

Sujatha S Rajaram

List of Publications by Year in descending order

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53
papers

1,485
citations

331259

21
h-index

315357

38
g-index

54
all docs

54
docs citations

54
times ranked

2071
citing authors

#	ARTICLE	IF	CITATIONS
1	A Monounsaturated Fatty Acid-Rich Pecan-Enriched Diet Favorably Alters the Serum Lipid Profile of Healthy Men and Women. <i>Journal of Nutrition</i> , 2001, 131, 2275-2279.	1.3	155
2	Health benefits of plant-derived α -linolenic acid. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 443S-448S.	2.2	134
3	Walnuts and fatty fish influence different serum lipid fractions in normal to mildly hyperlipidemic individuals: a randomized controlled study. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1657S-1663S.	2.2	127
4	Effect of almond-enriched high-monounsaturated fat diet on selected markers of inflammation: a randomised, controlled, crossover study. <i>British Journal of Nutrition</i> , 2010, 103, 907-912.	1.2	118
5	Nuts, body weight and insulin resistance. <i>British Journal of Nutrition</i> , 2006, 96, S79-S86.	1.2	117
6	Plant-Based Dietary Patterns, Plant Foods, and Age-Related Cognitive Decline. <i>Advances in Nutrition</i> , 2019, 10, S422-S436.	2.9	97
7	The effect of vegetarian diet, plant foods, and phytochemicals on hemostasis and thrombosis. <i>American Journal of Clinical Nutrition</i> , 2003, 78, 552S-558S.	2.2	66
8	Global epidemiology of obesity, vegetarian dietary patterns, and noncommunicable disease in Asian Indians. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 359S-364S.	2.2	60
9	Effect of a 2-year diet intervention with walnuts on cognitive decline. The Walnuts And Healthy Aging (WAHA) study: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 590-600.	2.2	59
10	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. <i>Frontiers in Aging Neuroscience</i> , 2016, 8, 333.	1.7	57
11	Effects of supplementing n-3 fatty acid enriched eggs and walnuts on cardiovascular disease risk markers in healthy free-living lacto-ovo-vegetarians: a randomized, crossover, free-living intervention study. <i>Nutrition Journal</i> , 2014, 13, 29.	1.5	41
12	Comparison of polyphenol intakes according to distinct dietary patterns and food sources in the Adventist Health Study-2 cohort. <i>British Journal of Nutrition</i> , 2016, 115, 2162-2169.	1.2	38
13	Effect of a Walnut Diet on Office and 24-Hour Ambulatory Blood Pressure in Elderly Individuals. <i>Hypertension</i> , 2019, 73, 1049-1057.	1.3	35
14	Favourable nutrient intake and displacement with long-term walnut supplementation among elderly: results of a randomised trial. <i>British Journal of Nutrition</i> , 2017, 118, 201-209.	1.2	32
15	Preface. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1541S-1542S.	2.2	31
16	Validating polyphenol intake estimates from a food-frequency questionnaire by using repeated 24-h dietary recalls and a unique method-of-triads approach with 2 biomarkers. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 685-694.	2.2	31
17	Walnut Consumption for Two Years and Leukocyte Telomere Attrition in Mediterranean Elders: Results of a Randomized Controlled Trial. <i>Nutrients</i> , 2018, 10, 1907.	1.7	26
18	Effects of Long-Term Walnut Supplementation on Body Weight in Free-Living Elderly: Results of a Randomized Controlled Trial. <i>Nutrients</i> , 2018, 10, 1317.	1.7	26

