

# Allison G Harvey

## List of Publications by Citations

**Source:** <https://exaly.com/author-pdf/6515291/allison-g-harvey-publications-by-citations.pdf>

**Version:** 2024-04-26

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

231  
papers

14,127  
citations

70  
h-index

111  
g-index

244  
ext. papers

16,367  
ext. citations

5.3  
avg, IF

7.07  
L-index

#	Paper	IF	Citations
231	Chronic pain and posttraumatic stress disorder: mutual maintenance?. <i>Clinical Psychology Review</i> , <b>2001</b> , 21, 857-77	10.8	528
230	Sleep and circadian rhythms in bipolar disorder: seeking synchrony, harmony, and regulation. <i>American Journal of Psychiatry</i> , <b>2008</b> , 165, 820-9	11.9	398
229	The relationship between acute stress disorder and posttraumatic stress disorder: A prospective evaluation of motor vehicle accident survivors.. <i>Journal of Consulting and Clinical Psychology</i> , <b>1998</b> , 66, 507-512	6.5	395
228	Sleep disturbance as transdiagnostic: consideration of neurobiological mechanisms. <i>Clinical Psychology Review</i> , <b>2011</b> , 31, 225-35	10.8	329
227	Sleep-related functioning in euthymic patients with bipolar disorder, patients with insomnia, and subjects without sleep problems. <i>American Journal of Psychiatry</i> , <b>2005</b> , 162, 50-7	11.9	273
226	(Mis)perception of sleep in insomnia: a puzzle and a resolution. <i>Psychological Bulletin</i> , <b>2012</b> , 138, 77-101	19.1	264
225	Relationship between acute stress disorder and posttraumatic stress disorder following mild traumatic brain injury. <i>American Journal of Psychiatry</i> , <b>1998</b> , 155, 625-9	11.9	256
224	Sleep and posttraumatic stress disorder: a review. <i>Clinical Psychology Review</i> , <b>2003</b> , 23, 377-407	10.8	247
223	The sleep and technology use of Americans: findings from the National Sleep Foundation® 2011 Sleep in America poll. <i>Journal of Clinical Sleep Medicine</i> , <b>2013</b> , 9, 1291-9	3.1	239
222	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , <b>2015</b> , 1, 15026	51.1	235
221	Sleep deprivation in adolescents and adults: changes in affect. <i>Emotion</i> , <b>2010</b> , 10, 831-41	4.1	232
220	Pre-sleep cognitive activity: a comparison of sleep-onset insomniacs and good sleepers. <i>British Journal of Clinical Psychology</i> , <b>2000</b> , 39, 275-86	3.6	230
219	The subjective meaning of sleep quality: a comparison of individuals with and without insomnia. <i>Sleep</i> , <b>2008</b> , 31, 383-93	1.1	226
218	Interactions between mothers and infants: impact of maternal anxiety. <i>Research in Social and Administrative Pharmacy</i> , <b>2007</b> , 30, 161-7	2.9	185
217	Avoidant coping style and post-traumatic stress following motor vehicle accidents. <i>Behaviour Research and Therapy</i> , <b>1995</b> , 33, 631-5	5.2	185
216	Cognitive approaches to insomnia. <i>Clinical Psychology Review</i> , <b>2005</b> , 25, 593-611	10.8	178
215	Insomnia: symptom or diagnosis?. <i>Clinical Psychology Review</i> , <b>2001</b> , 21, 1037-59	10.8	175

214	A specific and rapid neural signature for parental instinct. <i>PLoS ONE</i> , <b>2008</b> , 3, e1664	3.7	166
213	Cognitive behaviour therapy for posttraumatic stress disorder. <i>Clinical Psychology Review</i> , <b>2003</b> , 23, 501-228		160
212	Acute stress disorder: a synthesis and critique. <i>Psychological Bulletin</i> , <b>2002</b> , 128, 886-902	19.1	158
211	An open trial of cognitive therapy for chronic insomnia. <i>Behaviour Research and Therapy</i> , <b>2007</b> , 45, 2491-501	5.01	151
210	Effects of cognitive arousal and physiological arousal on sleep perception. <i>Sleep</i> , <b>2004</b> , 27, 69-78	1.1	148
209	Hypersomnia across mood disorders: a review and synthesis. <i>Sleep Medicine Reviews</i> , <b>2009</b> , 13, 275-85	10.2	147
208	Sleep and circadian functioning: critical mechanisms in the mood disorders?. <i>Annual Review of Clinical Psychology</i> , <b>2011</b> , 7, 297-319	20.5	146
207	Processing threatening information in posttraumatic stress disorder.. <i>Journal of Abnormal Psychology</i> , <b>1995</b> , 104, 537-541	7	139
206	Postconcussive symptoms and posttraumatic stress disorder after mild traumatic brain injury. <i>Journal of Nervous and Mental Disease</i> , <b>1999</b> , 187, 302-5	1.8	139
205	Assessing acute stress disorder: Psychometric properties of a structured clinical interview.. <i>Psychological Assessment</i> , <b>1998</b> , 10, 215-220	5.3	138
204	Treating insomnia improves mood state, sleep, and functioning in bipolar disorder: a pilot randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2015</b> , 83, 564-77	6.5	135
203	Social anxiety and self-impression: cognitive preparation enhances the beneficial effects of video feedback following a stressful social task. <i>Behaviour Research and Therapy</i> , <b>2000</b> , 38, 1183-92	5.2	133
202	The management of unwanted pre-sleep thoughts in insomnia: distraction with imagery versus general distraction. <i>Behaviour Research and Therapy</i> , <b>2002</b> , 40, 267-77	5.2	132
201	Insomnia, Psychiatric Disorders, and the Transdiagnostic Perspective. <i>Current Directions in Psychological Science</i> , <b>2008</b> , 17, 299-303	6.5	131
200	Attentional bias in posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , <b>1997</b> , 10, 635-644	3.8	122
199	Correcting distorted perception of sleep in insomnia: a novel behavioural experiment?. <i>Behaviour Research and Therapy</i> , <b>2004</b> , 42, 27-39	5.2	121
198	Later emotional and behavioral problems associated with sleep problems in toddlers: a longitudinal study. <i>JAMA Pediatrics</i> , <b>2015</b> , 169, 575-82	8.3	119
197	Sleep problems and depression in adolescence: results from a large population-based study of Norwegian adolescents aged 16-18 years. <i>European Child and Adolescent Psychiatry</i> , <b>2014</b> , 23, 681-9	5.5	118

