

Ahmad Esmailzadeh

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

456
papers

13,066
citations

62
h-index

99
g-index

490
ext. papers

15,190
ext. citations

4.3
avg, IF

7.02
L-index

#	Paper	IF	Citations
456	The effect of probiotic cheese consumption on inflammatory and anti-inflammatory markers, disease severity, and symptoms in patients with rheumatoid arthritis: study protocol for a randomized, double-blind, placebo-controlled trial.. <i>Trials</i> , 2022 , 23, 180	2.7	0
455	The effect of daily consumption of probiotic yogurt on liver enzymes, steatosis and fibrosis in patients with nonalcoholic fatty liver disease (NAFLD): study protocol for a randomized clinical trial.. <i>BMC Gastroenterology</i> , 2022 , 22, 102	2.9	0
454	Effect of daily consumption of probiotic yoghurt on albumin to creatinine ratio, eGFR and metabolic parameters in patients with type 2 diabetes with microalbuminuria: study protocol for a randomised controlled clinical trial.. <i>BMJ Open</i> , 2022 , 12, e056110	2.9	
453	Adherence to the Mediterranean Diet in Relation to Gastric Cancer in Afghanistan.. <i>Frontiers in Nutrition</i> , 2022 , 9, 830646	5.9	0
452	Association between dietary intake of branched-chain amino acids and sarcopenia and its components: a cross-sectional study.. <i>Scientific Reports</i> , 2022 , 12, 5666	4.7	
451	Association Between Dietary Total Antioxidant Capacity and Diet Quality in Adults.. <i>Frontiers in Nutrition</i> , 2022 , 9, 838752	5.9	0
450	Consumption of "Diabetes Risk Reduction Diet" and Odds of Breast Cancer Among Women in a Middle Eastern Country.. <i>Frontiers in Nutrition</i> , 2022 , 9, 744500	5.9	
449	The association of plant-based dietary patterns and psychological disorders among Iranian adults.. <i>Journal of Affective Disorders</i> , 2022 , 300, 314-321	6.4	
448	A combined healthy lifestyle score in relation to glioma: a case-control study.. <i>Nutrition Journal</i> , 2022 , 21, 6	4	0
447	Consumption of dairy products and odds of breast cancer: an Iranian case-control study.. <i>Breast Cancer</i> , 2022 , 29, 352	3.3	
446	Coffee and caffeine intake in relation to symptoms of psychological disorders among adults.. <i>Public Health Nutrition</i> , 2022 , 1-28	3.1	0
445	Dietary Inflammatory Potential in relation to General and Abdominal Obesity. <i>International Journal of Clinical Practice</i> , 2022 , 2022, 1-7	2.8	
444	Association Between Red and Processed Meat Consumption and Risk of Prostate Cancer: A Systematic Review and Meta-Analysis.. <i>Frontiers in Nutrition</i> , 2022 , 9, 801722	5.9	1
443	Validation and reproducibility of a semi-qualitative food frequency questionnaire for assessment of sodium intake in Iranian population.. <i>Nutrition Journal</i> , 2022 , 21, 9	4	
442	Coffee consumption and caffeine intake in relation to risk of fractures: a systematic review and dose-response meta-analysis of observational studies.. <i>Critical Reviews in Food Science and Nutrition</i> , 2022 , 1-13	11	
441	A Body Shape Index and Body Roundness Index in Relation to Anxiety, Depression, and Psychological Distress in Adults.. <i>Frontiers in Nutrition</i> , 2022 , 9, 843155	5.9	0
440	A population based case-control study of association between dietary calcium intake and ulcerative colitis in adults.. <i>Scientific Reports</i> , 2022 , 12, 7913	4.7	

439	Breakfast skipping and prevalence of heartburn syndrome among Iranian adults. <i>Eating and Weight Disorders</i> , 2021 , 26, 2173-2181	3.5	
438	Adherence to the MIND Diet and Risk of Breast Cancer: A Case-control Study. <i>Clinical Breast Cancer</i> , 2021 , 21, e158-e164	2.9	1
437	The association between meal and snack frequency and irritable bowel syndrome. <i>Public Health Nutrition</i> , 2021 , 24, 4144-4155	3.1	0
436	The Association between Dietary Total Antioxidant Capacity and Glioma in Adults. <i>Nutrition and Cancer</i> , 2021 , 73, 1947-1956	2.6	1
435	Association between Adherence to "Dietary Approaches to Stop Hypertension" Eating Plan and Breast Cancer. <i>Nutrition and Cancer</i> , 2021 , 73, 433-441	2.6	7
434	Association between dietary total antioxidant capacity and breast cancer: a case-control study in a Middle Eastern country. <i>Public Health Nutrition</i> , 2021 , 24, 965-972	3.1	7
433	Legume and Nuts Consumption in Relation to Glioma: A Case- Control Study. <i>Nutrition and Cancer</i> , 2021 , 73, 760-766	2.6	
432	Adherence to the Mediterranean dietary pattern in relation to glioma: A case-control study. <i>Clinical Nutrition</i> , 2021 , 40, 313-319	3.5	9
431	Legume and Nuts Consumption in Relation to Odds of Breast Cancer: A Case-Control Study. <i>Nutrition and Cancer</i> , 2021 , 73, 750-759	2.6	7
430	Combined Healthy Lifestyle Is Inversely Associated with Upper Gastrointestinal Disorders among Iranian Adults. <i>Digestive Diseases</i> , 2021 , 39, 77-88	3	2
429	Adherence to Mediterranean dietary pattern is inversely associated with depression, anxiety and psychological distress. <i>Nutritional Neuroscience</i> , 2021 , 24, 248-259	3.5	30
428	Association of Dietary Fiber, Fruit, and Vegetable Consumption with Risk of Inflammatory Bowel Disease: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2021 , 12, 735-743	9.4	9
427	Empirically derived food-based dietary inflammatory index is associated with increased risk of psychological disorders in women. <i>Nutritional Neuroscience</i> , 2021 , 24, 260-268	3.5	5
426	Dietary insulin index and insulin load in relation to glioma: findings from a case-control study. <i>Nutritional Neuroscience</i> , 2021 , 24, 354-362	3.5	11
425	The association of serum levels of zinc and vitamin D with wasting among Iranian pre-school children. <i>Eating and Weight Disorders</i> , 2021 , 26, 211-218	3.5	4
424	High vs. low-fat dairy and milk differently affects the risk of all-cause, CVD, and cancer death: A systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-15	11	3
423	Dietary intake of branched-chain amino acids in relation to depression, anxiety and psychological distress. <i>Nutrition Journal</i> , 2021 , 20, 11	4	3
422	The effects of whole grain intake on anthropometric measures in overweight and obese children: a crossover randomised clinical trial. <i>British Journal of Nutrition</i> , 2021 , 126, 1459-1465	3.4	1

