Markos Klonizakis

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effectiveness of non-benzodiazepine hypnotics in treatment of adult insomnia: meta-analysis of data submitted to the Food and Drug Administration. BMJ, The, 2012, 345, e8343-e8343.	6.0	225
2	Comparison of laser speckle contrast imaging with laser Doppler for assessing microvascular function. Microvascular Research, 2011, 82, 326-332.	2.5	115
3	Mediterranean diet- and exercise-induced improvement in age-dependent vascular activity. Clinical Science, 2013, 124, 579-587.	4.3	66
4	Reproducibility of cutaneous thermal hyperaemia assessed by laser Doppler flowmetry in young and older adults. Microvascular Research, 2011, 81, 177-182.	2.5	58
5	Effects of ageing and fitness on skin-microvessel vasodilator function in humans. European Journal of Applied Physiology, 2010, 109, 173-181.	2.5	57
6	Implementing a Mediterranean diet intervention into a RCT: Lessons learned from a non-Mediterranean based country. Journal of Nutrition, Health and Aging, 2015, 19, 1019-1022.	3.3	54
7	Supervised exercise training as an adjunct therapy for venous leg ulcers: a randomized controlled feasibility trial. British Journal of Dermatology, 2018, 178, 1072-1082.	1.5	52
8	Low-volume high-intensity interval training rapidly improves cardiopulmonary function in postmenopausal women. Menopause, 2014, 21, 1099-1105.	2.0	51
9	Role of sensory nerves in the rapid cutaneous vasodilator response to local heating in young and older endurance-trained and untrained men. Experimental Physiology, 2011, 96, 163-170.	2.0	43
10	Aging and aerobic fitness affect the contribution of noradrenergic sympathetic nerves to the rapid cutaneous vasodilator response to local heating. Journal of Applied Physiology, 2011, 110, 1264-1270.	2.5	41
11	Exercise training improves cutaneous microvascular endothelial function in post-surgical varicose vein patients. Microvascular Research, 2009, 78, 67-70.	2.5	38
12	Effects of exercise training and Mediterranean diet on vascular risk reduction in post-menopausal women. Clinical Hemorheology and Microcirculation, 2014, 57, 33-47.	1.7	35
13	Long-term effects of an exercise and Mediterranean diet intervention in the vascular function of an older, healthy population. Microvascular Research, 2014, 95, 103-107.	2.5	34
14	Assessment of Lower Limb Microcirculation: Exploring the Reproducibility and Clinical Application of Laser Doppler Techniques. Skin Pharmacology and Physiology, 2011, 24, 136-143.	2.5	27
15	Association between pretreatment haemoglobin levels and morphometric characteristics of the tumour, response to neoadjuvant treatment and longâ€term outcomes in patients with locally advanced rectal cancers. Colorectal Disease, 2013, 15, 1232-1237.	1.4	26
16	The effects of upper and lower limb exercise on the microvascular reactivity in limited cutaneous systemic sclerosis patients. Arthritis Research and Therapy, 2018, 20, 112.	3.5	26
17	Exercise and Polycystic Ovary Syndrome. Advances in Experimental Medicine and Biology, 2020, 1228, 123-136.	1.6	26
18	Dietary nitrate does not affect physical activity or outcomes in healthy older adults in a randomized, cross-over trial. Nutrition Research, 2016, 36, 1361-1369.	2.9	25

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19	Dietary nitrate does not modify blood pressure and cardiac output at rest and during exercise in older adults: a randomised cross-over study. International Journal of Food Sciences and Nutrition, 2018, 69, 74-83.	2.8	24
20	Impaired microvascular endothelial function is restored by acute lower-limb exercise in post-surgical varicose vein patients. Microvascular Research, 2009, 77, 158-162.	2.5	23
21	Effects of posture and venous insufficiency on endothelial-dependent and -independent cutaneous vasodilation in the perimalleolar region. European Journal of Vascular and Endovascular Surgery, 2003, 26, 100-104.	1.5	20
22	Effects of supervised exercise training on lower-limb cutaneous microvascular reactivity in adults with venous ulcers. European Journal of Applied Physiology, 2018, 118, 321-329.	2.5	20
23	Contrasting Effects of Short-Term Mediterranean and Vegan Diets on Microvascular Function and Cholesterol in Younger Adults: A Comparative Pilot Study. Nutrients, 2018, 10, 1897.	4.1	19
24	Supervised exercise training as an adjunctive therapy for venous leg ulcers: study protocol for a randomised controlled trial. Trials, 2015, 16, 443.	1.6	18