196	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry, the</i> , <b>2015</b> , 2, 975-83	23.3	117
195	Comparative efficacy of behavior therapy, cognitive therapy, and cognitive behavior therapy for chronic insomnia: a randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2014</b> , 82, 670-83	6.5	113
194	Hooked on a feeling: rumination about positive and negative emotion in inter-episode bipolar disorder. <i>Journal of Abnormal Psychology</i> , <b>2011</b> , 120, 956-61	7	112
193	The effects of bedtime and sleep duration on academic and emotional outcomes in a nationally representative sample of adolescents. <i>Journal of Adolescent Health</i> , <b>2014</b> , 54, 350-6	5.8	106
192	Double trouble? The effects of sleep deprivation and chronotype on adolescent affect. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2012</b> , 53, 660-7	7.9	105
191	Cognitive behaviour therapy for primary insomnia: can we rest yet?. <i>Sleep Medicine Reviews</i> , <b>2003</b> , 7, 237-62	10.2	104
190	Cognitive-behavioral treatment of insomnia and depression in adolescents: A pilot randomized trial. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 69, 111-8	5.2	103
189	Sleep disturbance and psychiatric disorders. <i>Lancet Psychiatry, the</i> , <b>2020</b> , 7, 628-637	23.3	103
188	Evaluating sleep in bipolar disorder: comparison between actigraphy, polysomnography, and sleep diary. <i>Bipolar Disorders</i> , <b>2012</b> , 14, 870-9	3.8	98
187	Catastrophic worry in primary insomnia. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2003</b> , 34, 11-23	2.6	97
186	Sleep functioning in relation to mood, function, and quality of life at entry to the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD). <i>Journal of Affective Disorders</i> , <b>2009</b> , 114, 41-9	6.6	96
185	The effect of attempted thought suppression in acute stress disorder. <i>Behaviour Research and Therapy</i> , <b>1998</b> , 36, 583-90	5.2	95
184	A qualitative investigation of the organization of traumatic memories. <i>British Journal of Clinical Psychology</i> , <b>1999</b> , 38, 401-5	3.6	94
183	Sleep and academic performance in later adolescence: results from a large population-based study. <i>Journal of Sleep Research</i> , <b>2016</b> , 25, 318-24	5.8	93
182	Prevalence and clinical correlates of co-occurring insomnia and hypersomnia symptoms in depression. <i>Journal of Affective Disorders</i> , <b>2014</b> , 167, 93-7	6.6	92
181	Gender differences in the relationship between acute stress disorder and posttraumatic stress disorder following motor vehicle accidents. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2003</b> , 37, 226-9	2.6	90
180	A Cognitive Theory and Therapy for Chronic Insomnia. <i>Journal of Cognitive Psychotherapy</i> , <b>2005</b> , 19, 41-50.9		89
179	Acute stress disorder: A handbook of theory, assessment, and treatment. <b>2000</b> ,		88

