

Esther garca-esquinas

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

104
papers

1,827
citations

22
h-index

37
g-index

116
ext. papers

2,508
ext. citations

5.8
avg, IF

4.99
L-index

#	Paper	IF	Citations
104	Associations of device-measured sleep, sedentariness and physical activity with growth differentiation factor 15 in older adults.. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022 ,	10.3	1
103	Alcohol consumption patterns and unhealthy aging among older lifetime drinkers from Spain.. <i>Drug and Alcohol Dependence</i> , 2022 , 235, 109444	4.9	0
102	Adherence to the Mediterranean Diet and Physical Resilience in Older Adults: The Seniors-ENRICA Cohort. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021 , 76, 505-512	6.4	2
101	Cadmium exposure and growth differentiation factor-15 (GDF-15) levels in non-smoking older adults. <i>Environmental Research</i> , 2021 , 206, 112250	7.9	0
100	Causal effects of physical activity and sedentary behaviour on health deficits accumulation in older adults. <i>International Journal of Epidemiology</i> , 2021 , 50, 852-865	7.8	1
99	Development of a common scale for measuring healthy ageing across the world: results from the ATHLOS consortium. <i>International Journal of Epidemiology</i> , 2021 , 50, 880-892	7.8	9
98	Social Network and Risk of Poor Sleep Outcomes in Older Adults: Results from a Spanish Prospective Cohort Study. <i>Nature and Science of Sleep</i> , 2021 , 13, 399-409	3.6	3
97	Healthy dietary patterns are associated with lower concentrations of growth differentiation factor 15 in older adults. <i>American Journal of Clinical Nutrition</i> , 2021 , 113, 1619-1626	7	1
96	Mediterranean diet and changes in frequency, severity and localization of pain in older adults: The Seniors-ENRICA cohorts. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021 ,	6.4	4
95	Metabolic syndrome and Growth Differentiation Factor 15 in older adults. <i>GeroScience</i> , 2021 , 1	8.9	2
94	Blood cadmium and physical function limitations in older adults. <i>Environmental Pollution</i> , 2021 , 276, 116748	7.9	1
93	The salivary proteome reflects some traits of dietary habits in diabetic and non-diabetic older adults. <i>European Journal of Nutrition</i> , 2021 , 60, 4331-4344	5.2	1
92	Toxic metals in toenails as biomarkers of exposure: A review. <i>Environmental Research</i> , 2021 , 197, 111028	7.9	9
91	Prognostic models for mortality after cardiac surgery in patients with infective endocarditis: a systematic review and aggregation of prediction models. <i>Clinical Microbiology and Infection</i> , 2021 , 27, 1422-1430	9.5	1
90	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	15
89	Association of Physical Activity, Sedentary Behavior, and Sleep With Unhealthy Aging: Consistent Results for Device-Measured and Self-reported Behaviors Using Isotemporal Substitution Models. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021 , 76, 85-94	6.4	8
88	Selenium and impaired physical function in US and Spanish older adults. <i>Redox Biology</i> , 2021 , 38, 101819	11.3	6

