

Yolanda Aguilera

List of Publications by Year in descending order

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55
papers

2,450
citations

172443

29
h-index

197805

49
g-index

56
all docs

56
docs citations

56
times ranked

2945
citing authors

#	ARTICLE	IF	CITATIONS
1	Characterization of Industrial Onion Wastes (<i>Allium cepa</i> L.): Dietary Fibre and Bioactive Compounds. <i>Plant Foods for Human Nutrition</i> , 2011, 66, 48-57.	3.2	228
2	The impact of dehydration process on antinutrients and protein digestibility of some legume flours. <i>Food Chemistry</i> , 2009, 114, 1063-1068.	8.2	141
3	Starch, Functional Properties, and Microstructural Characteristics in Chickpea and Lentil As Affected by Thermal Processing. <i>Journal of Agricultural and Food Chemistry</i> , 2009, 57, 10682-10688.	5.2	128
4	Impact of cooking and germination on phenolic composition and dietary fibre fractions in dark beans (<i>Phaseolus vulgaris</i> L.) and lentils (<i>Lens culinaris</i> L.). <i>LWT - Food Science and Technology</i> , 2016, 66, 72-78.	5.2	128
5	Impact of germination on starch, dietary fiber and physicochemical properties in non-conventional legumes. <i>Food Research International</i> , 2013, 50, 64-69.	6.2	110
6	Bioactive phenolic compounds and functional properties of dehydrated bean flours. <i>Food Research International</i> , 2011, 44, 774-780.	6.2	104
7	Phenolic compounds in fruits and beverages consumed as part of the mediterranean diet: their role in prevention of chronic diseases. <i>Phytochemistry Reviews</i> , 2016, 15, 405-423.	6.5	101
8	Coffee parchment as a new dietary fiber ingredient: Functional and physiological characterization. <i>Food Research International</i> , 2019, 122, 105-113.	6.2	87
9	Changes in Nonnutritional Factors and Antioxidant Activity during Germination of Nonconventional Legumes. <i>Journal of Agricultural and Food Chemistry</i> , 2013, 61, 8120-8125.	5.2	79
10	Evaluation of Phenolic Profile and Antioxidant Properties of Pardina Lentil As Affected by Industrial Dehydration. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 10101-10108.	5.2	77
11	Influence of germination on the soluble carbohydrates and dietary fibre fractions in non-conventional legumes. <i>Food Chemistry</i> , 2008, 107, 1045-1052.	8.2	75
12	Changes in carbohydrate fraction during dehydration process of common legumes. <i>Journal of Food Composition and Analysis</i> , 2009, 22, 678-683.	3.9	73
13	Phenolic compounds from coffee by-products modulate adipogenesis-related inflammation, mitochondrial dysfunction, and insulin resistance in adipocytes, via insulin/PI3K/AKT signaling pathways. <i>Food and Chemical Toxicology</i> , 2019, 132, 110672.	3.6	71
14	Effect of sterilisation on dietary fibre and physicochemical properties of onion by-products. <i>Food Chemistry</i> , 2011, 127, 501-507.	8.2	68
15	Black bean coats: New source of anthocyanins stabilized by β -cyclodextrin copigmentation in a sport beverage. <i>Food Chemistry</i> , 2016, 212, 561-570.	8.2	62
16	Phenolic Profile and Antioxidant Capacity of Chickpeas (<i>Cicer arietinum</i> L.) as Affected by a Dehydration Process. <i>Plant Foods for Human Nutrition</i> , 2011, 66, 187-195.	3.2	56
17	Estimation of scavenging capacity of melatonin and other antioxidants: Contribution and evaluation in germinated seeds. <i>Food Chemistry</i> , 2015, 170, 203-211.	8.2	55
18	Effect of Industrial Dehydration on the Soluble Carbohydrates and Dietary Fiber Fractions in Legumes. <i>Journal of Agricultural and Food Chemistry</i> , 2006, 54, 7652-7657.	5.2	51

