

# Allison G Harvey

## List of Publications by Year in Descending Order

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**Version:** 2024-04-26

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

231  
papers

14,127  
citations

70  
h-index

111  
g-index

244  
ext. papers

16,367  
ext. citations

5.3  
avg, IF

7.07  
L-index

#	Paper	IF	Citations
231	Mediators and moderators of outcome from the Transdiagnostic Sleep and Circadian Intervention for adults with severe mental illness in a community setting.. <i>Behaviour Research and Therapy</i> , <b>2022</b> , 151, 104053	5.2	0
230	CBT-I for people diagnosed with bipolar disorder: Moving from a disorder-focused to a transdiagnostic conceptualization <b>2022</b> , 181-203		
229	Digital cognitive behaviour therapy for insomnia (dCBT-I): Chronotype moderation on intervention outcomes.. <i>Journal of Sleep Research</i> , <b>2022</b> , e13572	5.8	0
228	Impact of a Behavioral Sleep Intervention in Adolescents With ADHD: Feasibility, Acceptability, and Preliminary Effectiveness From a Pilot Open Trial. <i>Journal of Attention Disorders</i> , <b>2021</b> , 10870547211056965	3.7	1
227	Memory and learning for sleep and circadian treatment in serious mental illness treated in a community mental health setting.. <i>Behaviour Research and Therapy</i> , <b>2021</b> , 149, 104029	5.2	
226	The Impact of Television, Electronic Games, and Social Technology Use on Sleep and Health in Adolescents with an Evening Circadian Preference. <i>Journal of Youth and Adolescence</i> , <b>2021</b> , 50, 2351-2362	4.5	2
225	The Epidemiology of Insomnia and Sleep Duration Across Mental and Physical Health: The SHoT Study. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 662572	3.4	3
224	A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (Trans-C) to improve serious mental illness outcomes in a community setting. <i>Journal of Consulting and Clinical Psychology</i> , <b>2021</b> , 89, 537-550	6.5	9
223	Sleep problems and depressive symptoms in toddlers and 8-year-old children: A longitudinal study. <i>Journal of Sleep Research</i> , <b>2021</b> , 30, e13150	5.8	2
222	The influence of intensity and timing of daily light exposure on subjective and objective sleep in adolescents with an evening circadian preference. <i>Sleep Medicine</i> , <b>2021</b> , 79, 166-174	4.6	2
221	The Development and Validation of the Memory Support Treatment Provider Checklist. <i>Behavior Therapy</i> , <b>2021</b> , 52, 932-944	4.8	
220	Delayed sleep-wake phase disorder in young adults: prevalence and correlates from a national survey of Norwegian university students. <i>Sleep Medicine</i> , <b>2021</b> , 77, 184-191	4.6	2
219	Sleep Disturbance and Disorders: An Overview With Evidence-Based Recommendations for Assessment and Treatment <b>2021</b> ,		
218	Cognitive therapy for insomnia <b>2021</b> ,		
217	COVID-19 Prevention via the Science of Habit Formation. <i>Current Directions in Psychological Science</i> , <b>2021</b> , 30, 174-180	6.5	4
216	IL-6, sTNF-R2, and CRP in the context of sleep, circadian preference, and health in adolescents with eveningness chronotype: Cross-sectional and longitudinal treatment effects. <i>Psychoneuroendocrinology</i> , <b>2021</b> , 129, 105241	5	3
215	Applying the Science of Habit Formation to Evidence-Based Psychological Treatments for Mental Illness. <i>Perspectives on Psychological Science</i> , <b>2021</b> , 1745691621995752	9.8	1

