

Laura Chiavaroli

List of Publications by Year in descending order

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Version: 2024-02-01

49
papers

3,141
citations

279798

23
h-index

289244

40
g-index

50
all docs

50
docs citations

50
times ranked

3625
citing authors

#	ARTICLE	IF	CITATIONS
1	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. <i>Nutrients</i> , 2019, 11, 338.	4.1	300
2	Effect of Legumes as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes Mellitus. <i>Archives of Internal Medicine</i> , 2012, 172, 1653.	3.8	288
3	Effect of Fructose on Body Weight in Controlled Feeding Trials. <i>Annals of Internal Medicine</i> , 2012, 156, 291.	3.9	253
4	Effect of Fructose on Glycemic Control in Diabetes. <i>Diabetes Care</i> , 2012, 35, 1611-1620.	8.6	191
5	Effect of Fructose on Blood Pressure. <i>Hypertension</i> , 2012, 59, 787-795.	2.7	167
6	The Effects of Fructose Intake on Serum Uric Acid Vary among Controlled Dietary Trials. <i>Journal of Nutrition</i> , 2012, 142, 916-923.	2.9	158
7	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 1213-1223.	4.7	150
8	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. <i>Atherosclerosis</i> , 2014, 232, 125-133.	0.8	146
9	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. <i>Cmaj</i> , 2014, 186, E252-E262.	2.0	144
10	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. <i>American Journal of Hypertension</i> , 2014, 27, 56-64.	2.0	136
11	Effect of Tree Nuts on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. <i>PLoS ONE</i> , 2014, 9, e103376.	2.5	132
12	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 43-53.	3.1	130
13	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. <i>BMJ Open</i> , 2014, 4, e004660-e004660.	1.9	112
14	Bioaccessibility and bioavailability of phenolic compounds in bread: a review. <i>Food and Function</i> , 2017, 8, 2368-2393.	4.6	108
15	Effect of Fructose on Established Lipid Targets: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. <i>Journal of the American Heart Association</i> , 2015, 4, e001700.	3.7	94
16	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. <i>Journal of Nutrition</i> , 2019, 149, 968-981.	2.9	83
17	Dietary pulses, satiety and food intake: A systematic review and meta-analysis of acute feeding trials. <i>Obesity</i> , 2014, 22, 1773-1780.	3.0	80
18	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. <i>Diabetes Care</i> , 2014, 37, 1806-1814.	8.6	75

#	ARTICLE	IF	CITATIONS
19	Associations between Dietary Pulses Alone or with Other Legumes and Cardiometabolic Disease Outcomes: An Umbrella Review and Updated Systematic Review and Meta-analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019, 10, S308-S319.	6.4	74
20	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. <i>BMJ</i> , The, 2021, 374, n1651.	6.0	70
21	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. <i>JAMA Network Open</i> , 2022, 5, e222092.	5.9	52
22	Fructose vs. glucose and metabolism. <i>Current Opinion in Lipidology</i> , 2014, 25, 8-19.	2.7	45
23	A lack of consideration of a doseâ€“response relationship can lead to erroneous conclusions regarding 100% fruit juice and the risk of cardiometabolic disease. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1556-1560.	2.9	26
24	Impact of Foods and Dietary Supplements Containing Hydroxycinnamic Acids on Cardiometabolic Biomarkers: A Systematic Review to Explore Inter-Individual Variability. <i>Nutrients</i> , 2019, 11, 1805.	4.1	25
25	Pasta Structure Affects Mastication, Bolus Properties, and Postprandial Glucose and Insulin Metabolism in Healthy Adults. <i>Journal of Nutrition</i> , 2022, 152, 994-1005.	2.9	16
26	Important Food Sources of Fructose-Containing Sugars and Non-Alcoholic Fatty Liver Disease: A Systematic Review and Meta-Analysis of Controlled Trials. <i>Nutrients</i> , 2022, 14, 2846.	4.1	13
27	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. <i>Journal of Nutrition</i> , 2021, 151, 2409-2421.	2.9	12
28	The importance of glycemic index on post-prandial glycaemia in the context of mixed meals: A randomized controlled trial on pasta and rice. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 615-625.	2.6	11
29	Canadian Adults with Moderate Intakes of Total Sugars have Greater Intakes of Fibre and Key Micronutrients: Results from the Canadian Community Health Survey 2015 Public Use Microdata File. <i>Nutrients</i> , 2020, 12, 1124.	4.1	10
30	Destigmatizing Carbohydrate with Food Labeling: The Use of Non-Mandatory Labelling to Highlight Quality Carbohydrate Foods. <i>Nutrients</i> , 2020, 12, 1725.	4.1	8
31	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. <i>BMJ Open</i> , 2016, 6, e012220.	1.9	6
32	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study. <i>JMIR Human Factors</i> , 2022, 9, e34704.	2.0	5
33	Is industrial fructose just a marker of an unhealthy dietary pattern?. <i>Journal of Hepatology</i> , 2014, 61, 172-173.	3.7	4
34	Fructose in obesity and cognitive decline: is it the fructose or the excess energy?. <i>Nutrition Journal</i> , 2014, 13, 27.	3.4	4
35	Overstated Associations Between Fructose and Nonalcoholic Fatty Liver Disease. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2015, 60, e35.	1.8	3
36	Re. â€œAssociation of fructose consumption and components of metabolic syndrome in human studies: A systematic review and meta-analysisâ€• <i>Nutrition</i> , 2015, 31, 419-420.	2.4	3

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37	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. <i>BMJ Open</i> , 2017, 7, e015026.	1.9	3
38	Intakes of nutrients and food categories in Canadian children and adolescents across levels of sugars intake: Cross-sectional analyses of the Canadian Community Health Survey 2015 Public Use Microdata File. <i>Applied Physiology, Nutrition and Metabolism</i> , 2022, , .	1.9	2
39	Apparent conflicts of interest do not preclude scientific rigor. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 915-916.	4.7	1
40	Tree nuts improve criteria of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials (1025.6). <i>FASEB Journal</i> , 2014, 28, 1025.6.	0.5	1
41	Differential association of sugar-sweetened beverages in men and women: is it the sugar or calories?. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1399-1400.	4.7	0
42	The Effects of Escalating Quantities of <i>Salvia hispanica</i> L. (Salba) on Postprandial Glycemia and Appetite in Healthy Individuals. <i>FASEB Journal</i> , 2008, 22, 305.6.	0.5	0
43	The effect of adding monounsaturated fat to a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. <i>FASEB Journal</i> , 2010, 24, 564.3.	0.5	0
44	Low Glycemic Index Diets on Long-term Blood Pressure Control: A Systematic Review and Meta-analysis. <i>FASEB Journal</i> , 2013, 27, 615.5.	0.5	0
45	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials (1025.16). <i>FASEB Journal</i> , 2014, 28, 1025.16.	0.5	0
46	Glycemic Index and Glycemic Load and Liver Enzyme Activity. <i>FASEB Journal</i> , 2015, 29, 383.2.	0.5	0
47	Tree Nuts Improve Glycemic Control: A Systematic Review and Meta-analysis of Randomized Controlled Dietary Trials. <i>FASEB Journal</i> , 2015, 29, 383.1.	0.5	0
48	Effect of a Low Glycemic Index Diet on Markers of Oxidative Damage in Type 2 Diabetes. <i>FASEB Journal</i> , 2015, 29, 274.5.	0.5	0
49	Trends in Loss-Adjusted Availability of Added Sugars and Energy Contribution from Macronutrients and Major Food Groups in Canada and the United States. , 2023, 42, 459-468.		0