178	Sleep matters: sleep functioning and course of illness in bipolar disorder. <i>Journal of Affective Disorders</i> , <b>2011</b> , 134, 416-20	6.6	87
177	Reflective and ruminative processing of positive emotional memories in bipolar disorder and healthy controls. <i>Behaviour Research and Therapy</i> , <b>2009</b> , 47, 697-704	5.2	87
176	The organisation and content of trauma memories in survivors of road traffic accidents. <i>Behaviour Research and Therapy</i> , <b>2007</b> , 45, 151-62	5.2	87
175	Evidence-based psychological treatments for mental disorders: modifiable barriers to access and possible solutions. <i>Behaviour Research and Therapy</i> , <b>2015</b> , 68, 1-12	5.2	86
174	Mental health problems in adolescents with delayed sleep phase: results from a large population-based study in Norway. <i>Journal of Sleep Research</i> , <b>2015</b> , 24, 11-8	5.8	86
173	The complex role of sleep in adolescent depression. <i>Child and Adolescent Psychiatric Clinics of North America</i> , <b>2012</b> , 21, 385-400	3.3	85
172	Prevalence and functional consequences of severe insomnia symptoms in mood and anxiety disorders: results from a nationally representative sample. <i>Sleep</i> , <b>2012</b> , 35, 1367-75	1.1	85
171	When trying is not enough: emotion regulation and the effort-success gap in bipolar disorder. <i>Emotion</i> , <b>2012</b> , 12, 997-1003	4.1	79
170	The effect of sleep deprivation on vocal expression of emotion in adolescents and adults. <i>Sleep</i> , <b>2011</b> , 34, 1233-41	1.1	79
169	Sleep Disturbance in Bipolar Disorder Across the Lifespan. <i>Clinical Psychology: Science and Practice</i> , <b>2009</b> , 16, 256-277	3.7	79
168	The influence of traumatic brain injury on acute stress disorder and post-traumatic stress disorder following motor vehicle accidents. <i>Brain Injury</i> , <b>1999</b> , 13, 15-22	2.1	79
167	Hypersomnia in inter-episode bipolar disorder: does it have prognostic significance?. <i>Journal of Affective Disorders</i> , <b>2011</b> , 132, 438-44	6.6	78
166	Delayed-onset posttraumatic stress disorder: a prospective evaluation. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2002</b> , 36, 205-9	2.6	76
165	Insomnia as a transdiagnostic process in psychiatric disorders. <i>Current Psychiatry Reports</i> , <b>2014</b> , 16, 471	9.1	75
164	Sleep in Children and Adolescents with Behavioral and Emotional Disorders. <i>Sleep Medicine Clinics</i> , <b>2007</b> , 2, 501-511	3.6	75
163	Behavioral treatment of insomnia in bipolar disorder. <i>American Journal of Psychiatry</i> , <b>2013</b> , 170, 716-20	11.9	72
162	Predictors of acute stress following mild traumatic brain injury. <i>Brain Injury</i> , <b>1998</b> , 12, 147-54	2.1	71
161	Altering misperception of sleep in insomnia: behavioral experiment versus verbal feedback. <i>Journal of Consulting and Clinical Psychology</i> , <b>2006</b> , 74, 767-76	6.5	70

160	Improving Outcome of Psychosocial Treatments by Enhancing Memory and Learning. <i>Perspectives on Psychological Science</i> , <b>2014</b> , 9, 161-79	9.8	68
159	Misperception of sleep can adversely affect daytime functioning in insomnia. <i>Behaviour Research and Therapy</i> , <b>2005</b> , 43, 843-56	5.2	65
158	Preconscious processing of threat in posttraumatic stress disorder. <i>Cognitive Therapy and Research</i> , <b>1996</b> , 20, 613-623	2.7	64
157	Barriers to treatment seeking in primary insomnia in the United Kingdom: a cross-sectional perspective. <i>Sleep</i> , <b>2006</b> , 29, 1643-6	1.1	63
156	Tired and apprehensive: anxiety amplifies the impact of sleep loss on aversive brain anticipation. <i>Journal of Neuroscience</i> , <b>2013</b> , 33, 10607-15	6.6	62
155	Trajectories and predictors of nocturnal awakenings and sleep duration in infants. <i>Journal of Developmental and Behavioral Pediatrics</i> , <b>2014</b> , 35, 309-16	2.4	62
154	What goes up can come down? A preliminary investigation of emotion reactivity and emotion recovery in bipolar disorder. <i>Journal of Affective Disorders</i> , <b>2011</b> , 133, 457-66	6.6	61
153	A test of the bidirectional association between sleep and mood in bipolar disorder and insomnia. <i>Journal of Abnormal Psychology</i> , <b>2012</b> , 121, 39-50	7	61
152	Insomnia before and after treatment for anxiety and depression. <i>Journal of Affective Disorders</i> , <b>2014</b> , 168, 415-21	6.6	60
151	Acute psychophysiological arousal and posttraumatic stress disorder: a two-year prospective study. <i>Journal of Traumatic Stress</i> , <b>2003</b> , 16, 439-43	3.8	60
150	Predictors of acute stress following motor vehicle accidents. <i>Journal of Traumatic Stress</i> , <b>1999</b> , 12, 519-25	5.8	60
149	Sleep disturbances in sexual abuse victims: a systematic review. <i>Sleep Medicine Reviews</i> , <b>2012</b> , 16, 15-25	10.2	59
148	Modifying the Impact of Eveningness Chronotype ("Night-Owls") in Youth: A Randomized Controlled Trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , <b>2018</b> , 57, 742-754	7.2	58
147	Sleep and circadian rhythms in children and adolescents with bipolar disorder. <i>Development and Psychopathology</i> , <b>2006</b> , 18, 1147-68	4.3	58
146	I CAN'T SLEEP, MY MIND IS RACING! AN INVESTIGATION OF STRATEGIES OF THOUGHT CONTROL IN INSOMNIA Allison G. Harvey. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2001</b> , 29, 3-11	2.1	57
145	Memory for acute stress disorder symptoms: a two-year prospective study. <i>Journal of Nervous and Mental Disease</i> , <b>2000</b> , 188, 602-7	1.8	57
144	A transdiagnostic approach to treating sleep disturbance in psychiatric disorders. <i>Cognitive Behaviour Therapy</i> , <b>2009</b> , 38 Suppl 1, 35-42	4.4	55
143	Monitoring for sleep-related threat: a pilot study of the Sleep Associated Monitoring Index (SAMI). <i>Psychosomatic Medicine</i> , <b>2004</b> , 66, 242-50	3.7	55

