

Josã© Carlos Aragã£o-Santos

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6656541/publications.pdf>

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9
papers

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citations

2258059

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2053705

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all docs

9
docs citations

9
times ranked

27
citing authors

#	ARTICLE	IF	CITATIONS
1	Active vegetarians show better lower limb strength and power than active omnivores. International Journal of Sports Medicine, 2022, , .	1.7	0
2	Functional and concurrent training do not impair immune function and improve functional fitness in postmenopausal women: A randomized controlled trial. Experimental Gerontology, 2021, 153, 111504.	2.8	4
3	Analysis of Pacing Strategies in AMRAP, EMOM, and FOR TIME Training Models during â€œCrossâ€• Modalities. Sports, 2021, 9, 144.	1.7	2
4	Functional and traditional training improve muscle power and reduce proinflammatory cytokines in older women: A randomized controlled trial. Experimental Gerontology, 2020, 135, 110920.	2.8	11
5	The Efficacy of Functional and Traditional Exercise on the Body Composition and Determinants of Physical Fitness of Older Women: A Randomized Crossover Trial. Journal of Aging Research, 2019, 2019, 1-9.	0.9	9
6	Treinamento funcional versus treinamento de forÃ§a tradicional: efeitos na dor muscular tardia e na aptidÃ£o funcional em idosas. Revista Andaluza De Medicina Del Deporte, 2019, 12, 56-61.	0.1	0
7	Effects of Different Methods of Resistance Training on Indicators of Daily Physical Fitness in Physically Active Elderly Women. International Journal of Sports and Exercise Medicine, 2019, 5, .	0.0	0
8	Strength and Endurance Influence on the Trunk Muscle in the Functional Performance of Elderly Women. International Journal of Sports and Exercise Medicine, 2019, 5, .	0.0	2
9	InfluÃªncia dos treinamentos funcional e tradicional na potÃªncia muscular, qualidade de movimento e qualidade de vida em idosas: um ensaio clÃnico randomizado e controlado. Revista Brasileira De Cineantropometria E Desempenho Humano, 2017, 19, 535.	0.5	4