

Alexandros N Vgontzas

List of Publications by Year in descending order

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Version: 2024-02-01

160
papers

15,496
citations

28190

55
h-index

18606

119
g-index

167
all docs

167
docs citations

167
times ranked

11329
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep Apnea and Daytime Sleepiness and Fatigue: Relation to Visceral Obesity, Insulin Resistance, and Hypercytokinemia. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2000, 85, 1151-1158.	1.8	1,024
2	Elevation of Plasma Cytokines in Disorders of Excessive Daytime Sleepiness: Role of Sleep Disturbance and Obesity. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1997, 82, 1313-1316.	1.8	841
3	Chronic Insomnia Is Associated with Nyctohemeral Activation of the Hypothalamic-Pituitary-Adrenal Axis: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 3787-3794.	1.8	705
4	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. <i>Sleep</i> , 2009, 32, 491-497.	0.6	629
5	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. <i>Sleep Medicine Reviews</i> , 2013, 17, 241-254.	3.8	572
6	Sleep Disordered Breathing in Children in a General Population Sample: Prevalence and Risk Factors. <i>Sleep</i> , 2009, 32, 731-736.	0.6	531
7	Sleep apnea is a manifestation of the metabolic syndrome. <i>Sleep Medicine Reviews</i> , 2005, 9, 211-224.	3.8	468
8	Association of Hypertension and Sleep-Disordered Breathing. <i>Archives of Internal Medicine</i> , 2000, 160, 2289.	4.3	442
9	Insomnia With Objective Short Sleep Duration Is Associated With Type 2 Diabetes. <i>Diabetes Care</i> , 2009, 32, 1980-1985.	4.3	442
10	Circadian Interleukin-6 Secretion and Quantity and Depth of Sleep. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1999, 84, 2603-2607.	1.8	423
11	Chronic insomnia and activity of the stress system. <i>Journal of Psychosomatic Research</i> , 1998, 45, 21-31.	1.2	346
12	Sleep Apnea and Sleep Disruption in Obese Patients. <i>Archives of Internal Medicine</i> , 1994, 154, 1705.	4.3	344
13	Insomnia with Short Sleep Duration and Mortality: The Penn State Cohort. <i>Sleep</i> , 2010, 33, 1159-1164.	0.6	331
14	Insomnia With Objective Short Sleep Duration and Incident Hypertension. <i>Hypertension</i> , 2012, 60, 929-935.	1.3	329
15	Sleep, the hypothalamic-pituitary-adrenal axis, and cytokines: multiple interactions and disturbances in sleep disorders. <i>Endocrinology and Metabolism Clinics of North America</i> , 2002, 31, 15-36.	1.2	309
16	Polycystic Ovary Syndrome Is Associated with Obstructive Sleep Apnea and Daytime Sleepiness: Role of Insulin Resistance. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 517-520.	1.8	284
17	Obesity Without Sleep Apnea Is Associated With Daytime Sleepiness. <i>Archives of Internal Medicine</i> , 1998, 158, 1333.	4.3	272
18	Risk factors for incident chronic insomnia: A general population prospective study. <i>Sleep Medicine</i> , 2012, 13, 346-353.	0.8	213