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19	Extraction of phenolic compounds from cocoa shell: Modeling using response surface methodology and artificial neural networks. Separation and Purification Technology, 2021, 270, 118779.	7.9	50
20	Effect of Illumination on the Content of Melatonin, Phenolic Compounds, and Antioxidant Activity During Germination of Lentils (<i>Lens culinaris</i> L.) and Kidney Beans (<i>Phaseolus vulgaris</i>) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	8.2	48
21	Fetal undernutrition is associated with perinatal sex-dependent alterations in oxidative status. Journal of Nutritional Biochemistry, 2015, 26, 1650-1659.	4.2	47
22	Physicochemical properties and in vitro antidiabetic potential of fibre concentrates from onion by-products. Journal of Functional Foods, 2017, 36, 34-42.	3.4	47
23	Maternal plasma antioxidant status in the first trimester of pregnancy and development of obstetric complications. Placenta, 2016, 47, 37-45.	1.5	44
24	Relationship of the Phytochemicals from Coffee and Cocoa By-Products with their Potential to Modulate Biomarkers of Metabolic Syndrome In Vitro. Antioxidants, 2019, 8, 279.	5.1	44
25	Impact of Melatonin Enrichment during Germination of Legumes on Bioactive Compounds and Antioxidant Activity. Journal of Agricultural and Food Chemistry, 2015, 63, 7967-7974.	5.2	38
26	Teas and herbal infusions as sources of melatonin and other bioactive non-nutrient components. LWT - Food Science and Technology, 2018, 89, 65-73.	5.2	36
27	Cocoa Shell Aqueous Phenolic Extract Preserves Mitochondrial Function and Insulin Sensitivity by Attenuating Inflammation between Macrophages and Adipocytes In Vitro. Molecular Nutrition and Food Research, 2019, 63, e1801413.	3.3	34
28	Revalorization of Coffee Husk: Modeling and Optimizing the Green Sustainable Extraction of Phenolic Compounds. Foods, 2021, 10, 653.	4.3	33
29	Intake of bean sprouts influences melatonin and antioxidant capacity biomarker levels in rats. Food and Function, 2016, 7, 1438-1445.	4.6	31
30	Response surface methodology to optimise the heat-assisted aqueous extraction of phenolic compounds from coffee parchment and their comprehensive analysis. Food and Function, 2019, 10, 4739-4750.	4.6	30
31	Bioavailability of Melatonin from Lentil Sprouts and Its Role in the Plasmatic Antioxidant Status in Rats. Foods, 2020, 9, 330.	4.3	29
32	Breads fortified with wholegrain cereals and seeds as source of antioxidant dietary fibre and other bioactive compounds. Journal of Cereal Science, 2018, 82, 113-120.	3.7	28
33	Inhibition of the Maillard Reaction by Phytochemicals Composing an Aqueous Coffee Silverskin Extract via a Mixed Mechanism of Action. Foods, 2019, 8, 438.	4.3	28
34	The Impact of Pasteurisation and Sterilisation on Bioactive Compounds of Onion By-products. Food and Bioprocess Technology, 2013, 6, 1979-1989.	4.7	27
35	Extruded coffee parchment shows enhanced antioxidant, hypoglycaemic, and hypolipidemic properties by releasing phenolic compounds from the fibre matrix. Food and Function, 2021, 12, 1097-1110.	4.6	26
36	Onion (<i>Allium cepa</i> L.) by-products as source of dietary fiber: physicochemical properties and effect on serum lipid levels in high-fat fed rats. European Food Research and Technology, 2012, 234, 617-625.	3.3	23

