

Wolfgang M Marx

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

100
papers

1,952
citations

24
h-index

41
g-index

116
ext. papers

3,270
ext. citations

6.2
avg, IF

5.3
L-index

#	Paper	IF	Citations
100	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , 2019 , 81, 265-280	3.7	176
99	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , 2020 , 19, 360-380	14.4	132
98	Nutritional psychiatry: the present state of the evidence. <i>Proceedings of the Nutrition Society</i> , 2017 , 76, 427-436	2.9	122
97	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , 2019 , 18, 308-324	14.4	86
96	Ultraprocessed food and chronic noncommunicable diseases: A systematic review and meta-analysis of 43 observational studies. <i>Obesity Reviews</i> , 2021 , 22, e13146	10.6	80
95	Ginger (<i>Zingiber officinale</i>) and chemotherapy-induced nausea and vomiting: a systematic literature review. <i>Nutrition Reviews</i> , 2013 , 71, 245-54	6.4	74
94	International Society for Nutritional Psychiatry Research Practice Guidelines for Omega-3 Fatty Acids in the Treatment of Major Depressive Disorder. <i>Psychotherapy and Psychosomatics</i> , 2019 , 88, 263-273	9.4	66
93	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , 2021 , 26, 134-150	15.1	66
92	Ginger-Mechanism of action in chemotherapy-induced nausea and vomiting: A review. <i>Critical Reviews in Food Science and Nutrition</i> , 2017 , 57, 141-146	11.5	59
91	The effect of high-polyphenol extra virgin olive oil on cardiovascular risk factors: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 2772-2795	11.5	59
90	The kynurenine pathway in major depressive disorder, bipolar disorder, and schizophrenia: a meta-analysis of 101 studies. <i>Molecular Psychiatry</i> , 2021 , 26, 4158-4178	15.1	52
89	The pathophysiology of SARS-CoV-2: A suggested model and therapeutic approach. <i>Life Sciences</i> , 2020 , 258, 118166	6.8	43
88	Effect of resveratrol supplementation on cognitive performance and mood in adults: a systematic literature review and meta-analysis of randomized controlled trials. <i>Nutrition Reviews</i> , 2018 , 76, 432-443	6.4	40
87	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 96-105	16.6	38
86	The Effect of a Standardized Ginger Extract on Chemotherapy-Induced Nausea-Related Quality of Life in Patients Undergoing Moderately or Highly Emetogenic Chemotherapy: A Double Blind, Randomized, Placebo Controlled Trial. <i>Nutrients</i> , 2017 , 9,	6.7	34
85	Effect of saffron supplementation on symptoms of depression and anxiety: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2019 ,	6.4	33
84	A systematic review, meta-analysis and meta-regression of the prevalence of protein-energy malnutrition: associations with geographical region and sex. <i>Age and Ageing</i> , 2019 , 48, 38-48	3	33

83	Is telehealth effective in managing malnutrition in community-dwelling older adults? A systematic review and meta-analysis. <i>Maturitas</i> , 2018 , 111, 31-46	5	29
82	Diet and the Microbiota-Gut-Brain Axis: Sowing the Seeds of Good Mental Health. <i>Advances in Nutrition</i> , 2021 , 12, 1239-1285	10	29
81	Mitochondrial Agents for Bipolar Disorder. <i>International Journal of Neuropsychopharmacology</i> , 2018 , 21, 550-569	5.8	28
80	The Effect of Ginger (<i>Zingiber officinale</i>) on Platelet Aggregation: A Systematic Literature Review. <i>PLoS ONE</i> , 2015 , 10, e0141119	3.7	28
79	Is ginger beneficial for nausea and vomiting? An update of the literature. <i>Current Opinion in Supportive and Palliative Care</i> , 2015 , 9, 189-95	2.6	26
78	The Effect of Polyphenol-Rich Interventions on Cardiovascular Risk Factors in Haemodialysis: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2017 , 9,	6.7	25
77	The Dietary Inflammatory Index and Human Health: An Umbrella Review of Meta-Analyses of Observational Studies. <i>Advances in Nutrition</i> , 2021 , 12, 1681-1690	10	25
76	Efficacy of Ginger (<i>Zingiber officinale</i>) in Ameliorating Chemotherapy-Induced Nausea and Vomiting and Chemotherapy-Related Outcomes: A Systematic Review Update and Meta-Analysis. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2019 , 119, 2055-2068	3.9	23
75	Efficacy and safety of fecal microbiota transplantation for the treatment of diseases other than infection: a systematic review and meta-analysis. <i>Gut Microbes</i> , 2020 , 12, 1-25	8.8	23
74	The role of omega-3 polyunsaturated fatty acid supplementation in the management of type 2 diabetes mellitus: A narrative review. <i>Journal of Nutrition & Intermediary Metabolism</i> , 2018 , 14, 42-51	2.8	22
73	Can ginger ameliorate chemotherapy-induced nausea? Protocol of a randomized double blind, placebo-controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 134	4.7	22
72	Chemotherapy-Induced Nausea and Vomiting: A Narrative Review to Inform Dietetics Practice. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2016 , 116, 819-27	3.9	21
71	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2020 , 118, 472-484	9	21
70	The effects of dairy and dairy derivatives on the gut microbiota: a systematic literature review. <i>Gut Microbes</i> , 2020 , 12, 1799533	8.8	21
69	Evidence for Dietary Fibre Modification in the Recovery and Prevention of Reoccurrence of Acute, Uncomplicated Diverticulitis: A Systematic Literature Review. <i>Nutrients</i> , 2018 , 10,	6.7	20
68	The cytokine storms of COVID-19, H1N1 influenza, CRS and MAS compared. Can one sized treatment fit all?. <i>Cytokine</i> , 2021 , 144, 155593	4	19
67	Classic serotonergic psychedelics for mood and depressive symptoms: a meta-analysis of mood disorder patients and healthy participants. <i>Psychopharmacology</i> , 2021 , 238, 341-354	4.7	19
66	Clinical and economic outcomes of nurse-led services in the ambulatory care setting: A systematic review. <i>International Journal of Nursing Studies</i> , 2018 , 81, 61-80	5.8	18