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19	Chronic Insomnia and the Stress System. <i>Sleep Medicine Clinics</i> , 2007, 2, 279-291.	1.2	212
20	Impaired Nighttime Sleep in Healthy Old Versus Young Adults Is Associated with Elevated Plasma Interleukin-6 and Cortisol Levels: Physiologic and Therapeutic Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003, 88, 2087-2095.	1.8	211
21	Sleep Misperception and Chronic Insomnia in the General Population: Role of Objective Sleep Duration and Psychological Profiles. <i>Psychosomatic Medicine</i> , 2011, 73, 88-97.	1.3	204
22	Sleep deprivation effects on the activity of the hypothalamic-pituitary-adrenal and growth axes: potential clinical implications. <i>Clinical Endocrinology</i> , 1999, 51, 205-215.	1.2	203
23	Insomnia and its Impact on Physical and Mental Health. <i>Current Psychiatry Reports</i> , 2013, 15, 418.	2.1	199
24	Insomnia with Objective Short Sleep Duration is Associated with Deficits in Neuropsychological Performance: A General Population Study. <i>Sleep</i> , 2010, 33, 459-465.	0.6	196
25	Cognitive-Emotional Hyperarousal as a Premorbid Characteristic of Individuals Vulnerable to Insomnia. <i>Psychosomatic Medicine</i> , 2010, 72, 397-403.	1.3	193
26	Obesity-Related Sleepiness and Fatigue: The Role of the Stress System and Cytokines. <i>Annals of the New York Academy of Sciences</i> , 2006, 1083, 329-344.	1.8	179
27	Prevalence of insomnia symptoms in a general population sample of young children and preadolescents: gender effects. <i>Sleep Medicine</i> , 2014, 15, 91-95.	0.8	174
28	Insomnia and psychological reactions during the COVID-19 outbreak in China. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 1417-1418.	1.4	168
29	Does obesity play a major role in the pathogenesis of sleep apnoea and its associated manifestations via inflammation, visceral adiposity, and insulin resistance?. <i>Archives of Physiology and Biochemistry</i> , 2008, 114, 211-223.	1.0	161
30	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. <i>Sleep Medicine Reviews</i> , 2018, 42, 211-219.	3.8	148
31	Blood Pressure Associated With Sleep-Disordered Breathing in a Population Sample of Children. <i>Hypertension</i> , 2008, 52, 841-846.	1.3	140
32	Middle-Aged Men Show Higher Sensitivity of Sleep to the Arousing Effects of Corticotropin-Releasing Hormone Than Young Men: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 1489-1495.	1.8	119
33	Prevalence and Risk Factors of Excessive Daytime Sleepiness in a Community Sample of Young Children: The Role of Obesity, Asthma, Anxiety/Depression, and Sleep. <i>Sleep</i> , 2011, 34, 503-507.	0.6	116
34	Insomnia and incident depression: role of objective sleep duration and natural history. <i>Journal of Sleep Research</i> , 2015, 24, 390-398.	1.7	116
35	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. <i>Hypertension</i> , 2015, 65, 644-650.	1.3	113
36	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. <i>Sleep</i> , 2015, 38, 351-360.	0.6	106

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37	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. <i>Brain, Behavior, and Immunity</i> , 2017, 61, 110-116.	2.0	106
38	Sleep is increased in mice with obesity induced by high-fat food. <i>Physiology and Behavior</i> , 2006, 87, 255-262.	1.0	104
39	Leptin and hunger levels in young healthy adults after one night of sleep loss. <i>Journal of Sleep Research</i> , 2010, 19, 552-558.	1.7	104
40	Clinical and Polysomnographic Predictors of the Natural History of Poor Sleep in the General Population. <i>Sleep</i> , 2012, 35, 689-697.	0.6	104
41	Sleep apnoea, sleepiness, inflammation and insulin resistance in middle-aged males and females. <i>European Respiratory Journal</i> , 2014, 43, 145-155.	3.1	104
42	Plasma interleukin 6 levels are elevated in polycystic ovary syndrome independently of obesity or sleep apnea. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, 1076-1082.	1.5	103
43	Lack of Regular Exercise, Depression, and Degree of Apnea are Predictors of Excessive Daytime Sleepiness in Patients with Sleep Apnea: Sex Differences. <i>Journal of Clinical Sleep Medicine</i> , 2008, 4, 19-25.	1.4	103
44	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. <i>Sleep</i> , 2016, 39, 1029-1036.	0.6	100
45	Sleep apnoea and visceral adiposity in middle-aged male and female subjects. <i>European Respiratory Journal</i> , 2013, 41, 601-609.	3.1	99
46	Persistent Insomnia: the Role of Objective Short Sleep Duration and Mental Health. <i>Sleep</i> , 2012, 35, 61-68.	0.6	94
47	Sleep-Disordered Breathing in Obese Children Is Associated with Prevalent Excessive Daytime Sleepiness, Inflammation, and Metabolic Abnormalities. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 143-150.	1.8	82
48	Effects of lovastatin and pravastatin on sleep efficiency and sleep stages. <i>Clinical Pharmacology and Therapeutics</i> , 1991, 50, 730-737.	2.3	73
49	Differences in Nocturnal and Daytime Sleep Between Primary and Psychiatric Hypersomnia: Diagnostic and Treatment Implications. <i>Psychosomatic Medicine</i> , 2000, 62, 220-226.	1.3	73
50	Relationship of sleep abnormalities to patient genotypes in Prader-Willi syndrome. , 1996, 67, 478-482.		69
51	Altered ultradian cortisol rhythmicity as a potential neurobiologic substrate for chronic insomnia. <i>Sleep Medicine Reviews</i> , 2018, 41, 234-243.	3.8	67
52	Daytime Sleepiness and Rem Abnormalities in Prader-Willi Syndrome: Evidence of Generalized Hypoarousal. <i>International Journal of Neuroscience</i> , 1996, 87, 127-139.	0.8	66
53	Sleep apnoea and the hypothalamicâ€“pituitaryâ€“adrenal axis in men and women: effects of continuous positive airway pressure. <i>European Respiratory Journal</i> , 2016, 47, 531-540.	3.1	66
54	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. <i>Sleep</i> , 2017, 40, .	0.6	64

