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List of Publications by Year
in descending order

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Version: 2024-02-01

226 papers	16,684 citations	28190 55 h-index	19136 118 g-index
236 all docs	236 docs citations	236 times ranked	14383 citing authors

#	Article	IF	Citations
1	Exercise as a treatment for depression: A meta-analysis adjusting for publication bias. Journal of Psychiatric Research, 2016, 77, 42-51.	1.5	950
2	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. American Journal of Psychiatry, 2018, 175, 631-648.	4.0	933
3	Risk of metabolic syndrome and its components in people with schizophrenia and related psychotic disorders, bipolar disorder and major depressive disorder: a systematic review and metaâ€analysis. World Psychiatry, 2015, 14, 339-347.	4.8	858
4	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. Lancet Psychiatry,the, 2019, 6, 675-712.	3.7	815
5	The efficacy of smartphoneâ€based mental health interventions for depressive symptoms: a metaâ€analysis of randomized controlled trials. World Psychiatry, 2017, 16, 287-298.	4.8	755
6	Sedentary behavior and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and metaâ€analysis. World Psychiatry, 2017, 16, 308-315.	4.8	600
7	Can smartphone mental health interventions reduce symptoms of anxiety? A meta-analysis of randomized controlled trials. Journal of Affective Disorders, 2017, 218, 15-22.	2.0	552
8	Physical Activity Interventions for People With Mental Illness. Journal of Clinical Psychiatry, 2014, 75, 964-974.	1.1	530
9	Diabetes mellitus in people with schizophrenia, bipolar disorder and major depressive disorder: a systematic review and large scale metaâ€analysis. World Psychiatry, 2016, 15, 166-174.	4.8	487
10	A metaâ€review of â€œlifestyle psychiatryâ€: the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. World Psychiatry, 2020, 19, 360-380.	4.8	424
11	Physical activity and sedentary behavior in people with major depressive disorder: A systematic review and meta-analysis. Journal of Affective Disorders, 2017, 210, 139-150.	2.0	411
12	An examination of the anxiolytic effects of exercise for people with anxiety and stress-related disorders: A meta-analysis. Psychiatry Research, 2017, 249, 102-108.	1.7	402
13	Motivating factors and barriers towards exercise in severe mental illness: a systematic review and meta-analysis. Psychological Medicine, 2016, 46, 2869-2881.	2.7	345
14	Effect of aerobic exercise on hippocampal volume in humans: A systematic review and meta-analysis. NeuroImage, 2018, 166, 230-238.	2.1	334
15	How much physical activity do people with schizophrenia engage in? A systematic review, comparative meta-analysis and meta-regression. Schizophrenia Research, 2016, 176, 431-440.	1.1	284
16	Aerobic Exercise Improves Cognitive Functioning in People With Schizophrenia: A Systematic Review and Meta-Analysis. Schizophrenia Bulletin, 2017, 43, sbw115.	2.3	270
17	Physical activity protects from incident anxiety: A metaâ€analysis of prospective cohort studies. Depression and Anxiety, 2019, 36, 846-858.	2.0	226
18	Physical activity in the treatment of Post-traumatic stress disorder: A systematic review and meta-analysis. Psychiatry Research, 2015, 230, 130-136.	1.7	224

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19	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. Sports Medicine, 2020, 50, 151-170.	3.1	222
20	Physical activity and anxiety: A perspective from the World Health Survey. Journal of Affective Disorders, 2017, 208, 545-552.	2.0	211
21	Treating depression with physical activity in adolescents and young adults: a systematic review and meta-analysis of randomised controlled trials. Psychological Medicine, 2018, 48, 1068-1083.	2.7	204
22	Dropout from exercise randomized controlled trials among people with depression: A meta-analysis and meta regression. Journal of Affective Disorders, 2016, 190, 457-466.	2.0	202
23	Evaluating an individualized lifestyle and life skills intervention to prevent antipsychoticâ€induced weight gain in firstâ€episode psychosis. Microbial Biotechnology, 2016, 10, 267-276.	0.9	177
24	Prevalence and predictors of treatment dropout from physical activity interventions in schizophrenia: a meta-analysis. General Hospital Psychiatry, 2016, 39, 15-23.	1.2	172