65	Preventing the development of severe COVID-19 by modifying immunothrombosis. <i>Life Sciences</i> , 2021 , 264, 118617	6.8	18
64	Prebiotic and probiotic supplementation and the tryptophan-kynurenine pathway: A systematic review and meta analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2021 , 123, 1-13	9	17
63	Increasing Nrf2 Activity as a Treatment Approach in Neuropsychiatry. <i>Molecular Neurobiology</i> , 2021 , 58, 2158-2182	6.2	17
62	Efficacy and Effectiveness of Carnitine Supplementation for Cancer-Related Fatigue: A Systematic Literature Review and Meta-Analysis. <i>Nutrients</i> , 2017 , 9,	6.7	16
61	The Therapeutic Potential of Mangosteen Pericarp as an Adjunctive Therapy for Bipolar Disorder and Schizophrenia. <i>Frontiers in Psychiatry</i> , 2019 , 10, 115	5	14
60	The effect of ultra-processed very low-energy diets on gut microbiota and metabolic outcomes in individuals with obesity: A systematic literature review. <i>Obesity Research and Clinical Practice</i> , 2020 , 14, 197-204	5.4	14
59	Clinical and psychological responses to synbiotic supplementation in obese or overweight adults: A randomized clinical trial. <i>Complementary Therapies in Medicine</i> , 2019 , 47, 102216	3.5	14
58	A systematic review of gut microbiota composition in observational studies of major depressive disorder, bipolar disorder and schizophrenia.. <i>Molecular Psychiatry</i> , 2022 ,	15.1	12
57	The interplay between oxidative stress and bioenergetic failure in neuropsychiatric illnesses: can we explain it and can we treat it?. <i>Molecular Biology Reports</i> , 2020 , 47, 5587-5620	2.8	11
56	The compensatory antioxidant response system with a focus on neuroprogressive disorders. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2019 , 95, 109708	5.5	11
55	Determination of the concentration of major active anti-emetic constituents within commercial ginger food products and dietary supplements. <i>European Journal of Integrative Medicine</i> , 2017 , 10, 19-24 ^{1.7}		8
54	A multi-national, multi-disciplinary Delphi consensus study on using omega-3 polyunsaturated fatty acids (n-3 PUFAs) for the treatment of major depressive disorder. <i>Journal of Affective Disorders</i> , 2020 , 265, 233-238	6.6	8
53	Lifestyle behavioural risk factors and emotional functioning among schoolchildren: The Healthy Growth Study. <i>European Psychiatry</i> , 2019 , 61, 79-84	6	8
52	Glucosinolates From Cruciferous Vegetables and Their Potential Role in Chronic Disease: Investigating the Preclinical and Clinical Evidence. <i>Frontiers in Pharmacology</i> , 2021 , 12, 767975	5.6	8
51	The effect of emerging nutraceutical interventions for clinical and biological outcomes in multiple sclerosis: A systematic review. <i>Multiple Sclerosis and Related Disorders</i> , 2020 , 37, 101486	4	8
50	Diet quality, dietary inflammatory index and body mass index as predictors of response to adjunctive -acetylcysteine and mitochondrial agents in adults with bipolar disorder: A sub-study of a randomised placebo-controlled trial. <i>Australian and New Zealand Journal of Psychiatry</i> , 2020 , 54, 159-172	2.6	8
49	The effect of fenugreek seed supplementation on serum irisin levels, blood pressure, and liver and kidney function in patients with type 2 diabetes mellitus: A parallel randomized clinical trial. <i>Complementary Therapies in Medicine</i> , 2020 , 49, 102315	3.5	7
48	Is dairy consumption associated with depressive symptoms or disorders in adults? A systematic review of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 3653-3668	11.5	7