142	Investigating Safety Behaviours in Insomnia: The Development of the Sleep-related Behaviours Questionnaire (SRBQ). <i>Behaviour Change</i> , <b>2004</b> , 21, 26-36	1.1	55
141	Attempts to control unwanted thoughts in the night: development of the thought control questionnaire-insomnia revised (TCQI-R). <i>Behaviour Research and Therapy</i> , <b>2005</b> , 43, 985-98	5.2	54
140	Coexistence of posttraumatic stress disorder and traumatic brain injury: towards a resolution of the paradox. <i>Journal of the International Neuropsychological Society</i> , <b>2003</b> , 9, 663-76	3.1	54
139	Insomnia comorbid to severe psychiatric illness. <i>Sleep Medicine Clinics</i> , <b>2013</b> , 8, 361-371	3.6	53
138	Transdiagnostic emotion regulation processes in bipolar disorder and insomnia. <i>Behaviour Research and Therapy</i> , <b>2008</b> , 46, 1096-100	5.2	53
137	Acute stress disorder after mild traumatic brain injury. <i>Journal of Nervous and Mental Disease</i> , <b>1998</b> , 186, 333-7	1.8	53
136	Sleep patterns and insomnia in young adults: A national survey of Norwegian university students. <i>Journal of Sleep Research</i> , <b>2019</b> , 28, e12790	5.8	53
135	An investigation of monitoring for sleep-related threat in primary insomnia. <i>Behaviour Research and Therapy</i> , <b>2004</b> , 42, 1403-20	5.2	52
134	Risk behaviors and negative health outcomes for adolescents with late bedtimes. <i>Journal of Youth and Adolescence</i> , <b>2015</b> , 44, 478-88	4.5	51
133	Sleep disturbance and depressive symptoms in adolescence: the role of catastrophic worry. <i>Journal of Youth and Adolescence</i> , <b>2013</b> , 42, 1223-33	4.5	50
132	Restless pillow, ruffled mind: sleep and affect coupling in interepisode bipolar disorder. <i>Journal of Abnormal Psychology</i> , <b>2012</b> , 121, 863-73	7	50
131	The effect of mood on sleep onset latency and REM sleep in interepisode bipolar disorder. <i>Journal of Abnormal Psychology</i> , <b>2009</b> , 118, 448-58	7	50
130	Sleep, illness course, and concurrent symptoms in inter-episode bipolar disorder. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2010</b> , 41, 145-9	2.6	49
129	Sleeping with the enemy: clock monitoring in the maintenance of insomnia. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2007</b> , 38, 40-55	2.6	49
128	The Attempted Suppression of Presleep Cognitive Activity in Insomnia. <i>Cognitive Therapy and Research</i> , <b>2003</b> , 27, 593-602	2.7	49
127	Acute stress response: a comparison of head injured and non-head injured patients. <i>Psychological Medicine</i> , <b>1995</b> , 25, 869-73	6.9	47
126	The efficacy of a Pennebaker-like writing intervention for poor sleepers. <i>Behavioral Sleep Medicine</i> , <b>2003</b> , 1, 115-24	4.2	44
125	Identifying safety behaviors in insomnia. <i>Journal of Nervous and Mental Disease</i> , <b>2002</b> , 190, 16-21	1.8	43

