

Laura Chiavaroli

List of Publications by Year in descending order

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Version: 2024-02-01

49
papers

3,141
citations

318942

23
h-index

325983

40
g-index

50
all docs

50
docs citations

50
times ranked

3881
citing authors

#	ARTICLE	IF	CITATIONS
1	Trends in Loss-Adjusted Availability of Added Sugars and Energy Contribution from Macronutrients and Major Food Groups in Canada and the United States. , 2023, 42, 459-468.		0
2	Pasta Structure Affects Mastication, Bolus Properties, and Postprandial Glucose and Insulin Metabolism in Healthy Adults. Journal of Nutrition, 2022, 152, 994-1005.	1.3	16
3	Intakes of nutrients and food categories in Canadian children and adolescents across levels of sugars intake: Cross-sectional analyses of the Canadian Community Health Survey 2015 Public Use Microdata File. Applied Physiology, Nutrition and Metabolism, 2022, , .	0.9	2
4	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. JAMA Network Open, 2022, 5, e222092.	2.8	52
5	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study. JMIR Human Factors, 2022, 9, e34704.	1.0	5
6	Important Food Sources of Fructose-Containing Sugars and Non-Alcoholic Fatty Liver Disease: A Systematic Review and Meta-Analysis of Controlled Trials. Nutrients, 2022, 14, 2846.	1.7	13
7	The importance of glycemic index on post-prandial glycaemia in the context of mixed meals: A randomized controlled trial on pasta and rice. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 615-625.	1.1	11
8	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Journal of Nutrition, 2021, 151, 2409-2421.	1.3	12
9	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. BMJ, The, 2021, 374, n1651.	3.0	70
10	Destigmatizing Carbohydrate with Food Labeling: The Use of Non-Mandatory Labelling to Highlight Quality Carbohydrate Foods. Nutrients, 2020, 12, 1725.	1.7	8
11	Apparent conflicts of interest do not preclude scientific rigor. American Journal of Clinical Nutrition, 2020, 111, 915-916.	2.2	1
12	Canadian Adults with Moderate Intakes of Total Sugars have Greater Intakes of Fibre and Key Micronutrients: Results from the Canadian Community Health Survey 2015 Public Use Microdata File. Nutrients, 2020, 12, 1124.	1.7	10
13	Impact of Foods and Dietary Supplements Containing Hydroxycinnamic Acids on Cardiometabolic Biomarkers: A Systematic Review to Explore Inter-Individual Variability. Nutrients, 2019, 11, 1805.	1.7	25
14	Associations between Dietary Pulses Alone or with Other Legumes and Cardiometabolic Disease Outcomes: An Umbrella Review and Updated Systematic Review and Meta-analysis of Prospective Cohort Studies. Advances in Nutrition, 2019, 10, S308-S319.	2.9	74
15	A lack of consideration of a doseâ€“response relationship can lead to erroneous conclusions regarding 100% fruit juice and the risk of cardiometabolic disease. European Journal of Clinical Nutrition, 2019, 73, 1556-1560.	1.3	26
16	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. Journal of Nutrition, 2019, 149, 968-981.	1.3	83
17	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. Nutrients, 2019, 11, 338.	1.7	300
18	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. Progress in Cardiovascular Diseases, 2018, 61, 43-53.	1.6	130

#	ARTICLE	IF	CITATIONS
19	Bioaccessibility and bioavailability of phenolic compounds in bread: a review. <i>Food and Function</i> , 2017, 8, 2368-2393.	2.1	108
20	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. <i>BMJ Open</i> , 2017, 7, e015026.	0.8	3
21	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. <i>BMJ Open</i> , 2016, 6, e012220.	0.8	6
22	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 1213-1223.	2.2	150
23	Overstated Associations Between Fructose and Nonalcoholic Fatty Liver Disease. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2015, 60, e35.	0.9	3
24	Re. "Association of fructose consumption and components of metabolic syndrome in human studies: A systematic review and meta-analysis". <i>Nutrition</i> , 2015, 31, 419-420.	1.1	3
25	Effect of Fructose on Established Lipid Targets: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. <i>Journal of the American Heart Association</i> , 2015, 4, e001700.	1.6	94
26	Glycemic Index and Glycemic Load and Liver Enzyme Activity. <i>FASEB Journal</i> , 2015, 29, 383.2.	0.2	0
27	Tree Nuts Improve Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. <i>FASEB Journal</i> , 2015, 29, 383.1.	0.2	0
28	Effect of a Low Glycemic Index Diet on Markers of Oxidative Damage in Type 2 Diabetes. <i>FASEB Journal</i> , 2015, 29, 274.5.	0.2	0
29	Effect of Tree Nuts on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. <i>PLoS ONE</i> , 2014, 9, e103376.	1.1	132
30	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. <i>BMJ Open</i> , 2014, 4, e004660-e004660.	0.8	112
31	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. <i>American Journal of Hypertension</i> , 2014, 27, 56-64.	1.0	136
32	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. <i>Cmaj</i> , 2014, 186, E252-E262.	0.9	144
33	Fructose vs. glucose and metabolism. <i>Current Opinion in Lipidology</i> , 2014, 25, 8-19.	1.2	45
34	Is industrial fructose just a marker of an unhealthy dietary pattern?. <i>Journal of Hepatology</i> , 2014, 61, 172-173.	1.8	4
35	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. <i>Atherosclerosis</i> , 2014, 232, 125-133.	0.4	146
36	Differential association of sugar-sweetened beverages in men and women: is it the sugar or calories?. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1399-1400.	2.2	0

#	ARTICLE	IF	CITATIONS
37	Dietary pulses, satiety and food intake: A systematic review and meta-analysis of acute feeding trials. <i>Obesity</i> , 2014, 22, 1773-1780.	1.5	80
38	Fructose in obesity and cognitive decline: is it the fructose or the excess energy?. <i>Nutrition Journal</i> , 2014, 13, 27.	1.5	4
39	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. <i>Diabetes Care</i> , 2014, 37, 1806-1814.	4.3	75
40	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials (1025.16). <i>FASEB Journal</i> , 2014, 28, 1025.16.	0.2	0
41	Tree nuts improve criteria of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials (1025.6). <i>FASEB Journal</i> , 2014, 28, 1025.6.	0.2	1
42	Low Glycemic Index Diets on Long-term Blood Pressure Control: A Systematic Review and Meta-analysis. <i>FASEB Journal</i> , 2013, 27, 615.5.	0.2	0
43	Effect of Fructose on Blood Pressure. <i>Hypertension</i> , 2012, 59, 787-795.	1.3	167
44	The Effects of Fructose Intake on Serum Uric Acid Vary among Controlled Dietary Trials. <i>Journal of Nutrition</i> , 2012, 142, 916-923.	1.3	158
45	Effect of Fructose on Glycemic Control in Diabetes. <i>Diabetes Care</i> , 2012, 35, 1611-1620.	4.3	191
46	Effect of Legumes as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes Mellitus. <i>Archives of Internal Medicine</i> , 2012, 172, 1653.	4.3	288
47	Effect of Fructose on Body Weight in Controlled Feeding Trials. <i>Annals of Internal Medicine</i> , 2012, 156, 291.	2.0	253
48	The effect of adding monounsaturated fat to a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. <i>FASEB Journal</i> , 2010, 24, 564.3.	0.2	0
49	The Effects of Escalating Quantities of <i>Salvia hispanica</i> L. (Salba) on Postprandial Glycemia and Appetite in Healthy Individuals. <i>FASEB Journal</i> , 2008, 22, 305.6.	0.2	0