421	Breakfast skipping alone and in interaction with inflammatory based quality of diet increases the risk of higher scores of psychological problems profile in a large sample of Iranian adults. <i>Journal of Nutritional Science</i> , 2021 , 10, e10	2.6	1
420	The association between adherence to the MIND diet and irritable bowel syndrome. <i>Digestive Diseases</i> , 2021 ,	3	1
419	The Relationship between Functional Constipation and Major Dietary Patterns in Iranian Adults: Findings from the Large Cross-Sectional Population-Based SEPAHAN Study. <i>Preventive Nutrition and Food Science</i> , 2021 , 26, 146-156	2.3	
418	Consumption of Dietary Fiber in Relation to Psychological Disorders in Adults. <i>Frontiers in Psychiatry</i> , 2021 , 12, 587468	4.9	1
417	Fish consumption during pregnancy and risk of allergic diseases in the offspring: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-11	11	
416	The effect of apple cider vinegar on lipid profiles and glycemic parameters: a systematic review and meta-analysis of randomized clinical trials. <i>BMC Complementary Medicine and Therapies</i> , 2021 , 21, 179	2.7	2
415	Association between dietary inflammatory potential and risk of developing gestational diabetes: a prospective cohort study. <i>Nutrition Journal</i> , 2021 , 20, 48	4	1
414	A systematic review and meta-analysis of prospective studies on obesity and risk of inflammatory bowel disease. <i>Nutrition Reviews</i> , 2021 ,	6.2	2
413	A Combined Healthy Lifestyle Score in Relation to Glioma: A Case-Control Study. <i>Current Developments in Nutrition</i> , 2021 , 5, 267-267	0.3	78
412	Association between dietary phytochemical index and breast cancer: a case-control study. <i>Breast Cancer</i> , 2021 , 28, 1283-1291	3.3	0
411	Association of Coffee and Caffeine Intake With Irritable Bowel Syndrome in Adults. <i>Frontiers in Nutrition</i> , 2021 , 8, 632469	5.9	1
410	The Association between Dietary Calcium Intake and Breast Cancer Risk among Iranian Women. <i>Nutrition and Cancer</i> , 2021 , 1-8	2.6	
409	Maternal caffeine consumption during pregnancy and risk of low birth weight: a dose-response meta-analysis of cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-10	11	1
408	Dietary intake of branched-chain amino acids in relation to general and abdominal obesity. <i>Eating and Weight Disorders</i> , 2021 , 1	3.5	
407	A Case-Control Study on Dietary Acid Load in Relation to Glioma. <i>Nutrition and Cancer</i> , 2021 , 1-8	2.6	1
406	Dietary phytochemical index in relation to risk of stroke: a case-control study. <i>Nutritional Neuroscience</i> , 2021 , 1-8	3.5	1
405	Calcium plus vitamin D supplementation affects pregnancy outcomes in gestational diabetes: randomized, double-blind, placebo-controlled trial - EXPRESSION OF CONCERN. <i>Public Health Nutrition</i> , 2021 , 24, 4369	3.1	
404	Whole grain intake favorably affects blood glucose and serum triacylglycerols in overweight and obese children: A randomized controlled crossover clinical trial. <i>Nutrition</i> , 2021 , 87-88, 111200	4.4	0