25	Assessing the effects of a short-term green tea intervention in skin microvascular function and oxygen tension in older and younger adults. Microvascular Research, 2016, 107, 65-71.	2.5	17
26	Contrasting Effects of Varicose Vein Surgery on Endothelial-dependent and -independent Cutaneous Vasodilation in the Perimalleolar Region. European Journal of Vascular and Endovascular Surgery, 2006, 31, 434-438.	1.5	16
27	Effect of age on cutaneous vasomotor responses during local skin heating. Microvascular Research, 2017, 112, 47-52.	2.5	16
28	Effect of diabetes on the cutaneous microcirculation of the feet in patients with intermittent claudication. Clinical Hemorheology and Microcirculation, 2016, 61, 439-444.	1.7	15
29	Dietary management of celiac disease: Revisiting the guidelines. Nutrition, 2019, 66, 70-77.	2.4	15
30	Exploring the feasibility of an exercise programme including aerobic and resistance training in people with limited cutaneous systemic sclerosis. Clinical Rheumatology, 2020, 39, 1889-1898.	2.2	15
31	Smokers making a quit attempt using e-cigarettes with or without nicotine or prescription nicotine replacement therapy: Impact on cardiovascular function (ISME-NRT) - a study protocol. BMC Public Health, 2017, 17, 293.	2.9	14
32	Effects of arm-cranking exercise in cutaneous microcirculation in older, sedentary people. Microvascular Research, 2011, 81, 331-336.	2.5	12
33	Participant experiences in a feasibility trial of supervised exercise training in adults with venous leg ulcers: A qualitative study. International Wound Journal, 2019, 16, 1559-1569.	2.9	12
34	Exploring the microcirculatory effects of an exercise programme including aerobic and resistance training in people with limited cutaneous systemic sclerosis. Microvascular Research, 2019, 125, 103887.	2.5	12
35	The effects of physical exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: a systematic review and meta-analysis. Journal of Diabetes and Metabolic Disorders, 2019, 18, 597-612.	1.9	10
36	Characterising the time-course of microvascular vasodilator responses in humans using laser doppler fluximetry and iontophoresis. Journal of Pharmacological and Toxicological Methods, 2011, 63. 115-118.	0.7	8

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37	"Studying the cutaneous microcirculatory response during upper-limb exercise in healthy, older, sedentary peopleâ€. Clinical Hemorheology and Microcirculation, 2012, 51, 69-75.	1.7	8
38	Encouraging effects of a short-term, adapted Nordic diet intervention on skin microvascular function and skin oxygen tension in younger and older adults. Nutrition, 2018, 49, 96-101.	2.4	8
39	Effects of Long-Versus Short-Term Exposure to the Mediterranean Diet on Skin Microvascular Function and Quality of Life of Healthy Adults in Greece and the UK. Nutrients, 2019, 11, 2487.	4.1	8
40	Assessing the Physiological Effects of Traditional Regional Diets Targeting the Prevention of Cardiovascular Disease: A Systematic Review of Randomized Controlled Trials Implementing Mediterranean, New Nordic, Japanese, Atlantic, Persian and Mexican Dietary Interventions. Nutrients, 2021, 13, 3034.	4.1	8
41	Validation of an Arm Crank Ergometer Test for Use in Sedentary Adults. Journal of Sports Science and Medicine, 2017, 16, 558-564.	1.6	8
42	Sleep Quality and Duration in European Adolescents (The AdolesHealth Study): A Cross-Sectional, Quantitative Study. Children, 2021, 8, 188.	1.5	7
43	Suppression of the postoperative neutrophil leucocytosis following neoadjuvant chemoradiotherapy for rectal cancer and implications for surgical morbidity. Colorectal Disease, 2010, 12, 549-554.	1.4	6
44	Effects of upper-limb exercise on lower-limb cutaneous microvascular function in post-surgical varicose-vein patients. European Journal of Applied Physiology, 2010, 109, 1221-1224.	2.5	6
45	Assessing the evidence: Exploring the effects of exercise on diabetic microcirculation. Clinical Hemorheology and Microcirculation, 2017, 64, 663-678.	1.7	6
46	Exercise fidelity and progression in a supervised exercise programme for adults with venous leg ulcers. International Wound Journal, 2018, 15, 822-828.	2.9	6
47	The effects of exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: protocol for a systematic review and meta-analysis. Systematic Reviews, 2019, 8, 116.	5.3	6
48	Supervised exercise training and increased physical activity to reduce cardiovascular disease risk in women with polycystic ovary syndrome: study protocol for a randomized controlled feasibility trial. Trials, 2020, 21, 101.	1.6	6