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55	Obesity and sleep disturbances: Meaningful sub-typing of obesity. Archives of Physiology and Biochemistry, 2008, 114, 224-236.	1.0	63
56	Sleep Disorders and Medical Conditions in Women. Journal of Women's Health, 2008, 17, 1191-1199.	1.5	57
57	Insomnia With Short Sleep Duration. Sleep Medicine Clinics, 2013, 8, 309-322.	1.2	57
58	Insomnia symptoms, objective sleep duration and hypothalamicâ€‘pituitaryâ€‘adrenal activity in children. European Journal of Clinical Investigation, 2014, 44, 493-500.	1.7	56
59	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. American Journal of Physiology - Endocrinology and Metabolism, 2016, 311, E851-E858.	1.8	56
60	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. European Respiratory Journal, 2016, 47, 1402-1409.	3.1	56
61	Cognitiveâ€‘emotional hyperarousal in the offspring of parents vulnerable to insomnia: a nuclear family study. Journal of Sleep Research, 2014, 23, 489-498.	1.7	53
62	Nighttime sleep and daytime functioning correlates of the insomnia complaint in young adults. Journal of Adolescence, 2009, 32, 1059-1074.	1.2	51
63	Rapid Eye Movement Sleep Correlates with the Overall Activities of the Hypothalamic-Pituitary-Adrenal Axis and Sympathetic System in Healthy Humans. Journal of Clinical Endocrinology and Metabolism, 1997, 82, 3278-3280.	1.8	50
64	Sleep Is Increased By Weight Gain and Decreased By Weight Loss in Mice. Sleep, 2008, 31, 627-633.	0.6	50
65	Lack of regular exercise, depression, and degree of apnea are predictors of excessive daytime sleepiness in patients with sleep apnea: sex differences. Journal of Clinical Sleep Medicine, 2008, 4, 19-25.	1.4	50
66	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. Sleep, 2015, 38, 1727-1734.	0.6	43
67	Prenatal and Perinatal Complications: Is It the Link Between Race and SES and Childhood Sleep Disordered Breathing?. Journal of Clinical Sleep Medicine, 2010, 06, 264-269.	1.4	43
68	Sleep Apnea and its Association with the Stress System, Inflammation, Insulin Resistance and Visceral Obesity. Sleep Medicine Clinics, 2007, 2, 251-261.	1.2	42
69	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. Journal of the American Heart Association, 2017, 6, .	1.6	40
70	Sleep duration and metabolic syndrome: An updated systematic review and meta-analysis. Sleep Medicine Reviews, 2021, 59, 101451.	3.8	40
71	Validity and Clinical Utility of Sleep Laboratory Criteria for Insomnia. International Journal of Neuroscience, 1994, 77, 11-21.	0.8	38
72	Sleep variability and cardiac autonomic modulation in adolescents â€‘ Penn State Child Cohort (PSCC) study. Sleep Medicine, 2015, 16, 67-72.	0.8	37