124	Trajectories of sleep problems from childhood to adolescence: a population-based longitudinal study from Norway. <i>Journal of Sleep Research</i> , <b>2017</b> , 26, 55-63	5.8	42
123	Time estimation ability and distorted perception of sleep in insomnia. <i>Behavioral Sleep Medicine</i> , <b>2005</b> , 3, 134-50	4.2	42
122	A preliminary study of sleep in adolescents with bipolar disorder, ADHD, and non-patient controls. <i>Bipolar Disorders</i> , <b>2011</b> , 13, 425-32	3.8	41
121	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2016</b> , 89, 181-93	3.5	41
120	Psychological impairment following motor vehicle accidents. <i>Australian Journal of Public Health</i> , <b>1995</b> , 19, 185-8		40
119	Traumatic brain injury, dissociation, and posttraumatic stress disorder in road traffic accident survivors. <i>Journal of Traumatic Stress</i> , <b>2005</b> , 18, 181-91	3.8	39
118	A Transdiagnostic Intervention for Youth Sleep and Circadian Problems. <i>Cognitive and Behavioral Practice</i> , <b>2016</b> , 23, 341-355	2.3	38
117	Life-time history of insomnia and hypersomnia symptoms as correlates of alcohol, cocaine and heroin use and relapse among adults seeking substance use treatment in the United States from 1991 to 1994. <i>Addiction</i> , <b>2017</b> , 112, 1104-1111	4.6	38
116	Dissociative symptoms in acute stress disorder. <i>Journal of Traumatic Stress</i> , <b>1999</b> , 12, 673-80	3.8	38
115	Change in Dysfunctional Beliefs About Sleep in Behavior Therapy, Cognitive Therapy, and Cognitive-Behavioral Therapy for Insomnia. <i>Behavior Therapy</i> , <b>2016</b> , 47, 102-15	4.8	37
114	Cognitive and affective control in insomnia. <i>Frontiers in Psychology</i> , <b>2011</b> , 2, 349	3.4	37
113	Overanxious and underslept. <i>Nature Human Behaviour</i> , <b>2020</b> , 4, 100-110	12.8	37
112	A composite measure of sleep health predicts concurrent mental and physical health outcomes in adolescents prone to eveningness. <i>Sleep Health</i> , <b>2019</b> , 5, 166-174	4	36
111	Cardiovascular autonomic dysfunction in insomnia patients with objective short sleep duration. <i>Journal of Sleep Research</i> , <b>2018</b> , 27, e12663	5.8	34
110	Memory for therapy in bipolar disorder and comorbid insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2015</b> , 83, 92-102	6.5	33
109	The differential functions of imagery and verbal thought in insomnia.. <i>Journal of Abnormal Psychology</i> , <b>2002</b> , 111, 665-669	7	33
108	Treating Sleep Problems in Young People at Ultra-High Risk of Psychosis: A Feasibility Case Series. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2018</b> , 46, 276-291	2.1	33
107	Evidence for a Possible Link between Bedtime and Change in Body Mass Index. <i>Sleep</i> , <b>2015</b> , 38, 1523-7	1.1	32



106	Sleep architecture as correlate and predictor of symptoms and impairment in inter-episode bipolar disorder: taking on the challenge of medication effects. <i>Journal of Sleep Research</i> , <b>2010</b> , 19, 516-24	5.8	32
105	Psychometric properties of an insomnia-specific measure of worry: the Anxiety and Preoccupation about Sleep Questionnaire. <i>Cognitive Behaviour Therapy</i> , <b>2011</b> , 40, 65-76	4.4	32
104	Traumatic memories and pseudomemories in posttraumatic stress disorder. <i>Applied Cognitive Psychology</i> , <b>1998</b> , 12, 81-88	2.1	31
103	An investigation of interpretive bias in insomnia: an analog study comparing normal and poor sleepers. <i>Sleep</i> , <b>2006</b> , 29, 1359-62	1.1	31
102	Reconstructing trauma memories: a prospective study of "amnesic" trauma survivors. <i>Journal of Traumatic Stress</i> , <b>2001</b> , 14, 277-82	3.8	31
101	Suicide attempts and non-suicidal self-harm among university students: prevalence study. <i>BJPsych Open</i> , <b>2019</b> , 5, e26	5	30
100	Daily Actigraphy Profiles Distinguish Depressive and Interepisode States in Bipolar Disorder. <i>Clinical Psychological Science</i> , <b>2016</b> , 4, 641-650	6	30
99	Development and Validation of the Sleep Inertia Questionnaire (SIQ) and Assessment of Sleep Inertia in Analogue and Clinical Depression. <i>Cognitive Therapy and Research</i> , <b>2015</b> , 39, 601-612	2.7	30
98	Academic performance in adolescents with delayed sleep phase. <i>Sleep Medicine</i> , <b>2015</b> , 16, 1084-90	4.6	29
97	The adverse consequences of sleep disturbance in pediatric bipolar disorder: implications for intervention. <i>Child and Adolescent Psychiatric Clinics of North America</i> , <b>2009</b> , 18, 321-38, viii	3.3	29
96	Improving outcome for mental disorders by enhancing memory for treatment. <i>Behaviour Research and Therapy</i> , <b>2016</b> , 81, 35-46	5.2	28
95	Cognitive processes and their association with persistence and remission of insomnia: findings from a longitudinal study in the general population. <i>Behaviour Research and Therapy</i> , <b>2014</b> , 54, 38-48	5.2	27
94	The association between insomnia-related sleep disruptions and cognitive dysfunction during the inter-episode phase of bipolar disorder. <i>Journal of Psychiatric Research</i> , <b>2017</b> , 88, 80-88	5.2	26
93	Catastrophizing and symptoms of sleep disturbances in children. <i>Journal of Sleep Research</i> , <b>2010</b> , 19, 175-82	5.8	26
92	Beliefs About the Utility of Presleep Worry: An Investigation of Individuals with Insomnia and Good Sleepers. <i>Cognitive Therapy and Research</i> , <b>2003</b> , 27, 403-414	2.7	26
91	Circadian rhythms and psychiatric illness. <i>Current Opinion in Psychiatry</i> , <b>2013</b> , 26, 566-71	4.9	25
90	Physical activity and sleep: Day-to-day associations among individuals with and without Bipolar Disorder. <i>Mental Health and Physical Activity</i> , <b>2014</b> , 7, 183-190	5	24
89	Memory support strategies and bundles: A pathway to improving cognitive therapy for depression?. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 187-199	6.5	23