87	Association between the Mediterranean lifestyle, metabolic syndrome and mortality: a whole-country cohort in Spain. <i>Cardiovascular Diabetology</i> , 2021 , 20, 5	8.7	7
86	DNA methylation and cancer incidence: lymphatic-hematopoietic versus solid cancers in the Strong Heart Study. <i>Clinical Epigenetics</i> , 2021 , 13, 43	7.7	4
85	The Southern European Atlantic Diet and all-cause mortality in older adults. <i>BMC Medicine</i> , 2021 , 19, 36	11.4	9
84	Cross-sectional and prospective associations of sleep, sedentary and active behaviors with mental health in older people: a compositional data analysis from the Seniors-ENRICA-2 study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 124	8.4	0
83	Consumption of food fried in olive oil and unhealthy aging in a Mediterranean country. <i>Clinical Nutrition</i> , 2021 , 40, 277-285	5.9	1
82	Are legume-based recipes an appropriate source of nutrients for healthy ageing? A prospective cohort study. <i>British Journal of Nutrition</i> , 2020 , 124, 943-951	3.6	
81	Health Decline Is Associated with Reports of No Coffee Consumption Years After Reporting Coffee Consumption Among Older Adults in Spain. <i>Journal of Nutrition</i> , 2020 , 150, 1916-1923	4.1	
80	Alcohol Drinking and Health in Ageing: A Global Scale Analysis of Older Individual Data through the Harmonised Dataset of ATHLOS. <i>Nutrients</i> , 2020 , 12,	6.7	2
79	Prediction of cardiovascular health by non-exercise estimated cardiorespiratory fitness. <i>Heart</i> , 2020 , 106, 1832-1838	5.1	3
78	Education and wealth inequalities in healthy ageing in eight harmonised cohorts in the ATHLOS consortium: a population-based study. <i>Lancet Public Health</i> , 2020 , 5, e386-e394	22.4	27
77	The role of overweight in the association between the Mediterranean diet and the risk of type 2 diabetes mellitus: a mediation analysis among 21 585 UK biobank participants. <i>International Journal of Epidemiology</i> , 2020 , 49, 1582-1590	7.8	5
76	Physical activity less than the recommended amount may prevent the onset of major biological risk factors for cardiovascular disease: a cohort study of 198 919 adults. <i>British Journal of Sports Medicine</i> , 2020 , 54, 238-244	10.3	7
75	The inflammatory potential of diet is related to incident frailty and slow walking in older adults. <i>Clinical Nutrition</i> , 2020 , 39, 185-191	5.9	16
74	Changes in Dietary Intake of Animal and Vegetable Protein and Unhealthy Aging. <i>American Journal of Medicine</i> , 2020 , 133, 231-239.e7	2.4	9
73	Gender Differences in Pain Risk in Old Age: Magnitude and Contributors. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 1707-1717	6.4	8
72	Dietary n-3 polyunsaturated fatty acids, fish intake and healthy ageing. <i>International Journal of Epidemiology</i> , 2019 , 48, 1914-1924	7.8	11
71	EpidemIBD: rationale and design of a large-scale epidemiological study of inflammatory bowel disease in Spain. <i>Therapeutic Advances in Gastroenterology</i> , 2019 , 12, 1756284819847034	4.7	9
70	Habitual coffee consumption and risk of falls in 2 European cohorts of older adults. <i>American Journal of Clinical Nutrition</i> , 2019 , 109, 1431-1438	7	9

69	Association between sleep characteristics and antihypertensive treatment in older adults. <i>Geriatrics and Gerontology International</i> , 2019 , 19, 537-540	2.9	3
68	Trajectories of Accumulation of Health Deficits in Older Adults: Are There Variations According to Health Domains?. <i>Journal of the American Medical Directors Association</i> , 2019 , 20, 710-717.e6	5.9	16
67	Alcohol consumption and all-cause mortality in older adults in Spain: an analysis accounting for the main methodological issues. <i>Addiction</i> , 2019 , 114, 59-68	4.6	17
66	Influence of Changes in Diet Quality on Unhealthy Aging: The Seniors-ENRICA Cohort. <i>American Journal of Medicine</i> , 2019 , 132, 1091-1102.e9	2.4	12
65	Changes in Alcohol Consumption and Associated Variables among Older Adults in Spain: A population-based cohort study. <i>Scientific Reports</i> , 2019 , 9, 10401	4.9	5
64	Toenails as biomarker of exposure to essential trace metals: A review. <i>Environmental Research</i> , 2019 , 179, 108787	7.9	28
63	Exposure to secondhand tobacco smoke is associated with reduced muscle strength in US adults. <i>Aging</i> , 2019 , 11, 12674-12684	5.6	4
62	E-cigarettes in airports and on flights: Europe and the US. <i>Revista De Psicologia De La Salud</i> , 2019 , 31, 196-200	1	
61	Physical activity without weight loss reduces the development of cardiovascular disease risk factors - a prospective cohort study of more than one hundred thousand adults. <i>Progress in Cardiovascular Diseases</i> , 2019 , 62, 522-530	8.5	18
60	Changes in health status predict changes in alcohol consumption in older adults: the Seniors-ENRICA cohort. <i>Journal of Epidemiology and Community Health</i> , 2019 , 73, 123-129	5.1	6
59	Frequency, intensity and localization of pain as risk factors for frailty in older adults. <i>Age and Ageing</i> , 2019 , 48, 74-80	3	13
58	Prospective association between added sugars and frailty in older adults. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 772-779	7	13
57	Housing conditions and risk of physical function limitations: a prospective study of community-dwelling older adults. <i>Journal of Public Health</i> , 2018 , 40, e252-e259	3.5	2
56	Alfabetización en salud y resultados de salud en pacientes muy ancianos con insuficiencia cardiaca. <i>Revista Espanola De Cardiologia</i> , 2018 , 71, 178-184	1.5	7
55	Frailty, Disability, and Ambulatory Blood Pressure in Older Adults. <i>Journal of the American Medical Directors Association</i> , 2018 , 19, 433-438	5.9	15
54	Association between serum uric acid concentrations and grip strength: Is there effect modification by age?. <i>Clinical Nutrition</i> , 2018 , 37, 566-572	5.9	8
53	Physical Activity Attenuates Total and Cardiovascular Mortality Associated With Physical Disability: A National Cohort of Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018 , 73, 240-247	6.4	10
52	Blood and urine cadmium concentrations and walking speed in middle-aged and older U.S. adults. <i>Environmental Pollution</i> , 2018 , 232, 97-104	9.3	16