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73	Gender differences in the association of sleep apnea and inflammation. <i>Brain, Behavior, and Immunity</i> , 2015, 47, 211-217.	2.0	37
74	Usefulness of Polysomnographic Studies in the Differential Diagnosis of Insomnia. <i>International Journal of Neuroscience</i> , 1995, 82, 47-60.	0.8	36
75	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. <i>Sleep</i> , 2019, 42, .	0.6	36
76	No Relationship between Neurocognitive Functioning and Mild Sleep Disordered Breathing in a Community Sample of Children. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 228-234.	1.4	36
77	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. <i>Brain Sciences</i> , 2016, 6, 59.	1.1	35
78	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Cause-Specific Mortality. <i>Journal of the American Heart Association</i> , 2019, 8, e013043.	1.6	35
79	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 2009-2019.	1.4	33
80	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. <i>Journal of Abnormal Child Psychology</i> , 2017, 45, 337-344.	3.5	32
81	Obesity and Sleep: A Bidirectional Association?. <i>Sleep</i> , 2010, 33, 573-574.	0.6	31
82	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulation—Penn State Children Cohort. <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 626-632.	1.5	30
83	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. <i>Sleep Health</i> , 2020, 6, 71-78.	1.3	29
84	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. <i>JAMA Cardiology</i> , 2021, 6, 1144.	3.0	29
85	CrossTalk proposal: Metabolic syndrome causes sleep apnoea. <i>Journal of Physiology</i> , 2016, 594, 4687-4690.	1.3	28
86	Am I (hyper)aroused or anxious? Clinical significance of pre-sleep somatic arousal in young adults. <i>Journal of Sleep Research</i> , 2019, 28, e12829.	1.7	28
87	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. <i>Behavioral Sleep Medicine</i> , 2020, 18, 705-718.	1.1	26
88	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. <i>Brain, Behavior, and Immunity</i> , 2017, 64, 259-265.	2.0	25
89	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. <i>Sleep</i> , 2021, 44, .	0.6	25
90	Medical Complaints Are More Common in Young School-Aged Children with Parent Reported Insomnia Symptoms. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 549-553.	1.4	25

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91	Short sleep and obesity: are poor sleep, chronic stress, and unhealthy behaviors the link?. Sleep, 2008, 31, 1203.	0.6	25
92	Prenatal and perinatal complications: is it the link between race and SES and childhood sleep disordered breathing?. Journal of Clinical Sleep Medicine, 2010, 6, 264-9.	1.4	21
93	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. Journal of Hypertension, 2017, 35, 830-836.	0.3	20
94	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. Sleep, 2021, 44, .	0.6	20
95	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the "unitary" hypothesis. BMC Neurology, 2015, 15, 53.	0.8	19
96	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. Sleep, 2018, 41, .	0.6	19
97	Moderate sleep apnoea: a "silent" disorder, or not a disorder at all?. European Respiratory Journal, 2016, 47, 23-26.	3.1	16
98	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. Pediatrics, 2022, 149, .	1.0	15
99	The Diagnosis and Treatment of Chronic Insomnia in Adults. Sleep, 2005, 28, 1047-1048.	0.6	14
100	Insomnia and Hypertension. Sleep, 2009, 32, 1547-1547.	0.6	13
101	Short Sleep and Obesity: Are Poor Sleep, Chronic Stress, and Unhealthy Behaviors the Link?. Sleep, 2008, , .	0.6	12
102	Obstructive sleep apnoea and depression: is there an association?. European Respiratory Journal, 2017, 49, 1700858.	3.1	12
103	Childhood high-frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 742-751.	3.1	12
104	Effect of Continuous Positive Airway Pressure on Weight and Local Adiposity in Adults with Obstructive Sleep Apnea: A Meta-Analysis. Annals of the American Thoracic Society, 2021, 18, 1717-1727.	1.5	12
105	Subjective short sleep duration: what does it mean?. Sleep Medicine Reviews, 2014, 18, 291-292.	3.8	11
106	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. ENeuro, 2021, 8, ENEURO.0257-21.2021.	0.9	11
107	Fatigue or Daytime Sleepiness?. Journal of Clinical Sleep Medicine, 2010, 06, 405-405.	1.4	11
108	Sleep disorders in Wilson disease: a systematic review and meta-analysis. Journal of Clinical Sleep Medicine, 2020, 16, 219-230.	1.4	11