403	Red and White Meat Intake in Relation to Mental Disorders in Iranian Adults. <i>Frontiers in Nutrition</i> , 2021 , 8, 710555	5.9	1
402	Adherence to Low Carbohydrate Diet in Relation to Chronic Obstructive Pulmonary Disease. <i>Frontiers in Nutrition</i> , 2021 , 8, 690880	5.9	
401	The effects of vitamin D, K and calcium co-supplementation on carotid intima-media thickness and metabolic status in overweight type 2 diabetic patients with CHD - Expression of concern. <i>British Journal of Nutrition</i> , 2021 , 1	3.4	
400	Dietary methyl donor micronutrients intake in relation to psychological disorders in adults. <i>British Journal of Nutrition</i> , 2021 , 1-11	3.4	2
399	Probiotics as a New Regulator for Bone Health: A Systematic Review and Meta-Analysis. <i>Evidence-based Complementary and Alternative Medicine</i> , 2021 , 2021, 3582989	2.2	3
398	Dietary Intake of Linoleic Acid, Its Concentrations, and the Risk of Type 2 Diabetes: A Systematic Review and Dose-Response Meta-analysis of Prospective Cohort Studies. <i>Diabetes Care</i> , 2021 , 44, 2173-2181	14.1	3
397	Favorable effects of the Dietary Approaches to Stop Hypertension diet on glucose tolerance and lipid profiles in gestational diabetes: a randomised clinical trial - Expression of concern. <i>British Journal of Nutrition</i> , 2021 , 1	3.4	
396	The effects of vitamin D supplementation on inflammatory biomarkers in patients with abnormal glucose homeostasis: A systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , 2021 , 170, 105727	9.9	0
395	Adherence to the Mediterranean Diet, Five-Year Weight Change, and Risk of Overweight and Obesity: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2021 ,	9.4	4
394	Dietary glycaemic index and glycaemic load in relation to risk of breast cancer. <i>Public Health Nutrition</i> , 2021 , 1-9	3.1	1
393	The effect of ketogenic diet on body composition and anthropometric measures: A systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-14	11	1
392	Dietary acrylamide intake and risk of women's cancers: a systematic review and meta-analysis of prospective cohort studies. <i>British Journal of Nutrition</i> , 2021 , 126, 1355-1363	3.4	2
391	Adherence to Dietary Approaches to Stop Hypertension Eating Plan and Prevalence of Irritable Bowel Syndrome in Adults. <i>Journal of Neurogastroenterology and Motility</i> , 2021 , 27, 78-86	4.3	0
390	Adherence to Alternative Healthy Eating Index (AHEI-2010) is not associated with risk of stroke in Iranian adults: A case-control study. <i>International Journal for Vitamin and Nutrition Research</i> , 2021 , 91, 48-55	1.7	1
389	A systematic review and meta-analysis of prospective cohort studies on the association between alcohol intake and risk of fracture. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-15	11	1
388	The association between plant-based dietary patterns and risk of breast cancer: a case-control study. <i>Scientific Reports</i> , 2021 , 11, 3391	4.7	11
387	Careful data extraction in meta-analysis: the case of maternal caffeine intake during pregnancy and low-birth weight, childhood overweight, and obesity. <i>International Journal of Obesity</i> , 2021 , 45, 713-714	5.2	
386	The Association between Dietary Inflammatory Potential and Gastric Cancer: A Case Control Study. <i>Nutrition and Cancer</i> , 2021 , 1-10	2.6	

385	The relationship between rice consumption and glioma: a case-control study in adults. <i>Scientific Reports</i> , 2021 , 11, 6073	4.7	2
384	Salt intake and its sources in children, adolescents and adults in the Islamic Republic of Iran. <i>Eastern Mediterranean Health Journal</i> , 2021 , 27, 279-286	1.6	1
383	Total, Dietary, and Supplemental Magnesium Intakes and Risk of All-Cause, Cardiovascular, and Cancer Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2021 , 12, 1196-1210	9.4	2
382	Magnesium intake, insulin resistance and markers of endothelial function among women. <i>Public Health Nutrition</i> , 2021 , 24, 5777-5785	3.1	0
381	Patterns of Nutrient Intake in Relation to Sarcopenia and Its Components. <i>Frontiers in Nutrition</i> , 2021 , 8, 645072	5.9	1
380	Dietary phytochemical index in relation to risk of glioma: a case-control study in Iranian adults. <i>Nutrition Journal</i> , 2021 , 20, 31	4	1
379	The association between adherence to the MIND diet and stroke: a case-control study. <i>Nutritional Neuroscience</i> , 2021 , 1-6	3.5	0
378	Relationship between obesity and depression, anxiety and psychological distress among Iranian health-care staff. <i>Eastern Mediterranean Health Journal</i> , 2021 , 27, 327-335	1.6	0
377	Maternal vitamin D status and risk of gestational diabetes mellitus: A systematic review and meta-analysis of prospective cohort studies. <i>Clinical Nutrition</i> , 2021 , 40, 2576-2586	3.5	6
376	Low fermentable oligosaccharides, disaccharides, monosaccharides and polyols (FODMAP) diet is associated with increased risk of uninvestigated chronic dyspepsia and its symptoms in adults. <i>Minerva Gastroenterology</i> , 2021 ,	1.5	1
375	The Relationship Between Food-Based Pro-inflammatory Diet and Sarcopenia: Findings From a Cross-Sectional Study in Iranian Elderly People. <i>Frontiers in Medicine</i> , 2021 , 8, 649907	4.7	
374	The Association between Dietary Insulin Index and Load with Gastric Cancer in Afghanistan.. <i>Nutrition and Cancer</i> , 2021 , 1-10	2.6	2
373	The effect of walnut consumption on cardiometabolic profiles of individuals with abnormal glucose homeostasis: a systematic review and meta-analysis of clinical trials. <i>British Journal of Nutrition</i> , 2021 , 1-13	3.4	1
372	Adherence to plant-based dietary patterns in relation to glioma: a case-control study. <i>Scientific Reports</i> , 2021 , 11, 21819	4.7	
371	A case-control study on dietary calcium intake and risk of glioma. <i>European Journal of Cancer Prevention</i> , 2021 , 30, 322-327	1.9	1
370	Association between Dietary Fat Intake and Odds of Gastro-esophageal Reflux Disorder (GERD) in Iranian Adults. <i>International Journal of Preventive Medicine</i> , 2021 , 12, 77	1.5	
369	Validity of Self-reported Height, Weight, Body Mass Index, and Waist Circumference in Iranian Adults. <i>International Journal of Preventive Medicine</i> , 2021 , 12, 75	1.5	2
368	Dietary Intake of Total Carbohydrates, Sugar and Sugar-Sweetened Beverages, and Risk of Inflammatory Bowel Disease: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Frontiers in Nutrition</i> , 2021 , 8, 707795	5.9	1

