

# Antonios E Koutelidakis

## List of Publications by Year in descending order

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Version: 2024-02-01

40  
papers

750  
citations

623188

14  
h-index

552369

26  
g-index

42  
all docs

42  
docs citations

42  
times ranked

1154  
citing authors

#	ARTICLE	IF	CITATIONS
1	Clinical Value of Nutritional Status in Cancer: What is its Impact and how it Affects Disease Progression and Prognosis?. <i>Nutrition and Cancer</i> , 2017, 69, 1151-1176.	0.9	134
2	Functional Foods and Bioactive Compounds: A Review of Its Possible Role on Weight Management and Obesity's Metabolic Consequences. <i>Medicines (Basel, Switzerland)</i> , 2019, 6, 94.	0.7	115
3	Phytosterols supplementation decreases plasma small and dense LDL levels in metabolic syndrome patients on a westernized type diet. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012, 22, 843-848.	1.1	63
4	Green tea, white tea, and <i>Pelargonium purpureum</i> increase the antioxidant capacity of plasma and some organs in mice. <i>Nutrition</i> , 2009, 25, 453-458.	1.1	59
5	Effect of green tea on postprandial antioxidant capacity, serum lipids, C-reactive protein and glucose levels in patients with coronary artery disease. <i>European Journal of Nutrition</i> , 2014, 53, 479-486.	1.8	39
6	Increased Functional Foods' Consumption and Mediterranean Diet Adherence May Have a Protective Effect in the Appearance of Gastrointestinal Diseases: A Case-Control Study. <i>Medicines (Basel)</i> , 2019, 6, 94.	0.7	115
7	Valorization of Fruits by-products to Unconventional Sources of Additives, Oil, Biomolecules and Innovative Functional Foods. <i>Current Pharmaceutical Biotechnology</i> , 2019, 20, 776-786.	0.9	35
8	Association of serum vitamin D status with dietary intake and sun exposure in adults. <i>Clinical Nutrition ESPEN</i> , 2019, 34, 23-31.	0.5	28
9	Effect of late harvest and floral origin on honey antibacterial properties and quality parameters. <i>Food Chemistry</i> , 2018, 242, 513-518.	4.2	27
10	The effect of pectin and other constituents on the antioxidant activity of tea. <i>Food Hydrocolloids</i> , 2014, 35, 727-732.	5.6	24
11	Dietary patterns and lifestyle characteristics in adults: results from the Hellenic National Nutrition and Health Survey (HNNHS). <i>Public Health</i> , 2019, 171, 76-88.	1.4	20
12	Association between Serum Lipid Levels in Greek Children with Dyslipidemia and Mediterranean Diet Adherence, Dietary Habits, Lifestyle and Family Socioeconomic Factors. <i>Nutrients</i> , 2020, 12, 1600.	1.7	19
13	Higher adherence to Mediterranean diet prior to pregnancy is associated with decreased risk for deviation from the maternal recommended gestational weight gain. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 84-92.	1.3	18
14	Bioactivity of Epigallocatechin Gallate Nanoemulsions Evaluated in Mice Model. <i>Journal of Medicinal Food</i> , 2017, 20, 923-931.	0.8	16
15	Association of Mean Daily Polyphenols Intake with Mediterranean Diet Adherence and Anthropometric Indices in Healthy Greek Adults: A Retrospective Study. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 4664.	1.3	12
16	Olive Paste-Enriched Cookies Exert Increased Antioxidant Activities. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 5515.	1.3	11
17	Total antioxidant capacity, total phenolic content and iron and zinc dialyzability in selected Greek varieties of table olives, tomatoes and legumes from conventional and organic farming. <i>International Journal of Food Sciences and Nutrition</i> , 2015, 66, 197-202.	1.3	10
18	Phytosterol supplementation does not affect plasma antioxidant capacity in patients with metabolic syndrome. <i>International Journal of Food Sciences and Nutrition</i> , 2013, 64, 21-27.	1.3	9