88	Interventions for Sleep Disturbance in Bipolar Disorder. <i>Sleep Medicine Clinics</i> , <b>2015</b> , 10, 101-5	3.6	21
87	Posttraumatic stress reactions in volunteer firefighters. <i>Journal of Traumatic Stress</i> , <b>1996</b> , 9, 51-62	3.8	21
86	Impact of comorbid anxiety and depressive disorders on treatment response to cognitive behavior therapy for insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2016</b> , 84, 659-67	6.5	21
85	Social support and social strain in inter-episode bipolar disorder. <i>Bipolar Disorders</i> , <b>2012</b> , 14, 628-40	3.8	20
84	The Impact of Sleep Improvement on Food Choices in Adolescents With Late Bedtimes. <i>Journal of Adolescent Health</i> , <b>2017</b> , 60, 570-576	5.8	19
83	Cognitive Mechanisms in Chronic Insomnia: Processes and Prospects. <i>Sleep Medicine Clinics</i> , <b>2009</b> , 4, 541-548	3.4	19
82	Learning cognitive behavior therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2015</b> , 48, 164-9	2.6	18
81	Associations between psychological factors and nighttime/daytime symptomatology in insomnia. <i>Cognitive Behaviour Therapy</i> , <b>2012</b> , 41, 273-87	4.4	18
80	Learning History in Social Phobia. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2005</b> , 33, 257-271	2.1	18
79	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <i>The Lancet Digital Health</i> , <b>2020</b> , 2, e397-e406	14.4	18
78	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. <i>Internet Interventions</i> , <b>2018</b> , 12, 11-15	4.4	17
77	A transdiagnostic sleep and circadian treatment to improve severe mental illness outcomes in a community setting: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2016</b> , 17, 606	2.8	17
76	Mediators and treatment matching in behavior therapy, cognitive therapy and cognitive behavior therapy for chronic insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 975-987	6.5	17
75	Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis. <i>Journal of Consulting and Clinical Psychology</i> , <b>2019</b> , 87, 757-771	6.5	17
74	Interpretive biases in chronic insomnia: an investigation using a priming paradigm. <i>Behavior Therapy</i> , <b>2006</b> , 37, 248-58	4.8	16
73	Do improved patient recall and the provision of memory support enhance treatment adherence?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2017</b> , 54, 219-228	2.6	15
72	An experimental investigation of daytime monitoring for sleep-related threat in primary insomnia. <i>Cognition and Emotion</i> , <b>2007</b> , 21, 146-161	2.3	15
71	Rise and shine: A treatment experiment testing a morning routine to decrease subjective sleep inertia in insomnia and bipolar disorder. <i>Behaviour Research and Therapy</i> , <b>2018</b> , 111, 106-112	5.2	15

70	Adolescent Sleep Barriers: Profiles within a Diverse Sample of Urban Youth. <i>Journal of Youth and Adolescence</i> , <b>2018</b> , 47, 2169-2180	4.5	14
69	The development and validation of the Memory Support Rating Scale. <i>Psychological Assessment</i> , <b>2016</b> , 28, 715-25	5.3	13
68	Patient recall of specific cognitive therapy contents predicts adherence and outcome in adults with major depressive disorder. <i>Behaviour Research and Therapy</i> , <b>2017</b> , 97, 189-199	5.2	12
67	Treatment agreement, adherence, and outcome in cognitive behavioral treatments for insomnia. <i>Journal of Consulting and Clinical Psychology</i> , <b>2018</b> , 86, 294-299	6.5	12
66	Anxiety Treatment and Targeted Sleep Enhancement to Address Sleep Disturbance in Pre/Early Adolescents with Anxiety. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2019</b> , 48, S284-S297	5.4	11
65	Dim Light Melatonin Onset and Affect in Adolescents With an Evening Circadian Preference. <i>Journal of Adolescent Health</i> , <b>2018</b> , 62, 94-99	5.8	10
64	Can integrating the Memory Support Intervention into cognitive therapy improve depression outcome? Study protocol for a randomized controlled trial. <i>Trials</i> , <b>2017</b> , 18, 539	2.8	10
63	A transdiagnostic sleep and circadian intervention for adolescents: six-month follow-up of a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2020</b> , 61, 653-661	7.9	10
62	Patient learning of treatment contents in cognitive therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2018</b> , 58, 51-59	2.6	9
61	A Retrospective Examination of Sleep Disturbance across the Course of Bipolar Disorder <b>2015</b> , 4,		9
60	Basic sleep and circadian science as building blocks for behavioral interventions: a translational approach for mood disorders. <i>Behavioral Neuroscience</i> , <b>2014</b> , 128, 360-70	2.1	9
59	Trajectories of sleep problems from adolescence to adulthood. Linking two population-based studies from Norway. <i>Sleep Medicine</i> , <b>2020</b> , 75, 411-417	4.6	9
58	A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (Trans-C) to improve serious mental illness outcomes in a community setting. <i>Journal of Consulting and Clinical Psychology</i> , <b>2021</b> , 89, 537-550	6.5	9
57	Proinflammatory Cytokines, Mood, and Sleep in Interepisode Bipolar Disorder and Insomnia: A Pilot Study With Implications for Psychosocial Interventions. <i>Psychosomatic Medicine</i> , <b>2018</b> , 80, 87-94	3.7	8
56	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. <i>BMJ Open</i> , <b>2018</b> , 8, e025152	3	8
55	Patient Memory for Psychological Treatment Contents: Assessment, Intervention, and Future Directions for a Novel Transdiagnostic Mechanism of Change. <i>Behaviour Change</i> , <b>2019</b> , 36, 1-11	1.1	7
54	Vigilant attention to threat, sleep patterns, and anxiety in peripubertal youth. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2018</b> , 59, 1309-1322	7.9	7
53	Hypertension with unsatisfactory sleep health (HUSH): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2017</b> , 18, 256	2.8	7