25	Cardiorespiratory Fitness in Severe Mental Illness: A Systematic Review and Meta-analysis. Sports Medicine, 2017, 47, 343-352.	3.1	170
26	The prevalence and risk of metabolic syndrome and its components among people with posttraumatic stress disorder: a systematic review and meta-analysis. Metabolism: Clinical and Experimental, 2015, 64, 926-933.	1.5	167
27	Do we need physical activity guidelines for mental health: What does the evidence tell us?. Mental Health and Physical Activity, 2020, 18, 100315.	0.9	161
28	Exercise for depression in older adults: a meta-analysis of randomized controlled trials adjusting for publication bias. Revista Brasileira De Psiquiatria, 2016, 38, 247-254.	0.9	160
29	Solving a weighty problem: Systematic review and meta-analysis of nutrition interventions in severe mental illness. British Journal of Psychiatry, 2017, 210, 110-118.	1.7	153
30	Physical activity and suicidal ideation: A systematic review and meta-analysis. Journal of Affective Disorders, 2018, 225, 438-448.	2.0	140
31	Exercise augmentation compared with usual care for postâ€traumatic stress disorder: a randomized controlled trial. Acta Psychiatrica Scandinavica, 2015, 131, 350-359.	2.2	135
32	Sport-Related Concussion and Mental Health Outcomes in Elite Athletes: A Systematic Review. Sports Medicine, 2018, 48, 447-465.	3.1	134
33	Exercise improves cardiorespiratory fitness in people with depression: A meta-analysis of randomized control trials. Journal of Affective Disorders, 2016, 190, 249-253.	2.0	132
34	The prevalence and predictors of obstructive sleep apnea in major depressive disorder, bipolar disorder and schizophrenia: A systematic review and meta-analysis. Journal of Affective Disorders, 2016, 197, 259-267.	2.0	120
35	Exercise improves physical and psychological quality of life in people with depression: A meta-analysis including the evaluation of control group response. Psychiatry Research, 2016, 241, 47-54.	1.7	118
36	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 6.	2.0	115

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37	Physical activity and sedentary behavior in people with bipolar disorder: A systematic review and meta-analysis. Journal of Affective Disorders, 2016, 201, 145-152.	2.0	109
38	Promotion of cardiorespiratory fitness in schizophrenia: a clinical overview and metaâ€analysis. Acta Psychiatrica Scandinavica, 2015, 132, 131-143.	2.2	108
39	Exercise improves cardiorespiratory fitness in people with schizophrenia: A systematic review and meta-analysis. Schizophrenia Research, 2015, 169, 453-457.	1.1	92
40	Physical activity and depression: a large crossâ€sectional, populationâ€based study across 36 lowâ€and middleâ€income countries. Acta Psychiatrica Scandinavica, 2016, 134, 546-556.	2.2	88
41	The Simple Physical Activity Questionnaire. Lancet Psychiatry,the, 2016, 3, e1.	3.7	87
42	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. Preventive Medicine, 2016, 93, 159-165.	1.6	85
43	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. Journal of Psychiatric Research, 2019, 109, 96-106.	1.5	83
44	The prevalence of pain in bipolar disorder: a systematic review and large-scale meta-analysis. Acta Psychiatrica Scandinavica, 2015, 131, 75-88.	2.2	78
45	Negative symptoms are associated with lower autonomous motivation towards physical activity in people with schizophrenia. Comprehensive Psychiatry, 2015, 56, 128-132.	1.5	77
46	The Validity and Value of Self-reported Physical Activity and Accelerometry in People With Schizophrenia: A Population-Scale Study of the UK Biobank. Schizophrenia Bulletin, 2018, 44, 1293-1300.	2.3	77
47	Schizophrenia and the risk of fractures: a systematic review and comparative meta-analysis. General Hospital Psychiatry, 2015, 37, 126-133.	1.2	76
48	Type 2 Diabetes Among People With Posttraumatic Stress Disorder. Psychosomatic Medicine, 2016, 78, 465-473.	1.3	73
49	Assessing physical activity in people with mental illness: 23-country reliability and validity of the simple physical activity questionnaire (SIMPAQ). BMC Psychiatry, 2020, 20, 108.	1.1	73
50	Integrating physical activity as medicine in the care of people with severe mental illness. Australian and New Zealand Journal of Psychiatry, 2015, 49, 681-682.	1.3	69
51	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. British Journal of Sports Medicine, 2021, 55, 992-1000.	3.1	67