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37	Influence of Dehydration Process in Castellano Chickpea: Changes in Bioactive Carbohydrates and Functional Properties. <i>Plant Foods for Human Nutrition</i> , 2011, 66, 391-400.	3.2	15
38	Industrial processing of condiments and seasonings and its implications for micronutrient fortification. <i>Annals of the New York Academy of Sciences</i> , 2015, 1357, 8-28.	3.8	14
39	Phytochemicals from the Cocoa Shell Modulate Mitochondrial Function, Lipid and Glucose Metabolism in Hepatocytes via Activation of FGF21/ERK, AKT, and mTOR Pathways. <i>Antioxidants</i> , 2022, 11, 136.	5.1	14
40	Investigating edible insects as a sustainable food source: nutritional value and techno-functional and physiological properties. <i>Food and Function</i> , 2021, 12, 6309-6322.	4.6	12
41	Activating Effects of the Bioactive Compounds From Coffee By-Products on FGF21 Signaling Modulate Hepatic Mitochondrial Bioenergetics and Energy Metabolism in vitro. <i>Frontiers in Nutrition</i> , 2022, 9, 866233.	3.7	11
42	Maternal Antioxidant Status in Early Pregnancy and Development of Fetal Complications in Twin Pregnancies: A Pilot Study. <i>Antioxidants</i> , 2020, 9, 269.	5.1	10
43	Critical Evaluation of Coffee Pulp as an Innovative Antioxidant Dietary Fiber Ingredient: Nutritional Value, Functional Properties, and Acute and Sub-Chronic Toxicity. <i>Proceedings (mdpi)</i> , 2021, 70, 65.	0.2	10
44	Phytochemicals: Dietary Sources, Innovative Extraction, and Health Benefits. <i>Foods</i> , 2022, 11, 72.	4.3	7
45	Validation of Cocoa Shell as a Novel Antioxidant Dietary Fiber Food Ingredient: Nutritional Value, Functional Properties, and Safety. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa052_042.	0.3	6
46	Fibroblast Growth Factor 21 Signaling Activation by Selected Bioactive Compounds from Cocoa Shell Modulated Metabolism and Mitochondrial Function in Hepatocytes. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa045_092.	0.3	3
47	Simulated gastrointestinal digestion influences the in vitro hypolipidemic properties of coffee pulp, a potential ingredient for the prevention of non-alcoholic fatty liver disease. , 2020, , .		2
48	Regulation of lipid and glucose metabolism in hepatocytes by phytochemicals from coffee by-products and prevention of non-alcoholic fatty liver disease in vitro. , 0, , .		2
49	Bioaccessibility of Phenolic Compounds from Cocoa Shell Subjected to In Vitro Digestion and Its Antioxidant Activity in Intestinal and Hepatic Cells. <i>Medical Sciences Forum</i> , 2020, 2, .	0.5	2
50	Evaluation of the Hypolipidemic Properties of Cocoa Shell after Simulated Digestion Using In Vitro Techniques and a Cell Culture Model of Non-Alcoholic Fatty Liver Disease. <i>Proceedings (mdpi)</i> , 2021, 70, 58.	0.2	2
51	Comparative Investigation on Coffee Cascara from Dry and Wet Methods: Chemical and Functional Properties. , 2021, 6, .		2
52	Phytochemicals from Cocoa Shell Protect Mitochondrial Function and Alleviate Oxidative Stress in Hepatocytes via Regulation of ERK and PI3K-AKT Pathways. <i>Medical Sciences Forum</i> , 2021, 2, .	0.5	1
53	Assessment of the Nutritional Value, Techno-Functional, and In Vitro Physiological Properties of Six Edible Insects. <i>Proceedings (mdpi)</i> , 2020, 70, .	0.2	0
54	Hypolipidemic Properties of Cocoa and Coffee By-Products after Simulated Gastrointestinal Digestion: A Comparative Approach. <i>Biology and Life Sciences Forum</i> , 2021, 7, 1.	0.6	0

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55	Gastrointestinal Digestion and Absorption of Antioxidant Phenolic Compounds and Caffeine from the Coffee Pulp under Simulated Conditions. , 2022, 12, .		0