367	Dietary intakes of monounsaturated fatty acids and risk of mortality from all causes, cardiovascular disease and cancer: A systematic review and dose-response meta-analysis of prospective cohort studies. <i>Ageing Research Reviews</i> , 2021 , 72, 101467	11.5	1
366	Lack of association between nuts and legumes consumption and metabolic syndrome in young Iranian nurses. <i>Clinical Nutrition ESPEN</i> , 2021 , 46, 173-178	0.8	
365	Association between dietary glycemic index and glycemic load and glioma: a case-control study. <i>Nutritional Neuroscience</i> , 2021 , 1-10	3.5	
364	The Effect of Whole-Grain Intake on Biomarkers of Subclinical Inflammation: A Comprehensive Meta-analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020 , 11, 52-65	9.4	8
363	Consumption of sugar sweetened beverages and dietary fructose in relation to risk of gout and hyperuricemia: a systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 1-10	11	31
362	The effects of curcumin supplementation on body weight, body mass index and waist circumference: a systematic review and dose-response meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 171-180	11	21
361	The association between the dietary inflammatory index and glioma: A case-control study. <i>Clinical Nutrition</i> , 2020 , 39, 433-439	3.5	1
360	Cinnamon supplementation positively affects obesity: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2020 , 39, 123-133	3.5	27
359	Dietary acid load in relation to depression and anxiety in adults. <i>Journal of Human Nutrition and Dietetics</i> , 2020 , 33, 48-55	2.9	2
358	Association between dietary insulin index and load with obesity in adults. <i>European Journal of Nutrition</i> , 2020 , 59, 1563-1575	5	12
357	Dietary intake and serum levels of trans fatty acids and risk of breast cancer: A systematic review and dose-response meta-analysis of prospective studies. <i>Clinical Nutrition</i> , 2020 , 39, 755-764	3.5	18
356	Oral Magnesium Supplementation Improved Lipid Profile but Increased Insulin Resistance in Patients with Diabetic Nephropathy: a Double-Blind Randomized Controlled Clinical Trial. <i>Biological Trace Element Research</i> , 2020 , 193, 23-35	4.4	11
355	The effect of probiotics on inflammatory biomarkers: a meta-analysis of randomized clinical trials. <i>European Journal of Nutrition</i> , 2020 , 59, 633-649	5	27
354	Consumption of milk and dairy products and risk of osteoporosis and hip fracture: a systematic review and Meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 1722-1737	11	16
353	Dietary patterns in relation with psychosomatic complaints profile: Results from SEPAHAN study among a large sample of general adults. <i>Nutritional Neuroscience</i> , 2020 , 23, 190-200	3.5	5
352	Spicy Food Consumption and Risk of Uninvestigated Heartburn in Isfahani Adults. <i>Digestive Diseases</i> , 2020 , 38, 178-187	3	2
351	Anti-hypertensive effects of cinnamon supplementation in adults: A systematic review and dose-response Meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 3144-3154	11	13
350	Association between dietary insulin index and load and psychological disorders. <i>British Journal of Nutrition</i> , 2020 , 123, 161-171	3.4	4

349	Dietary total antioxidant capacity in relation to stroke among Iranian adults. <i>Nutritional Neuroscience</i> , 2020 , 23, 465-470	3.5	2
348	Metaanalysis on obesity and risk of inflammatory bowel disease: Reanalysis is needed. <i>Obesity Reviews</i> , 2020 , 21, e12965	10.2	1
347	Healthy lifestyle score and irritable bowel syndrome: A cross-sectional study in adults. <i>Neurogastroenterology and Motility</i> , 2020 , 32, e13793	3.8	2
346	Whole-Grain Consumption Does Not Affect Obesity Measures: An Updated Systematic Review and Meta-analysis of Randomized Clinical Trials. <i>Advances in Nutrition</i> , 2020 , 11, 280-292	9.4	23
345	Reply to: Letter to the editor-dietary inflammatory index and psychological disorders. <i>Clinical Nutrition</i> , 2020 , 39, 315	3.5	
344	Clinical effectiveness of zinc supplementation on the biomarkers of oxidative stress: A systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , 2020 , 161, 105166	9.9	6
343	The association between dietary glycemic index and load and risk of gestational diabetes mellitus: A prospective study. <i>Diabetes Research and Clinical Practice</i> , 2020 , 170, 108469	7.2	1
342	Effects of probiotics on salivary cytokines and immunoglobulines: a systematic review and meta-analysis on clinical trials. <i>Scientific Reports</i> , 2020 , 10, 11800	4.7	2
341	Inflammatory potential of the diet and risk of sarcopenia and its components. <i>Nutrition Journal</i> , 2020 , 19, 129	4	9
340	Association of dietary approaches to stop hypertension eating style and risk of sarcopenia. <i>Scientific Reports</i> , 2020 , 10, 19339	4.7	1
339	Dietary intake of total, animal, and plant proteins and risk of all cause, cardiovascular, and cancer mortality: systematic review and dose-response meta-analysis of prospective cohort studies. <i>BMJ, The</i> , 2020 , 370, m2412	5.7	52
338	Dietary intake of total, animal and plant proteins and the risk of coronary heart disease and hypertension: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-14	11	1
337	Adherence to the MIND diet in relation to glioma: a case-control study. <i>Nutritional Neuroscience</i> , 2020 , 1-8	3.5	3
336	The state of child nutrition in Ethiopia: an umbrella review of systematic review and meta-analysis reports. <i>BMC Pediatrics</i> , 2020 , 20, 404	2.5	1
335	The MIND (Mediterranean-DASH Diet Intervention for Neurodegenerative Delay) and Mediterranean Diets are differently associated with psychosomatic complaints profile in adults: Results from SEPAHAN Cross-sectional study. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2020 , 13, 341-359	1.2	
334	Water intake and intra-meal fluid consumption in relation to general and abdominal obesity of Iranian adults. <i>Nutrition Journal</i> , 2020 , 19, 39	4	1
333	Adherence to "dietary approaches to stop hypertension" eating plan in relation to gastric cancer. <i>Nutrition Journal</i> , 2020 , 19, 40	4	0
332	Refined grains consumption is associated with a greater odds of glioma. <i>Nutritional Neuroscience</i> , 2020 , 1-9	3.5	6