52	Updating goal-setting theory in physical activity promotion: a critical conceptual review. Health Psychology Review, 2021, 15, 34-50.	4.4	64
53	Perceived Stress and Its Relationship With Chronic Medical Conditions and Multimorbidity Among 229,293 Community-Dwelling Adults in 44 Low- and Middle-Income Countries. American Journal of Epidemiology, 2017, 186, 979-989.	1.6	62
54	Grip Strength Is Associated With Cognitive Performance in Schizophrenia and the General Population: A UK Biobank Study of 476559 Participants. Schizophrenia Bulletin, 2018, 44, 728-736.	2.3	62

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55	Implementing evidence-based physical activity interventions for people with mental illness: an Australian perspective. Australasian Psychiatry, 2016, 24, 49-54.	0.4	61
56	Embedding exercise interventions as routine mental health care: implementation strategies in residential, inpatient and community settings. Australasian Psychiatry, 2017, 25, 451-455.	0.4	61
57	Health benefits, safety and cost of physical activity interventions for mental health conditions: A meta-review to inform translation efforts. Mental Health and Physical Activity, 2019, 16, 140-151.	0.9	60
58	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. Psychological Medicine, 2017, 47, 1515-1527.	2.7	58
59	COVID-19: An Australian Perspective. Journal of Loss and Trauma, 2020, 25, 662-672.	0.9	54
60	A nutrition intervention is effective in improving dietary components linked to cardiometabolic risk in youth with first-episode psychosis. British Journal of Nutrition, 2016, 115, 1987-1993.	1.2	51
61	What are the factors that influence physical activity participation in individuals with depression? A review of physical activity correlates from 59 studies. Psychiatria Danubina, 2015, 27, 210-24.	0.2	51
62	Physical Activity Levels and Psychosis: A Mediation Analysis of Factors Influencing Physical Activity Target Achievement Among 204 186 People Across 46 Low- and Middle-Income Countries. Schizophrenia Bulletin, 2017, 43, sbw111.	2.3	49
63	Consensus statement on the role of Accredited Exercise Physiologists within the treatment of mental disorders: a guide for mental health professionals. Australasian Psychiatry, 2016, 24, 347-351.	0.4	49
64	Physical Activity in People With Posttraumatic Stress Disorder: A Systematic Review of Correlates. Journal of Physical Activity and Health, 2016, 13, 910-918.	1.0	48
65	Protecting physical health in people with mental illness â€“ Authors' reply. Lancet Psychiatry,the, 2019, 6, 890-891.	3.7	48
66	Could autonomous motivation hold the key to successfully implementing lifestyle changes in affective disorders? A multicentre cross sectional study. Psychiatry Research, 2015, 228, 100-106.	1.7	47
67	Physical activity and mental health. Lancet Psychiatry,the, 2018, 5, 873.	3.7	46
68	Dose-dependent and joint associations between screen time, physical activity, and mental wellbeing in adolescents: an international observational study. The Lancet Child and Adolescent Health, 2021, 5, 729-738.	2.7	45
69	Challenges Establishing the Efficacy of Exercise as an Antidepressant Treatment: A Systematic Review and Meta-Analysis of Control Group Responses in Exercise Randomised Controlled Trials. Sports Medicine, 2016, 46, 699-713.	3.1	43
70	Why moving more should be promoted for severe mental illness. Lancet Psychiatry,the, 2015, 2, 295.	3.7	42
71	A critical review of exercise as a treatment for clinically depressed adults: time to get pragmatic. Acta Neuropsychiatrica, 2017, 29, 65-71.	1.0	42
72	The anxiolytic effects of exercise for people with anxiety and related disorders: An update of the available meta-analytic evidence. Psychiatry Research, 2021, 302, 114046.	1.7	42

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73	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. Translational Behavioral Medicine, 2020, 10, 1070-1073.	1.2	41
74	Cardiorespiratory fitness levels and moderators in people with HIV: A systematic review and meta-analysis. Preventive Medicine, 2016, 93, 106-114.	1.6	36
75	Physical fitness in people with posttraumatic stress disorder: a systematic review. Disability and Rehabilitation, 2017, 39, 2461-2467.	0.9	36
