Judith Esi van der Zwan

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The Effect of Heart Rate Variability Biofeedback Training on Mental Health of Pregnant and Non-Pregnant Women: A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2019, 16, 1051.	2.6	22
2	Validation of the Dutch version of the Pregnancy Experience Scale. Midwifery, 2017, 50, 16-20.	2.3	12
3	Longitudinal associations between sleep and anxiety during pregnancy, and the moderating effect of resilience, using parallel process latent growth curve models. Sleep Medicine, 2017, 40, 63-68.	1.6	23
4	Physical Activity, Mindfulness Meditation, or Heart Rate Variability Biofeedback for Stress Reduction: A Randomized Controlled Trial. Applied Psychophysiology Biofeedback, 2015, 40, 257-268.	1.7	220