331	Combining Population-Specific Dietary Patterns in Meta-analyses: True or False?. <i>Advances in Nutrition</i> , 2020 , 11, 463	9.4	2
330	Reply to F Haghghatdoost. <i>Advances in Nutrition</i> , 2020 , 11, 466-467	9.4	
329	Effects of grape seed extract on dyslipidaemia: a systematic review and dose-response meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , 2020 , 1-14	3.4	3
328	Effect of fish oil on circulating asymmetric dimethylarginine and adiponectin in overweight or obese patients with atrial fibrillation. <i>Food Science and Nutrition</i> , 2020 , 8, 2165-2172	3.1	3
327	Legume and nut consumption in relation to depression, anxiety and psychological distress in Iranian adults. <i>European Journal of Nutrition</i> , 2020 , 59, 3635-3645	5	5
326	Validity and reliability of a dish-based semi-quantitative food frequency questionnaire for assessment of energy and nutrient intake among Iranian adults. <i>BMC Research Notes</i> , 2020 , 13, 95	2.2	7
325	The protective association of linoleic acid against mortality might be under- or over-estimated. <i>American Journal of Clinical Nutrition</i> , 2020 , 112, 237	6.6	1
324	Effects of soy milk consumption on gut microbiota, inflammatory markers, and disease severity in patients with ulcerative colitis: a study protocol for a randomized clinical trial. <i>Trials</i> , 2020 , 21, 565	2.7	7
323	The effect of zinc supplementation on blood pressure: a systematic review and dose-response meta-analysis of randomized-controlled trials. <i>European Journal of Nutrition</i> , 2020 , 59, 1815-1827	5	6
322	Effects of dairy products consumption on inflammatory biomarkers among adults: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 872-888	3.6	13
321	Association between adherence to MIND diet and general and abdominal obesity: a cross-sectional study. <i>Nutrition Journal</i> , 2020 , 19, 15	4	4
320	A randomized controlled trial investigating the effect of a diet low in fermentable oligosaccharides, disaccharides, monosaccharides, and polyols on the intestinal microbiome and inflammation in patients with ulcerative colitis: study protocol for a randomized controlled trial. <i>Trials</i> , 2020 , 21, 201	2.7	7
319	Association between healthy lifestyle score and breast cancer. <i>Nutrition Journal</i> , 2020 , 19, 4	4	11
318	Clinical and Metabolic Responses to Magnesium Supplementation in Women with Polycystic Ovary Syndrome. <i>Biological Trace Element Research</i> , 2020 , 196, 349-358	4.4	7
317	The relationship between residential altitude and stunting: evidence from >26 000 children living in highlands and lowlands of Ethiopia. <i>British Journal of Nutrition</i> , 2020 , 123, 934-941	3.4	3
316	Influence of Statins on Circulating Inflammatory Cytokines in Patients With Abnormal Glucose Homeostasis: A Meta-analysis of Data From Randomized Controlled Trials. <i>Clinical Therapeutics</i> , 2020 , 42, e13-e31	3.4	4
315	Water consumption and prevalence of irritable bowel syndrome among adults. <i>PLoS ONE</i> , 2020 , 15, e0228205	3.8	0
314	Association Between Inflammatory Potential of the Diet and Ulcerative Colitis: A Case-Control Study. <i>Frontiers in Nutrition</i> , 2020 , 7, 602090	5.9	0

313	Higher vitamin B intake is associated with lower depression and anxiety risk in women but not in men: A large cross-sectional study. <i>International Journal for Vitamin and Nutrition Research</i> , 2020 , 90, 484-492	1.7	8
312	Development of a dish-based food frequency questionnaire for Iranian population. <i>Medical Journal of the Islamic Republic of Iran</i> , 2020 , 34, 129	1.1	1
311	Patterning of Food Preferences Among Iranian Adults: Results from SEPAHAN Study. <i>International Journal of Preventive Medicine</i> , 2020 , 11, 176	1.5	
310	Caffeine, Type of Coffee, and Risk of Ovarian Cancer: A Dose-Response Meta-Analysis of Prospective Studies. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019 , 104, 5349-5359	5.4	17
309	Adherence to the pro-inflammatory diet in relation to prevalence of irritable bowel syndrome. <i>Nutrition Journal</i> , 2019 , 18, 72	4	11
308	The contribution of dietary and non-dietary factors to socioeconomic inequality in childhood anemia in Ethiopia: a regression-based decomposition analysis. <i>BMC Research Notes</i> , 2019 , 12, 646	2.2	4
307	Dietary and non-dietary determinants of linear growth status of infants and young children in Ethiopia: Hierarchical regression analysis. <i>PLoS ONE</i> , 2019 , 14, e0209220	3.6	9
306	Effects of vitamin D supplementation along with endurance physical activity on lipid profile in metabolic syndrome patients: A randomized controlled trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019 , 13, 1093-1098	8.6	6
305	Psychological disorders and dietary patterns by reduced-rank regression. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 408-415	5	6
304	Immunomodulatory Effects of Flavonoids: Possible Induction of T CD4+ Regulatory Cells Through Suppression of mTOR Pathway Signaling Activity. <i>Frontiers in Immunology</i> , 2019 , 10, 51	8.2	47
303	Statins influence biomarkers of low grade inflammation in apparently healthy people or patients with chronic diseases: A systematic review and meta-analysis of randomized clinical trials. <i>Cytokine</i> , 2019 , 123, 154752	3.8	11
302	A case-control study on dietary quality indices and glioma. <i>British Journal of Nutrition</i> , 2019 , 122, 103-110	3.4	1
301	Adherence to the MIND diet and prevalence of psychological disorders in adults. <i>Journal of Affective Disorders</i> , 2019 , 256, 96-102	6.4	19
300	Dietary glycemic index, glycemic load, and risk of mortality from all causes and cardiovascular diseases: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>American Journal of Clinical Nutrition</i> , 2019 , 110, 921-937	6.6	18
299	Egg Consumption and Risk of Upper Aero-Digestive Tract Cancers: A Systematic Review and Meta-Analysis of Observational Studies. <i>Advances in Nutrition</i> , 2019 , 10, 660-672	9.4	3
298	Household, maternal, and child related determinants of hemoglobin levels of Ethiopian children: hierarchical regression analysis. <i>BMC Pediatrics</i> , 2019 , 19, 113	2.5	11
297	Empirically derived food-based inflammatory potential of the diet, irritable bowel syndrome, and its severity. <i>Nutrition</i> , 2019 , 63-64, 141-147	4.4	6
296	Effects of vitamin D supplementation on liver fibrogenic factors in non-alcoholic fatty liver patients with steatohepatitis: study protocol for a randomized clinical trial. <i>Trials</i> , 2019 , 20, 153	2.7	6