51	LDL Cholesterol Rises With BMI Only in Lean Individuals: Cross-sectional U.S. and Spanish Representative Data. <i>Diabetes Care</i> , 2018 , 41, 2195-2201	14.6	17
50	Sedentary behaviors, physical activity, and changes in depression and psychological distress symptoms in older adults. <i>Depression and Anxiety</i> , 2018 , 35, 884-897	8.4	27
49	Physical Activity, Sitting Time, and Mortality From Inflammatory Diseases in Older Adults. <i>Frontiers in Physiology</i> , 2018 , 9, 898	4.6	11
48	Moderate alcohol drinking is not associated with risk of depression in older adults. <i>Scientific Reports</i> , 2018 , 8, 11512	4.9	14
47	Dietary Zinc and Risk of Prostate Cancer in Spain: MCC-Spain Study. <i>Nutrients</i> , 2018 , 11,	6.7	6
46	Physical activity attenuates the impact of poor physical, mental, and social health on total and cardiovascular mortality in older adults: a population-based prospective cohort study. <i>Quality of Life Research</i> , 2018 , 27, 3293-3302	3.7	9
45	Impact of declining exposure to secondhand tobacco smoke in public places to decreasing smoking-related cancer mortality in the US population. <i>Environment International</i> , 2018 , 117, 260-267	12.9	10
44	Alcohol drinking patterns and risk of functional limitations in two cohorts of older adults. <i>Clinical Nutrition</i> , 2017 , 36, 831-838	5.9	15
43	Physical Activity and the Effect of Multimorbidity on All-Cause Mortality in Older Adults. <i>Mayo Clinic Proceedings</i> , 2017 , 92, 376-382	6.4	23
42	Environmental Pollutants, Limitations in Physical Functioning, and Frailty in Older Adults. <i>Current Environmental Health Reports</i> , 2017 , 4, 12-20	6.5	8
41	Short-term variability and nocturnal decline in ambulatory blood pressure in normotension, white-coat hypertension, masked hypertension and sustained hypertension: a population-based study of older individuals in Spain. <i>Hypertension Research</i> , 2017 , 40, 613-619	4.7	13
40	Household pet exposure, allergic sensitization, and rhinitis in the U.S. population. <i>International Forum of Allergy and Rhinology</i> , 2017 , 7, 645-651	6.3	9
39	Chemical quality of tap water in Madrid: multicase control cancer study in Spain (MCC-Spain). <i>Environmental Science and Pollution Research</i> , 2017 , 24, 4755-4764	5.1	6
38	Watching TV has a distinct sociodemographic and lifestyle profile compared with other sedentary behaviors: A nationwide population-based study. <i>PLoS ONE</i> , 2017 , 12, e0188836	3.7	11
37	The Association Between Diabetes and Olfactory Function in Adults. <i>Chemical Senses</i> , 2017 , 43, 59-64	4.8	20
36	Television viewing time as a risk factor for frailty and functional limitations in older adults: results from 2 European prospective cohorts. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 54	8.4	35
35	Desigualdades sociales en los factores de riesgo cardiovascular de los adultos mayores de España: estudio ENRICA-Seniors. <i>Revista Espanola De Cardiologia</i> , 2017 , 70, 145-154	1.5	10
34	Tobacco Smoke Exposure in Indoor and Outdoor Locations in Airports Across Europe and the United States: A Cross-Sectional Study. <i>Nicotine and Tobacco Research</i> , 2017 , 19, 1482-1490	4.9	4