76	High Intensity Interval training (HIIT) for people with severe mental illness: A systematic review & meta-analysis of intervention studiesâ€“ considering diverse approaches for mental and physical recovery. Psychiatry Research, 2020, 284, 112601.	1.7	36
77	Healthâ€related quality of life and aerobic fitness in people with schizophrenia. International Journal of Mental Health Nursing, 2015, 24, 394-402.	2.1	35
78	Bridging the gap: What have we done and what more can we do to reduce the burden of avoidable death in people with psychotic illness?. Epidemiology and Psychiatric Sciences, 2016, 25, 205-210.	1.8	35
79	Implementing Exercise in Healthcare Settings: The Potential of Implementation Science. Sports Medicine, 2020, 50, 1-14.	3.1	35
80	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. Journal of Psychiatric Research, 2021, 134, 181-191.	1.5	35
81	Cardio-metabolic risk and its management in a cohort of clozapine-treated outpatients. Schizophrenia Research, 2018, 199, 367-373.	1.1	34
82	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. Journal of Affective Disorders, 2021, 282, 996-1004.	2.0	33
83	Physical and mental health impact of COVID-19 on children, adolescents, and their families: The Collaborative Outcomes study on Health and Functioning during Infection Times - Children and Adolescents (COH-FIT-C&A). Journal of Affective Disorders, 2022, 299, 367-376.	2.0	33
84	Physical activity interventions: an essential component in recovery from mental illness. British Journal of Sports Medicine, 2015, 49, 1544-1545.	3.1	32
85	Physical activity as a vital sign in patients with schizophrenia: Evidence and clinical recommendations. Schizophrenia Research, 2016, 170, 336-340.	1.1	32
86	Improving the health of mental health staff through exercise interventions: a systematic review. Journal of Mental Health, 2018, 27, 184-191.	1.0	32
87	Implementation barriers and facilitators of an integrated multidisciplinary lifestyle enhancing treatment for inpatients with severe mental illness: the MULTI study IV. BMC Health Services Research, 2019, 19, 740.	0.9	31
88	Sedentary behavior and depression among community-dwelling adults aged â‰¥50 years: Results from the irish longitudinal study on Ageing. Journal of Affective Disorders, 2020, 262, 389-396.	2.0	31
89	Movement for movement: exercise as everybody's business?. British Journal of Sports Medicine, 2017, 51, 767-768.	3.1	29
90	Is the link between movement and mental health a two-way street? Prospective associations between physical activity, sedentary behaviour and depressive symptoms among women living in socioeconomically disadvantaged neighbourhoods. Preventive Medicine, 2017, 102, 72-78.	1.6	29

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91	Online physical activity interventions for mental disorders: A systematic review. Internet Interventions, 2015, 2, 214-220.	1.4	27
92	What are the top 10 physical activity research questions in schizophrenia?. Disability and Rehabilitation, 2016, 38, 2235-2243.	0.9	27
93	Is autonomous motivation the key to maintaining an active lifestyle in firstâ€episode psychosis?. Microbial Biotechnology, 2018, 12, 821-827.	0.9	27
94	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. Translational Journal of the American College of Sports Medicine, 2018, 3, 72-73.	0.3	27
95	Reliability and clinical correlates of the Astrandâ€“Rhyming sub-maximal exercise test in patients with schizophrenia or schizoaffective disorder. Psychiatry Research, 2014, 220, 778-783.	1.7	26
96	A call to action: exercise as treatment for patients with mental illness. Australian Journal of Primary Health, 2015, 21, 120.	0.4	26
97	Correlates of physical activity among 142,118 adolescents aged 12â€“15â€¯years from 48 low- and middle-income countries. Preventive Medicine, 2019, 127, 105819.	1.6	26
98	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. Psychiatry Research, 2020, 284, 112675.	1.7	26
99	Physical activity correlates among people with psychosis: Data from 47 low- and middle-income countries. Schizophrenia Research, 2018, 193, 412-417.	1.1	25
100	Nurseâ€assessed metabolic monitoring: A file audit of risk factor prevalence and impact of an intervention to enhance measurement of waist circumference. International Journal of Mental Health Nursing, 2014, 23, 252-256.	2.1	23
