

Floris C Wardenaar

List of Publications by Year in descending order

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Version: 2024-02-01

26
papers

395
citations

840776

11
h-index

794594

19
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26
all docs

26
docs citations

26
times ranked

529
citing authors

#	ARTICLE	IF	CITATIONS
1	Nutritional Supplement Use by Dutch Elite and Sub-Elite Athletes: Does Receiving Dietary Counseling Make a Difference?. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 32-42.	2.1	74
2	Micronutrient Intakes in 553 Dutch Elite and Sub-Elite Athletes: Prevalence of Low and High Intakes in Users and Non-Users of Nutritional Supplements. <i>Nutrients</i> , 2017, 9, 142.	4.1	49
3	Nutrient Intake by Ultramarathon Runners: Can They Meet Recommendations?. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 375-386.	2.1	35
4	Habitual Dietary Nitrate Intake in Highly Trained Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 148-157.	2.1	33
5	Macronutrient Intakes in 553 Dutch Elite and Sub-Elite Endurance, Team, and Strength Athletes: Does Intake Differ between Sport Disciplines?. <i>Nutrients</i> , 2017, 9, 119.	4.1	27
6	Nutritional Status and Daytime Pattern of Protein Intake on Match, Post-Match, Rest and Training Days in Senior Professional and Youth Elite Soccer Players. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 285-293.	2.1	23
7	Self-Reported Use and Reasons among the General Population for Using Sports Nutrition Products and Dietary Supplements. <i>Sports</i> , 2016, 4, 33.	1.7	18
8	Real-Time Observations of Food and Fluid Timing During a 120 km Ultramarathon. <i>Frontiers in Nutrition</i> , 2018, 5, 32.	3.7	18
9	Protein Supplementation Does Not Augment Adaptations to Endurance Exercise Training. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2041-2049.	0.4	18
10	Post-Exercise Rehydration: Effect of Consumption of Beer with Varying Alcohol Content on Fluid Balance after Mild Dehydration. <i>Frontiers in Nutrition</i> , 2016, 3, 45.	3.7	16
11	Hydration Status and Fluid Needs of Division I Female Collegiate Athletes Exercising Indoors and Outdoors. <i>Sports</i> , 2019, 7, 155.	1.7	11
12	Best Practices for Probiotic Research in Athletic and Physically Active Populations: Guidance for Future Randomized Controlled Trials. <i>Frontiers in Nutrition</i> , 2022, 9, 809983.	3.7	11
13	A lavatory urine color (LUC) chart method can identify hypohydration in a physically active population. <i>European Journal of Nutrition</i> , 2021, 60, 2795-2805.	3.9	10
14	Gastrointestinal Complaints and Correlations with Self-Reported Macronutrient Intake in Independent Groups of (Ultra)Marathon Runners Competing at Different Distances. <i>Sports</i> , 2019, 7, 140.	1.7	9
15	Athletesâ€™ Self-Assessment of Urine Color Using Two Color Charts to Determine Urine Concentration. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4126.	2.6	9
16	Dutch Olympic and Non-Olympic Athletes Differ in Knowledge of and Attitudes Toward Third-party Supplement Testing. <i>Journal of Dietary Supplements</i> , 2021, 18, 646-654.	2.6	7
17	Identifying the need for locally-observed wet bulb globe temperature across outdoor athletic venues for current and future climates in a desert environment. <i>Environmental Research Letters</i> , 0, , .	5.2	6
18	Reliability of 3 Urine Specific Gravity Meters for Measuring Brix and Urine Solutions at Different Temperatures. <i>Journal of Athletic Training</i> , 2021, 56, 389-395.	1.8	5

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19	Validity of a Food and Fluid Exercise Questionnaire for Macronutrient Intake during Exercise against Observations. <i>Nutrients</i> , 2019, 11, 2391.	4.1	3
20	The validity urine color scoring at different light conditions to assess low versus high urine concentration. <i>Journal of Athletic Training</i> , 2021, , .	1.8	3
21	Funding and college-provided nutritional resources on diet quality among female athletes. <i>Journal of American College Health</i> , 2023, 71, 1732-1739.	1.5	3
22	Human Hydration Indices: Spot Urine Sample Reference Values for Urine Concentration Markers in Athletic Populations. <i>Dietetics</i> , 2022, 1, 39-51.	1.3	3
23	2870 May 31 3:15 PM - 5:15 PM. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 789-789.	0.4	1
24	The association between gastrointestinal injury, -complaints, and food intake in 60 km ultramarathon runners. <i>Applied Physiology, Nutrition and Metabolism</i> , 2022, , .	1.9	1
25	The impact of different playing surfaces on physiological parameters in collegiate DI American football athletes. <i>International Journal of Sports Science and Coaching</i> , 2023, 18, 781-792.	1.4	1
26	The effects of three different types of macronutrient feedings on golf performance and levels of fatigue and alertness. <i>Nutrition and Health</i> , 2022, 28, 509-514.	1.5	1