33	Patterns of Alcohol Consumption and Risk of Frailty in Community-dwelling Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016 , 71, 251-8	6.4	41
32	Exposure to secondhand smoke in the home and mental health in children: a population-based study. <i>Tobacco Control</i> , 2016 , 25, 307-12	5.3	18
31	Association of diabetes and diabetes treatment with incidence of breast cancer. <i>Acta Diabetologica</i> , 2016 , 53, 99-107	3.9	18
30	Patterns of alcohol consumption and health-related quality of life in older adults. <i>Drug and Alcohol Dependence</i> , 2016 , 159, 166-73	4.9	13
29	Contribution of health behaviours and clinical factors to socioeconomic differences in frailty among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, 354-60	5.1	31
28	Macronutrients Intake and Incident Frailty in Older Adults: A Prospective Cohort Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016 , 71, 1329-34	6.4	47
27	Perinatal and childhood factors and risk of breast cancer subtypes in adulthood. <i>Cancer Epidemiology</i> , 2016 , 40, 22-30	2.8	12
26	Tobacco Smoke Exposure and Eustachian Tube Disorders in US Children and Adolescents. <i>PLoS ONE</i> , 2016 , 11, e0163926	3.7	12
25	Serum uric acid concentrations and risk of frailty in older adults. <i>Experimental Gerontology</i> , 2016 , 82, 160-5	4.5	12
24	Unhealthy eating behaviors and weight gain: A prospective study in young and middle-age adults. <i>Obesity</i> , 2016 , 24, 1178-84	8	13
23	Perinatal and childhood factors and risk of prostate cancer in adulthood: MCC-Spain case-control study. <i>Cancer Epidemiology</i> , 2016 , 43, 49-55	2.8	6
22	Social support and ambulatory blood pressure in older people. <i>Journal of Hypertension</i> , 2016 , 34, 2045-52.9		8
21	Housing conditions and limitations in physical function among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, 954-60	5.1	10
20	Consumption of fruit and vegetables and risk of frailty: a dose-response analysis of 3 prospective cohorts of community-dwelling older adults. <i>American Journal of Clinical Nutrition</i> , 2016 , 104, 132-42	7	67
19	Distribution of energy intake throughout the day and weight gain: a population-based cohort study in Spain. <i>British Journal of Nutrition</i> , 2016 , 115, 2003-10	3.6	30
18	Ideal Cardiovascular Health and Risk of Frailty in Older Adults. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2016 , 9, 239-45	5.8	20
17	Major dietary patterns and risk of frailty in older adults: a prospective cohort study. <i>BMC Medicine</i> , 2015 , 13, 11	11.4	95
16	Diabetes and risk of frailty and its potential mechanisms: a prospective cohort study of older adults. <i>Journal of the American Medical Directors Association</i> , 2015 , 16, 748-54	5.9	86

15	Exposure to secondhand tobacco smoke and the frailty syndrome in US older adults. <i>Age</i> , 2015 , 37, 26		9
14	Association of diabetes and cancer mortality in American Indians: the Strong Heart Study. <i>Cancer Causes and Control</i> , 2015 , 26, 1551-60	2.8	16
13	Obesity, fat distribution, and risk of frailty in two population-based cohorts of older adults in Spain. <i>Obesity</i> , 2015 , 23, 847-55	8	53
12	Allergic sensitization, rhinitis, and tobacco smoke exposure in U.S. children and adolescents. <i>International Forum of Allergy and Rhinology</i> , 2015 , 5, 471-6	6.3	23
11	Allergic Sensitization, Rhinitis and Tobacco Smoke Exposure in US Adults. <i>PLoS ONE</i> , 2015 , 10, e0131957	3.7	28
10	Association of lead and cadmium exposure with frailty in US older adults. <i>Environmental Research</i> , 2015 , 137, 424-31	7.9	38
9	Lead exposure and increased food allergic sensitization in U.S. children and adults. <i>International Forum of Allergy and Rhinology</i> , 2015 , 5, 214-20	6.3	5
8	Cadmium exposure and cancer mortality in a prospective cohort: the strong heart study. <i>Environmental Health Perspectives</i> , 2014 , 122, 363-70	8.4	109
7	Newborns and low to moderate prenatal environmental lead exposure: might fathers be the key?. <i>Environmental Science and Pollution Research</i> , 2014 , 21, 7886-98	5.1	5
6	Lead, mercury and cadmium in umbilical cord blood and its association with parental epidemiological variables and birth factors. <i>BMC Public Health</i> , 2013 , 13, 841	4.1	64
5	Kidney function and tobacco smoke exposure in US adolescents. <i>Pediatrics</i> , 2013 , 131, e1415-23	7.4	33
4	Arsenic exposure and cancer mortality in a US-based prospective cohort: the strong heart study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2013 , 22, 1944-53	4	120
3	Secondhand tobacco smoke: a source of lead exposure in US children and adolescents. <i>American Journal of Public Health</i> , 2012 , 102, 714-22	5.1	63
2	Mercury, lead and cadmium in human milk in relation to diet, lifestyle habits and sociodemographic variables in Madrid (Spain). <i>Chemosphere</i> , 2011 , 85, 268-76	8.4	74
1	Gastric cancer mortality trends in Spain, 1976-2005, differences by autonomous region and sex. <i>BMC Cancer</i> , 2009 , 9, 346	4.8	15