214	Barriers and Facilitators to Behavior Change for Individuals with Severe Mental Illness who Received the Transdiagnostic Intervention for Sleep and Circadian Dysfunction in a Community Mental Health Setting. <i>Journal of Behavioral Health Services and Research</i> , <b>2021</b> , 1	1.7	0
213	Internet use and its impact on internalizing disorder symptoms and sleep in adolescents with an evening circadian preference. <i>Journal of Clinical Sleep Medicine</i> , <b>2021</b> , 17, 2019-2027	3.1	
212	Outcomes of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) in a community setting: Unpacking comorbidity. <i>Behaviour Research and Therapy</i> , <b>2021</b> , 145, 103948	5.2	1
211	Transdiagnostic Sleep and Circadian Intervention for Adolescents Plus Text Messaging: Randomized Controlled Trial 12-month Follow-up.. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2021</b> , 1-13	5.4	1
210	Sleep problems among adolescents within child and adolescent mental health services. An epidemiological study with registry linkage. <i>European Child and Adolescent Psychiatry</i> , <b>2020</b> , 1	5.5	5
209	Sleep disturbance and psychiatric disorders. <i>Lancet Psychiatry</i> , <b>2020</b> , 7, 628-637	23.3	103
208	Client memory and learning of treatment contents: An experimental study of intervention strategies and relationship to outcome in a brief treatment for procrastination. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2020</b> , 69, 101579	2.6	2
207	Sleep restriction alters children's positive emotional responses, but effects are moderated by anxiety. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2020</b> , 61, 1150-1159	7.9	4
206	Open trial of the Parent Behavior Change Intervention (PBC-I): Study protocol. <i>Health Psychology</i> , <b>2020</b> , 39, 785-795	5	2
205	Establishing the dose of memory support to improve patient memory for treatment and treatment outcome. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2020</b> , 68, 101526	2.6	3
204	The Validation of a Provider-Reported Fidelity Measure for the Transdiagnostic Sleep and Circadian Intervention in a Community Mental Health Setting. <i>Behavior Therapy</i> , <b>2020</b> , 51, 800-813	4.8	2
203	Overanxious and underslept. <i>Nature Human Behaviour</i> , <b>2020</b> , 4, 100-110	12.8	37
202	A transdiagnostic sleep and circadian intervention for adolescents: six-month follow-up of a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2020</b> , 61, 653-661	7.9	10
201	Implementing a transdiagnostic sleep and circadian intervention in a community mental health setting: A qualitative process evaluation with community stakeholders. <i>Psychiatry Research</i> , <b>2020</b> , 293, 113443	9.9	0
200	Trajectories of sleep problems from adolescence to adulthood. Linking two population-based studies from Norway. <i>Sleep Medicine</i> , <b>2020</b> , 75, 411-417	4.6	9
199	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <i>The Lancet Digital Health</i> , <b>2020</b> , 2, e397-e406	14.4	18
198	Psychometric properties of the Insomnia Catastrophizing Scale (ICS) in a large community sample. <i>Cognitive Behaviour Therapy</i> , <b>2020</b> , 49, 120-136	4.4	6
197	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , <b>2020</b> , 43,	1.1	7

196	Addressing the Challenges of Recruitment and Retention in Sleep and Circadian Clinical Trials. <i>Behavioral Sleep Medicine</i> , <b>2020</b> , 18, 23-34	4.2	2
195	Development and validation of the Hypersomnia Severity Index (HSI): A measure to assess hypersomnia severity and impairment in psychiatric disorders. <i>Psychiatry Research</i> , <b>2019</b> , 281, 112547	9.9	6
194	Suicide attempts and non-suicidal self-harm among university students: prevalence study. <i>BJPsych Open</i> , <b>2019</b> , 5, e26	5	30
193	Patient constructive learning behavior in cognitive therapy: A pathway for improving patient memory for treatment?. <i>Behaviour Research and Therapy</i> , <b>2019</b> , 116, 80-89	5.2	5
192	Patient Memory for Psychological Treatment Contents: Assessment, Intervention, and Future Directions for a Novel Transdiagnostic Mechanism of Change. <i>Behaviour Change</i> , <b>2019</b> , 36, 1-11	1.1	7
191	Anxiety Treatment and Targeted Sleep Enhancement to Address Sleep Disturbance in Pre/Early Adolescents with Anxiety. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2019</b> , 48, S284-S297	5.4	11
190	Usefulness and utilization of treatment elements from the Transdiagnostic Sleep and Circadian Intervention for adolescents with an evening circadian preference. <i>Behaviour Research and Therapy</i> , <b>2019</b> , 123, 103504	5.2	4
189	Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis. <i>Journal of Consulting and Clinical Psychology</i> , <b>2019</b> , 87, 757-771	6.5	17
188	A composite measure of sleep health predicts concurrent mental and physical health outcomes in adolescents prone to eveningness. <i>Sleep Health</i> , <b>2019</b> , 5, 166-174	4	36
187	Sleep patterns and insomnia in young adults: A national survey of Norwegian university students. <i>Journal of Sleep Research</i> , <b>2019</b> , 28, e12790	5.8	53
186	Salivary Pubertal Hormones, Sleep Disturbance, and an Evening Circadian Preference in Adolescents: Risk Across Health Domains. <i>Journal of Adolescent Health</i> , <b>2019</b> , 64, 523-529	5.8	7
185	Sleep, Circadian Rhythms, and Risk Across Health Domains in Adolescents With an Evening Circadian Preference. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2019</b> , 48, 480-490	5.4	6
184	Adolescent Sleep Barriers: Profiles within a Diverse Sample of Urban Youth. <i>Journal of Youth and Adolescence</i> , <b>2018</b> , 47, 2169-2180	4.5	14
183	Cardiovascular autonomic dysfunction in insomnia patients with objective short sleep duration. <i>Journal of Sleep Research</i> , <b>2018</b> , 27, e12663	5.8	34
182	Vigilant attention to threat, sleep patterns, and anxiety in peripubertal youth. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2018</b> , 59, 1309-1322	7.9	7
181	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. <i>Internet Interventions</i> , <b>2018</b> , 12, 11-15	4.4	17
180	Dim Light Melatonin Onset and Affect in Adolescents With an Evening Circadian Preference. <i>Journal of Adolescent Health</i> , <b>2018</b> , 62, 94-99	5.8	10
179	Proinflammatory Cytokines, Mood, and Sleep in Interepisode Bipolar Disorder and Insomnia: A Pilot Study With Implications for Psychosocial Interventions. <i>Psychosomatic Medicine</i> , <b>2018</b> , 80, 87-94	3.7	8

