

# Josã© Carlos Aragã£o-Santos

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6656541/publications.pdf>

Version: 2024-02-01

9  
papers

32  
citations

2258059

3  
h-index

2053705

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9  
times ranked

27  
citing authors

#	ARTICLE	IF	CITATIONS
1	Functional and traditional training improve muscle power and reduce proinflammatory cytokines in older women: A randomized controlled trial. <i>Experimental Gerontology</i> , 2020, 135, 110920.	2.8	11
2	The Efficacy of Functional and Traditional Exercise on the Body Composition and Determinants of Physical Fitness of Older Women: A Randomized Crossover Trial. <i>Journal of Aging Research</i> , 2019, 2019, 1-9.	0.9	9
3	Influência dos treinamentos funcional e tradicional na potência muscular, qualidade de movimento e qualidade de vida em idosas: um ensaio clínico randomizado e controlado. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2017, 19, 535.	0.5	4
4	Functional and concurrent training do not impair immune function and improve functional fitness in postmenopausal women: A randomized controlled trial. <i>Experimental Gerontology</i> , 2021, 153, 111504.	2.8	4
5	Analysis of Pacing Strategies in AMRAP, EMOM, and FOR TIME Training Models during "Cross" Modalities. <i>Sports</i> , 2021, 9, 144.	1.7	2
6	Strength and Endurance Influence on the Trunk Muscle in the Functional Performance of Elderly Women. <i>International Journal of Sports and Exercise Medicine</i> , 2019, 5, .	0.0	2
7	Treinamento funcional versus treinamento de força tradicional: efeitos na dor muscular tardia e na aptidão funcional em idosas. <i>Revista Andaluza De Medicina Del Deporte</i> , 2019, 12, 56-61.	0.1	0
8	Effects of Different Methods of Resistance Training on Indicators of Daily Physical Fitness in Physically Active Elderly Women. <i>International Journal of Sports and Exercise Medicine</i> , 2019, 5, .	0.0	0
9	Active vegetarians show better lower limb strength and power than active omnivores. <i>International Journal of Sports Medicine</i> , 2022, , .	1.7	0