47	Role of dietary fibre in older adults with asymptomatic (AS) or symptomatic uncomplicated diverticular disease (SUDD): Systematic review and meta-analysis. <i>Maturitas</i> , 2019 , 130, 57-67	5	6
46	An integrative collaborative care model for people with mental illness and physical comorbidities. <i>International Journal of Mental Health Systems</i> , 2020 , 14, 83	3.6	6
45	The Effect of High Polyphenol Extra Virgin Olive Oil on Blood Pressure and Arterial Stiffness in Healthy Australian Adults: A Randomized, Controlled, Cross-Over Study. <i>Nutrients</i> , 2020 , 12,	6.7	6
44	In silico investigation into the interactions between murine 5-HT receptor and the principle active compounds of ginger (<i>Zingiber officinale</i>). <i>Journal of Molecular Graphics and Modelling</i> , 2016 , 70, 315-327	2.8	5
43	Extra virgin olive oil high in polyphenols improves antioxidant status in adults: a double-blind, randomized, controlled, cross-over study (OLIVAUS). <i>European Journal of Nutrition</i> , 2021 , 1	5.2	5
42	Effect of high polyphenol extra virgin olive oil on markers of cardiovascular disease risk in healthy Australian adults (OLIVAUS): A protocol for a double-blind randomised, controlled, cross-over study. <i>Nutrition and Dietetics</i> , 2020 , 77, 523-528	2.5	5
41	The effects of lemon balm (<i>Melissa officinalis</i> L.) on depression and anxiety in clinical trials: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2021 ,	6.7	5
40	Polyphenols as adjunctive treatments in psychiatric and neurodegenerative disorders: Efficacy, mechanisms of action, and factors influencing inter-individual response. <i>Free Radical Biology and Medicine</i> , 2021 , 172, 101-122	7.8	5
39	Clinician guidelines for the treatment of psychiatric disorders with nutraceuticals and phytoceuticals: The World Federation of Societies of Biological Psychiatry (WFSBP) and Canadian Network for Mood and Anxiety Treatments (CANMAT) Taskforce.. <i>World Journal of Biological Psychiatry</i> , 2022 , 1-32	3.8	5
38	Efficacy and safety of biophenol-rich nutraceuticals in adults with inflammatory gastrointestinal diseases or irritable bowel syndrome: A systematic literature review and meta-analysis. <i>Nutrition and Dietetics</i> , 2021 ,	2.5	4
37	Attitudes, beliefs and behaviours of Australia dietitians regarding dietary supplements: A cross-sectional survey. <i>Complementary Therapies in Clinical Practice</i> , 2016 , 25, 87-91	3.5	4
36	Asthma and Mindfulness: an Increase in Mindfulness as the Mechanism of Action Behind Breathing Retraining Techniques?. <i>Mindfulness</i> , 2016 , 7, 1249-1255	2.9	4
35	A Systematic Review of Nutraceuticals for the Treatment of Bipolar Disorder. <i>Canadian Journal of Psychiatry</i> , 2021 , 66, 262-273	4.8	4
34	The effect of synbiotic supplementation on anthropometric indices, appetite, and constipation in people with hypothyroidism: A randomized, double-blind, placebo-controlled trial. <i>Phytotherapy Research</i> , 2020 , 34, 2712-2720	6.7	3
33	Metabolic Syndrome, Cognitive Impairment and the Role of Diet: A Narrative Review.. <i>Nutrients</i> , 2022 , 14,	6.7	3
32	Diet and depression: future needs to unlock the potential. <i>Molecular Psychiatry</i> , 2021 ,	15.1	3
31	Universal depression prevention: An umbrella review of meta-analyses. <i>Journal of Psychiatric Research</i> , 2021 , 144, 483-493	5.2	3
30	Physical Activity as a Predictor of Clinical Trial Outcomes in Bipolar Depression: A Subanalysis of a Mitochondrial-Enhancing Nutraceutical Randomized Controlled Trial. <i>Canadian Journal of Psychiatry</i> , 2020 , 65, 306-318	4.8	3