101	Preferences and motivations for exercise in early psychosis. Acta Psychiatrica Scandinavica, 2016, 134, 83-84.	2.2	23
102	Impact of antipsychotic medication on physical activity and physical fitness in adolescents: An exploratory study. Psychiatry Research, 2016, 242, 192-197.	1.7	23
103	The utility of two interview-based physical activity questionnaires in healthy young adults: Comparison with accelerometer data. PLoS ONE, 2018, 13, e0203525.	1.1	23
104	Association of lifestyle-related factors and psychological factors on quality of life in people with schizophrenia. Psychiatry Research, 2018, 267, 382-393.	1.7	23
105	Is exercise effective in promoting mental well-being in older age? A systematic review. British Journal of Sports Medicine, 2011, 45, 1079-1080.	3.1	22
106	Aerobic exercise intervention in young people with schizophrenia spectrum disorders; improved fitness with no change in hippocampal volume. Psychiatry Research - Neuroimaging, 2015, 232, 200-201.	0.9	22
107	How can we increase physical activity and exercise among youth experiencing firstâ€episode psychosis? A systematic review of intervention variables. Microbial Biotechnology, 2016, 10, 435-440.	0.9	22
108	Implementation in action: how Australian Exercise Physiologists approach exercise prescription for people with mental illness. Journal of Mental Health, 2018, 27, 150-156.	1.0	22

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109	Assessing physical activity in people with posttraumatic stress disorder: feasibility and concurrent validity of the International Physical Activity Questionnaireâ€“ short form and actigraph accelerometers. BMC Research Notes, 2014, 7, 576.	0.6	21
110	Testâ€“retest reliability, feasibility and clinical correlates of the Eurofit test battery in people with bipolar disorder. Psychiatry Research, 2015, 228, 620-625.	1.7	21
111	Physical activity correlates among 24,230 people with depression across 46 low- and middle-income countries. Journal of Affective Disorders, 2017, 221, 81-88.	2.0	21
112	Keeping the body in mind: A qualitative analysis of the experiences of people experiencing firstâ€episode psychosis participating in a lifestyle intervention programme. International Journal of Mental Health Nursing, 2020, 29, 278-289.	2.1	21
113	The (over)use of SMART goals for physical activity promotion: A narrative review and critique. Health Psychology Review, 2023, 17, 211-226.	4.4	21
114	Change in physical activity is not associated with change in mental distress among adolescents: the TromsÂ¸ study: Fit Futures. BMC Public Health, 2019, 19, 916.	1.2	20
115	Correlates of leisure-time sedentary behavior among 181,793 adolescents aged 12-15 years from 66 low- and middle-income countries. PLoS ONE, 2019, 14, e0224339.	1.1	20
116	Exercise augmentation compared to usual care for Post Traumatic Stress Disorder: A Randomised Controlled Trial (The REAP study: Randomised Exercise Augmentation for PTSD). BMC Psychiatry, 2011, 11, 115.	1.1	19
117	Tackling mental health: the role of professional football clubs. Sport in Society, 2017, 20, 281-291.	0.8	19
118	Are people with schizophrenia adherent to diabetes medication? A comparative meta-analysis. Psychiatry Research, 2017, 250, 17-24.	1.7	19
119	Physical activity and loneliness among adults aged 50 years or older in six lowâ€and middleâ€income countries. International Journal of Geriatric Psychiatry, 2019, 34, 1855-1864.	1.3	19
120	Aerobic exercise capacity: an important correlate of psychosocial function in first episode psychosis. Acta Psychiatrica Scandinavica, 2015, 131, 234-234.	2.2	18
121	Differential Experimental Effects of a Short Bout of Walking, Meditation, or Combination of Walking and Meditation on State Anxiety Among Young Adults. American Journal of Health Promotion, 2018, 32, 949-958.	0.9	18
122	Evaluating the Feasibility of a Pilot Exercise Intervention Implemented Within a Residential Rehabilitation Unit for People With Severe Mental Illness: GO HEART: (Group Occupational Health) Tj ETQq0 0 0 rgBT/Overlock 10 Tf 50	1.3	18
123	Stepping up early treatment for helpâ€seeking youth with atâ€risk mental states: Feasibility and acceptability of a realâ€world exercise program. Microbial Biotechnology, 2020, 14, 450-462.	0.9	18
124	Aerobic capacity is associated with global functioning in people with schizophrenia. Journal of Mental Health, 2015, 24, 214-218.	1.0	17
