

João Guilherme Almeida Bergamasco

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6605621/publications.pdf>

Version: 2024-02-01

5
papers

41
citations

2258059

3
h-index

2272923

4
g-index

5
all docs

5
docs citations

5
times ranked

43
citing authors

#	ARTICLE	IF	CITATIONS
1	Suspension training vs. traditional resistance training: effects on muscle mass, strength and functional performance in older adults. <i>European Journal of Applied Physiology</i> , 2020, 120, 2223-2232.	2.5	22
2	Low-Load Resistance Training Performed to Muscle Failure or Near Muscle Failure Does Not Promote Additional Gains on Muscle Strength, Hypertrophy, and Functional Performance of Older Adults. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	2.1	9
3	Resistance Training With Partial Blood Flow Restriction in a 99-Year-Old Individual: A Case Report. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 671764.	1.8	6
4	Suspension Training: A New Approach to Improve Muscle Strength, Mass, and Functional Performances in Older Adults?. <i>Frontiers in Physiology</i> , 2019, 10, 1576.	2.8	4
5	Effects of Blood Flow Restriction Combined With Resistance Training or Neuromuscular Electrostimulation on Muscle Cross-Sectional Area. <i>Journal of Sport Rehabilitation</i> , 2021, , 1-6.	1.0	0