29	The Associations between Dairy Product Consumption and Biomarkers of Inflammation, Adipocytokines, and Oxidative Stress in Children: A Cross-Sectional Study. <i>Nutrients</i> , 2020 , 12,	6.7	3
28	Dietary Inflammatory Index and the Risk of Frailty Among Older Adults: A Systematic Review and Meta-Analysis. <i>Research on Aging</i> , 2021 , 43, 323-331	3	3
27	Diet and Depression: From Epidemiology to Novel Therapeutics 2019 , 285-292		3
26	Supplemental prophylactic intervention for chemotherapy-induced nausea and emesis (SPICE) trial: Protocol for a multicentre double-blind placebo-controlled randomised trial. <i>Nutrition and Dietetics</i> , 2020 , 77, 144-150	2.5	3
25	Plant-based Medicines (Phytoceuticals) in the Treatment of Psychiatric Disorders: A Meta-review of Meta-analyses of Randomized Controlled Trials: Les médicaments à base de plantes (phytoceutiques) dans le traitement des troubles psychiatriques: une méta-revue des méta-analyses d'essais randomisés contrôlés. <i>Canadian Journal of Psychiatry</i> 2021 , 66, 849-862	4.8	3
24	The effect of flaxseed supplementation on circulating adiponectin and leptin concentration in adults: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2020 , 34, 1578-1586	6.7	3
23	Adherence to a healthy lifestyle and multiple sclerosis: a case-control study from the UK Biobank. <i>Nutritional Neuroscience</i> , 2020 , 1-9	3.6	2
22	Prevalence of food insecurity in people with major depression, bipolar disorder, and schizophrenia and related psychoses: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-18	11.5	2
21	Plasma metabolomic profiles associated with infant food allergy with further consideration of other early life factors. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2020 , 159, 102099	2.8	2
20	The Effect of Adjunctive Mangosteen Pericarp on Cognition in People With Schizophrenia: Secondary Analysis of a Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2021 , 12, 626486	5	2
19	Lithium therapy and weight change in people with bipolar disorder: A systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2021 ,	9	2
18	Minocycline for the treatment of mental health and neurological conditions: study protocol of a systematic review and meta-analysis. <i>BMJ Open</i> , 2020 , 10, e035080	3	1
17	Effect of Probiotic Consumption on Immune Response in Athletes: A Meta-analysis. <i>International Journal of Sports Medicine</i> , 2021 , 42, 769-781	3.6	1
16	Nutraceuticals as Potential Targets for the Development of a Functional Beverage for Improving Sleep Quality. <i>Beverages</i> , 2021 , 7, 33	3.4	1
15	Efficacy of synbiotic interventions on blood pressure: a systematic review and meta-analysis of clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-11	11.5	1
14	The influence of childhood trauma on the treatment outcomes of pharmacological and/or psychological interventions for adolescents and adults with bipolar disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2022 , 296, 350-362	6.6	1
13	Neurofilament light protein as a biomarker in depression and cognitive function. <i>Current Opinion in Psychiatry</i> , 2022 , 35, 30-37	4.9	0
12	The Effect of Green Coffee Bean Extract on Cardiovascular Risk Factors: A Systematic Review and Meta-analysis.. <i>Advances in Experimental Medicine and Biology</i> , 2021 , 1328, 323-345	3.6	0

11	Maternal inflammatory and omega-3 fatty acid pathways mediate the association between socioeconomic disadvantage and childhood cognition.. <i>Brain, Behavior, and Immunity</i> , 2021 , 100, 211-218	16.6	o
10	AuthorsResponse. <i>Psychosomatic Medicine</i> , 2020 , 82, 534-535	3.7	o
9	The effect of soy products on circulating adiponectin and leptin concentration in adults: A systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Clinical Practice</i> , 2021 , 75, e14100	2.9	o
8	"It's natural so it shouldn't hurt me": Chemotherapy patients' perspectives, experiences, and sources of information of complementary and alternative medicines. <i>Complementary Therapies in Clinical Practice</i> , 2021 , 43, 101362	3.5	o
7	Associations between indicators of diet quality and psychological distress, depression and anxiety in emerging adults: results from a nationally representative observational sample. <i>Mental Health and Prevention</i> , 2021 , 200220	2.3	o
6	Inflammation and Nitro-oxidative Stress as Drivers of Endocannabinoid System Aberrations in Mood Disorders and Schizophrenia.. <i>Molecular Neurobiology</i> , 2022 , 1	6.2	o
5	The Mood Study: protocol for a randomised controlled trial of A2 beta-casein only versus conventional dairy products in women with low mood.. <i>Trials</i> , 2021 , 22, 899	2.8	o
4	In response to "There is no meta-analytic evidence of blueberries improving cognitive performance or mood". <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 193	16.6	
3	Dietary Inflammation and Mental Health 2021 , 417-429		
2	Baseline serum amino acid levels predict treatment response to augmentation with N-acetylcysteine (NAC) in a bipolar disorder randomised trial. <i>Journal of Psychiatric Research</i> , 2021 , 142, 376-383	5.2	
1	Inflammatory potential of diet in mental disorders and psychosocial stress 2022 , 531-563		