178	Patient learning of treatment contents in cognitive therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2018</b> , 58, 51-59	2.6	9
177	Modifying the Impact of Eveningness Chronotype ("Night-Owls") in Youth: A Randomized Controlled Trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , <b>2018</b> , 57, 742-754	7.2	58
176	Treatment agreement, adherence, and outcome in cognitive behavioral treatments for insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2018</b> , 86, 294-299	6.5	12
175	Treating Sleep Problems in Young People at Ultra-High Risk of Psychosis: A Feasibility Case Series. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2018</b> , 46, 276-291	2.1	33
174	Rise and shine: A treatment experiment testing a morning routine to decrease subjective sleep inertia in insomnia and bipolar disorder. <i>Behaviour Research and Therapy</i> , <b>2018</b> , 111, 106-112	5.2	15
173	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. <i>BMJ Open</i> , <b>2018</b> , 8, e025152	3	8
172	Precursors of delayed sleep phase in adolescence: a population-based longitudinal study. <i>Sleep</i> , <b>2018</b> , 41,	1.1	4
171	The Impact of Sleep Improvement on Food Choices in Adolescents With Late Bedtimes. <i>Journal of Adolescent Health</i> , <b>2017</b> , 60, 570-576	5.8	19
170	The association between insomnia-related sleep disruptions and cognitive dysfunction during the inter-episode phase of bipolar disorder. <i>Journal of Psychiatric Research</i> , <b>2017</b> , 88, 80-88	5.2	26
169	Life-time history of insomnia and hypersomnia symptoms as correlates of alcohol, cocaine and heroin use and relapse among adults seeking substance use treatment in the United States from 1991 to 1994. <i>Addiction</i> , <b>2017</b> , 112, 1104-1111	4.6	38
168	Memory support strategies and bundles: A pathway to improving cognitive therapy for depression?. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 187-199	6.5	23
167	Cognitive Behavioral Therapy for Sleep Disorders <b>2017</b> , 381-403		
166	Reply to: Insomnia-related sleep disruptions, cognition and detailed concurrent anxiety testing during the inter-episode phase of bipolar disorder: A Herculean task or a necessity?. <i>Journal of Psychiatric Research</i> , <b>2017</b> , 95, 78-79	5.2	
165	Patient recall of specific cognitive therapy contents predicts adherence and outcome in adults with major depressive disorder. <i>Behaviour Research and Therapy</i> , <b>2017</b> , 97, 189-199	5.2	12
164	Hypertension with unsatisfactory sleep health (HUSH): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2017</b> , 18, 256	2.8	7
163	Do improved patient recall and the provision of memory support enhance treatment adherence?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2017</b> , 54, 219-228	2.6	15
162	Trajectories of sleep problems from childhood to adolescence: a population-based longitudinal study from Norway. <i>Journal of Sleep Research</i> , <b>2017</b> , 26, 55-63	5.8	42
161	Can integrating the Memory Support Intervention into cognitive therapy improve depression outcome? Study protocol for a randomized controlled trial. <i>Trials</i> , <b>2017</b> , 18, 539	2.8	10

