Sujatha S Rajaram

List of Publications by Citations

47 papers	1,271 citations	20 h-index	35 g-index
54 ext. papers	1,565 ext. citations	4 avg, IF	5 L-index

#	Paper	IF	Citations
47	A monounsaturated fatty acid-rich pecan-enriched diet favorably alters the serum lipid profile of healthy men and women. *Journal of Nutrition*, **2001**, 131, 2275-9	4.1	123
46	Walnuts and fatty fish influence different serum lipid fractions in normal to mildly hyperlipidemic individuals: a randomized controlled study. *American Journal of Clinical Nutrition*, **2009**, 89, 1657S-1663S	7	101
45	Effect of almond-enriched high-monounsaturated fat diet on selected markers of inflammation: a randomised, controlled, crossover study. *British Journal of Nutrition*, **2010**, 103, 907-12	3.6	98
44	Health benefits of plant-derived □linolenic acid. *American Journal of Clinical Nutrition*, **2014**, 100 Suppl 1, 443S-8S	7	95
43	Nuts, body weight and insulin resistance. *British Journal of Nutrition*, **2006**, 96 Suppl 2, S79-86	3.6	89
42	Effect of Daily Macadamia Nut Consumption on Anthropometric Indices in Overweight and Obese Men and Women. *Current Developments in Nutrition*, **2020**, 4, 589-589	0.4	78
41	The Perceived Impact of Macadamia Nut Consumption on Feelings of Satisfaction and Bowel Function. *Current Developments in Nutrition*, **2020**, 4, 1127-1127	0.4	78
40	Acute Effects of Avocado Consumption on Cognition: Preliminary Results. *Current Developments in Nutrition*, **2020**, 4, 1185-1185	0.4	78
39	The effect of vegetarian diet, plant foods, and phytochemicals on hemostasis and thrombosis. *American Journal of Clinical Nutrition*, **2003**, 78, 552S-558S	7	56
38	Global epidemiology of obesity, vegetarian dietary patterns, and noncommunicable disease in Asian Indians. *American Journal of Clinical Nutrition*, **2014**, 100 Suppl 1, 359S-64S	7	49
37	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. *Frontiers in Aging Neuroscience*, **2016**, 8, 333	5.3	44
36	Plant-Based Dietary Patterns, Plant Foods, and Age-Related Cognitive Decline. *Advances in Nutrition*, **2019**, 10, S422-S436	10	41
35	Effect of a 2-year diet intervention with walnuts on cognitive decline. The Walnuts And Healthy Aging (WAHA) study: a randomized controlled trial. *American Journal of Clinical Nutrition*, **2020**, 111, 590-600	7	34
34	Comparison of polyphenol intakes according to distinct dietary patterns and food sources in the Adventist Health Study-2 cohort. *British Journal of Nutrition*, **2016**, 115, 2162-9	3.6	31
33	Fifth International Congress on Vegetarian Nutrition. Preface. *American Journal of Clinical Nutrition*, **2009**, 89, 1541S-1542S	7	30
32	Effects of supplementing n-3 fatty acid enriched eggs and walnuts on cardiovascular disease risk markers in healthy free-living lacto-ovo-vegetarians: a randomized, crossover, free-living intervention study. *Nutrition Journal*, **2014**, 13, 29	4.3	29
31	Validating polyphenol intake estimates from a food-frequency questionnaire by using repeated 24-h dietary recalls and a unique method-of-triads approach with 2 biomarkers. *American Journal of Clinical Nutrition*, **2017**, 105, 685-694	7	26