#	ARTICLE	IF	CITATIONS
19	Oxidative activity of some iron compounds on colon tissue homogenates from mice after administration of green tea, white tea and Pelargonium purpureum. Food Chemistry, 2010, 120, 895-901.	4.2	8
20	The Effect of Iron and Fat in a Diet Containing Green Tea Extract (<i>Camellia sinensis</i>) on the Antioxidant Capacity of Some Organs and the mRNA Expression of Specific Genes in Mice. Journal of Medicinal Food, 2014, 17, 1232-1238.	0.8	8
21	Postprandial Bioactivity of a Spread Cheese Enriched with Mountain Tea and Orange Peel Extract in Plasma Oxidative Stress Status, Serum Lipids and Glucose Levels: An Interventional Study in Healthy Adults. Biomolecules, 2021, 11, 1241.	1.8	8
22	Association of Mediterranean Diet Adherence, Functional Food Consumption and Anthropometric Characteristics with Anxiety and Depression Indexes in a Sample of Healthy Greek Adults: A Cross-Sectional Study. Psychiatry International, 2020, 1, 135-149.	0.5	6
23	An Epidemiological Study Report on the Antioxidant and Phenolic Content of Selected Mediterranean Functional Foods, Their Consumption Association with the Body Mass Index, and Consumers Purchasing Behavior in a Sample of Healthy Greek Adults. Applied Sciences (Switzerland), 2021, 11, 7818.	1.3	6
24	Trends in Food Innovation: An Interventional Study on the Benefits of Consuming Novel Functional Cookies Enriched with Olive Paste. Sustainability, 2021, 13, 11472.	1.6	6
25	Dietary patterns and cardiovascular disease in Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 201-213.	1.1	5
26	Probiotics and Phytochemicals: Role on Gut Microbiota and Efficacy on Irritable Bowel Syndrome, Functional Dyspepsia, and Functional Constipation. Gastrointestinal Disorders, 2022, 4, 30-48.	0.4	5
27	Postprandial Bioactivity of Spread Cheese, Enhanced with Mountain Tea and Orange Peel Extract, in Healthy Volunteers. A Pilot Study. Proceedings (mdpi), 2021, 70, 19.	0.2	4
28	The recalibrated HellenicSCORE based on newly derived risk factors from the Hellenic National Nutrition and Health Survey (HNNHS); the HellenicSCORE II. Hellenic Journal of Cardiology, 2021, 62, 285-290.	0.4	3
29	The Acute Effect of a Novel Miso-Type Sauce, Enhanced with a Carotenoid-Rich Extract from Fruit By-Products, on Postprandial Biomarkers of Oxidative Stress and Inflammation. Nutrients, 2022, 14, 1316.	1.7	3
30	Prevalence of type 2 diabetes mellitus in a representative sample of Greek adults and its association with modifiable risk factors: results from the Hellenic National Nutrition and Health Survey. Public Health, 2021, 197, 75-82.	1.4	2
31	Ingesting iron together with white tea (Camellia Sinensis) may decrease its antioxidant capacity and phenolic content in human plasma. Trace Elements and Electrolytes, 2012, 29, 15-21.	0.1	2
32	Holistic Approaches to Tea Bioactivity. , 2013, , 437-445.		2
33	Total Antioxidant Capacity and Phenolic Content of 17 Mediterranean Functional Herbs and Wild Green Extracts from North Aegean, Greece. , 2021, 6, .		2
34	Mediterranean Fruits and Berries with Bioactive and Toxic Components. A Review. Current Topics in Nutraceutical Research, 2021, 20, 113-128.	0.1	1
35	Diet, medication use and drug intake during pregnancy: data from the Swiss Health Surveys 2007 and 2012. Swiss Medical Weekly, 2018, 148, w14592.	0.8	1
36	Ultrasoundâ€assisted extraction of Texas variety almond oil and in vitro evaluation of its health beneficial bioactivities. Journal of Food Processing and Preservation, 0, , e16144.	0.9	1

#	ARTICLE	IF	CITATIONS
37	InÂVitro Antioxidant Properties of Mediterranean Herbs and their Bioactivity. , 2013, , 171-182.		0
38	The Mediterranean Dietsâ€™ effect on Gut Microbial Composition in comparison with the Western Diet: A literature review. Current Nutrition and Food Science, 2021, 17, .	0.3	0
39	Development and in vitro digestion analysis of kefir fortified with by-product extracts: Prediction of total antioxidant and phenolic compounds bioavailability. , 2022, 2, .		0
40	Mediterranean Diet adherence and physical activity level in adolescents during the lockdown under the COVID-19 pandemic: A cross-sectional study in Greek Island of Rhodes. Current Nutrition and Food Science, 2022, 18, .	0.3	0