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109	Medical complaints are more common in young school-aged children with parent reported insomnia symptoms. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 549-53.	1.4	11
110	Hypothalamicâ€“pituitaryâ€“adrenal (HPA) axis response to exogenous corticotropinâ€“releasing hormone (CRH) is attenuated in men with chronic insomnia. <i>Journal of Sleep Research</i> , 2022, 31, e13526.	1.7	11
111	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. <i>Physiological Reports</i> , 2017, 5, e13454.	0.7	10
112	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. <i>Sleep Medicine</i> , 2020, 69, 103-108.	0.8	10
113	Maturation trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. <i>Sleep Medicine</i> , 2021, 83, 271-279.	0.8	10
114	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. <i>Journal of Alzheimer's Disease</i> , 2022, 87, 933-944.	1.2	8
115	Effect of trazodone versus cognitiveâ€“behavioural treatment on highâ€“and slowâ€“frequency activity during nonâ€“rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. <i>Journal of Sleep Research</i> , 2021, 30, e13324.	1.7	7
116	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2022, 63, 544-552.	3.1	7
117	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. <i>Sleep Health</i> , 2022, , 712.	1.3	7
118	Obesity and Self-Reported Short Sleep Duration: A Marker of Sleep Complaints and Chronic Psychosocial Stress. <i>Sleep Medicine Clinics</i> , 2009, 4, 65-75.	1.2	6
119	Is there a link between mild sleep disordered breathing and psychiatric and psychosomatic disorders?. <i>Sleep Medicine Reviews</i> , 2011, 15, 403-405.	3.8	6
120	Insomnia Symptoms and Sleep Duration Are Associated with Impaired Cardiac Autonomic Modulation in Children. <i>Neuroscience and Medicine</i> , 2011, 02, 288-294.	0.2	6
121	Objective Measures are Useful in Subtyping Chronic Insomnia. <i>Sleep</i> , 2013, 36, 1125-1126.	0.6	5
122	Poor Diet, Long Sleep, and Lack of Physical Activity Are Associated with Inflammation among Non-Demented Community-Dwelling Elderly. <i>Healthcare (Switzerland)</i> , 2022, 10, 143.	1.0	5
123	Insomnia and Mortality. <i>Sleep</i> , 2011, 34, 557-558.	0.6	4
124	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. <i>Sleep Medicine</i> , 2021, 81, 235-243.	0.8	4
125	Neurobiological Disturbances in Insomnia: Clinical Utility of Objective Measures of Sleep. <i>Medical Psychiatry</i> , 2010, , 65-76.	0.2	4
126	Insomnia and Health. , 2017, , 794-803.e5.		3