125	Physical activity as a vital sign in patients with bipolar disorder. Psychiatry Research, 2016, 246, 218-222.	1.7	17
126	Adjunctive nutrients in firstâ€episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. Microbial Biotechnology, 2018, 12, 774-783.	0.9	17

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127	Do we need to reconsider best practice in goal setting for physical activity promotion?. British Journal of Sports Medicine, 2018, 52, 485-486.	3.1	17
128	The effectiveness of the Keeping the Body in Mind Xtend pilot lifestyle program on dietary intake in first-episode psychosis: Two-year outcomes. Obesity Research and Clinical Practice, 2019, 13, 214-216.	0.8	17
129	Associations Between Metabolic and Aerobic Fitness Parameters in Patients With Schizophrenia. Journal of Nervous and Mental Disease, 2015, 203, 23-27.	0.5	16
130	Among Inpatients, Posttraumatic Stress Disorder Symptom Severity Is Negatively Associated With Time Spent Walking. Journal of Nervous and Mental Disease, 2016, 204, 15-19.	0.5	16
131	Top 10 research questions to promote physical activity in bipolar disorders: A consensus statement from the International Organization of Physical Therapists in Mental Health. Journal of Affective Disorders, 2016, 195, 82-87.	2.0	16
132	Higher cardio-respiratory fitness is associated with increased mental and physical quality of life in people with bipolar disorder: A controlled pilot study. Psychiatry Research, 2017, 256, 219-224.	1.7	16
133	Mental health informed physical activity for first responders and their support partner: a protocol for a stepped-wedge evaluation of an online, codesigned intervention. BMJ Open, 2019, 9, e030668.	0.8	16
134	Concurrent validity of the international physical activity questionnaire in outpatients with bipolar disorder: Comparison with the Sensewear Armband. Psychiatry Research, 2016, 237, 122-126.	1.7	15
135	Changing health workforce attitudes to promote improved physical health in mental health service users: Keeping our Staff in Mind (KoSiM). Health Promotion Journal of Australia, 2020, 31, 447-455.	0.6	15
136	Exercise interventions for people diagnosed with cancer: a systematic review of implementation outcomes. BMC Cancer, 2021, 21, 643.	1.1	15
137	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review. Internet Interventions, 2022, 27, 100497.	1.4	15
138	Individual Dietetic Consultations in First Episode Psychosis: A Novel Intervention to Reduce Cardiometabolic Risk. Community Mental Health Journal, 2015, 51, 211-214.	1.1	14
139	Modifiable cardiometabolic risk factors in youth with at-risk mental states: A cross-sectional pilot study. Psychiatry Research, 2017, 257, 424-430.	1.7	14
140	The Validity and Reliability Characteristics of the M-BACK Questionnaire to Assess the Barriers, Attitudes, Confidence, and Knowledge of Mental Health Staff Regarding Metabolic Health of Mental Health Service Users. Frontiers in Public Health, 2017, 5, 321.	1.3	14
141	A Novel Landscape for Understanding Physical and Mental Health: Body Mapping Research with Youth Experiencing Psychosis. Art/Research International, 2018, 3, 236-261.	0.1	14
142	A Mental Healthâ€“Informed Physical Activity Intervention for First Responders and Their Partners Delivered Using Facebook: Mixed Methods Pilot Study. JMIR Formative Research, 2021, 5, e23432.	0.7	14
143	Web-based exercise interventions for patients with depressive and anxiety disorders: a systematic review of randomized controlled trials. Revista Brasileira De Psiquiatria, 2022, 44, 331-341.	0.9	14
144	The Roles of Exercise and Yoga in Ameliorating Depression as a Risk Factor for Cognitive Decline. Evidence-based Complementary and Alternative Medicine, 2016, 2016, 1-9.	0.5	13

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145	Key stakeholder perspectives on the development and real-world implementation of a home-based physical activity program for mothers at risk of postnatal depression: a qualitative study. BMC Public Health, 2021, 21, 361.	1.2	13
146	Comorbidity of depression and anxiety in exercise research. Lancet Psychiatry,the, 2017, 4, 519.	3.7	12
147	Prevalence of Chronic Health Conditions in Australian Adults with Depression and/or Anxiety. Issues in Mental Health Nursing, 2019, 40, 902-907.	0.6	12