30	Favourable nutrient intake and displacement with long-term walnut supplementation among elderly: results of a randomised trial. *British Journal of Nutrition*, **2017**, 118, 201-209	3.6	23
29	Effect of a Walnut Diet on Office and 24-Hour Ambulatory Blood Pressure in Elderly Individuals. *Hypertension*, **2019**, 73, 1049-1057	8.5	20
28	Decreasing the linoleic acid to alpha-linolenic acid diet ratio increases eicosapentaenoic acid in erythrocytes in adults. *Lipids*, **2010**, 45, 683-92	1.6	20
27	Walnut Consumption for Two Years and Leukocyte Telomere Attrition in Mediterranean Elders: Results of a Randomized Controlled Trial. *Nutrients*, **2018**, 10,	6.7	18
26	Adipose tissue Ⅱinolenic acid is inversely associated with insulin resistance in adults. *American Journal of Clinical Nutrition*, **2016**, 103, 1105-10	7	16
25	Animal-Protein Intake Is Associated with Insulin Resistance in Adventist Health Study 2 (AHS-2) Calibration Substudy Participants: A Cross-Sectional Analysis. *Current Developments in Nutrition*, **2017**, 1, e000299	0.4	15
24	Effects of Long-Term Walnut Supplementation on Body Weight in Free-Living Elderly: Results of a Randomized Controlled Trial. *Nutrients*, **2018**, 10,	6.7	15
23	Evaluation of a validated food frequency questionnaire for self-defined vegans in the United States. *Nutrients*, **2014**, 6, 2523-39	6.7	14
22	Effect of Altering Dietary n-6:n-3 Polyunsaturated Fatty Acid Ratio with Plant and Marine-Based Supplement on Biomarkers of Bone Turnover in Healthy Adults. *Nutrients*, **2017**, 9,	6.7	7
21	The red blood cell proportion of arachidonic acid relates to shorter leukocyte telomeres in Mediterranean elders: A secondary analysis of a randomized controlled trial. *Clinical Nutrition*, **2019**, 38, 958-961	5.9	7
20	One-year dietary supplementation with walnuts modifies exosomal miRNA in elderly subjects. *European Journal of Nutrition*, **2021**, 60, 1999-2011	5.2	7
19	Effects of 2-Year Walnut-Supplemented Diet on Inflammatory Biomarkers. *Journal of the American College of Cardiology*, **2020**, 76, 2282-2284	15.1	6
18	Effects of Supplementing the Usual Diet with a Daily Dose of Walnuts for Two Years on Metabolic Syndrome and Its Components in an Elderly Cohort. *Nutrients*, **2020**, 12,	6.7	6
17	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders: Findings From the WAHA Randomized Controlled Trial. *Circulation*, **2021**, 144, 1083-1085	16.7	5
16	The Effect of Soybean Lunasin on Cardiometabolic Risk Factors: A Randomized Clinical Trial. *Journal of Dietary Supplements*, **2020**, 17, 286-299	2.3	4
15	A Non-Probiotic Fermented Soy Product Reduces Total and LDL Cholesterol: A Randomized Controlled Crossover Trial. *Nutrients*, **2021**, 13,	6.7	4
14	Preface to the Sixth International Congress on Vegetarian Nutrition. *American Journal of Clinical Nutrition*, **2014**, 100 Suppl 1, 311S-2S	7	1
13	N-3 Fatty Acid Enriched Egg Decreases C-Reactive Protein in Healthy Adults. *FASEB Journal*, **2007**, 21, A740	0.9	1

12	Effect of n-3 polyunsaturated fatty acids on peroxisome proliferator-activated receptor gamma (PPAR) expression in adults. *FASEB Journal*, **2012**, 26, 823.28	0.9	1
11	The design and rationale of a multi-center randomized clinical trial comparing one avocado per day to usual diet: The Habitual Diet and Avocado Trial (HAT). *Contemporary Clinical Trials*, **2021**, 110, 106565	2.3	0
10	Interaction of Diet/Lifestyle Intervention and TCF7L2 Genotype on Glycemic Control and Adiposity among Overweight or Obese Adults: Big Data from Seven Randomized Controlled Trials Worldwide. *Health Data Science*, **2021**, 2021, 1-10		
9	Comparison of Erythrocyte Fatty Acid Composition of Lacto-ovo Vegetarians and Non-Vegetarians. *FASEB Journal*, **2006**, 20, A1025	0.9	
8	Effect of Fatty Fish vs Walnuts on Serum Lipids in Healthy Adults. *FASEB Journal*, **2006**, 20, A1026	0.9	
7	Effects of Fish and Walnuts on LDL-C and Triglycerides: Influence of BMI and Baseline Lipids. *FASEB Journal*, **2006**, 20, A1027	0.9	
6	N-3 Fatty Acid Enriched Egg and Organic Egg Intake Increases Serum Lutein Levels in Healthy Adults. *FASEB Journal*, **2006**, 20, A1058	0.9	
5	Effect on Plasma Fatty Acids of Diets with Walnuts or Fish. *FASEB Journal*, **2006**, 20, A1026	0.9	
4	The effect of walnuts compared to fatty fish on eicosanoids and cytokines in blood. *FASEB Journal*, **2007**, 21, A740	0.9	
3	Plasma lipids and body composition: A comparison of lacto-ovo vegetarians and non-vegetarians. *FASEB Journal*, **2008**, 22, 1092.16	0.9	
2	Effect of plant and marine sources of n-3 fatty acids on markers of bone turnover in healthy adults. *FASEB Journal*, **2010**, 24, 946.7	0.9	
1	Nut intake is inversely related to insulin resistance and CRP levels (370.2). *FASEB Journal*, **2014**, 28, 370.2	0.9	