295	Food taboo among pregnant Ethiopian women: magnitude, drivers, and association with anemia. <i>Nutrition Journal</i> , 2019 , 18, 19	4	12
294	Metformin use and risk of fracture: a systematic review and meta-analysis of observational studies. <i>Osteoporosis International</i> , 2019 , 30, 1167-1173	5.2	18
293	Findings From the Meta-analysis on Whole-Grain Consumption and Biomarkers of Systemic Inflammation Are Misleading. <i>Journal of the American College of Nutrition</i> , 2019 , 38, 657-658	3.3	3
292	Sweetened Beverages Consumption and Pancreatic Cancer: A Meta-Analysis. <i>Nutrition and Cancer</i> , 2019 , 71, 375-384	2.6	7
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290	Egg consumption and prevalence of psychological disorders in adults. <i>European Journal of Nutrition</i> , 2019 , 58, 1923-1932	5	1
289	Glycemic index, glycemic load, and depression: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 356-365	5	20
288	Patterns of nutrients intakes in relation to glioma: A case-control study. <i>Clinical Nutrition</i> , 2019 , 38, 1406-1413	5.1	2
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286	Coffee and caffeine intake and risk of ovarian cancer: a systematic review and meta-analysis. <i>International Journal of Gynecological Cancer</i> , 2019 , 29, 579-584	3.3	15
285	Concurrent anemia and stunting in young children: prevalence, dietary and non-dietary associated factors. <i>Nutrition Journal</i> , 2019 , 18, 10	4	25
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282	The relationship between dietary inflammatory index and psychosomatic complaints profiles: results from SEPAHAN cross-sectional study. <i>BioPsychoSocial Medicine</i> , 2019 , 13, 27	2.7	1
281	Adherence to the low carbohydrate diet and the risk of breast Cancer in Iran. <i>Nutrition Journal</i> , 2019 , 18, 86	4	6
280	Adherence to low carbohydrate diet and prevalence of psychological disorders in adults. <i>Nutrition Journal</i> , 2019 , 18, 87	4	4
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278	Egg Consumption in Relation to Glioma: A Case-Control Study. <i>Nutrition and Cancer</i> , 2019 , 71, 41-49	2.6	2

277	Association between dietary inflammatory index and psychological profile in adults. <i>Clinical Nutrition</i> , 2019 , 38, 2360-2368	3.5	22
276	Dietary total antioxidant capacity in relation to depression and anxiety in Iranian adults. <i>Nutrition</i> , 2019 , 65, 85-90	4.4	11
275	General and abdominal obesity in relation to the prevalence of irritable bowel syndrome. <i>Neurogastroenterology and Motility</i> , 2019 , 31, e13549	3.8	9
274	Dietary glycemic index and glycemic load in relation to general obesity and central adiposity among adults. <i>Clinical Nutrition</i> , 2019 , 38, 2936-2942	3.5	13
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272	Breakfast consumption in relation to lowered risk of psychological disorders among Iranian adults. <i>Public Health</i> , 2019 , 167, 152-158	3.9	8
271	Dietary inflammatory index and its association with renal function and progression of chronic kidney disease. <i>Clinical Nutrition ESPEN</i> , 2019 , 29, 237-241	0.8	8
270	Adherence to low carbohydrate diet in relation to glioma: A case-control study. <i>Clinical Nutrition</i> , 2019 , 38, 2690-2695	3.5	3
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268	The relationship between dairy food intake and psychological distress among Iranian adults: results from a large cross-sectional population-based study. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2019 , 27, 781-789	1.4	2
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266	Trace minerals intake: Risks and benefits for cardiovascular health. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 1334-1346	11	29
265	The association of whole and refined grains consumption with psychological disorders among Iranian adults. <i>European Journal of Nutrition</i> , 2019 , 58, 211-225	5	27
264	Electrolyte minerals intake and cardiovascular health. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 2375-2385	11	11
263	Do patterns of nutrient intake predict self-reported anxiety, depression and psychological distress in adults? SEPAHAN study. <i>Clinical Nutrition</i> , 2019 , 38, 940-947	3.5	8
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261	Serum Levels of Vitamin D, Retinol and Zinc in Relation to overweight among Toddlers: Findings from a National Study in Iran. <i>Archives of Iranian Medicine</i> , 2019 , 22, 174-181	2.4	3
260	Food Item Avoidance of Patients with Irritable Bowel Syndrome Compared with Healthy People. <i>Archives of Iranian Medicine</i> , 2019 , 22, 369-375	2.4	3