160	Sleep the night before and after a treatment session: A critical ingredient for treatment adherence?. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 647-652	6.5	5
159	Mediators and treatment matching in behavior therapy, cognitive therapy and cognitive behavior therapy for chronic insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 975-987	6.5	17
158	A Transdiagnostic Intervention for Youth Sleep and Circadian Problems. <i>Cognitive and Behavioral Practice</i> , <b>2016</b> , 23, 341-355	2.3	38
157	New Frontiers in Empirically Grounded Treatment Generation for Insomnia, Depression, and Bipolar Disorder: Translational Research With Transdiagnostic Implications. <i>International Journal of Cognitive Therapy</i> , <b>2016</b> , 9, 171-180	1.4	1
156	A transdiagnostic sleep and circadian treatment to improve severe mental illness outcomes in a community setting: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2016</b> , 17, 606	2.8	17
155	Daily Actigraphy Profiles Distinguish Depressive and Interepisode States in Bipolar Disorder. <i>Clinical Psychological Science</i> , <b>2016</b> , 4, 641-650	6	30
154	Change in Dysfunctional Beliefs About Sleep in Behavior Therapy, Cognitive Therapy, and Cognitive-Behavioral Therapy for Insomnia. <i>Behavior Therapy</i> , <b>2016</b> , 47, 102-15	4.8	37
153	The development and validation of the Memory Support Rating Scale. <i>Psychological Assessment</i> , <b>2016</b> , 28, 715-25	5.3	13
152	Sleep and academic performance in later adolescence: results from a large population-based study. <i>Journal of Sleep Research</i> , <b>2016</b> , 25, 318-24	5.8	93
151	Impact of comorbid anxiety and depressive disorders on treatment response to cognitive behavior therapy for insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2016</b> , 84, 659-67	6.5	21
150	Improving outcome for mental disorders by enhancing memory for treatment. <i>Behaviour Research and Therapy</i> , <b>2016</b> , 81, 35-46	5.2	28
149	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2016</b> , 89, 181-93	3.5	41
148	Evidence-based psychological treatments for mental disorders: modifiable barriers to access and possible solutions. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 68, 1-12	5.2	86
147	Academic performance in adolescents with delayed sleep phase. <i>Sleep Medicine</i> , <b>2015</b> , 16, 1084-90	4.6	29
146	Cognitive-behavioral treatment of insomnia and depression in adolescents: A pilot randomized trial. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 69, 111-8	5.2	103
145	Interventions for Sleep Disturbance in Bipolar Disorder. <i>Sleep Medicine Clinics</i> , <b>2015</b> , 10, 101-5	3.6	21
144	Mental health problems in adolescents with delayed sleep phase: results from a large population-based study in Norway. <i>Journal of Sleep Research</i> , <b>2015</b> , 24, 11-8	5.8	86
143	Risk behaviors and negative health outcomes for adolescents with late bedtimes. <i>Journal of Youth and Adolescence</i> , <b>2015</b> , 44, 478-88	4.5	51