52	Salivary Pubertal Hormones, Sleep Disturbance, and an Evening Circadian Preference in Adolescents: Risk Across Health Domains. <i>Journal of Adolescent Health</i> , <b>2019</b> , 64, 523-529	5.8	7
51	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , <b>2020</b> , 43,	1.1	7
50	Development and validation of the Hypersomnia Severity Index (HSI): A measure to assess hypersomnia severity and impairment in psychiatric disorders. <i>Psychiatry Research</i> , <b>2019</b> , 281, 112547	9.9	6
49	Sleep, Circadian Rhythms, and Risk Across Health Domains in Adolescents With an Evening Circadian Preference. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2019</b> , 48, 480-490	5.4	6
48	Psychometric properties of the Insomnia Catastrophizing Scale (ICS) in a large community sample. <i>Cognitive Behaviour Therapy</i> , <b>2020</b> , 49, 120-136	4.4	6
47	Patient constructive learning behavior in cognitive therapy: A pathway for improving patient memory for treatment?. <i>Behaviour Research and Therapy</i> , <b>2019</b> , 116, 80-89	5.2	5
46	Sleep problems among adolescents within child and adolescent mental health services. An epidemiological study with registry linkage. <i>European Child and Adolescent Psychiatry</i> , <b>2020</b> , 1	5.5	5
45	Folk theories about the causes of insomnia. <i>Cognitive Therapy and Research</i> , <b>2013</b> , 37, 1048	2.7	5
44	Sleep the night before and after a treatment session: A critical ingredient for treatment adherence?. <i>Journal of Consulting and Clinical Psychology</i> , <b>2017</b> , 85, 647-652	6.5	5
43	Sleep restriction alters children's positive emotional responses, but effects are moderated by anxiety. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , <b>2020</b> , 61, 1150-1159	7.9	4
42	Usefulness and utilization of treatment elements from the Transdiagnostic Sleep and Circadian Intervention for adolescents with an evening circadian preference. <i>Behaviour Research and Therapy</i> , <b>2019</b> , 123, 103504	5.2	4
41	COVID-19 Prevention via the Science of Habit Formation. <i>Current Directions in Psychological Science</i> , <b>2021</b> , 30, 174-180	6.5	4
40	Precursors of delayed sleep phase in adolescence: a population-based longitudinal study. <i>Sleep</i> , <b>2018</b> , 41,	1.1	4
39	Establishing the dose of memory support to improve patient memory for treatment and treatment outcome. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2020</b> , 68, 101526	2.6	3
38	The Epidemiology of Insomnia and Sleep Duration Across Mental and Physical Health: The SHoT Study. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 662572	3.4	3
37	IL-6, sTNF-R2, and CRP in the context of sleep, circadian preference, and health in adolescents with eveningness chronotype: Cross-sectional and longitudinal treatment effects. <i>Psychoneuroendocrinology</i> , <b>2021</b> , 129, 105241	5	3
36	Client memory and learning of treatment contents: An experimental study of intervention strategies and relationship to outcome in a brief treatment for procrastination. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2020</b> , 69, 101579	2.6	2
35	Sleep interventions: a developmental perspective <b>2015</b> , 999-1015		2