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127	Fatigue or daytime sleepiness?. <i>Journal of Clinical Sleep Medicine</i> , 2010, 6, 405.	1.4	3
128	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. <i>Sleep</i> , 2022, 45, .	0.6	2
129	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. <i>Sleep</i> , 2009, , .	0.6	1
130	Response to Poor Sleep With Normal Sleep Duration: A Preventive Effect on Incident Hypertension. <i>Hypertension</i> , 2013, 61, e12.	1.3	1
131	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. <i>Sleep</i> , 2019, 42, A202-A202.	0.6	1
132	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
133	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. <i>Sleep</i> , 2019, 42, A145-A145.	0.6	1
134	NOT ALL BENZODIAZEPINES ARE ALIKE: UPDATE 1993. , 1994, , .		1
135	Short Telomere Length and Endophenotypes in Sleep Medicine. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1975-1977.	1.4	1
136	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. <i>Sleep Medicine</i> , 2022, 90, 230-237.	0.8	1
137	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. <i>Circulation</i> , 2022, 145, .	1.6	1
138	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. <i>Circulation</i> , 2022, 145, .	1.6	1
139	Endocrine and Metabolic Disorders and Sleep. , 2005, , 745-757.		0
140	Rebuttal from Alexandros N. Vgontzas, Jordan Gaines, Silke Ryan and Walter T. McNicholas. <i>Journal of Physiology</i> , 2016, 594, 4695-4695.	1.3	0
141	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. <i>Sleep</i> , 2019, 42, A295-A295.	0.6	0
142	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. <i>Sleep</i> , 2019, 42, A346-A348.	0.6	0
143	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. <i>Sleep</i> , 2019, 42, A144-A145.	0.6	0
144	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. <i>Sleep</i> , 2019, 42, A304-A305.	0.6	0

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145	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. <i>Sleep</i> , 2019, 42, A176-A177.	0.6	0
146	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. <i>Sleep</i> , 2019, 42, A195-A196.	0.6	0
147	Response to: Real effect vs placebo effect. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1143-1144.	1.4	0
148	Short-term and Intermediate-term Fine Particulate Air Pollution are Synergistically Associated with Habitual Sleep Variability in Adolescents. <i>ISEE Conference Abstracts</i> , 2021, 2021, .	0.0	0
149	Obesity and Sleep. , 2012, , 291-301.		0
150	Abstract MP94: Short Sleep Duration Modifies the Relationship Between Cognitive Impairment Associated with Cardiovascular Disease and All-cause Mortality. <i>Circulation</i> , 2016, 133, .	1.6	0
151	Abstract MP085: Cognitive Impairment Mediates the Impact of Short Sleep Duration on Mortality in Individuals with Cardiovascular or Cerebrovascular Disease. <i>Circulation</i> , 2017, 135, .	1.6	0
152	Abstract P129: Association Between Blood Pressure and DNA Methylation in Blood Pressure-related Genes in Adolescents. <i>Circulation</i> , 2018, 137, .	1.6	0
153	Abstract P337: Adolescent Sleep is Associated With Physical Activity and Sedentary Behavior Patterns. <i>Circulation</i> , 2018, 137, .	1.6	0
154	Abstract P343: Sex Differences in Cardiovascular/Cerebrovascular Mortality Risk Associated With Chronic Insomnia. <i>Circulation</i> , 2018, 137, .	1.6	0
155	Abstract P339: Impaired Cardiac Autonomic Modulation in Adolescents: Role of Insomnia Symptoms, Objective Short Sleep Duration and Night-To-Night Sleep Variability. <i>Circulation</i> , 2018, 137, .	1.6	0
156	Abstract MP26: Visceral Obesity and Systemic Inflammation Predict Sleep Disordered Breathing in Normal Weight, Never Obese Adolescents: A Longitudinal, Population-Based Study. <i>Circulation</i> , 2019, 139, .	1.6	0
157	Abstract P275: Objective Short Sleep Duration Increases the Risk of Cancer Mortality Associated With Cardiovascular and Cerebrovascular Disease. <i>Circulation</i> , 2019, 139, .	1.6	0
158	Abstract MP52: Racial Disparity in Habitual Sleep Pattern Among Adolescents is Modified by Caloric Intake. <i>Circulation</i> , 2019, 139, .	1.6	0
159	Abstract MP23: Interplay of Cognitive Impairment and Short Sleep Duration on Cardiovascular and Cerebrovascular Mortality. <i>Circulation</i> , 2020, 141, .	1.6	0
160	Abstract P354: Objective Short Sleep Duration Increases the Risk of Mortality Associated with the Metabolic Syndrome. <i>Circulation</i> , 2017, 135, .	1.6	0