142	Insomnia and Sleep Disorders <b>2015</b> , 1-12		1
141	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , <b>2015</b> , 1, 15026	51.1	235
140	Memory for therapy in bipolar disorder and comorbid insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2015</b> , 83, 92-102	6.5	33
139	Sleep interventions: a developmental perspective <b>2015</b> , 999-1015		2
138	Treating insomnia improves mood state, sleep, and functioning in bipolar disorder: a pilot randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2015</b> , 83, 564-77	6.5	135
137	Evidence for a Possible Link between Bedtime and Change in Body Mass Index. <i>Sleep</i> , <b>2015</b> , 38, 1523-7	1.1	32
136	A Retrospective Examination of Sleep Disturbance across the Course of Bipolar Disorder <b>2015</b> , 4,		9
135	Learning cognitive behavior therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2015</b> , 48, 164-9	2.6	18
134	Later emotional and behavioral problems associated with sleep problems in toddlers: a longitudinal study. <i>JAMA Pediatrics</i> , <b>2015</b> , 169, 575-82	8.3	119
133	Development and Validation of the Sleep Inertia Questionnaire (SIQ) and Assessment of Sleep Inertia in Analogue and Clinical Depression. <i>Cognitive Therapy and Research</i> , <b>2015</b> , 39, 601-612	2.7	30
132	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 975-83	23.3	117
131	Sleep problems and depression in adolescence: results from a large population-based study of Norwegian adolescents aged 16-18 years. <i>European Child and Adolescent Psychiatry</i> , <b>2014</b> , 23, 681-9	5.5	118
130	Insomnia as a transdiagnostic process in psychiatric disorders. <i>Current Psychiatry Reports</i> , <b>2014</b> , 16, 471	9.1	75
129	Insomnia before and after treatment for anxiety and depression. <i>Journal of Affective Disorders</i> , <b>2014</b> , 168, 415-21	6.6	60
128	Cognitive processes and their association with persistence and remission of insomnia: findings from a longitudinal study in the general population. <i>Behaviour Research and Therapy</i> , <b>2014</b> , 54, 38-48	5.2	27
127	The effects of bedtime and sleep duration on academic and emotional outcomes in a nationally representative sample of adolescents. <i>Journal of Adolescent Health</i> , <b>2014</b> , 54, 350-6	5.8	106
126	Prevalence and clinical correlates of co-occurring insomnia and hypersomnia symptoms in depression. <i>Journal of Affective Disorders</i> , <b>2014</b> , 167, 93-7	6.6	92
125	Physical activity and sleep: Day-to-day associations among individuals with and without Bipolar Disorder. <i>Mental Health and Physical Activity</i> , <b>2014</b> , 7, 183-190	5	24

124	Improving Outcome of Psychosocial Treatments by Enhancing Memory and Learning. <i>Perspectives on Psychological Science</i> , <b>2014</b> , 9, 161-79	9.8	68
123	Basic sleep and circadian science as building blocks for behavioral interventions: a translational approach for mood disorders. <i>Behavioral Neuroscience</i> , <b>2014</b> , 128, 360-70	2.1	9
122	A clinician's quick guide of evidence-based approaches: Paediatric sleep disorders. <i>Clinical Psychologist</i> , <b>2014</b> , 18, 133-134	1.6	1
121	Trajectories and predictors of nocturnal awakenings and sleep duration in infants. <i>Journal of Developmental and Behavioral Pediatrics</i> , <b>2014</b> , 35, 309-16	2.4	62
120	Comparative efficacy of behavior therapy, cognitive therapy, and cognitive behavior therapy for chronic insomnia: a randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2014</b> , 82, 670-83	6.5	113
119	Sleep Interventions: A Developmental Perspective <b>2014</b> , 409-423		1
118	Sleep disturbance and depressive symptoms in adolescence: the role of catastrophic worry. <i>Journal of Youth and Adolescence</i> , <b>2013</b> , 42, 1223-33	4.5	50
117	Tired and apprehensive: anxiety amplifies the impact of sleep loss on aversive brain anticipation. <i>Journal of Neuroscience</i> , <b>2013</b> , 33, 10607-15	6.6	62
116	Insomnia comorbid to severe psychiatric illness. <i>Sleep Medicine Clinics</i> , <b>2013</b> , 8, 361-371	3.6	53
115	Folk theories about the causes of insomnia. <i>Cognitive Therapy and Research</i> , <b>2013</b> , 37, 1048	2.7	5
114	Behavioral treatment of insomnia in bipolar disorder. <i>American Journal of Psychiatry</i> , <b>2013</b> , 170, 716-20	11.9	72
113	Circadian rhythms and psychiatric illness. <i>Current Opinion in Psychiatry</i> , <b>2013</b> , 26, 566-71	4.9	25
112	The sleep and technology use of Americans: findings from the National Sleep Foundation's 2011 Sleep in America poll. <i>Journal of Clinical Sleep Medicine</i> , <b>2013</b> , 9, 1291-9	3.1	239
111	Social support and social strain in inter-episode bipolar disorder. <i>Bipolar Disorders</i> , <b>2012</b> , 14, 628-40	3.8	20
110	The complex role of sleep in adolescent depression. <i>Child and Adolescent Psychiatric Clinics of North America</i> , <b>2012</b> , 21, 385-400	3.3	85
109	Sleep disturbances in sexual abuse victims: a systematic review. <i>Sleep Medicine Reviews</i> , <b>2012</b> , 16, 15-25	10.2	59
108	Evaluating sleep in bipolar disorder: comparison between actigraphy, polysomnography, and sleep diary. <i>Bipolar Disorders</i> , <b>2012</b> , 14, 870-9	3.8	98
107	When trying is not enough: emotion regulation and the effort-success gap in bipolar disorder. <i>Emotion</i> , <b>2012</b> , 12, 997-1003	4.1	79