34	Positive mood and sleep disturbance in acquired mania following temporal lobe damage. <i>Brain Injury</i> , <b>2007</b> , 21, 1209-15	2.1	2
33	Psychological Models of Insomnia. <i>Medical Psychiatry</i> , <b>2010</b> , 42-49		2
32	Open trial of the Parent Behavior Change Intervention (PBC-I): Study protocol. <i>Health Psychology</i> , <b>2020</b> , 39, 785-795	5	2
31	The Validation of a Provider-Reported Fidelity Measure for the Transdiagnostic Sleep and Circadian Intervention in a Community Mental Health Setting. <i>Behavior Therapy</i> , <b>2020</b> , 51, 800-813	4.8	2
30	The Impact of Television, Electronic Games, and Social Technology Use on Sleep and Health in Adolescents with an Evening Circadian Preference. <i>Journal of Youth and Adolescence</i> , <b>2021</b> , 50, 2351-2362	4.5	2
29	Addressing the Challenges of Recruitment and Retention in Sleep and Circadian Clinical Trials. <i>Behavioral Sleep Medicine</i> , <b>2020</b> , 18, 23-34	4.2	2
28	Sleep problems and depressive symptoms in toddlers and 8-year-old children: A longitudinal study. <i>Journal of Sleep Research</i> , <b>2021</b> , 30, e13150	5.8	2
27	The influence of intensity and timing of daily light exposure on subjective and objective sleep in adolescents with an evening circadian preference. <i>Sleep Medicine</i> , <b>2021</b> , 79, 166-174	4.6	2
26	Delayed sleep-wake phase disorder in young adults: prevalence and correlates from a national survey of Norwegian university students. <i>Sleep Medicine</i> , <b>2021</b> , 77, 184-191	4.6	2
25	New Frontiers in Empirically Grounded Treatment Generation for Insomnia, Depression, and Bipolar Disorder: Translational Research With Transdiagnostic Implications. <i>International Journal of Cognitive Therapy</i> , <b>2016</b> , 9, 171-180	1.4	1
24	Insomnia and Sleep Disorders <b>2015</b> , 1-12		1
23	A clinician's quick guide of evidence-based approaches: Paediatric sleep disorders. <i>Clinical Psychologist</i> , <b>2014</b> , 18, 133-134	1.6	1
22	Behavioral Experiments <b>2011</b> , 71-77		1
21	Sleep Disorders in Adults <b>2012</b> ,		1
20	Impact of a Behavioral Sleep Intervention in Adolescents With ADHD: Feasibility, Acceptability, and Preliminary Effectiveness From a Pilot Open Trial. <i>Journal of Attention Disorders</i> , <b>2021</b> , 10870547211056965	3.7	1
19	Intervention to Reduce Unhelpful Beliefs about Sleep <b>2011</b> , 79-89		1
18	Sleep Interventions: A Developmental Perspective <b>2014</b> , 409-423		1
17	Applying the Science of Habit Formation to Evidence-Based Psychological Treatments for Mental Illness. <i>Perspectives on Psychological Science</i> , <b>2021</b> , 1745691621995752	9.8	1

16	Outcomes of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) in a community setting: Unpacking comorbidity. <i>Behaviour Research and Therapy</i> , <b>2021</b> , 145, 103948	5.2	1
15	Transdiagnostic Sleep and Circadian Intervention for Adolescents Plus Text Messaging: Randomized Controlled Trial 12-month Follow-up.. <i>Journal of Clinical Child and Adolescent Psychology</i> , <b>2021</b> , 1-13	5.4	1
14	Mediators and moderators of outcome from the Transdiagnostic Sleep and Circadian Intervention for adults with severe mental illness in a community setting.. <i>Behaviour Research and Therapy</i> , <b>2022</b> , 151, 104053	5.2	0
13	Implementing a transdiagnostic sleep and circadian intervention in a community mental health setting: A qualitative process evaluation with community stakeholders. <i>Psychiatry Research</i> , <b>2020</b> , 293, 113443	9.9	0
12	Barriers and Facilitators to Behavior Change for Individuals with Severe Mental Illness who Received the Transdiagnostic Intervention for Sleep and Circadian Dysfunction in a Community Mental Health Setting. <i>Journal of Behavioral Health Services and Research</i> , <b>2021</b> , 1	1.7	0
11	Digital cognitive behaviour therapy for insomnia (dCBT-I): Chronotype moderation on intervention outcomes.. <i>Journal of Sleep Research</i> , <b>2022</b> , e13572	5.8	0
10	Cognitive Behavioral Therapy for Sleep Disorders <b>2017</b> , 381-403		
9	Reply to: Insomnia-related sleep disruptions, cognition and detailed concurrent anxiety testing during the inter-episode phase of bipolar disorder: A Herculean task or a necessity?. <i>Journal of Psychiatric Research</i> , <b>2017</b> , 95, 78-79	5.2	
8	Sleep Matters: Sleep Functioning and Course of Illness in Bipolar Disorder. <i>Focus (American Psychiatric Publishing)</i> , <b>2011</b> , 9, 471-476	1.1	
7	Measuring Memory for Treatment Using Patient Conceptualizations of Clinical Vignettes: A Pilot Psychometric Study in the Context of Cognitive Therapy for Depression. <i>Cognitive Therapy and Research</i> ,1	2.7	
6	CBT-I for people diagnosed with bipolar disorder: Moving from a disorder-focused to a transdiagnostic conceptualization <b>2022</b> , 181-203		
5	Memory and learning for sleep and circadian treatment in serious mental illness treated in a community mental health setting.. <i>Behaviour Research and Therapy</i> , <b>2021</b> , 149, 104029	5.2	
4	The Development and Validation of the Memory Support Treatment Provider Checklist. <i>Behavior Therapy</i> , <b>2021</b> , 52, 932-944	4.8	
3	Sleep Disturbance and Disorders: An Overview With Evidence-Based Recommendations for Assessment and Treatment <b>2021</b> ,		
2	Cognitive therapy for insomnia <b>2021</b> ,		
1	Internet use and its impact on internalizing disorder symptoms and sleep in adolescents with an evening circadian preference. <i>Journal of Clinical Sleep Medicine</i> , <b>2021</b> , 17, 2019-2027	3.1	