259	Household socioeconomic status in relation to childhood general and central obesity in Farrokhsahr, Iran. <i>ARYA Atherosclerosis</i> , 2019 , 15, 211-217	0.7	
258	Postgraduate Research Mentorship Program: An approach to improve the quality of postgraduate research supervision and mentorship in Iranian students. <i>Journal of Education and Health Promotion</i> , 2019 , 8, 109	1.4	2
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256	Adherence to a Low FODMAP Diet in Relation to Symptoms of Irritable Bowel Syndrome in Iranian Adults. <i>Digestive Diseases and Sciences</i> , 2018 , 63, 1261-1269	3.8	6
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253	Soy product consumption and the risk of all-cause, cardiovascular and cancer mortality: a systematic review and meta-analysis of cohort studies. <i>Food and Function</i> , 2018 , 9, 2576-2588	5.9	18
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251	The impact of oat (<i>Avena sativa</i>) consumption on biomarkers of renal function in patients with chronic kidney disease: A parallel randomized clinical trial. <i>Clinical Nutrition</i> , 2018 , 37, 78-84	3.5	10
250	Adherence to Mediterranean diet in relation to bone mineral density and risk of fracture: a systematic review and meta-analysis of observational studies. <i>European Journal of Nutrition</i> , 2018 , 57, 2147-2160	5	39
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246	Review of earlier evidence on dietary glycemic index and load and depression needs further attention. <i>European Journal of Nutrition</i> , 2018 , 57, 2341-2342	5	0
245	The association between dietary intake of magnesium and psychiatric disorders among Iranian adults: a cross-sectional study. <i>British Journal of Nutrition</i> , 2018 , 120, 693-702	3.4	23
244	Relationship Between Meal Frequency and Gastroesophageal Reflux Disease (GERD) in Iranian Adults. <i>Digestive Diseases and Sciences</i> , 2018 , 63, 2998-3008	3.8	2
243	An Overview of FGF19 and FGF21: The Therapeutic Role in the Treatment of the Metabolic Disorders and Obesity. <i>Hormone and Metabolic Research</i> , 2018 , 50, 441-452	3	39
242	Drinking plain water is associated with decreased risk of depression and anxiety in adults: Results from a large cross-sectional study. <i>World Journal of Psychiatry</i> , 2018 , 8, 88-96	2.8	3

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240	Letter to editor: careful literature search and exact data extraction are milestones of a meta-analysis: the case of dairy consumption and hip fracture. <i>BMC Public Health</i> , 2018 , 18, 1253	4	
239	The effects of alcoholic extract of saffron (<i>Crocus sativus</i> L.) on mild to moderate comorbid depression-anxiety, sleep quality, and life satisfaction in type 2 diabetes mellitus: A double-blind, randomized and placebo-controlled clinical trial. <i>Complementary Therapies in Medicine</i> , 2018 , 41, 196-202	3.4	24
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237	Physical activity in relation to irritable bowel syndrome among Iranian adults. <i>PLoS ONE</i> , 2018 , 13, e0205866	5.6	7
236	High protein diets do not affect anthropometric indexes and cardiometabolic risk factors among children with excess weight: A randomized controlled trial. <i>Journal of Cardiovascular and Thoracic Research</i> , 2018 , 10, 95-103	1.2	1
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234	The Association Between Major Dietary Patterns and Pregnancy-related Complications. <i>Archives of Iranian Medicine</i> , 2018 , 21, 443-451	2.4	8
233	Abdominal Obesity and Risk of Hip Fracture: A Systematic Review and Meta-Analysis of Prospective Studies. <i>Advances in Nutrition</i> , 2017 , 8, 728-738	9.4	36
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226	Consumption of energy-dense diets in relation to metabolic syndrome and inflammatory markers in Iranian female nurses. <i>Public Health Nutrition</i> , 2017 , 20, 893-901	3.1	9
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222	Long-Term Vitamin D Supplementation Affects Metabolic Status in Vitamin D-Deficient Type 2 Diabetic Patients with Coronary Artery Disease. <i>Journal of Nutrition</i> , 2017 , 147, 384-389	3.9	35
221	The relationship of serum adipokines with malnutrition inflammation score in haemodialysis. <i>European Journal of Clinical Investigation</i> , 2017 , 47, 545-554	4.4	2
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219	Probiotic supplementation in diabetic hemodialysis patients has beneficial metabolic effects. <i>Kidney International</i> , 2017 , 91, 435-442	9.6	93
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216	What does my neighbourhood have to do with my weight? A protocol for systematic review and meta-analysis of the association between neighbourhood socioeconomic status and body weight. <i>BMJ Open</i> , 2017 , 7, e017567	2.9	1
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213	Comparison of Energy and Nutrient Contents of Commercial and Noncommercial Enteral Nutrition Solutions. <i>Advanced Biomedical Research</i> , 2017 , 6, 131	1.1	2
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206	White Rice Consumption, Body Mass Index, and Waist Circumference among Iranian Female Adolescents. <i>Journal of the American College of Nutrition</i> , 2016 , 35, 491-499	3.3	7