106	Associations between psychological factors and nighttime/daytime symptomatology in insomnia. <i>Cognitive Behaviour Therapy</i> , <b>2012</b> , 41, 273-87	4.4	18
105	Double trouble? The effects of sleep deprivation and chronotype on adolescent affect. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2012</b> , 53, 660-7	7.9	105
104	Restless pillow, ruffled mind: sleep and affect coupling in interepisode bipolar disorder. <i>Journal of Abnormal Psychology</i> , <b>2012</b> , 121, 863-73	7	50
103	A test of the bidirectional association between sleep and mood in bipolar disorder and insomnia. <i>Journal of Abnormal Psychology</i> , <b>2012</b> , 121, 39-50	7	61
102	(Mis)perception of sleep in insomnia: a puzzle and a resolution. <i>Psychological Bulletin</i> , <b>2012</b> , 138, 77-101	19.1	264
101	Prevalence and functional consequences of severe insomnia symptoms in mood and anxiety disorders: results from a nationally representative sample. <i>Sleep</i> , <b>2012</b> , 35, 1367-75	1.1	85
100	Sleep Disorders in Adults <b>2012</b> ,		1
99	Sleep and circadian functioning: critical mechanisms in the mood disorders?. <i>Annual Review of Clinical Psychology</i> , <b>2011</b> , 7, 297-319	20.5	146
98	Sleep disturbance as transdiagnostic: consideration of neurobiological mechanisms. <i>Clinical Psychology Review</i> , <b>2011</b> , 31, 225-35	10.8	329
97	Behavioral Experiments <b>2011</b> , 71-77		1
96	Sleep Matters: Sleep Functioning and Course of Illness in Bipolar Disorder. <i>Focus (American Psychiatric Publishing)</i> , <b>2011</b> , 9, 471-476	1.1	
95	The effect of sleep deprivation on vocal expression of emotion in adolescents and adults. <i>Sleep</i> , <b>2011</b> , 34, 1233-41	1.1	79
94	A preliminary study of sleep in adolescents with bipolar disorder, ADHD, and non-patient controls. <i>Bipolar Disorders</i> , <b>2011</b> , 13, 425-32	3.8	41
93	Hypersomnia in inter-episode bipolar disorder: does it have prognostic significance?. <i>Journal of Affective Disorders</i> , <b>2011</b> , 132, 438-44	6.6	78
92	What goes up can come down? A preliminary investigation of emotion reactivity and emotion recovery in bipolar disorder. <i>Journal of Affective Disorders</i> , <b>2011</b> , 133, 457-66	6.6	61
91	Sleep matters: sleep functioning and course of illness in bipolar disorder. <i>Journal of Affective Disorders</i> , <b>2011</b> , 134, 416-20	6.6	87
90	Cognitive and affective control in insomnia. <i>Frontiers in Psychology</i> , <b>2011</b> , 2, 349	3.4	37
89	Psychometric properties of an insomnia-specific measure of worry: the Anxiety and Preoccupation about Sleep Questionnaire. <i>Cognitive Behaviour Therapy</i> , <b>2011</b> , 40, 65-76	4.4	32

88	Hooked on a feeling: rumination about positive and negative emotion in inter-episode bipolar disorder. <i>Journal of Abnormal Psychology</i> , <b>2011</b> , 120, 956-61	7	112
87	Intervention to Reduce Unhelpful Beliefs about Sleep <b>2011</b> , 79-89		1
86	Catastrophizing and symptoms of sleep disturbances in children. <i>Journal of Sleep Research</i> , <b>2010</b> , 19, 175-82	5.8	26
85	Sleep architecture as correlate and predictor of symptoms and impairment in inter-episode bipolar disorder: taking on the challenge of medication effects. <i>Journal of Sleep Research</i> , <b>2010</b> , 19, 516-24	5.8	32
84	Sleep, illness course, and concurrent symptoms in inter-episode bipolar disorder. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2010</b> , 41, 145-9	2.6	49
83	Sleep deprivation in adolescents and adults: changes in affect. <i>Emotion</i> , <b>2010</b> , 10, 831-41	4.1	232
82	Psychological Models of Insomnia. <i>Medical Psychiatry</i> , <b>2010</b> , 42-49		2
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