

# Emily L Upton

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6391717/publications.pdf>

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4  
papers

80  
citations

2258059

3  
h-index

2272923

4  
g-index

4  
all docs

4  
docs citations

4  
times ranked

105  
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in mental health and help-seeking among young Australian adults during the COVID-19 pandemic: a prospective cohort study. <i>Psychological Medicine</i> , 2023, 53, 687-695.	4.5	29
2	Internet-delivered cognitive behavioral therapy for panic disorder with or without agoraphobia: a systematic review and meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 270-293.	3.5	28
3	A randomised wait-list controlled pilot trial of one-session virtual reality exposure therapy for blood-injection-injury phobias. <i>Journal of Affective Disorders</i> , 2020, 276, 636-645.	4.1	19
4	Internet-delivered exposure therapy versus internet-delivered cognitive behavioral therapy for panic disorder: A pilot randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2021, 79, 102382.	3.2	4