49	Investigating the effectiveness and feasibility of exercise on microvascular reactivity and quality of life in systemic sclerosis patients: study protocol for a feasibility study. Trials, 2018, 19, 647.	1.6	5
50	Physiological effects of a short-term lifestyle intervention based on the Mediterranean diet: comparison between older and younger healthy, sedentary adults. Nutrition, 2018, 55-56, 185-191.	2.4	5
51	Short-Term Cardiovascular Effects of E-Cigarettes in Adults Making a Stop-Smoking Attempt: A Randomized Controlled Trial. Biology, 2021, 10, 1208.	2.8	5
52	Processing of laser Doppler flowmetry signals from healthy subjects and patients with varicose veins: Information categorisation approach based on intrinsic mode functions and entropy computation. Medical Engineering and Physics, 2015, 37, 553-559.	1.7	4
53	Prescribed exercise regimen versus usual care and hypochlorous acid wound solution versus placebo for treating venous leg ulcers: study protocol for a randomised controlled trial (Factorial4VLU). BMJ Open, 2021, 11, e043420.	1.9	4
54	Participant Experiences of a Quit Smoking Attempt Through Either Nicotine Replacement Therapy (NRT) Methods or the Use of an E-cigarette. Journal of Addiction Medicine, 2022, 16, 272-277.	2.6	4

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55	Multifractal analysis of laser Doppler flowmetry signals before and after arm-cranking exercise in an older healthy population. Medical Physics, 2013, 40, 020702.	3.0	3
56	Exploring barriers and facilitators to eating the Mediterranean diet in England: a qualitative study. Proceedings of the Nutrition Society, 2015, 74, .	1.0	3
57	Realâ€life adaptations in walking patterns in patients with established peripheral arterial disease assessed using a global positioning system in the community: a cohort study. Clinical Physiology and Functional Imaging, 2018, 38, 889-894.	1.2	3
58	The Role of Microcirculatory Dysfunction in the Pathophysiology and Treatment of Venous Leg Ulcers. JAMA Dermatology, 2019, 155, 861.	4.1	3
59	The Association Between Cardiovascular Function, Measured as FMD and CVC, and Long-Term Aquatic Exercise in Older Adults (ACELA Study): A Cross-Sectional Study. Frontiers in Physiology, 2020, 11, 603435.	2.8	3
60	Commentary on: "Implementing a Mediterranean-Style Diet Outside the Mediterranean Region― Current Atherosclerosis Reports, 2018, 20, 45.	4.8	2
61	Consumption of branched-chain amino acids is inversely associated with central obesity and cardiometabolic features in a population of Brazilian middle-aged men: Potential role of leucine intake. Journal of Nutrition, Health and Aging, 0, , .	3.3	2
62	Supervised Aerobic Exercise Training and Increased Lifestyle Physical Activity to Reduce Cardiovascular Disease Risk for Women With Polycystic Ovary Syndrome: A Randomized Controlled Feasibility Trial. Journal of Physical Activity and Health, 2022, , 1-10.	2.0	2
63	Supervised exercise training as an adjunct therapy for venous leg ulcers: a randomized controlled feasibility trial. British Journal of Dermatology, 2018, 178, e361-e361.	1.5	1
64	No effect of nitrate-rich beetroot juice on microvascular function and blood pressure in younger and older individuals: a randomised, placebo-controlled double-blind pilot study. European Journal of Clinical Nutrition, 2022, 76, 1380-1386.	2.9	1
65	Upright Posture Impairs Microvascular Vasodilation in Patients with Varicose Veins – Possible Role in Ulcer Formation. Clinical Science, 2002, 103, 7P-8P.	0.0	0
66	Effects of Lower Limb Angioplasty on Endothelial-Dependent and -Independent Microvascular Reactivity. European Journal of Vascular and Endovascular Surgery, 2011, 42, 856.	1.5	0
67	Effects of Lower Limb Angioplasty on Endothelial-Dependent and -Independent Microvascular Reactivity. EJVES Extra, 2011, 22, e52-e54.	0.1	О
68	Reduction in post-menopausal related vascular dysfunction through exercise and Mediterranean diet. Proceedings of the Nutrition Society, 2013, 72, .	1.0	0
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70	Editorial: Exploration of the Physiological Effects of Exercise in Cardiovascular Diseases. Frontiers in Physiology, 2020, 11, 1097.	2.8	0
71	THU0721-HPRâ€The effects of upper and lower limb exercise on the microvascular reactivity in systemic sclerosis patients. , 2018, , .		Ο
72	Scientific critique on the effects of supervised exercise program and home exercise program in patients with systemic sclerosis: A randomized controlled trial. International Journal of Rheumatic Diseases, 2021, 24, 1543-1544.	1.9	0