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202	Effect of Selenium Supplementation on Glycemic Control and Lipid Profiles in Patients with Diabetic Nephropathy. <i>Biological Trace Element Research</i> , 2016 , 172, 282-289	4.4	20
201	Dietary magnesium intake, bone mineral density and risk of fracture: a systematic review and meta-analysis. <i>Osteoporosis International</i> , 2016 , 27, 1389-1399	5.2	51
200	Effects of the Dietary Approaches to Stop Hypertension (DASH) Eating Plan on the Metabolic Side Effects of Corticosteroid Medications. <i>Journal of the American College of Nutrition</i> , 2016 , 35, 285-90	3.3	7
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196	Effects of long-term folate supplementation on metabolic status and regression of cervical intraepithelial neoplasia: A randomized, double-blind, placebo-controlled trial. <i>Nutrition</i> , 2016 , 32, 681-6	4.4	11
195	Re. "Fruit and vegetable consumption and the risk of depression: A meta-analysis": Further analysis is required. <i>Nutrition</i> , 2016 , 32, 1162-3	4.4	3
194	Meal frequency in relation to prevalence of functional dyspepsia among Iranian adults. <i>Nutrition</i> , 2016 , 32, 242-8	4.4	8
193	The Effects of Chromium Supplementation on Endocrine Profiles, Biomarkers of Inflammation, and Oxidative Stress in Women with Polycystic Ovary Syndrome: a Randomized, Double-Blind, Placebo-Controlled Trial. <i>Biological Trace Element Research</i> , 2016 , 172, 72-78	4.4	29
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191	Clinical and metabolic response to probiotic administration in patients with major depressive disorder: A randomized, double-blind, placebo-controlled trial. <i>Nutrition</i> , 2016 , 32, 315-20	4.4	34 ¹
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189	Dietary Energy Density, Renal Function, and Progression of Chronic Kidney Disease. <i>Advances in Medicine</i> , 2016 , 2016, 2675345	2.3	3
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183	Empirically derived dietary patterns in relation to psychological disorders. <i>Public Health Nutrition</i> , 2016 , 19, 204-17	3.1	44
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180	The Impact of a Low Glycemic Index Diet on Inflammatory Markers and Serum Adiponectin Concentration in Adolescent Overweight and Obese Girls: A Randomized Clinical Trial. <i>Hormone and Metabolic Research</i> , 2016 , 48, 251-6	3	15
179	Relationship between spicy food intake and chronic uninvestigated dyspepsia in Iranian adults. <i>Journal of Digestive Diseases</i> , 2016 , 17, 28-35	3.2	6
178	Effects of omega-3 fatty acid plus alpha-tocopherol supplementation on malnutrition-inflammation score, biomarkers of inflammation and oxidative stress in chronic hemodialysis patients. <i>International Urology and Nephrology</i> , 2016 , 48, 1887-1895	2.2	20
177	Nutrient patterns and their relation to general and abdominal obesity in Iranian adults: findings from the SEPAHAN study. <i>European Journal of Nutrition</i> , 2016 , 55, 505-518	5	41
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173	Effects of Legume-Enriched Diet on Cardiometabolic Risk Factors among Individuals at Risk for Diabetes: A Crossover Study. <i>Journal of the American College of Nutrition</i> , 2016 , 35, 31-40	3.3	17
172	The Combined Effects of Healthy Lifestyle Behaviors on All-Cause Mortality: The Golestan Cohort Study. <i>Archives of Iranian Medicine</i> , 2016 , 19, 752-761	2.4	3
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170	Association between sleep quality and postpartum depression. <i>Journal of Research in Medical Sciences</i> , 2016 , 21, 110	1.6	12

169	Dairy Consumption and Risk of Stroke: A Case-control Study. <i>International Journal of Preventive Medicine</i> , 2016 , 7, 2	1.5	3
168	Calcium-Vitamin D Co-supplementation Affects Metabolic Profiles, but not Pregnancy Outcomes, in Healthy Pregnant Women. <i>International Journal of Preventive Medicine</i> , 2016 , 7, 49	1.5	14
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162	Patterns of dietary behaviours identified by latent class analysis are associated with chronic uninvestigated dyspepsia. <i>British Journal of Nutrition</i> , 2015 , 113, 803-12	3.4	20
161	Adherence to a DASH-Style Diet in Relation to Stroke: A Case-Control Study. <i>Journal of the American College of Nutrition</i> , 2015 , 34, 408-15	3.3	5
160	Effects of Calcium Plus Vitamin D Supplementation on Anthropometric Measurements and Blood Pressure in Vitamin D Insufficient People with Type 2 Diabetes: A Randomized Controlled Clinical Trial. <i>Journal of the American College of Nutrition</i> , 2015 , 34, 281-9	3.3	10
159	Favorable effects of vitamin D supplementation on pregnancy outcomes in gestational diabetes: a double blind randomized controlled clinical trial. <i>Hormone and Metabolic Research</i> , 2015 , 47, 565-70	3	26
158	Diet and its relationship to sarcopenia in community dwelling Iranian elderly: a cross sectional study. <i>Nutrition</i> , 2015 , 31, 97-104	4.4	81
157	Adherence to the DASH diet and prevalence of the metabolic syndrome among Iranian women. <i>European Journal of Nutrition</i> , 2015 , 54, 421-8	5	37
156	Effects of omega-3 fatty acid supplementation on insulin metabolism and lipid profiles in gestational diabetes: Randomized, double-blind, placebo-controlled trial. <i>Clinical Nutrition</i> , 2015 , 34, 388-93	3.5	51
155	Red meat intake, insulin resistance, and markers of endothelial function among Iranian women. <i>Molecular Nutrition and Food Research</i> , 2015 , 59, 315-22	5.1	18
154	Calcium plus vitamin D supplementation influences biomarkers of inflammation and oxidative stress in overweight and vitamin D-deficient women with polycystic ovary syndrome: a randomized double-blind placebo-controlled clinical trial. <i>Clinical Endocrinology</i> , 2015 , 83, 888-94	3.3	61
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151	Effects of selenium supplementation on glucose homeostasis, inflammation, and oxidative stress in gestational diabetes: Randomized, double-blind, placebo-controlled trial. <i>Nutrition</i> , 2015 , 31, 1235-42	4.4	79
150	Total, dietary, and supplemental calcium intake and mortality from all-causes, cardiovascular disease, and cancer: A meta-analysis of observational studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 623-34	3.6	31
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135	The Effect of Multi mineral-Vitamin D Supplementation on Pregnancy Outcomes in Pregnant Women at Risk for Pre-eclampsia. <i>International Journal of Preventive Medicine</i> , 2015 , 6, 62	1.5	10
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