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19	Decreasing the Linoleic Acid to $\hat{\pm}$ Linolenic Acid Diet Ratio Increases Eicosapentaenoic Acid in Erythrocytes in Adults. <i>Lipids</i> , 2010, 45, 683-692.	0.7	25
20	Adipose tissue $\hat{\pm}$ linolenic acid is inversely associated with insulin resistance in adults. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 1105-1110.	2.2	24
21	Animal-Protein Intake Is Associated with Insulin Resistance in Adventist Health Study 2 (AHS-2) Calibration Substudy Participants: A Cross-Sectional Analysis. <i>Current Developments in Nutrition</i> , 2017, 1, e000299.	0.1	24
22	Effects of 2-Year Walnut-Supplemented Diet on Inflammatory Biomarkers. <i>Journal of the American College of Cardiology</i> , 2020, 76, 2282-2284.	1.2	23
23	Evaluation of a Validated Food Frequency Questionnaire for Self-Defined Vegans in the United States. <i>Nutrients</i> , 2014, 6, 2523-2539.	1.7	20
24	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders. <i>Circulation</i> , 2021, 144, 1083-1085.	1.6	17
25	The red blood cell proportion of arachidonic acid relates to shorter leukocyte telomeres in Mediterranean elders: A secondary analysis of a randomized controlled trial. <i>Clinical Nutrition</i> , 2019, 38, 958-961.	2.3	16
26	Effects of Supplementing the Usual Diet with a Daily Dose of Walnuts for Two Years on Metabolic Syndrome and Its Components in an Elderly Cohort. <i>Nutrients</i> , 2020, 12, 451.	1.7	15
27	One-year dietary supplementation with walnuts modifies exosomal miRNA in elderly subjects. <i>European Journal of Nutrition</i> , 2021, 60, 1999-2011.	1.8	15
28	Effect of Altering Dietary n-6:n-3 Polyunsaturated Fatty Acid Ratio with Plant and Marine-Based Supplement on Biomarkers of Bone Turnover in Healthy Adults. <i>Nutrients</i> , 2017, 9, 1162.	1.7	11
29	Dietary Animal to Plant Protein Ratio Is Associated with Risk Factors of Metabolic Syndrome in Participants of the AHS-2 Calibration Study. <i>Nutrients</i> , 2021, 13, 4296.	1.7	11
30	A Non-Probiotic Fermented Soy Product Reduces Total and LDL Cholesterol: A Randomized Controlled Crossover Trial. <i>Nutrients</i> , 2021, 13, 535.	1.7	10
31	The Effect of Soybean Lunasin on Cardiometabolic Risk Factors: A Randomized Clinical Trial. <i>Journal of Dietary Supplements</i> , 2020, 17, 286-299.	1.4	6
32	Interplay of Walnut Consumption, Changes in Circulating miRNAs and Reduction in LDL-Cholesterol in Elders. <i>Nutrients</i> , 2022, 14, 1473.	1.7	6
33	The design and rationale of a multi-center randomized clinical trial comparing one avocado per day to usual diet: The Habitual Diet and Avocado Trial (HAT). <i>Contemporary Clinical Trials</i> , 2021, 110, 106565.	0.8	5
34	Preface to the Sixth International Congress on Vegetarian Nutrition. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 311S-312S.	2.2	2
35	Daily Macadamia Nut Intake and Its Effect on Macronutrient Intake and Nutrient Displacement in Overweight and Obese Adults. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa063_020.	0.1	1
36	N $\hat{\pm}$ Fatty Acid Enriched Egg Decreases C $\hat{\pm}$ Reactive Protein in Healthy Adults. <i>FASEB Journal</i> , 2007, 21, A740.	0.2	1

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37	Effect of ω -3 polyunsaturated fatty acids on peroxisome proliferator-activated receptor gamma (PPAR γ) expression in adults. FASEB Journal, 2012, 26, 823.28.	0.2	1
38	ω -3 index is associated with cardiometabolic risk factors but is not improved by walnut intake in free-living elderly: a single-blind, randomised controlled trial. British Journal of Nutrition, 0, , 1-8.	1.2	1
39	Effect of Daily Macadamia Nut Consumption on Anthropometric Indices in Overweight and Obese Men and Women. Current Developments in Nutrition, 2020, 4, nzaa047_009.	0.1	0
40	The Perceived Impact of Macadamia Nut Consumption on Feelings of Satisfaction and Bowel Function. Current Developments in Nutrition, 2020, 4, nzaa055_012.	0.1	0
41	Acute Effects of Avocado Consumption on Cognition: Preliminary Results. Current Developments in Nutrition, 2020, 4, nzaa057_001.	0.1	0
42	Comparison of Erythrocyte Fatty Acid Composition of Lacto-ovo Vegetarians and Non-vegetarians. FASEB Journal, 2006, 20, A1025.	0.2	0
43	Effect of Fatty Fish vs Walnuts on Serum Lipids in Healthy Adults. FASEB Journal, 2006, 20, A1026.	0.2	0
44	Effects of Fish and Walnuts on LDL-C and Triglycerides: Influence of BMI and Baseline Lipids. FASEB Journal, 2006, 20, A1027.	0.2	0
45	ω -3 Fatty Acid Enriched Egg and Organic Egg Intake Increases Serum Lutein Levels in Healthy Adults. FASEB Journal, 2006, 20, A1058.	0.2	0
46	Effect on Plasma Fatty Acids of Diets with Walnuts or Fish. FASEB Journal, 2006, 20, A1026.	0.2	0
47	The effect of walnuts compared to fatty fish on eicosanoids and cytokines in blood. FASEB Journal, 2007, 21, A740.	0.2	0
48	Plasma lipids and body composition: A comparison of lacto-ovo vegetarians and non-vegetarians. FASEB Journal, 2008, 22, 1092.16.	0.2	0
49	A factorial design feeding study to evaluate the effects of α -linolenic acid (ALA) versus eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) on serum lipids in healthy adults. FASEB Journal, 2010, 24, .	0.2	0
50	Effect of plant and marine sources of ω -3 fatty acids on markers of bone turnover in healthy adults. FASEB Journal, 2010, 24, 946.7.	0.2	0
51	Nut intake is inversely related to insulin resistance and CRP levels (370.2). FASEB Journal, 2014, 28, 370.2.	0.2	0
52	Food group sources and intake of long-chain fatty acids in the Adventist Health Study-2 cohort (810.30). FASEB Journal, 2014, 28, .	0.2	0
53	Interaction of Diet/Lifestyle Intervention and TCF7L2 Genotype on Glycemic Control and Adiposity among Overweight or Obese Adults: Big Data from Seven Randomized Controlled Trials Worldwide. Health Data Science, 2021, 2021, .	1.1	0