, 25(OH) ₂ D ₃) and Endogenous Sex Hormone Levels in Colorectal Cancer Patients. Frontiers in Oncology, 2019, 9, 468.	2.8	1
23	Weight loss in HCV patients can be used as a surrogate marker for evaluation of interferon (IFN- $\hat{\pm}$) treatment efficacy - a prospective pilot study. Pakistan Journal of Pharmaceutical Sciences, 2014, 27, 571-6.	0.2	0