148	Self-reported physical activity levels of the 2017 Royal Australian and New Zealand College of Psychiatrists (RANZCP) conference delegates and their exercise referral practices. Journal of Mental Health, 2020, 29, 565-572.	1.0	12
149	Feasibility and Acceptability of a Student-Led Lifestyle (Diet and Exercise) Intervention Within a Residential Rehabilitation Setting for People With Severe Mental Illness, GO HEART (Group) Tj ETQq1 1 0.784314 rgBT /Overlock 10 T	1.2	12
150	Exercise as a novel treatment option to address cardiometabolic dysfunction associated with PTSD. Metabolism: Clinical and Experimental, 2015, 64, e5-e6.	1.5	11
151	Dropout from physical activity interventions in children and adolescents with attention deficit hyperactivity disorder: A systematic review and meta-analysis. Mental Health and Physical Activity, 2016, 11, 46-52.	0.9	11
152	Psychiatry HeAL thyself!. Australian and New Zealand Journal of Psychiatry, 2016, 50, 600-600.	1.3	11
153	2-year follow-up: Still keeping the body in mind. Australian and New Zealand Journal of Psychiatry, 2018, 52, 602-603.	1.3	11
154	Adherence to physical activity recommendations and physical and mental health risk in people with severe mental illness in Uganda. Psychiatry Research, 2018, 260, 236-240.	1.7	11
155	Dietary Intake, Adherence to Mediterranean Diet and Lifestyle-Related Factors in People with Schizophrenia. Issues in Mental Health Nursing, 2019, 40, 851-860.	0.6	11
156	Validity and correlates of the International Physical Activity Questionnaire in firstâ€episode psychosis. Microbial Biotechnology, 2019, 13, 562-567.	0.9	11
157	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. British Journal of Sports Medicine, 2021, 55, 7-8.	3.1	11
158	Promoting physical activity for mental health: an updated evidence review and practical guide. Current Opinion in Psychiatry, 2022, 35, 270-276.	3.1	11
159	Lifestyle interventions to reduce premature mortality in schizophrenia. Lancet Psychiatry,the, 2017, 4, e14.	3.7	10
160	Positive cardiometabolic health for adults with intellectual disability: an early intervention framework. Australian Journal of Primary Health, 2016, 22, 288.	0.4	9
161	General strength and conditioning versus motor control with manual therapy for improving depressive symptoms in chronic low back pain: A randomised feasibility trial. PLoS ONE, 2019, 14, e0220442.	1.1	9
162	Associations between ability to recognise a mental health disorder and lived experience of mental illness in an Australian sample.. Psychiatry Research, 2019, 272, 206-208.	1.7	9

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163	Is change in mental distress among adolescents predicted by sedentary behaviour or screen time? Results from the longitudinal population study The TromsÃ¸ Study: Fit Futures. BMJ Open, 2020, 10, e035549.	0.8	9
164	Trauma and Mental Health Awareness in Emergency Service Workers: A Qualitative Evaluation of the Behind the Seen Education Workshops. International Journal of Environmental Research and Public Health, 2021, 18, 4418.	1.2	9
165	Exercise and mental health literacy in an Australian adult population. Depression and Anxiety, 2019, 36, 465-472.	2.0	8
166	Do exercise trials for adults with depression account for comorbid anxiety? A systematic review. Mental Health and Physical Activity, 2020, 18, 100320.	0.9	8
167	Exercise works for depression: bridging the implementation gap and making exercise a core component of treatment. Acta Neuropsychiatrica, 2017, 29, 124-126.	1.0	6
168	Obesity, physical activity and sleep quality in patients admitted to a posttraumatic stress inpatient ward. Australasian Psychiatry, 2020, 28, 270-273.	0.4	6
169	Self-Reported Physical and Mental Health of Informal Caregivers of Emergency Service Workers. Journal of Loss and Trauma, 2021, 26, 507-518.	0.9	6
170	Feasibility of an online, mental healthâ€informed lifestyle program for people aged 60+ years during the COVIDâ€19 pandemic. Health Promotion Journal of Australia, 2022, 33, 545-552.	0.6	6
171	Observation to action: Progressive implementation of lifestyle interventions to improve physical health outcomes in a community-based early psychosis treatment program. Australian and New Zealand Journal of Psychiatry, 2014, 48, 1063-1064.	1.3	5
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